

Just For Your Health

College of Massage



2014 CATALOG

Just for Your Health College of Massage
1095 Bird Ave. Ste. 3
San Jose, CA 95125
(408) 723-2570
Website: jfyh.org
Email: Info@justforyourhealth.org

Valid from January 1, 2014 through December 31, 2014

OUR MISSION

Our mission is to develop and train health professionals to be well-rounded in the field of massage therapy to best treat clients for health improvement. The Massage Therapist Program is designed to have students demonstrate the knowledge and skills in massage therapy, as well as understand anatomy and physiology in relation to health enhancement to have a holistic approach for the caring of clients.

Graduates will be prepared to set up a private practice or to work in spas, gyms, clubs, corporate fitness centers, or other offices, assisting clients with general health improvement, stress reduction, relaxation, conditioning and injury prevention. Additionally, the graduate will be prepared to work in health and medical settings as an adjunctive health service for remedial or rehabilitative purposes.

Just for Your Health College of Massage is a private institution, which is approved to operate by the California Bureau for Private Postsecondary Education. All of the following apply to our school:

1. Any questions a student may have regarding this catalog that have not been satisfactorily answered by the institution may be directed to the Bureau for Private Postsecondary Education at

2535 Capitol Oaks Drive, Suite 400, Sacramento, CA 95833

P.O. Box 980818, West Sacramento, CA 95798-0818

Web address: <http://www.bppe.ca.gov>

Telephone and Fax#s: **(888) 370-7589** or by fax number **(916) 263-1897**

(916) 431-6959 or by fax **(916) 263-1897**

2. As a prospective student, you are encouraged to review this catalog prior to signing an enrollment agreement. You are also encouraged to review the School Performance Fact Sheet, which must be provided to you prior to signing an enrollment agreement.

The institution does not offer distance education.

**The institution does not imply that the Bureau endorses programs, or that Bureau approval means the institution exceeds minimum state standards.
(CEC §94909(a)(2) and CEC §94897(l))**

CALENDAR AND CATALOG

The office is open daily, Monday through Saturday 10am-4pm, Sunday by appointment only. The College will be closed on the following holidays if that date falls on a scheduled school day. Holidays include Memorial Day, Labor Day, Thanksgiving (Thursday & Friday), Christmas Eve, Christmas Day, New Year's Eve, and New Year's Day.

✧ **Catalogs are updated at the beginning of each calendar year.**

This institution provides each prospective student and the public with a school catalog prior to enrollment or upon request.

SCHEDULE

The schedule for day classes is Monday through Saturday, 8:00 AM to 7:00 PM with one hour for lunch, for a total of 10 hours a day. The combined courses (Massage Therapist I+ Massage Therapist II) are 20 - 25 weeks Monday through Friday 8:00 AM to 11:00 AM and some weekends. The schedule for evening classes is Monday, Wednesday and Friday 6:00 PM to 10:00 PM. Continuing education courses have two sets schedule to choose from: 1st (Saturday and Sunday), 2nd (Monday - Friday). Each course is presented in modules, and new students may enter at the beginning of each module (approximately every month in the day session and every 14 weeks in the evening session. Continuing Education Courses begin approximately twice a month. Schedules are subject to change).

FACILITIES

The college has one classroom, two treatment rooms, and an office. Restrooms are next to the college classroom.

The institution, the facilities it occupies and the equipment it utilizes, comply with all federal, state, and local ordinances and regulations, including fire, safety, and health.

HOUSING

Just for Your Health College of Massage does not assume responsibility for student housing, does not have dormitory facilities under its control. The school does not provide assistance with student housing. Rental apartment are nearby and rent for \$1800 per month.

BOOKS SUPPLIES AND EQUIPMENT

Massage tables, anatomy charts, handouts, oils are provided free of charge for classroom use only. We also will provide free new sheets for new student. Table, chairs, lotions and oils can be purchased through the school.

LIBRARY AND LEARNING RESOURCES

The Massage School maintains a library for personal and student use. The library is comprised of 200 books and dozens of DVDs. Each student is able to come in and use any of the reference books, watch any of the videos and use our computer to find the online learning resources.

METHOD OF PAYMENT

Tuition and fees are due 3 weeks prior to the start date of each program. The College accepts Visa/Master Card. Payment in full is due no later than two weeks before the beginning of the course schedule of your choice.

Students will be contacted if there is a delinquency in payment of fees. If appropriate arrangements cannot be made, the student will be terminated from the course.

COMPLAINT

A student or any member of the public may file a complaint about this institution with the Bureau for Private Postsecondary Education by calling (888) 370-7589 or by completing a complaint form, which can be obtained on the bureau's Internet Web site <http://www.bppe.ca.gov>

NONDISCRIMINATION PROVISIONS

Just for Your Health College of Massage adheres to non-discrimination provisions in accordance with Section 12940 (d).

ADMISSION REQUIREMENTS

Students enroll prior to the beginning of each module in a course. Applicants must be high school graduates, or have passed a high school equivalency examination (such as GED), or be a minimum of 18 years of age and able to benefit from the course of training. Students must also speak and understand English. Applicant must have an admission interview with the school Manager or Administrator. Any written agreement signed shall become operative the first class or session of instruction. Any Contract, Registration Form is legally binding when signed.

Entrance Testing Requirements: NONE

GRADUATION REQUIREMENTS

In order to complete a course of training, a student must:

1. Complete all of the required hours for the course (17-500 hours), including make-up hours for any missed hours of instruction.
2. Receive a satisfactory evaluation in all coursework from the faculty members.

3. Satisfy all financial indebtedness to the school. Student is obligated to pay \$25.00 for lost or damage of the sheet set and/or towel.

Upon meeting the above requirements, students receive a Certificate of Completion. An additional Certificate of Completion and/or Transcript request are \$25.00 each, plus handling. The student must request a certificate/transcript in writing with the signature.

DISCLOSURE

The Institute does not provide English-as-a-second-language (ESL) instruction. Foreign students are encouraged to meet basic level of English proficiency required of students as demonstrated by their own performance. Language competence will be determined by the instructor through verbal interaction with the student prior to enrollment.

Just for Your Health College of Massage has no pending petition in bankruptcy, is not operating as a debtor in possession, has not filed a petition within the preceding five years, nor has it had a petition in bankruptcy filed against it within the preceding five years that resulted in reorganization under Chapter 11 of the United States Bankruptcy Code.

“NOTICE CONCERNING TRANSFERABILITY OF CREDITS AND CREDENTIALS EARNED AT OUR INSTITUTION”

The transferability of hours you earn at **Just for Your Health College of Massage** is at the complete discretion of an institution to which you may seek to transfer. Acceptance of the diploma you earn in the educational program is also at the complete discretion of the institution to which you may seek to transfer. If the diploma or clock hours that you earn at this institution are not accepted at the institution to which you seek to transfer, you may be required to repeat some or all of your coursework at that institution. For this reason you should make certain that your attendance at this institution will meet your educational goals. This may include contacting an institution to which you may seek to transfer after attending **Just for Your Health College of Massage** to determine if your hours or diploma will transfer.

This institution is a state approved school by the BPPE and meets its minimum standard requirements. All graduates of the Massage Therapist I and Massage Therapist II, offered by **Just for Your Health College of Massage**, will be eligible to sit for a licensure exam in the state of California and other states requiring licensure exams for massage therapists.

The institution is unaccredited by an accrediting agency recognized by the United States Department of Education.

ATTENDANCE POLICY

Students are expected to attend classes as scheduled just as they would be expected to be present for work. Absences and tardiness will be recorded.

Students failing satisfactory attendance per policy will be counseled by the administrator, if attendance fails to improve, the school administrator will terminate a student for unsatisfactory attendance. Re-admittance may be permitted if the caused for unsatisfactory attendance has been corrected and is approved by school administrator.

Tardiness disrupts a good learning environment and is discouraged. Tardiness without legitimate reason on two occasions will be considered as one unexcused absence.

Absence will be considered excused under the following circumstances: Illness or death in the immediate family and mandatory government appointments. Other absences will be considered unexcused.

Make Up Time: Make up time will be assigned by the office manger, for class available, and by instructor, in the event that an unexcused absence is the result of tardiness, one full session (hours) must be made up, not the actual minutes of tardiness. A fee is charged for make up time for unexcused absences.

Leave of Absence: A Leave of Absence (LOA) may be granted for emergency situations. A LOA should not exceed one week, and if it does it cannot exceed the time required for the student to return to the same place in the curriculum when he or she left. Only one LOA can be granted during a calendar year. A student must request a LOA in writing, and must be approved in writing by a school administrator. Instructors cannot grant a LOA.

FINANCIAL AID

Just for Your Health College of Massage does not participate in Federal or State financial aid programs. If a student obtains a loan, the student will have to repay the full amount of the loan plus interest, less the amount of any refund, and that, if the student receives federal student financial aid funds, the student is entitled to a refund of the money not paid from federal financial aid funds.

AWARD OF CREDIT FOR EXPERIENTIAL LEARNING

The Just for Your Health College of Massage will assess and award credit for prior experiential learning on a case by case basis. The Student will need to provide documentation of that experience.

PROFESSIONAL CONDUCT

At the discretion of the school administration, a student may be warned, suspended, or terminated from school for: Drug or alcohol intoxication during class; possession of drugs or alcohol at school; disobedient or disrespectful behavior to another student, an administrator, a visitor, or a faculty member; theft; unauthorized entry; cheating.

STUDENT SERVICES

Career Support and Job Placement is available to all students. Available students are notified when job opportunities arise. Professionals or companies may contact this institution for candidates for employment. Known vacancies in the field will be posted in the job binder. While this institution will provide placement assistance, it can make no guarantee of employment.

RECORDS RETENTION

Enrollees are advised and cautioned that state law requires this education institution to maintain school and student records for a five-year period. The transcripts are maintained permanently. All student records are available upon request.

CANCELLATION AND REFUND POLICY

1. The student has a right to cancel the enrollment agreement and obtain a refund of charges paid through attendance at the first class session, or the seventh day after enrollment, whichever is later. After the end of the cancellation period, you also have the right to stop school at any time; and you have the right to receive a pro rata refund if you have completed 60 percent or less of the scheduled days (or hours) in the current payment period in your program through the last day of attendance.
2. A student may cancel or terminate enrollment by mailing a written notice to **Just for Your Health College of Massage**, 1095 Bird Ave. Suite 3, San Jose, CA 95125. The effective date of cancellation or termination is the postmark date.
3. The institution shall advise each student that a written notice of cancellation, and that a withdrawal may be effectuated by the student's written notice or by the student's conduct, including, but not necessarily limited to, a student's lack of attendance.
4. You may cancel your Enrollment Agreement, without any obligations and receive a refund of any money you have paid, minus the \$75 registration fee and minus any deduction for equipment and supplies not returned in good condition.
5. As described in the Notice of Cancellation form that will be given to you at the first class session you attend. Read the Notice of Cancellation form for an explanation of your cancellation rights and responsibilities.

Withdrawal: After the end of the cancellation period, you also have the right to stop (withdraw or drop) school at any time, and receive a pro rata refund if you have completed 60 percent or less of the scheduled days (or hours) in the current payment period in your program through the last day of attendance. The refund will be less \$75 registration or administration fee, and less any deduction for equipment not returned. And the school will determine how many days of class the student had attended and student will receive a prorated refund for the unused portion of the tuition. Students will receive a prorated refund within 30 days. If the

student has completed more than 60% of the period of attendance, the student will receive no refund.

STUDENT TUITION RECOVERY FUND

It is a state requirement that a student who pays his or her tuition is required to pay a state-imposed assessment for the Student Tuition Recovery Fund. You must pay the state-imposed assessment for the Student Tuition Recovery Fund (STRF) if all of the following applies to you:

1. You are a student in an educational program, who is a California resident, or are enrolled in a residency program, and prepay all or part of your tuition either by cash, guaranteed student loans, or personal loans, and
2. Your total charges are not paid by any third-party payer such as an employer, government program or other payer unless you have a separate agreement to repay the third party.

You are not eligible for protection from the STRF and you are not required to pay the STRF assessment, if either of the following applies:

1. You are not a California resident, or are not enrolled in a residency program, or
2. Your total charges are paid by a third party, such as an employer, government program or other payer, and you have no separate agreement to repay the third party."

"The State of California created the Student Tuition Recovery Fund (STRF) to relieve or mitigate economic losses suffered by students in educational programs who are California residents, or are enrolled in a residency program attending certain schools regulated by the Bureau for Private Postsecondary Education.

You may be eligible for STRF if you are a California resident or are enrolled in a residency program, prepaid tuition, paid the STRF assessment, and suffered an economic loss as a result of any of the following:

1. The school closed before the course of instruction was completed.
2. The school's failure to pay refunds or charges on behalf of a student to a third party for license fees or any other purpose, or to provide equipment or materials for which a charge was collected within 180 days before the closure of the school.
3. The school's failure to pay reimburse loan proceeds under a federally guaranteed student loan program as required by law or to pay reimburse proceeds received by the school prior to closure in excess of tuition and other costs.
4. There was a material failure to comply with the Act or the Division within 30-days before the school closed or, if the material failure began earlier than 30-days prior to closure, the period determined by the Bureau.
5. An inability after diligent efforts to prosecute, prove, and collect on a judgment against the institution for a violation of the Act."

However, no claim can be paid to any student without a social security number or a taxpayer identification number.

PROFESSIONAL MEMBERSHIPS

Just for Your Health College of Massage is a member of the Associated Bodywork and Massage Professionals (ABMP).

FACULTY

YUAN SI, LAC, CMT

Yuan Si graduated from Shanghai University of Traditional Chinese Medicine in 2010. He has worked in Long Hua hospital in Shanghai for 3 years. He is a licensed acupuncturist and herbalist in the State of California (License# AC15933). He also has been certified through the California Massage Therapy Council as a Massage Therapist. His credentials and work experience has provided the required knowledge and training in Acupressure, Shiatsu and Pain management.

ROSALIND FLEURS D.C.

Rosalind Fleurs graduated from Life Chiropractic College, and is a licensed Doctor of Chiropractic in the State of California (# DC 24363). She has taught for over 14 years. She is currently teaching Sports Massage, Massage Therapist I, Anatomy, Physiology, Massage Spa Technician, Hot Stone Massage, Chair Massage, and Upper Body Extremities at **Just for Your Health College of Massage**.

AI OZAWA, CMT

Ai Ozawa graduated from **Just for Your Health College of Massage** in 2003. She has been a massage therapist and Reiki master for 4 years. She has taught at **Just for Your Health College of Massage** for 6 years. She is currently teaching Shiatsu, Acupressure, and Spa Hand, Face, and Feet extremities at **Just for Your Health College of Massage**.

COURSE INSTRUCTION

COURSE TITLE: Massage Therapist I **100 HOURS**

COURSE DESCRIPTION:

Students will receive classroom instruction on physiology as well as hand-on massage training. This balance of theory and application provides students with a complete learning experience. Students will learn exactly what the three forms of stress are and how to combat them with deep tissue massage, reflexology, and stretching techniques. Student will learn that the body has a language of all its own, and how to apply non-traditional alternatives such as magnetic fields, focusing, grounding, and color therapy. Other classroom topics include professional ethics, business practices, and setting up your own business will be taught in this class.

Maximum Class Size: 12 Students

Course Content by Subject

Hours

Intro to Massage Theory	50
Anatomy and Physiology	25

Contraindication	10
Health and Hygiene Enhance	10
Business Practice Management	<u>5</u>
Total	100 Hours

COURSE OBJECTIVES:

Upon Completion of this course, students will be able to perform a full body massage sequences. Students will demonstrate proper body mechanics, and breathing techniques.

COURSE FEE

<u>MASSAGE THERAPIST I</u>	
Registration	\$ 75.00
STRF Fee	0.5
Tuition	<u>1,495.00</u>
Total Fees Level I	1,570.50

COURSE TITLE: Massage Therapist II 400 HOURS

COURSE DESCRIPTION:

The Master Massage Therapist (MMT) course is an advanced 400-hour course for Certified Massage Therapists. Student will receive classroom instruction on SHIATSU, ACUPRESSURE, PAIN MANAGEMENT, and SPORT MASSAGE.

Maximum Class Size: 12 Students

Course Content by Subject

Hours

Shiatsu Massage	45
Acupressure	45
Western Anatomy	30
Eastern Anatomy	10
Shiatsu Chair Massage	10
Chinese Herbal Therapy	10
Pain Management Therapy Practicum	100
Sports Massage	50
Apprenticeship	<u>100</u>
Total	400 Hours

COURSE OBJECTIVES:

Students will learn how to use these advanced techniques to better assist patients and help student to build their practice. The course incorporates a Student Apprenticeship including homework and personal study to give students a real-world, hands-on experience.

COURSE FEE

<u>MASSAGE THERAPIST II</u>	
Registration	\$ 75.00
STRF Fee	2.00
Tuition	<u>4,617.00</u>

Total Fees Level II 4,694.00

SINGLE SUBJECT COURSES

COURSE TITLE: SHIATSU **125 HOURS**

COURSE DESCRIPTION:

In this Shiatsu course, we will introduce theory of Traditional Oriental Medicine, assessment skills, treatment strategies, and using the whole body for power as it applies to Shiatsu Bodywork. We will also cover simple but essential *KI (a.k.a. Qi)* building exercises for health maintenance. Although Shiatsu rests firmly on a medical scientific basis and on thorough psychosomatic and physiological understanding, the foundation of Shiatsu treatment is the belief that each individual case must be regarded as unique. Shiatsu strives first and foremost to prevent illness by evoking the self-healing and curative powers inherent in the human body. Shiatsu is wonderful for everyone in search of improving physical condition, developing our bodies to resist sickness, and enhancing our overall vitality.

Maximum Class Size: 12 Students

Course Content by Subject

Hours

Shiatsu Massage	75
Student Apprenticeship	<u>50</u>
Total	125 Hours

COURSE OBJECTIVES:

Upon completion of this course, students will be able to confidently perform a whole body Shiatsu routine with a table, on the floor, and with their client seated. Also, students will be able to demonstrate proper body mechanics, breathing methods, and techniques for Shiatsu effortlessly without putting stress and discomfort on their own bodies.

COURSE FEE

SHIATSU

Registration	\$ 75.00
STRF Fee	0.5
Tuition	<u>1,495.00</u>
Total Fees	1,570.50

COURSE TITLE: ACUPRESSURE **125 HOURS**

COURSE DESCRIPTION:

This course will explain the origin and history of Acupressure; how it works with natural flow of energy in human bodies; practice use of different sets of acupoints to treat relative illnesses; and different strokes and hand movements.

Acupressure (traditional Chinese massage) has been part of the mainstream Chinese medical systems (along with acupuncture, herbal medicine) for thousands of years. Acupressure is

performed by applying pressure on acupoints, which are sensitive spots on the body surface, and by massaging the muscles and tendons.

Maximum Class Size: 12 Students

Course Content by Subject	<u>Hours</u>
Acupressure Massage	45
Western Anatomy	30
Student Apprenticeship	<u>50</u>
Total	125 Hours

COURSE OBJECTIVES:

The objective of this course is to pass along the traditional skill to those who want to make it a career. The content of this course will be explained in simple terms, making it very comprehensible to beginners. For specialists and professionals in the field of physical therapy, this course can be served as an enhancement to their knowledge.

COURSE FEE

	<u>ACUPRESSURE</u>
Registration	\$ 75.00
STRF Fee	0.5
Tuition	<u>1,495.00</u>
Total Fees	1,570.50

COURSE TITLE: SPORT MASSAGE 50 HOURS

COURSE DESCRIPTION:

Student will learn sports massage and sports physiology, 12 basic sports movements; learn recovery in stress cycle, rehabilitation, first aid, and sports injury rehabilitation. Student will also learn rehabilitation in individual injuries such as running, tennis, cycling, weight lifting, basketball and soccer.

Maximum Class Size: 12 Students

Course Content by Subject	<u>Hours</u>
Sports Massage	<u>50</u>
Total	50 Hours

COURSE OBJECTIVES:

Upon completion of this course student will be able to aid in rehabilitation, sports injuries, stretching and release of techniques of massage.

COURSE FEE

Registration	\$ 75.00
STRF Fee	0.5
Tuition	<u>895.00</u>
Total Fees	970.50

COURSE TITLE: PAIN MANAGEMENT THERAPY PRACTICUM 100 HOURS

COURSE FEE

MESSAGE SPA TECHNICIAN

Registration	\$ 75.00
Supplies	195.00
STRF Fee	1.00
Tuition	1,425.00
Total Fees	1,696.00

CONTINUING EDUCATION COURSES

COURSE TITLE: MODULE I UPPER BODY EXTREMITIES 17 HOURS

COURSE DESCRIPTION:

Students will have a comprehensive understanding of the structure, function, palpation, assessment, and treatment of the soft tissues associated with the shoulder, elbow, wrist, and hand.

Maximum Class Size: 12 Students

Course Content by Subject

Intro to Deep Tissue	
Joint Mobilization	
Stretching	
Pulling	
Tapping upper Trapezius Rhomboids,	
Middle Trapezius and pain patterns	Total 17 Hours

COURSE OBJECTIVES:

Student will learn new techniques to incorporate into your client shoulder, hand, and wrist treatment.

COURSE FEE:

MODULE I UPPER BODY

Registration	\$ 75.00
Tuition	498.00
Total Fees	573.00

COURSE TITLE: MODULE II SPA HAND, FACE AND FEET REFLEXOLOG
17 HOURS

COURSE DESCRIPTION:

Student will learn Spa Reflexology is an extremely effective form of massage. The basis of which relates to “relax points” on the sole of the foot and hand. These “points” coincide with each organ and system in the body and are linked to those organs by “energy channels”. When

illness, occurs the corresponding “energy channels” become blocked. Reflexology Massage aims to remove these blocks, thus allowing the energy to flow freely again.

Maximum Class Size: 12 Students

Course Content by Subject

Spa Hand and Foot Treatments

Introduction to Exfoliation

Honey Treatment

Mud Treatment

Buff Polish

Oil Massage

Total 17 Hours

COURSE OBJECTIVES:

Students will obtain comprehensive information to begin working as reflexologist.

COURSE FEE:

MODULE II SPA/FOOT REFLEXOLOGY

Registration	\$ 75.00
<u>Tuition</u>	<u>498.00</u>
Total Fees	573.00

COURSE TITLE: MODULE III HOT STONE MASSAGE 17 HOURS

COURSE DESCRIPTION:

This course is intended to give practitioners the understanding in the use of hot stones for a massage treatment as well as knowledge on how to heat, cool and store them.

Hot Stone Massage involves the application of warm, heated stones on parts of the body as well as their application in the use of a Hot Stone Massage treatment. It benefits in relaxing tissues, loosening and easing tension and pain and aiding the circulatory system.

Maximum Class Size: 12 Students

Course Content by Subject

Theory, Lecture, Hygiene

Demonstrations

Hands on Practicum

Aromatherapy

Total 17 Hours

COURSE OBJECTIVES:

The students will learn how to use stones in their massage practice.

COURSE FEE:

MODULE III HOT STONE MASSAGE

Registration	\$ 75.00
Tuition	498.00
Total Fees	573.00

COURSE TITLE: MODULE IV CHAIR MASSAGE 17 HOURS

COURSE DESCRIPTION:

We will focus on the neck, shoulders, upper back, and arms for chair massage. Student will learn 10-15 minute chair massage routine including Deep Tissue Chair Massage, light, moderate, stretching, and proper body mechanics for therapist as well as chair setup and client safety.

Maximum Class Size: 12 Students

Course Content by Subject

Introduction to Deep Tissue Chair Massage
A variety of strokes which concentrate on the neck, shoulders, upper back, and arms.

COURSE OBJECTIVES:

Student will learn various chair massage techniques and is able to find that job opportunities are everywhere, from shopping malls to hospitals, and from convention centers to sporting events.

COURSE FEE:

MODULE IV CHAIR MASSAGE

Registration	\$ 75.00
Tuition	498.00
Total Fees	573.00

Make Up Class.....\$15.00 per hour
Transcript and/or Certificate of Completion.....First one is free / 25.00 each thereafter.

Textbooks and supplies are included in tuition figures. Books are issued in the module where the corresponding subject is presented. There are no separate charges for books.

ELIGIBILITY FOR LICENSURE

Upon completion of 250 hours of instruction (Massage Therapist I-100 hours and at least 150 hours from 2 Single Courses) at Just for Your Health College of Massage, students can use the school diploma to apply for Certified Massage Practitioner (CMP) certification from California Massage Therapy Council (CAMTC).

Upon completion of 500 hours of instruction (Massage Therapist I-100 hours and Massage therapist II- 400 Hours)at Just for Your Health College of Massage, students can use the school diploma to apply for Certified Massage Therapist (CMT) certification from California Massage Therapy Council (CAMTC).

Students who desire to apply for the Massage Therapist License in the city of San Jose will need the following documents: [Taken from San Jose Police Department Permits Unit for Massage Therapist License]:

1. Government Photo ID or Certified copy of your birth certificate. If in foreign language, certified translation required. (Passport O.K.)
2. Original massage school diploma certifying 100 hours of instruction from a STATE OF CALIFORNIA licensed massage school, (per SJMC 6.44.08). *(The Massage Therapist I diploma (100 hours) received from Just for Your Health College of Massage will meet this requirement.)*
3. A copy of the business tax certificate (business license) that you will be working under. Available at City Hall, 200 E. Santa Clara Street, First Floor, San Jose 95133, Phone Number (408) 535-7055.
4. A licensed physician verifying that the applicant has been examined within 30 days of the application date, and a Medical Examination Form must be completed and physician has examined a recent x-ray of the applicant. If the physician fee is that a chest x-ray is not needed, then the physician "MUST" sign the x-ray area that the x-rays are not needed, and believes that the applicant has no medical condition that would prevent the applicant from performing the duties of a massage therapist. A chest x-ray is not required on renewals but the written statement of a recent examination including the test results of Hepatitis B and PPD skin test is required.
5. Proof of professional liability insurance (CERTIFICATE OF INSURANCE) with name of applicant on certificate, or massage malpractice insurance in the amount of \$1,000,000. This must be filed with the City of San Jose's Risk Management Department at the time of application which is located at 200 E. Santa Clara St., 4th Floor, San Jose CA 95113 (408) 535-7060, FAX (408) 286-6492.
6. Applicant must submit a Letter of Intent of Hire from potential employer and must be signed by business owner or manager.
7. Renewals - Submit new application Submit copy of business license, proof of current liability, intent to hire, Doctor Statement.