

# Calistoga Massage Therapy School

2801 #B Yulupa Ave.

Santa Rosa, CA. 95405 Ph (707) 542-4577

Administrator, Steven L. Ticen, MA. DC.

Owner Kristy Katz

School Catalog Effective from:

Dec. 31, 2013 until Dec. 31, 2015

Web Site: WWW.Calistogamts.com

## COURSE OF INSTRUCTION:

The Calistoga Massage Therapy School offers an overview on several different massage techniques while emphasizing Swedish/ Calistoga massage. Our Basic 150 hour long course is an intense comprehensive course that insures that each graduate will be skilled in the massage technique (Swedish-Calistoga) that most massage spas utilize. The additional 400 hours of instruction fulfill the requirement for Calif. Massage Therapy Council. These courses also stress body sensitivity and intuitive awareness of the client's energy blocks. Techniques of centering the practitioner's energy flow and a spiritual awareness of each therapist's healing potential and how to use these gifts are given.

## COURSE OBJECTIVES FOR MASSAGE THERAPISTS:

Beginning Students should first take the Basic 150 hour Massage Course. Provisions for make-up will be individually made. The instructor may dismiss a student if over 12 hours of class time is missed. Advance Course Classes, the student may be dismissed if over 12% of the Class is missed. Provisions for make-up will be individually made.

**California Massage Therapy Council:** Block Classes (#1CAMTC 150 hours Basic Massage, #2 CAMTC Anatomy -Phys A & B, and #3 CAMTC) allow the student to qualify as a "Massage Therapist", through the **California Massage Therapy Council.** #3 CAMTC Allows students to pick individuals classes to fulfill the subject or hours needed for CAMTC.

## ENTRANCE REQUIREMENTS

**AND CLASS SIZE:** Be a High School graduate, have GED or pass an Ability-to-Benefit test. Maximum class size is 16 students per instructor. Students are encouraged to enroll at least 1 week prior to the first day of class. Special late enrollment may

take place up to the fifth day of class depending on the class, the class size and the instructor. Unless specific dates are listed, **Advance courses** are given on a sign up basis and offered as time and interest dictates.

**English as a second language instruction is not provided.**

**COURSE LENGTH:** The Basic 150 hours course is offered with various schedules, Monday through Thursday evening courses 6-10: PM, Day courses are Monday, Tuesday, Wednesday & Thursday 9-1 or 1-5 PM. New Basic Massage classes start approximately every 2 ½ months and are posted in the office. **The Advance Courses Classes hours are listed and sign up lists are posted in the office.** Holidays are Memorial Day, Labor Day, the 4th of July, Thanksgiving Day, Christmas and New Years. Administration hours are the same as the class hours

## #1 CAMTC Board

### 150 hours Basic Massage

Course Content	Clock hours
Body Massage	125hours
Anatomy and Physiology	15 hours
Public health & business Ethics	<u>10 hours</u> 150 hours

### Course Fees:

Registration	\$ 50.00
Tuition	\$2100.00
Textbook & materials fees	\$ <u>50.00</u>
Total Cost	<b>\$2,200.</b>

#1 CAMTC Board 150 Hours X \$14 +  
REG/Books = \$ 2,200

**ADVANCE COURSES \$14.00 per clock hour, textbook and or materials fees may be extra. Classes may be taken individually without signing up for an entire course.**

## #2 CAMTC Board

Anatomy-Phys Deep Tissue A	
Anatomy	25 hours
Massage	100 hours
Anatomy- Phys Deep Tissue B	
Anatomy	25 hours
Massage	<u>100 hours</u> 250 hours

Total Cost for #2 CAMTC Board  
250 hours x \$14+ \$100 Books = **\$3600**

### #3 CAMTC

Reflexology (foot massage)	16 hours
Sports massage- stretching	16 hours
Facials and Spa Wraps	16hours
Lymphatic massage	16hours
Anatomy /Physiology (required)	54 hours
Business & Ethics (required)	10 hours
Hot Stone	20 hours
Muscle testing #1	40 hours
Reiki I	10 hours
Reiki II	12 hours
Somatics	32 hours
Pancha Karma	16 hours

**Total Cost for #3 CAMTC Board- Pick  
and choose 100 hours x \$14= \$1400**

**Total cost for 500 hours =\$7200.**

### Advance Classes Description

#### **Anatomy-Physiology Deep Tissue Massage**

**A&B. CAMTC** requirement Anatomy-Physiology, Deep tissue massage techniques for the trunk of the body and extremities are incorporated into the class.

**Business/Ethics CAMTC** requirement when taken with/after the basic 100 hour Class.

#### **Body Mechanics for Massage Therapist.**

Techniques for the massage therapist using their body weight and proper hand & arm technique will enable the therapist to decrease fatigue during the massage session.

**Facial and Spa Wraps** teaches basis Spa type facial massage and body wraps.

**Hot Stone** learn foundation and placement sequences along with a thorough massage using hot stones and warm oils.

**Lymphatic Massage** is utilized to aid the body in the movement of lymph or body fluids. This massage is often used in time of fluid retention or illness.

**Muscle testing I, II** class will enable the practitioner to use muscle testing to identify acupressure energy discrepancy and then treat the client with acupressure.

**Pancha Karma** is a body cleansing system of oil massage that is utilized in Yoga healing.

**Reflexology (foot massage)** is a pressure massage that suggests areas of the feet correspond & give therapeutic benefit to different areas of the body.

**Reiki I, II** is an oriental energy healing system that emphasizes energy flow out with light physical touch.

**Somatics** This class will cover retraining muscles to relax using Thomas Hanna Ph.D. and Jim Dreaver DC. Therapeutic ideas.

**Sports Massage** is a fast vigorous massage used in pre and post sporting events.

### **GRANTING OF CREDIT:**

This Massage School normally does not accept credit from non-state licensed schools. Provisions for granting up to 20% credit is made provided the following criteria is met. Upon enrollment, the student will be asked to list any previous education, training, or experience in the area of massage or body work. If it is recent enough, sufficiently thorough and relevant, appropriate credit may be allowed at the discretion of the school administration. The course length may be shortened and the fees proportioned. The student records will document any such action taken. The Calistoga Massage Therapy School does not accept credit for courses of massage involving correspondence (though-the-mail) instruction. Additionally, no more than 20% of the total hours of massage in a course may be granted for previous equivalent education or training.

### **NOTICE CONCERNING TRANSFERABILITY OF CREDITS AND CREDENTIALS EARNED AT OUR INSTITUTION:**

The transferability of credits you earn at Calistoga Massage Therapy School is at the complete discretion of an institution to which you may seek to transfer. Acceptance of the certificate you earn in massage is also at the complete discretion of the institution to which you may seek to transfer. If the certificate that you earn at this institution are not accepted at the institution to which you seek to transfer, you may be required to repeat some or all of your coursework at that institution. For this reason you should make certain that your attendance at this institution will meet your educational goals. This may include contracting an institution to which you may seek to transfer after attending Calistoga Massage Therapy School to determine if your certificate will transfer.

## **FACULTY:**

**DR. STEVEN TICEN** -Chiropractor in Santa Rosa and has an MA in family counseling. Dr. Ticen has studied and used Kinesiology, Acupressure, Spiritual & Ayurvedic healing/herbology , Sports massage, Eastern meditation, Homeopathic and Natural healing methods.

**Jennifer Hicks** – has been a massage therapist & Reiki master with a private practice for 8+ years. She has been teaching Basic Massage, Deep Tissue & Advance Classes for 6 + years.

**Katerina Ploskova** – has been doing massage for 7 years and has been teaching for 1+ years.

**ADDITIONAL INSTRUCTORS** -teach through out the year.

## **GRADUATION & GRADUATION RATE:**

Upon completion of the Basic 150 hours course and attendance of 150 hours the student will receive a final test in the form of giving a pass-fail satisfactory massage to the instructor. This massage final can be repeated as necessary. With the passing of this massage test, a certificate of merit will be granted. Graduation rate is over 85%. Study guides may be suggested for those students who will sit for State or National Boards approved by CAMTC. All Advance Massage Courses finals are taken in the form of giving a satisfactory massage/body work to the instructor. Courses needed to pass Boards will be taught to cover Board requirements.

## **SCHOOL REFUNDS:**

The student may receive full refund of tuition less the registration fee of \$50 if he/she cancels the "Model Enrollment Agreement" prior to or on the first day of instruction or the seventh day after enrollment which ever is later. In addition, the student may withdraw from a course after instruction has started and received a prorated refund for the unused portion of the tuition and other refundable charges if the student has completed 60% or less of the instruction. Students will receive a prorated refund within 30 days of written notification of withdrawal.

**PHYSICAL SETTINGS:** The Calistoga Massage Therapy School is located at 2801 #B Yulupa Ave, Santa Rosa, CA 95405. The School is easily reached by taking the Highway 12 Sonoma Exit from the 101 freeway in Santa Rosa, continue through the first and second stop light and then turn right on Yulupa Ave

and continue to the next intersection /signal light next to a corner 76 Union Gas Station. We are across the street on the right corner with parking in the rear of the building.

## **SCHOOL POLICY REGARDING DISMISSAL:**

At the discretion of the administration, a student may be dismissed for intoxication/use of drugs, possession of weapons at school, behavior creating health or safety hazards, and for disobedient , disrespectful or inappropriate behavior.

## **PLACEMENT ASSISTANCE:**

Help in finding employment with the many local massage Spas will be given; however, no guarantee for placement is made.

## **RECORDS & FACILITIES:**

This institution, the facilities it occupies and the equipment it utilizes fully complies with any and all Federal, State and Local ordinances and regulations, including those requirements as to fire safety, building safety and health. Enrollees are advised and cautioned that. State Law requires this educational institution to maintain school and student records for no more than a five-year period.

## **DROP-OUT/ LEAVE-OF-ABSENCE POLICIES:**

Students may return and finish with any future class that is not full and the instructor feels the class will not be disrupted.

## **FINANCIAL AID:**

Due to the very economical and limited time of each class this institution does not participate in any federal and or state financial aid program. If a student obtains a loan to pay for an educational program, the student will have the responsibility to repay the full amount of the loan plus interest, less the amount of any refund.

## **Facilities, Equipment, Library, Services, Housing:**

Classes are demonstrated in a large room and students practice in individual rooms. We supply the massage tables that are needed for class. We do not offer any students services, we do have a library and no student housing. Rental apartment are nearby and rent for \$1050 + per month.

## **STUDENT TUITION RECOVERY FUND:**

The student Tuition Recovery Fund (STRF) was established by the Legislature to protect any California resident who attends a postsecondary institution from losing money if you prepaid tuition and suffered a financial loss as a result of the school closing, failing to live up to its enrollment agreement, or, refusing to pay a court judgment. To be eligible, you must be a "California resident" and reside in California at the time the enrollment is signed or when you received lessons at a California mailing address from an approved institution offering correspondence instruction. Students who are temporarily residing in California for the sole purpose of pursuing an education, specifically those who hold student visas are not considered a "California resident."

To qualify for STRF reimbursement you must file a STRF application within one year of receiving notice from the council that the school is closed. If you do not receive notice from the bureau, you have 4 years from the date of closure to file a STRF application. If a judgment is obtained, you must file a STRF application within 2 years of the final judgment. It is important that you keep copies of the enrollment agreement, financial aid papers, receipts or any other information that documents the monies paid to the school.

The State of California created the Student Tuition Recovery Fund (STRF) to relieve or mitigate economic losses suffered by California residents who were students attending schools approved by, or registered to offer Short-term Career Training with the Bureau for Private Postsecondary and Vocational Education (Bureau). You may be eligible for STRF if you are a California resident, prepaid tuition, paid the STRF fee, and suffered an economic loss as result of any of the following:

- 1-The school closed before the course of instruction was completed.
- 2-The school's failure to pay refunds or changes on behalf of a student to a third party for license fees or any other purpose, or to provide equipment or materials for which a charge was collected within 180 days before the closure of the school.
- 3-The school's failure to pay or reimburse loan proceeds under a federally guaranteed student loan program as required by law or to pay or reimburse proceeds received by the school prior to closure in excess of tuition and other costs.
- 4-The school's breach or anticipatory breach of the agreement for the course of instruction.
- 5-There was a decline in the quality of the course of instruction within 30 days before the school closed, or if the decline began earlier than 30 days prior to

closure, a time period of decline determined by the Bureau.

6- The school committed fraud during the recruitment or enrollment or program participation of the student.

You may also be eligible for STRF if your were a student that was unable to collect a court judgment rendered against the school for violation of the Private Postsecondary and Vocational Education Reform Act of 1989. You must pay the state-imposed fee for the Student Tuition Recovery Fund (STRF) if all of the following applies to you: (\* Calistoga Massage Therapy School pays this fee for you)

- 1- You are a student, who is a California resident and prepays all or part of your tuition either by cash, guaranteed student loans, or personal loan, and 2-Your total charges are not paid by any third-party payer such as an employer, government program or other payer unless you have a separate agreement to repay the third party. You are not eligible for protection from STRF and your are not required to pay the STRF fee if either of the flowing applies: 1-You are not a California resident, 2- Your total charges are paid by a third party, such as an employer, government program or other payer, and you have no separate agreement to repay the third party.

## **CATALOG & STRF QUESTIONS:**

Any questions a student may have regarding this catalog that have not been satisfactorily answered by the institution may be directed to the Bureau for Private Postsecondary Education.

"As a prospective student, you are encouraged to review this catalog prior to signing an enrollment agreement. You are also encouraged to review the School Performance Fact Sheet, which must be provided to you prior to signing an enrollment agreement." "A student or any member of the public may file a complaint about this institution with the Bureau for Private Postsecondary Education by calling toll-free (916) 574-7720 or by completing a complaint form, which can be obtained on the bureau's internet Web site, [www.bppe.ca.gov](http://www.bppe.ca.gov). Any questions or complaints including STRF questions may be answered by Bureau for Private Postsecondary and Vocational Education, POB 980818, West Sacramento, CA 95798-0818, Phone (916) 574-7720 Fax (916)574-8648 ,Bureau's web site [www.bppe.ca.gov](http://www.bppe.ca.gov)

The Calistoga Massage Therapy School at 2801 #B Yulupa Ave, Santa Rosa, CA. 95405, a private institution, was granted a license to operate from the Bureau for Private Postsecondary and Vocational Education pursuant to California Education Code Section 94311. "Although this institution was approved to operate by the former Bureau for Private Postsecondary and Vocational Education, our pending