AMERICAN RED CROSS
CERTIFIED NURSE ASSISTANT 
& 
CERTIFIED HOME HEALTH AIDE
TRAINING PROGRAM

COURSE CATALOG 
AND 
APPLICATION

5297 Aero Drive
Santa Rosa, CA 95403-8070
707-577-7600
www.redcross.org/sonomacounty

DIRECTIONS:

FROM 101, GOING NORTHBOUND: EXIT FULTON ROAD. TURN RIGHT ON AIRPORT BLVD., THEN RIGHT AGAIN ON AERO DR. OUR BUILDING IS ON THE CORNER OF AIRPORT BLVD. AND AERO DR.

FROM 101, GOING SOUTHBOUND: EXIT AIRPORT BLVD. TURN LEFT ON AIRPORT BLVD., CROSS OVER 101 AND CONTINUE ON AIRPORT BLVD. TO AERO DR. AND TURN RIGHT. OUR BUILDING IS ON THE CORNER OF AIRPORT BLVD. AND AERO DR.
STATE EXAM PASS RATE
96% of the students who completed the course in 2009 passed the Competency Evaluation Program CEP test required by the state of California for certification as a CNA (Certified Nursing Assistant).

EMPLOYMENT RATE
Approximately 95% of those who completed the course in 2009 secured employment in the field in which they were trained or continued their education in the healthcare field.

COURSE COMPLETION RATE
94% of our students completed the course of instruction in 2009.

*Based on the Santa Rosa American Red Cross classes, 2009

THE RED CROSS CHAPTER IS A

FRAGRANCE-FREE FACILITY

WHILE AT THE CHAPTER PLEASE DO NOT WEAR:
- PERFUMES
- SCENTED AFTER-SHAVES
- OTHER FRAGRANCES

SMOKE FREE CAMPUS

PLEASE DO NOT SMOKE ON THE PROPERTY (INCLUDING THE PARKING LOT)

THANK YOU
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Introduction, Course Descriptions, Fees and Charges

Thank you for your interest in the American Red Cross Nurse Assistant and Home Health Aide Training Programs. The following pages contain very important information regarding the programs. Please review each page to be sure that you have read and understand it. If you have any questions regarding the programs, please call (707) 577-7600. Any questions or problems concerning the programs which have not been satisfactorily answered or resolved by the school (American Red Cross) should be directed to the Department of Consumer Affairs, 1625 North Market Blvd., Sacramento, CA 95834.

**Nurse Assistant Training Program:** This 160 hour course will train you to provide quality care to residents in nursing homes. The course is taught in English. Students must read at the 5th grade level. (If students speak English as a second language, we strongly recommend that they take an English exam.) The course consists of 19 units focused on all aspects of resident care including residents' rights; safety procedures; the aging process; assisting residents with personal care; taking vital signs; admitting, transferring and discharging residents; death and dying; modifying care; restorative nursing and time management. Additional modules are available to meet specific state requirements. The course is led by Registered Nurses who have completed a training course and meet all Federal, State and American Red Cross Instructor requirements. Upon successful completion of the course, you will be qualified to take the examination to become a Certified Nurse Assistant (CNA). You must be 16 years old to become certified in California.

**Course Fee:** $1395 ($250 Non-refundable Registration Fee, $1145 Training. Fees include training, Livescan and Materials. See page 15 for additional fees.

**Text Books:** Included in the tuition fee and non-refundable once they are issued to you. Every student must have his/her own text books. All other teaching materials are included.

**Uniform Dress:** It is the student's responsibility to acquire a solid Royal Blue scrubs, comfortable closed toed shoes with appropriate hose or socks, to be worn beginning with the first day of clinical practice.

**Home Health Aide Training Program:** You must be a Certified Nurse Assistant to take this 40-hour State of California approved course. This course will train you to provide quality care to clients in their homes. You will learn: (1) how to work well with clients and their families, and help them to feel better about themselves; (2) how to assist clients in taking care of their daily needs. Upon successfully completing the course you will qualify to be a Certified Home Health Aide (CHHA) and receive 26 Continuing Education Units (CEU's).

**Course Fee:** $450 ($100 Non-refundable Registration Fee, $350 Training)

**Text Books:** Included in the tuition fee and non-refundable once they are issued to you. Every student must have his/her own text books. All other teaching materials are included.

**Uniform Dress:** It is the student's responsibility to acquire a solid Royal Blue scrubs, comfortable closed toed shoes with appropriate hose or socks, to be worn beginning with the first day of clinical practice.
Student Assessment, Grading & Academic Progress

Criteria for Grading Students: Students are assessed a grade based on their performance. Performance is measured and recorded by the instructors on the Clinical Practicum Guide Evaluation form and on the final written examination. Students are verbally quizzed by the instructors after each unit of instruction and are given a practice test at the first week and the halfway point of class.

Grades are assigned according to the following:
Pass (P): entered as the final grade for a student who has passed all the required skills competency check-offs and scored at least 80 percent on the final written examination.
Fail (F): entered as the final grade if the student has not passed all the required skill competency check-offs and scored less than 80 percent on the final written examination.
Incomplete (I): entered as the final grade if the student is unable to complete the course due to certain circumstances, such as illness or a death in the family. An Incomplete is given only when arrangements to complete the course have been made.

Academic Progress: A student’s progress will be evaluated by a test after the first week of class. If a student is not passing, the instructor will counsel the student about his/her difficulty and a plan for improvement and will write a “Student at Risk Form,” giving a date (completion of 50% or less of course) at which time the student can drop and be entitled to a refund (SEE REFUND POLICY).

State Certification: The certificate issued by the Red Cross upon successful completion of the course allows you to take the state competency examination. With proof of passing the state examination, the graduate may work as a Certified Nurse Assistant under the state and federal law guidelines for up to one year while awaiting receipt of state certificate, which could take up to four months.

Record Retention Policy
1. All records will be maintained at the American Red Cross offices, 5297 Aero Drive, Santa Rosa, California 95403. All records will be maintained in a safe and secure location. Only the Director of Nursing and his/her designee shall have access to the records, which are retained for a period of four years.
2. Records will be available to the students during normal working hours as posted in the Chapter. Please retain copies of your TB and physical. ARC will charge $8 for any requested copies.
3. Records will be available to all duly authorized individuals, i.e., any person authorized by the Private Postsecondary and Vocational Reform Act of 1989.

Attendance Policy
1. Complete attendance is required every day of the course. MAKE UP TIME FOR A MISSED THEORY DAY IS AT THE INSTRUCTOR’S DISCRETION.
2. Instructors will provide supervised make-up time for excused absences on a CLINICAL DAY and ONLY at the Instructor’s discretion.
3. In the event of an emergency which would prevent you from attending any portion of the course, you must call the Instructor to the number you have been given.
4. You are expected to be on time every day. If you arrive late, you will be counseled and given a “student at risk” form. If you are late after being warned, it is grounds for dismissal.
Drop Out/Refund Policy

1. All fees will be refunded if the school does not accept the applicant.

2. The student has a right to a full refund of all charges less the $250 non-refundable registration fee if he/she cancels this agreement at least 5 business days prior to orientation. The amount retained for the registration fee may not exceed $250.

3. The student may withdraw from a course after instruction has started and receive a refund minus the non-refundable registration fee, textbook cost and a 15% administration fee if the student has completed 50% or less of the instruction (42 day class costs $33/day; 22 day class costs $63/day). For example: if the student attended 10 days of a 42-day course and paid $1345 tuition, the student would receive a refund of $545.30 (see example below).

\[
\begin{align*}
\text{Tuition paid} & \quad $1395.00 \\
\text{Minus} & \quad $0.50 \text{ Student Tuition Recovery Fund (nonrefundable)} \\
\text{Minus} & \quad $250.00 \text{ Registration Fee (nonrefundable)} \\
\text{Minus} & \quad $330.00 \text{ Number of days received} \\
\text{Minus} & \quad $59.95 \text{ Textbook retained by student} \\
\text{Minus} & \quad $209.25 \text{ Administration Fee (15\%)} \\
\text{REFUND} & \quad $545.30
\end{align*}
\]

4. The termination date to determine the refund is the last date of actual attendance by the student. Refunds will be made within thirty (30) days of receipt of cancellation notice.

5. Cancellation after completing fifty percent (50\%) or more of the course will result in no refund.

6. There is no refund for termination of class due to violations of the code of conduct or dress code.

Prior Convictions

If you have ever been convicted by any court of a crime other than a minor traffic violation, you must submit your fingerprints (via Live Scan) and an application to the Department of Health Services for Certified Nurse Assistant, prior to enrollment in this course. Once you have obtained a criminal background clearance from the Department of Health Services, you may enroll in the course. The state may require the following information, which must be sent to the Department of Health Services, Licensing and Certification Program AID and Technician Certification Section, P.O. Box 997416 Sacramento CA 95899-7416 (916) 327-2445 to obtain clearance:

- Statement of facts, i.e., date(s) and nature of incident(s)
- Disposition of the case (provide court papers)
- Current status
- Letters from your probation officer (if applicable), letters of recommendation (if applicable)

The American Red Cross has the right to deny a student enrollment based on the prior conviction penal section from the Department of Health Services, which constitutes automatic Denial/Revocation of certification (see "Conviction of Penal Code Section" on page #16). If you have been cleared by the Department of Health Services for any conviction, bring your stamped clearance to the Red Cross. Please contact the Nursing Training Programs Coordinator regarding your questions and concerns about prior convictions.
Requirements of Enrollment:

- Enrollment form
- $250.00 non-refundable deposit

Due on Orientation Day (Mandatory) See course schedule for date

- $1145.00 Tuition (Credit/Debit Card, Money Order or Cashier's Check only payable to the American Red Cross (No Cash or Personal Checks accepted)
- Physical exam done within one year of start of the class
- TB test done within six months of start of the class or 1 year for X-Ray's

NOTE: Uniform dress beginning with the first day of clinical practice. You are required to wear a solid Royal Blue scrubs, comfortable closed toed shoes. All students are required to have Livescan fingerprinting, which is done by the American Red Cross on Orientation. No cost to students.

Order of Requirements

- Submit $250 non-refundable deposit (if submitting a money order or cashier's check, please make payable to American Red Cross)
- Enrollment Agreement.
- Physical exam (within 1 year of class start date)
- TB Test within 6 months of class start date or 1 year for X-rays
- Turn in at Mandatory Orientation Day – REQUIRED TO BEGIN CLASS
  Tuition payable to the American Red Cross
  Physical exam
  TB test results
- Fingerprints done by LiveScan on Orientation (no cost to student).
- Acquire uniform to be worn at clinical training
- Half-way through the class:
  $90 CEP testing fee
- Sign up with $100 non-refundable deposit for Home Health Aide (optional)
- Pass the course and attend graduation ceremony
- CEP Test - you should reserve entire day for testing
  Present proper documents to take test:
  Original Social Security Card
  Acceptable photo ID
  NAMES MUST APPEAR THE SAME ON BOTH DOCUMENTS
  DHS form 283B with instructor's signature
Suggested Clinics
(You may also use your regular provider)

Tuberculosis Tests & Physical Exams

Concentra Medical Center
1221 North Dutton Ave.
Santa Rosa, CA 95401
(707) 543-8360
TB Test: $30
Physical Exam: $70
Drop In: M-F 8am-3:30pm

Petaluma Health Center
Services
1179 North McDowell Blvd.
Petaluma, CA 94954
(707) 559-7500
info@phealthcenter.org
appointment
TB Test: $15
Drop In: Tuesday 9am-12pm
Physical Exam: by appointment, cost varies

Saints Jane & Mary Medical Center
Center
1580 Sebastopol Rd. Suite 1
Santa Rosa, CA 95407
(707) 591-9667
Physical Exam & TB Test: $60 by appointment

Sonoma State University
Family Nurse Practitioner Program
1801 E. Cotati Ave.
Rohnert Park, CA 94928
(707) 664-2466
Physical Exam: $30 by appointment

Occidental Area Health Center
3802 Main St.
Occidental, CA 95465
(707) 874-2444
wchealth.org
TB Test: $13
Drop-In: Mondays 5pm-6pm
Physical Exam: by appointment, cost varies

Santa Rosa Sports & Family
1255 North Dutton Ave.
Santa Rosa, CA 95401
(707-546-9400 Ext. 2
Physical & TB Test: $70 by

Southwest Community Health
751 Lombardi Ct. Suite B
Santa Rosa, CA 95407
(707) 547-2222
TB Test: $15
Physical Exam: by appointment, cost varies
Code of Conduct/Grounds for Dismissal

1. More than one missed theory day may be grounds for dismissal.
2. Failure to pay tuition when due.
3. You must be on time to every day of class. No more than two warnings will be given prior to dismissal.
4. Failure to make-up excused absence.
5. Speaking a foreign language in the presence of residents who do not speak the same language or anywhere in the facility.
6. The following disruptive behaviors are prohibited:
   - Speaking in a loud tone of voice (shouting) to others in classroom, lab or at clinical setting, thus interrupting class time.
   - Use of foul language.
   - Smoking in any area that is not designated for smoking.
   - Use of alcohol or drugs. Please report to your instructor any medications you are currently taking that might impair your physical or mental capabilities.
   - Any comments, gestures, or body language that is viewed by fellow classmates, instructors or staff as inappropriate.
   - Leaving classroom frequently without an appropriate reason before break time or lunch.
   - Sleeping in classroom, clinic or lab during instruction time.
   - ABSOLUTELY NO CELL PHONES IN CLASS OR CLINIC! Make your emergency plan before the first day of class.
   - Using American Red Cross or clinical facility telephones without permission.
     Phone use is for emergency calls only.
   - Use of residents' personal property for your own needs or entertainment, such as television or radio.
   - Cheating on exam.
   - Theft of property from school, clinic site, students, patients or staff members.
   - Inappropriate uniform; one warning will be given for violation of dress code.
   - Harassment of Red Cross staff, instructors, fellow students, patients, or hospital staff, whether verbal, physical, written, visual, sexual, cultural, racial, religious, or based on a person's physical abilities (or lack of).

There will be NO REFUNDS of tuition for students dismissed due to a violation of the Code of Conduct or Dress Code.
Student Complaint Procedure

The Nursing Training Programs Coordinator is designated to receive and resolve student complaints. She/he will be regularly accessible before and after class at the office of the American Red Cross in Santa Rosa.

A. The Program Director has the responsibility and the authority to do the following:
   1. Investigate complaints thoroughly, including interviewing all people and reviewing all documents that relate or may potentially relate to the complaints.
   2. Reject the complaint if, after investigation, it is determined to be unfounded or to compromise or resolve the complaint in any reasonable manner.
   3. Record a summary of the complaint, its disposition, and reasons for that disposition, and place a copy of the summary, along with any other related documents, in the student's file. Make an appropriate entry in the log of student complaints as required by Section 73870.
   4. If the complaint is valid, involves a violation of law, and is not resolved within 30 days after it was first made by the student, notify the Department of Consumer Affairs, the accrediting association, and law enforcement authorities of the complaint, investigation and resolution or lack of resolution. A person who has a duty to provide notice under this paragraph is not required to disclose any matter to the extent of that person's privilege under Section 940 of the Evidence Code. If the authorized person does not provide all of the information required by this paragraph because of a claim of privilege under Section 940 of the Evidence Code, the institution shall appoint another person, who may not lawfully claim that privilege, to provide the omitted information.
   5. If the complaint is valid, determine what other students, if any, may have been affected by the same or similar circumstances and provide an appropriate remedy for those students.
   6. The school will implement reasonable policies or procedures to avoid similar complaints in the future.
   7. Communicate directly to any person in control regarding complaints, their investigation, and resolution or lack of resolution.

B. Student's Action:
   1. A student may lodge a complaint by communicating orally or in writing to any teacher, administrator, admissions personnel, or counselor. The recipient of the complaint shall transmit it as soon as possible to the person authorized to resolve complaints and shall attempt to resolve complaints related to that person's duties.
   2. If a student orally delivers the complaint and the complaint is not resolved within either a reasonable period or before the student again complains about the same matter, the institution shall advise the student that a complaint must be submitted in writing and shall provide the student with a written summary of the institution's complaint procedure.
   3. If a student complains in writing, the institution shall, within 10 days of receiving the complaint, provide the student with a written response, including a summary of the institution's investigation and disposition of it. If the complaint or relief requested by the student is rejected, the reasons for the rejection must be logged.
   4. Effective July 1, 2007, the American Red Cross, is in agreement with the Department of Consumer Affairs to comply with all state statues, rules and regulations pertaining to a private postsecondary institution as defined in Section 94740.5 of the Education Code, as it existed on June 30, 2007, in effect as of the close of business on June 30, 2007.
   5. If you have any complaints, questions or problems that you cannot work out with the school, write or telephone: Department of Consumer Affairs, 1625 North Market Boulevard, Suite S-308, Sacramento, CA 95834, (916) 574-8200, www.dca.ca.gov.

C. Student's waiver of rights is void:

The student's participation in the complaint procedure and the disposition of a student's complaint shall not limit or waive any of the student's rights or remedies. Any document signed by the student that purports to limit or waive the student's rights and remedies is void. The Nursing Program Coordinator shall maintain a log for student complaints.
Student Tuition Recovery Fund

California Education Code 94316.10(a) and CCR, Title 5, Section 74750, require the catalog to include a description of the student's rights under the Student Tuition Recovery Fund (STRF) established pursuant to 94342 of the Education Code.

The Student Tuition Recovery Fund (STRF) was established by the Legislature to protect any California resident who attends a private postsecondary institution from losing money if he or she prepaid tuition and suffered a financial loss as result of the school closing, failing to live up to its enrollment agreement, or refusing to pay a court judgment.

To be eligible, you must be a California resident and reside in California at the time the Enrollment Agreement is signed, or when you receive lessons at a California mailing address from an approved institution offering correspondence instruction. Students who are temporarily residing in California for the sole purpose of pursuing an education, specifically those who hold student visas, are not considered California residents.

To qualify for STRF reimbursement, you must file a STRF application within one year of receiving notice from the council that the school is closed. If you do not receive notice from the council, you have four years from the date of closure to file a STRF application. If a judgment is obtained, you must file a STRF application within two years of the final judgment.

It is important that you keep copies of the enrollment agreement, financial aid papers, receipts or any other information that documents the monies paid to the school. Questions regarding STRF may be directed to the Department of Consumer Affairs, 1625 North Market Blvd., Suite S-308, Sacramento, CA95834, (916) 574-8200.

You may be eligible for STRF if you are a California resident, prepaid tuition, paid the STRF fee, and suffered an economic loss as a result of any of the following:

1. The school closed before the course of instruction was completed.
2. The school's failure to pay refunds or charges on behalf of a student to a third party for license fees or any other purposes, or to provide equipment or materials for which a charge was collected within 180 days before the closure of the school.
3. The school's failure to pay or reimburse loan proceeds under a federally guaranteed student loan program as required by law, or to pay or reimburse proceeds received by the school prior to closure in excess of tuition and other costs.
4. The school's breach or anticipatory breach of the agreement for the course of instruction.
5. There was a decline in the quality of the course of instruction within 30 days before the school closed, or if the decline began earlier than 30 days prior to closure, a time period of decline determined by the Bureau.
6. The school committed fraud during the recruitment or enrollment or program participation of the student.

You may also be eligible for STRF if you were a student who was unable to collect a court judgment rendered against the school for violation of the Private Postsecondary and Vocational Education Reform Act of 1989.

You must pay the state-imposed fee for the Student Tuition Recovery Fund (STRF) if all of the following applies to you:

1. You are a student who is a California resident, and who prepays all or part of your tuition either by cash, guaranteed student loans, or personal loans, and
2. Your total charges are not paid by any third-party payer such as an employer, government program or other payer, unless you have a separate agreement to repay the third party.

You are not eligible for protection from the STRF, and you are not required to pay the STRF fee if either of the following applies:

1. You are not a California resident.
2. Your total charges are paid by a third party, such as an employer, government program or other payer, and you have no separate agreement to repay the third party.
Notice of Cancellation

Date when CNA class started: _____/_____/_____

Location of Training: ______________________

You may cancel this contract for school without any penalty 5 days prior to Orientation/Registration day with the exception of the non-refundable registration fee.

To cancel the contract for school, mail or deliver a signed and dated copy of this notice, or any other written notice, or send a telegram to the following address:

American Red Cross
5297 Aero Drive
Santa Rosa, CA 95403-8070

Not later than: _____/_____/_____
(Enter date that is five (5) days prior to Orientation/Registration Day.)

I cancel the contract for school.

Signature: ________________________________

Date: _____/_____/_____

You do not have the right to cancel by just telephoning the school or by not coming to class. Refund policy may also be found in Enrollment Agreement.

REMEMBER: YOU MUST CANCEL IN WRITING.
## Training Fees

### Nurse Assistant Training
- Non-refundable registration fee: $250.00
- 160 hours, half-day or full day classes*: $1145.00
  
*Fees include training, LiveScan and materials.

State Examination (skills and written test) OR (skills and oral Test) $90.00
If student fails, skills retest (additional fee) $50.00
and/or written retest (additional fee) $35.00

Suggested Equipment (Optional)
- Gait Belt $24.00
- Blood Pressure Kit (stethoscope and cuff) $39.00

### Home Health Aide Training (Prerequisite: Certified Nurse Assistant)
- Non-refundable registration fee: $100.00
- 40 hours, 1/2-day classes (26 CEUs) $350.00

Please retain copies of your TB and physical. ARC will charge $8 for any requested copies.
## CONVICTION OF PENAL CODE SECTION WHICH CONSTITUTE AUTOMATIC DENIAL/REVOCATION

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<td>288 (a)</td>
<td>Sodomy with victim with mental disorder or developmental or physical disability</td>
</tr>
<tr>
<td>288 (b)</td>
<td>Lewd or lascivious acts with child under age 14</td>
</tr>
<tr>
<td>288 (c)</td>
<td>Oral copulation with person under 14 years against will</td>
</tr>
<tr>
<td>288 (d)</td>
<td>Voluntary acting in concert with or aiding and abetting</td>
</tr>
<tr>
<td>288 (e)</td>
<td>Oral copulation with unconscious victim</td>
</tr>
<tr>
<td>288 (f)</td>
<td>Oral copulation with victim with mental disorder or developmental or physical disability</td>
</tr>
<tr>
<td>288.5</td>
<td>Continuous sexual abuse of a child (includes degree (a))</td>
</tr>
<tr>
<td>289</td>
<td>Penetration of genital or anal opening by foreign object (includes degrees (a) – (i))</td>
</tr>
<tr>
<td>289.5</td>
<td>Rape or sodomy (includes degrees (a) and (b))</td>
</tr>
<tr>
<td>368</td>
<td>Elder or dependent adults abuse, theft or embezzlement of property (includes degrees (b) – (f))</td>
</tr>
<tr>
<td>451</td>
<td>Arson (includes degrees (a) – (e))</td>
</tr>
<tr>
<td>459</td>
<td>Burglary (includes degrees in 460 (a) and (b))</td>
</tr>
<tr>
<td>470</td>
<td>Forgery (includes degrees (a) – (e))</td>
</tr>
<tr>
<td>475</td>
<td>Possession or receipt of forged bills, notes, trading stamps, lottery tickets or shares (includes degrees (a) – (o))</td>
</tr>
<tr>
<td>484</td>
<td>Theft</td>
</tr>
<tr>
<td>484 (b)</td>
<td>Intent to commit theft by fraud</td>
</tr>
<tr>
<td>484 (d-f)</td>
<td>Theft of access card, forgery of access card, unlawful use of access card</td>
</tr>
<tr>
<td>487</td>
<td>Grand theft (includes degrees (a) – (d))</td>
</tr>
<tr>
<td>488</td>
<td>Petty theft</td>
</tr>
<tr>
<td>496</td>
<td>Receiving stolen property (includes degrees (a) – (c))</td>
</tr>
<tr>
<td>503</td>
<td>Embezzlement</td>
</tr>
<tr>
<td>518</td>
<td>Extortion</td>
</tr>
<tr>
<td>666</td>
<td>Repeat convictions for petty theft, grand theft, burglary, carjacking, robbery and receipt of stolen property</td>
</tr>
</tbody>
</table>
Student Uniform Dress Code Guidelines

Each student has the primary responsibility for maintaining exceptional standards of grooming, dress and hygiene that comply with health and safety regulations. By maintaining these standards you will reinforce your desire to deliver the highest quality care and demonstrate professional values.

**LOOK PROFESSIONAL!**

**BE PROFESSIONAL!**

You will need to have the following items by Day #10 of the "Half Day" Class and by Day #5 of the "Full Day" Class:

<table>
<thead>
<tr>
<th>Item</th>
<th>Requirements</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>UNIFORM:</strong></td>
<td>Royal Blue medical scrubs (large pockets preferred)</td>
</tr>
<tr>
<td><strong>SHOES:</strong></td>
<td>White or black closed-toe shoes, closed heel (no slingback) shoes with non-skid soles.</td>
</tr>
<tr>
<td><strong>WATCH:</strong></td>
<td>Watch with a second sweep hand. Elasticized watchband which can be moved up on the arm during hand washing is preferred.</td>
</tr>
<tr>
<td><strong>PAPER:</strong></td>
<td>Small pad of paper.</td>
</tr>
<tr>
<td><strong>PEN:</strong></td>
<td>Ballpoint pen – blue or black ink / Highlighter</td>
</tr>
<tr>
<td><strong>JEWELRY:</strong></td>
<td>Keep it simple. Avoid large and dangling earrings or chains. For cleanliness, all rings and bracelets will have to be removed when you are washing your hands at the clinical site. Facility policies regarding piercings, must be followed.</td>
</tr>
<tr>
<td><strong>HAIR:</strong></td>
<td>Keep hair clean and neatly trimmed. If you have long hair, please plan to put it up for clinical practice in a ponytail, bun, twist or braids.</td>
</tr>
<tr>
<td><strong>FINGERNAILS:</strong></td>
<td>Keep trimmed with length of nails in accordance with patient safety needs. Use clear or light colored nail polish. No nail jewelry.</td>
</tr>
<tr>
<td><strong>HYGIENE:</strong></td>
<td>Maintain good personal hygiene habits. Makeup in moderation. NO perfumes or colognes in consideration of and sensitivity to the residents.</td>
</tr>
<tr>
<td><strong>NAME BADGE:</strong></td>
<td>Wear Red Cross student name badge at all times in the clinical facility.</td>
</tr>
</tbody>
</table>

**DO NOT BRING PERSONAL ITEMS THAT YOU CANNOT AFFORD TO LOSE TO THE CLINICAL SITE.**

You must be able to carry everything that you need in your pockets. Optional – small waist pack (fanny pack) for your personal items.

**IF YOU DO NOT HAVE THE UNIFORM REQUIRED, YOU WILL NOT BE ALLOWED TO COME TO CLINICAL PRACTICE.**