

# LOS ANGELES HEALTH INSTITUTE CATALOG

California B.P.P.E. Approval # 1943211



January 1, 2013 - December 31, 2013

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TABLE OF CONTENTS -----	2
WELCOME MESSAGE -----	5
INTRODUCTION -----	5
Mission, Purpose, and Objectives -----	5
Approval Disclosure Statement -----	6
Disclosures -----	6
Massage Certification -----	7
Catalog Update -----	8
Administration -----	8
Academic Calendar 2013 -----	8
Location -----	9
Office Hours -----	9
ADMISSIONS -----	10
Admission Requirements and Procedures -----	10
Requirements for ability-to-benefit students -----	11
Language Proficiency Requirements -----	11
Bilingual Education Program -----	11
Transfer Credits -----	12
Notice Concerning Transferability of Credits and Credentials Earned From Other Institutions -----	12
Notice Concerning Transferability of Credits and Credentials Earned at Los Angeles Health Institute -----	12
Academic Procedures -----	12
Grading -----	12
Attendance Policy -----	13
Academic Regulations -----	14
Graduation Requirements -----	14
Transcripts & Records -----	14
Financial Information -----	15
Financing Payment Plans -----	15
Fee Schedule -----	15

Institutional Charges and Fees -----	16
STUDENT SERVICES -----	17
Scholarship Opportunity -----	17
Placement Assistance & Job Referrals -----	17
Other Services -----	17
Facilities -----	17
Library & Learning Resource Center -----	17
Housing Information -----	18
ADMINISTRATIVE POLICIES -----	19
Probation and Dismissal Policies -----	19
Withdraw Policy -----	19
Refund Policy -----	20
Notice to students who use private loans to pay for courses ----	21
Notice to students who default on a federal or state loan -----	21
Student's Right to Cancel -----	21
Leave of Absence Policy -----	22
Student tuition Recovery Fund (STRF) Information -----	22
Certificate of Completion -----	23
Student Grievance -----	24
Retention -----	24
Drug Prevention/Awareness -----	24
Disclaimers -----	24
EDUCATIONAL PROGRAM -----	25
Diploma of Massage Therapy -----	25
Program Description and Objective -----	25
Learning Outcomes -----	25
Massage Therapy Curriculum Classes -----	26
Diploma of Acupressure Therapy -----	27
Program Description and Objective -----	27
Learning Outcomes -----	27
Acupressure Therapy Curriculum Classes -----	27

Diploma of Sports Massage Therapy -----	28
Program Description and Objective -----	28
Learning Outcomes -----	28
Sports Massage Therapy Curriculum Classes -----	28
Diploma of Oriental Bodywork Therapy -----	29
Program Description and Objective -----	29
Learning Outcomes -----	29
Oriental Bodywork Therapy Curriculum Classes -----	29
Course Description -----	30
Required Textbook -----	35
 FACULTIES -----	 38

## **WELCOME MESSAGE**

On behalf of the administration, faculty, and staff, I would like to welcome you to Los Angeles Health Institute. Los Angeles Health Institute is a private school which has accelerated training programs developed for various occupational careers. Our outstanding faculty members and learning environment equips Los Angeles Health Institute graduates to enter the workplace well prepared in the shortest time possible. The faculty is composed of professional and highly competent staff members. They have a variety of experiences in various occupational fields. You will find this institute a family atmosphere with skilled and affectionate administrators and staff members serving you to achieve your educational goals.

## **INTRODUCTION**

Los Angeles Health Institute (LAHI) is a profit, international, and independent institution. The School of Massage provides a classroom-based traditional instruction and certificate level educational opportunities.

## **MISSION, PURPOSE, AND OBJECTIVES**

Our mission is to provide our students with the finest education possible in an occupational profession, so that they may become the pacesetter of tomorrow's professionals. Los Angeles Health Institute was established to provide the holistic needs of the students, and to encourage students to help the people in the community with their health mentally, spiritually, and physically by massage therapy. We will also help make it financially affordable to get you through school.

This program have been designed to train students to become massage therapists with skills of professionalism and ethics of massage therapy. Those students who have completed this program should be able to practice the profession within a larger organization such as Acupuncture Clinic, Chiropractic Office, Physical Therapy Center, Orthopedic Rehabilitation Clinic, Health Spa, Medical Office, or be able to set up their own private practice.

Los Angeles Health Institute is dedicated to training leaders in the field of Massage Therapy. Our mission statement is to educate students who can:

- (a) Contribute to the health and well-being of our society.

- (b) Continually update our knowledge of current legislation and to work forward the improvement of laws for the purpose of promoting the highest competence and ethical practices in the fields of the training programs.
- (c) Provide the student with an overview of areas and fields related to the programs by means of workshops, guest speakers, field trips, etc.
- (d) Keep abreast of industry trends and to stay on the growing edge of the field.

### **APPROVAL DISCLOSURE STATEMENT**

Los Angeles Health Institute has received license to operate as a private post-secondary institution in the State of California, from the Bureau for Private Postsecondary (BPPE). The Bureau has determined that this institution's operation plan satisfies the minimum standards based on provisions of the California Private Postsecondary Education Act (CPPEA) of 2009.

The following programs are approved:

Massage Therapy	300 Hours
Acupressure Therapy	300 Hours
Sports Massage Therapy	200 Hours
Oriental Bodywork Therapy	200 Hours
Chair Massage	6 Hours
Deep Tissue Massage	6 Hours
Foot Reflexology	6 Hours
Infant Massage	6 Hours
Lymph Massage	6 Hours
Thai Massage	6 Hours
Therapeutic Stretch	6 Hours
Trigger Point	6 Hours

### **DISCLOSURES**

- o This institution is located at 4017 Wilshire Blvd. Los Angeles, CA 90010
- o This is a private institution that is approved to operate by the Bureau for Private Postsecondary Education.
- o This institution has not a pending petition in bankruptcy, is operating as a debtor in possession, has not file a petition within the preceding five years, or has not had a petition in bankruptcy filed against with in the preceding five years that resulted in

- reorganization under Chapter 11 of the United States Bankruptcy Code.
- o Any questions a student may have regarding this catalog that have not been satisfactorily answered by the institution may be directed to the Bureau for Private Postsecondary Education at 2535 Capital Oaks Drive, Suite 400 Sacramento, CA 95833, [www.bppe.ca.gov](http://www.bppe.ca.gov), toll-free telephone number (888) 370-7589 or by fax (916) 263-1897.
  - o As a prospective student, you are encouraged to review this catalog prior to signing an enrollment agreement. You are also encouraged to review the School Performance Fact Sheet, which must be provided to you prior to signing an enrollment agreement.
  - o A student or any member of the public may file a complaint about this institution with the Bureau for Private Postsecondary Education by calling (888) 370-7589 or by completing a complaint form, which can be obtained on the bureau's Internet Web [www.bppe.ca.gov](http://www.bppe.ca.gov)
  - o Courses and clinic are conducted at 4017 Wilshire Blvd, Los Angeles, CA 90010 Effective March 4, 2013, all career programs that lead to a certificate.

### **MASSAGE CERTIFICATION**

You can be a massage therapist through following ways in California:

- o Receiving California state certification by the California Massage Therapy Council (CAMTC), which approves you to work anywhere in California; or
- o Finishing courses for licenses or permits in individual counties

#### **California Massage Therapy Council**

The California Massage Therapy Council was established by the California legislature with the purpose of certifying California massage therapists to work freely in California so that they can work anywhere in California without a separate permit or license from a city or county.

Graduates from Los Angeles Health Institute who successfully finishes the massage program are qualified to receive this certification.

The main purpose of CAMTC's establishment was to prosper interests and effects of massage therapy, as well as to raise professional massage therapists. Statewide certification from CAMTC simplifies the process of becoming a massage therapist in California, and helps local governments keep track of the list of therapists. Refer to [www.camtc.org](http://www.camtc.org) for detailed information.

#### **Permits or Licenses Issued by City of County**

Depending on a city or a county, massage rules, regulations, fees, and requirements vary. While some California cities require certain number of hours of massage training, others require basic

principles and theoretical studies on top of massage training.

### **Non-California Massage Therapy License**

Each student is responsible for ensuring different requirements for Massage Therapy License if he or she wishes to work outside of the state of California after finishing the program.

### **CATALOG UPDATE**

This institution, pursuant to section 94909 of the Ed. Code, annually updates this catalog. Annual updates may be made by the use of supplements or inserts accompanying this catalog. If changes in educational programs, educational services, procedures, or policies required to be included in the catalog by statute or regulation are implemented before the issuance of the annually updated catalog, those changes shall be reflected at the time they are made in supplements or inserts accompanying this catalog.

### **ADMINISTRATION**

President: Jonny Yun / Ph.D., MSOM, M.A., B.A., L.Ac., M.T.

Academic Dean: Yu Shih / DOM, MSOM, MCM, B.E., B.P., L.Ac., M.T.

Director of Administration: Danny D. Kim / Ph. D., MSOM, L.Ac.

Director of Academy: Yu Shih / DOM, MSOM, MCM, B.E., B.P., L.Ac., M.T.

Director of Admission: Benjamin A. Eells / M.T.

Custodian of Record: Hyekyong Lee / MSOM, L.Ac, M.T.

### **ACADEMIC CALENDAR 2013**

Some dates are subject to change. All important deadlines and holidays are listed below. Los Angeles Health Institute currently has open enrollment periods until the capacity of program is reached up in the beginning of quarter.

<b>Quarter</b>	<b>Start Date</b>	<b>End Date</b>
<b>Winter</b>	01/07/2013	03/22/2013
<b>Spring</b>	04/08/2013	06/21/2013
<b>Summer</b>	07/08/2013	09/20/2013
<b>Fall</b>	10/07/2013	12/20/2013

### Holiday Information

Los Angeles Health Institute will observe the following holidays:

Jan 1	New Year's Day
Jan 21	Martin Luther King Day
May 27	Memorial Day
Jul 4	Independence Day
Sep 2	Labor Day
Nov 11	Veterans Day
Nov 28	Thanksgiving Day
Dec 24	Christmas Eve
Dec 25	Christmas Day
Dec 31	New Year's Eve

There are no classes on:

03/25/2013 ~ 04/05/2013

06/24/2013 ~ 07/05/2013

09/23/2013 ~ 10/04/2013

12/23/2013 ~ 01/03/2014

### **LOCATION**

Los Angeles Health Institute is conveniently located at:

**4017 Wilshire Blvd. Los Angeles, CA 90010.**

**Tel: (213) 389-0007 / Fax: (213) 387-5963**

**[www.lahealthinstitute.com](http://www.lahealthinstitute.com) / [lahi@lahealthinstitute.com](mailto:lahi@lahealthinstitute.com)**

### **OFFICE HOURS**

Monday through Friday 9:00 AM To 5:00 PM

Classes are usually conducted Monday through Friday.

Additional classes may be offered on weekend.

\* Class schedule is subject to change without notice. Please call or write tthe school for current schedule.

## **ADMISSIONS**

An applicant must be physically eligible to perform the tasks for each course. Each Student admitted to an undergraduate degree program, or a diploma program, shall possess a high school diploma or its equivalent, or otherwise successfully take and pass the relevant examinations required by section 94905 of the Code.

Applicants with prior training at the State approved institution or equivalent organization in a related field will receive appropriate credit after evaluation by the school administration. Each student must provide one passport-size photograph. In addition, the following items are required at the time of enrollment: entrance test, driver's license or other comparable form of I.D., and completed application & agreement paper. We do not offer home-study.

Class size is kept to a maximum of twenty students to enable greater individual attention. In accordance with federal, state, and local laws, Los Angeles Health Institute provides equal opportunity in education and does not discriminate on the basis of gender, race, ethnic origin, religion, or handicap.

Any questions about application dates or any other part of the admissions process should be directed to:

Los Angeles Health Institute  
4017 Wilshire Blvd. Los Angeles, CA 90010  
Tel: 213-389-0007 Fax: 213-387-5963

## **ADMISSION REQUIREMENTS AND PROCEDURES**

Admission requirements for LAHI and the individual programs include:

- 1) Completed application and submitted application fee
- 2) Recent photograph
- 3) Driver License or passport
- 4) Minimum 18 years of age
- 5) Official High School transcript, a certified copy of a high school diploma or a certified copy of a GED certificate. If the student does not have any of the listed before, the student will need to prove his or her qualification by passing Ability to Benefit Test. See page 9 for details.

- 6) Be physically capable of performing and receiving massage techniques taught in the program
- 7) Personal interview with the administrative staff to assess academic and financial capabilities, as well as goals

For students with prior experience and/or training, they may be placed at a higher level course without taking the prerequisite course. Upon completion of the massage/acupressure related course(s), a student will be prepared to enter the massage and acupressure job market in fields including, but not limited to, the following areas: chiropractic, physical therapy, orthopedic rehabilitation clinic, health spas, hotels, beauty salons, medical, private practice, sports medicine, relaxation, stress management, hospitals, sanitariums, convalescent hospitals, geriatric facilities, etc.

#### **REQUIREMENTS FOR ABILITY-TO-BENEFIT STUDENTS**

"Ability-to-benefit student" means a student who does not have a certificate of graduation from a school providing secondary education, or a recognized equivalent of that certificate; an equivalent certificate could be a GED. Any student who fails to provide High School Diploma or GED needs to take an "ability to benefit" test. Please contact the school regarding this matter.

#### **LANGUAGE PROFICIENCY REQUIREMENTS**

Since all courses are instructed in English, Korean, or Chinese, whichever is in favor of student's fluency in language, we do not require a certain level of language proficiency. However, we do not offer English as a Second Language courses.

#### **BILINGUAL EDUCATION PROGRAM**

To prosper diversity and multicultural environment along high-quality education on campus, Los Angeles Health Institute brings a bilingual education system. A class will be taught in a language that a majority of students speaks, and translation will be provided to the rest of them. For example, if more than ten students of twenty total students in a class speak Korean, the class will be held in Korean, and other students will be given a transmitter with an earphone during the lecture.

## **TRANSFER CREDITS**

### **NOTICE CONCERNING TRANSFER ABILITY OF CREDITS AND CREDENTIALS EARNED FROM OTHER INSTITUTION(S)**

Los Angeles Health Institute does not have any articulation or agreement with any other college or transfer credits

- o This institution DOES NOT award credit for prior experiential learning.
- o International students are more than welcome to attend; however, this institution DOES NOT currently provide Visa Services or voucher for student status.
- o This institution DOES NOT currently offer distance education.

### **NOTICE CONCERNING TRANSFER ABILITY OF CREDITS AND CREDENTIALS EARNED AT LOS ANGELES HEALTH INSTITUTE**

- o The transfer ability of credits you earn at Los Angeles Health Institute is at the complete discretion of an institution to which you may seek to transfer. Acceptance of the degree, diploma, or certificate you earn in the name of educational program is also at the complete discretion of the institution to which you may seek to transfer. If the certificate that you earn at this institution are not accepted at the institution to which you seek to transfer, you may be required to repeat some or all of your course work at that institution. For this reason you should make certain that your attendance at this institution will meet your educational goal. This may include contacting an institution to which you may seek to transfer after attending Los Angeles Health Institute to determine if your certificate will transfer.

## **ACADEMIC PROCEDURES**

### **GRADING**

Grades are given for each course that a student is officially enrolled in, and are written on the student's permanent record at the end of each quarter. A copy of the permanent record is the transcript. A student's academic achievement is reported in terms of grade point average (GPA).

Grades are recorded for each phase of study as follows:

A	90 - 100%	(Excellent)
B	80 - 89%	(Good)
C	70 - 79%	(Average)

F	-	Fail/Unsatisfactory
W	-	Withdraw
P	-	Pass (for practicum / elective courses)
T	-	Transfer Credit
CR	-	Credit
NC	-	No Credit

#### Administrative Grading Symbol

SP	Satisfactory Progress
I	Incomplete
RD	Report Delayed
AU	Audit
T	Transfer

A failed test may be retaken another day to obtain a passing score (C or better).

#### **ATTENDANCE POLICY**

Even though attendance policy may vary depending on a professor, each student is expected to be in every class on time, for your own intellectual enhancement.

Actual attendance time is expressed in terms of clock hours. Each clock hour consists of 50 minutes of instruction. Since classroom and internship credit will be allowed only for instruction under the supervision of a certified instructor at an approved location, it is important to arrive before the beginning of the scheduled class or lab/practicum time. Frequent absences are unsatisfactory if they cause the number of hours attended per week to drop below the individual's attendance commitment. More than three unexcused absences per class will result in academic consulting with the school administrator. Make-up work maybe arranged by the student with the instructor. Every attempt will be made to accommodate the individual needs of each student.

Any student anticipating a lapse in attendance of one week or longer must request a formal leave of absence in writing. Two leave of absences are allowed during any course length. Leave of absence is not computed in the time frame for the course. Any student failing to attend classes without such written notice may have his/her enrollment agreement terminated.

Tardiness is disruptive to a good learning environment and is discouraged. Tardiness without

legitimate reason on three occasions in one class will be considered as on unexcused absence.

### **ACADEMIC REGULATIONS**

Each course will have two check points: the first check point is the midway point and those students who are behind will be notified and may be put on academic probation; those students who have not completed at the final check will be notified. An extended period (50% of the course length) may be offered to successfully complete the course. The student will be responsible to arrange time for make-up hours, tests, and other assignments. If the course is not completed by the end of the extended period, the student will be dismissed with a grade of "F". Progress reports will be issued on a monthly basis, noting the reporting period, academic performance, absences, and tardiness.

### **GRADUATION REQUIREMENTS**

A candidate of Certificate of Achievement in Massage Therapy shall have:

- 1) Completed all the required coursework (Basic Assessment and Massage Application Instructions, each consisting 300 hours of classes) in the CA program curriculum
- 2) Completed a minimum 300 hours in the Certificate of Achievement program curriculum while in residence at Los Angeles Health Institute.
- 3) Settled all outstanding financial obligations with Los Angeles Health Institute's Business Office.
- 4) Filed an application for graduation in the Office of Admissions and Records.

### **TRANSCRIPTS & RECORDS**

A file will be compiled for each applicant enrolled in the training program. Each student's file is complete with copies of records, reports, and grades. Copies of transcripts are available to the student upon request. Written consent from the student will be necessary to release copies of records to a third party. Requests for transcripts and records should be made to administration, and a nominal administrative fee may be required. Enrollees are advised and cautioned that state law requires this educational institution to maintain school and student records for period of five years. Student information is not available to anyone without written request/release from the student or a court order.

**FINANCIAL INFORMATION**

All fees, expenses, and tuition are expected to be paid on time and in full prior to the course completion and before issuance of a certificate, transcript, or any other written evidence of attendance. Payment may be made by cash, a personal check, money order, or cashier's check.

Programs that are expected to be completed in short-term period, one term or three months, require payment of all tuition and fees on the first day of instruction. Some payment plans may be arranged for courses longer than one term or three months at the time of registration. However, when 50 percent of the program has been offered, full payment is required, and any student with a delinquent account will be notified. If the account is not aid in full within 30 days of the end of the contract period, legal action may be taken. Currently, Los Angeles Health Institute is not participating in any federal or state financial aid program.

It is the policy of the Los Angeles Health Institute to collect all tuition and other fees from a student before he or she starts the course. However, for those who can not pay the entire amount in full the following plans are available.

**FINANCING PAYMENT PLANS**

Students may defer tuition payments for each term by deferring the payments over the course of the student's tenure at the Los Angeles Health Institute. Application for the Deferred Payment Plan must be made at the time of registration. Students may use personal or business checks or cash. Applicable defer fee may apply.

**FEE SCHEDULE**

All fees listed here are subject to change and are non-refundable.

Application Fee	\$	100.00
Late Payment Fee, All Programs	\$	25.00
Returned Check Fee	\$	25.00
Drop Fee	\$	50.00
Student ID Card Fee	\$	20.00
Official Transcript Fee, per Copy (Regular)	\$	25.00,
(Express)	\$	50.00
Diploma Replacement Fee	\$	50.00
Re-entry or Reinstatement Fee	\$	25.00

Books and Supplies for each program	\$	50.00
Graduation Fee, all Programs	\$	100.00

Tuition Schedule

All Programs except Continue Education (Per Hour)	\$	6.00
Continue Education (Per Hour)	\$	10.00
Massage Therapy (300hrs)	\$	1,800.00
Acupressure Therapy (300hrs)	\$	1,800.00
Sports Massage Therapy (200hrs)	\$	1,200.00
Oriental Bodywork Therapy (200hrs)	\$	1,200.00
Chair Massage (6hrs, Continue Education)	\$	60.00
Deep Tissue Massage (6hrs, Continue Education)	\$	60.00
Foot Reflexology (6hrs, Continue Education)	\$	60.00
Infant Massage (6hrs, Continue Education)	\$	60.00
Lymph Massage (6hrs, Continue Education)	\$	60.00
Thai Massage (6hrs, Continue Education)	\$	60.00
Therapeutic Stretch (6hrs, Continue Education)	\$	60.00
Trigger Point (6hrs, Continue Education)	\$	60.00

**INSTITUTIONAL CHARGES AND FEES**

<u>THE TOTAL CHARGES FOR THE CURRENT PROGRAM OF ATTENDANCE</u>		\$1,800.00
Massage Therapy 300hrs X \$6.00(tuition per hour)		
<u>THE ESTIMATED TOTAL CHARGES FOR THE ENTIRE EDUCATIONAL PROGRAM</u>		\$6,203.00
Application Fee(non-refundable)	: \$	100.00
Tuition 1,000hrs X \$6.00(tuition per hour)	: \$	6,000.00
Books and Supplies	: \$	200.00
Student Tuition Recovery Fund Fee(non-refundable)	: \$	3.00
<u>THE TOTAL CHARGES THE STUDENT IS OBLIGATED TO PAY UPON ENROLLMENT</u>		\$1,800.00
Massage Theraphy 300hrs X \$6.00(tuition per hour)		

## **STUDENT SERVICES**

### **SCHOLARSHIP OPPORTUNITY**

Los Angeles Health Institute offers both merit-based and need-based scholarships to the qualified students. Amount and number of scholarship awards may vary every year.

### **PLACEMENT SERVICE& JOB REFERRALS**

Los Angeles Health Institute placement assistance provides information on interview techniques, writing of resumes, and investigating the market place. Once a student graduates, we offer a referral system for job placement. Since Los Angeles Health Institute often receives requests from employers for recruiting opportunities, graduates must keep their files current with the placement department by updating their file monthly in order to receive new placement leads. It is the responsibility of the graduate to schedule an interview with prospective employers. Los Angeles Health Institute does not guarantee employment.

### **OTHER SERVICES**

Other student services provided by Los Angeles Health Institute include seminars, guest speakers, optional workshops, and field trips. Arrangements can also be made for individual tutoring, if necessary. Los Angeles Health Institute students participate in community activities, such as providing massage therapy at local community events.

### **FACILITIES**

This facility is in compliance with all federal, state, and local ordinances to ensure a safe and healthy environment. The site is fully equipped with the most current instructional aids and materials. Massage and Acupressure tables are set up for use by students during lab hours. Educational aids, such as skeletons an atomical charts, boards, and video equipment are utilized to enhance learning. Bulletin boards keep students informed current events in the massage and acupressure therapy field. Each student needs to provide his/her own supplies, including comfortable clothing, linens, and oils.

### **LIBRARY & LEARNING RESOURCE CENTER**

Los Angeles Health Institute library & Learning Resource Center contains an informative collection of books, periodicals and journals in the disciplines relevant to the institute's course offerings and programs. With the growth of the institution, the library's collections will

continually be updated and developed to reach the needs of new programs and curricula. In addition, students will also have access to the institute's on-line library system, which can provide students to study with collection of resources outside school. The library & Learning Resource Center is open between the hours of 9:00 A.M. and 5:00 P.M., Monday - Friday, otherwise may be notified. Local libraries, including Los Angeles Public Library network, are also available for the students who want to seek more information that LAHI's library system does not contain.

### **Housing Information**

Unfortunately, Los Angeles Health Institute does not provide dormitory facility and have no responsibility to assist a student in finding housing. The availability of housing is located reasonably near the institution's facilities and is available for between an approximately \$500 - 1,200 per month.

## **ADMINISTRATIVE POLICIES**

### **PROBATION AND DISMISSAL POLICIES**

Los Angeles Health Institute reserves the right to discontinue any student's training temporarily or to terminate a student for non-payment of tuition, or failure to abide by Los Angeles Health Institute rules, policies, and procedures, at the discretion of the director. Grounds for probation or dismissal include the use or possession of alcohol or drugs on the premises, fighting or bodily threats to other students or staff members, theft, cheating, or any behavior that is disruptive or may create a safety hazard. If, at any time, a student or faculty member compromises another student or faculty member, this may be grounds for termination. We pride ourselves in the positive attitude and professionalism of our faculty. Whether termination of enrollment is voluntary or involuntary, each student should realize that he/she will remain obligated for the amount of tuition and fees due the school based on the refund policy. If any student is terminated and wishes to appeal, he/she may do so in writing, within three (3) days of the termination, to the school director, providing supporting documentation. The school director will decide reinstatement in 10 days after reviewing the appeal documents.

### **WITHDRAW POLICY**

Withdrawal occurs when the student communicates to Los Angeles Health Institute that they wish to cancel the enrollment contract after the cancellation period. Withdrawal must be executed in writing and received by Los Angeles Health Institute.

Program termination must be done correctly to prevent adverse financial and academic consequences. Students choosing to withdraw completely from Los Angeles Health Institute (quit the school) must notice the Registrar's Office by completing a Complete Withdrawal form. The Registrar will process the form and note the withdrawal in the student's record as of a specific date. The withdrawing student must settle his or her financial account at the time of withdrawal. The termination procedure has added importance for international students.

For module courses, dropping a course prior to the first session or during the first session/week will remove the course from showing on the student transcript. The grade notation of W (Withdrawal) will show on the student transcript for modular courses that are properly dropped in sessions/weeks 2 through 6. In order to receive a diploma, you need to take all required courses, including the one(s) you drop with W, eventually.

Tuition refund on cancellation nor to first day of instruction Los Angeles Health Institute shall refund 100% of the amount paid or instructional charges, without non-refundable registration fee of \$100 and applicable STRF fee, if notice of cancellation is made prior to or on the first day of instruction. Any notification of withdrawal or cancellation and any request for a refund are required to be made in writing. A form for withdrawal cancellation may be requested from the business office and submitted in person or mailed to: Los Angeles Health Institute Attn: Director of Administrator, 4017 Wilshire Blvd, Los Angeles, CA 90010.

### **REFUND POLICY**

The student has a right to request a full refund of all tuition and other refundable charges if he/she decides to discontinue education on or before the first day of instruction. Additionally, the student may withdraw from a program after instruction has started and receive a pro rata refund for unused portion of the tuition and other refundable charges if the student has completed 60% or less of the instruction. No refund will be made if a student drops after completing 60% of the course.

Los Angeles Health Institute will also refund money collected for sending to a third party on the student's behalf such as license or application fees. If Los Angeles Health Institute cancels or discontinues an educational program, Los Angeles Health Institute will make a full refund of all charges. Students whose entire tuition and fees are paid by a third party organization are not eligible for a refund. If the amount that a student paid is more than the amount that he/she owed for the time attended, then a refund will be made. If the amount that a student owed is more than the amount he/she has already paid, then the student will have to make arrangements for payment of the balance due. Los Angeles Health Institute will pay credit refunds due on a reasonable and timely basis, within 30 days following the date upon which the student's withdrawal or cancellation has been determined.

If the student has received federal student financial aid funds, the student is entitled to a refund of moneys not paid from federal student financial aid program funds. If the student obtains a loan to pay for an educational program, the student will have the responsibility to repay the full amount of the loan including interest and any other miscellaneous charges.

To determine the refund, a student would deduct the application fee of one hundred dollars (\$100) along with applicable STRF fee and books, and materials & supplies charges (if not

returned in "as new" condition) from the total fees. Divide the result by the number of hours in the program. The result is the hourly charge for the program. Multiplying the hours attended by the hourly charge for instruction, plus the registration fee and the documented cost of any books, materials & supplies equals the amount owed by the student.

The student shall return books, materials and supplies to Los Angeles Health Institute within 30 days following the date of a student notice of cancellation or withdrawal. If the student fails to return the books, supplies or other materials, in condition that allows the items to re-sell as new within the 30 day period, Los Angeles Health Institute may deduct the documents from any refund that may be due to the student. Once a student pays for the books, supplies or other materials, he/she may keep them without further obligation. If the student cancels the Los Angeles Health Institute will refund any money paid, less any deduction for books, supplies or other materials not return with "as new" condition.

#### **NOTICE TO STUDENTS WHO USE PRIVATE LOANS TO PAY FOR COURSES**

Students who obtain a loan to pay for an educational program will have the responsibility to repay the all amount of the loan plus interest, less the amount of any refund.

#### **NOTICE TO STUDENTS WHO DEFAULT ON A FEDERAL OR STATE LOAN**

If a student is eligible for a loan guaranteed by the federal or state government and the student defaults on the loan, both of the following may occur:

1. The federal or state government or a loan guarantee agency may take action against the student, including applying any income tax refund to which the person is entitled to reduce the balance owed on the loan.
2. The student may not be eligible for any other federal student financial aid at another institution or other government assistance until the loan is repaid.

#### **STUDENT'S RIGHT TO CANCEL**

Student who is officially registered to Los Angeles Health Institute has the right to cancel and obtain a refund of charges paid through attendance at the first class session or the seventh day after enrollment, whichever is later. To cancel the contract for school, mail or deliver a signed and dated copy of your written cancellation notice to Los Angeles Health Institute of the address shown on the front page of this catalog, no later than midnight of the date that is the first business day following: (a) the first day session or the seventh day after enrollment, whichever is

later, (b) the students receipt of the Notice of Cancellation or (c) the students receipt of the Enrollment Contract and other required disclosures, whichever is later. If the cancellation notice is mailed to the school, it becomes effective of the postmark, if properly addressed with proper postage.

### **LEAVE OF ABSENCE POLICY**

A student may petition the Registrar for permission to take a leave of absence from attending courses for a period of up to one year (365 consecutive days or 12 months, counted from the end date of the last course attended before the petition was approved) while retaining his or her admission status as governing catalog. The following rules apply. A leave of absence may not be extended beyond 365 days.

- o A Student's first leave of absence may not be taken before the completion of at least one course, and one leave of absence may not follow another without the completion of at least one course in between.
- o A student whose leave of absence has expired must resume course attendance during the trimester current at the expiration date of the leave of absence or suffer loss of the benefits brought by the approved leave of absence and become subject to the Los Angeles Health Institute Admission Policy.
- o If a student who holds an approved petition for leave of absence attends a course before the expiration date of the leave of absence, then the leave of absence will automatically expire on the start date of the course.

### **STUDENT TUITION RECOVERY FUND (STRF) INFORMATION**

The Student Tuition Recovery Fund (STRF) was established by the California Legislature to sustain any California resident who attends a private postsecondary institution from losing money if the student has prepaid tuition and suffered a financial loss as a result of the school's closing, failure to live up to its enrollment, or refusal to pay a court judgment.

Students must pay the state-imposed assessment for the Student Tuition Recovery Fund (STRF) if all of the following applies to the student:

- 1) Students in an educational program, who is a California resident, or are enrolled in a residency program, and prepay all or part of your tuition either by cash, guaranteed student loans, or personal loans, and
- 2) Students' total charges are not paid by any third-party payer such as an employer, government program or other payer unless students have a separate agreement to repay

the third party.

Students are not eligible for protection from the STRF and students are not required to pay the STRF assessment if either of the following applies:

- 1) Students are not a California resident, or are not enrolled in a residency program, or
- 2) Students' total charges are paid by a third party, such as an employer, government program or other payer, and you have no separate agreement to repay the third party.

The State of California created the Student Tuition Recovery Fund (STRF) to relieve or alleviate economic losses suffered by students in educational programs who are California residents, or are enrolled in a residency programs attending certain schools regulated by the Bureau for Private Postsecondary Education.

You may be eligible for STRF if you are a California resident or are enrolled in a residency program, prepaid tuition, paid the STRF assessment, and suffered an economic loss as a result of any of the following:

- 1) The school closed before the course of instruction was completed.
- 2) The school's failure to pay refunds or charges on behalf of a student to a third party for license fees or any other purpose, or to provide equipment or materials for which a charge was collected within 180 days before the closure of the school.
- 3) The school's failure to pay or reimburse loan proceeds under a federally guaranteed student loan program as required by law or to pay or reimburse proceeds received by the school prior to closure in excess of tuition and other costs.
- 4) There was a material failure to comply with the Act or this Division within 30 days before the school closed or, if the material failure began earlier than 30 days prior to closure, the period determined by the Bureau.
- 5) An inability after diligent efforts to prosecute, prove, and collect on a judgment against the institution for a violation of the Act.

### **CERTIFICATE OF COMPLETION**

Students will receive a certificate of completion when the following conditions are met:

- o 100% attendance, all absences must be made up via the make-up classes; attend make-up class within a subsequent course or clinic, arrange for a private or semi-private tutorial with Instructor and submit a written paper authorized by administration and assigned by Instructor when appropriate. Make-up classes are charged at 50% of current tuition cost, clinics no charge
- o Passing grade on all required written exams and bodywork evaluations within program.
- o Submission of required log sheet documenting class attendance, clinics, make up coaching

- community service and receiving bodywork hours
- o Completion of financial agreements

### **STUDENT GRIEVANCES**

From time to time, differences in interpretation of school policies arise among students, faculty, and/or the administration. When such differences arise, usually a miscommunication or misunderstanding is a major contributing factor. Therefore, we urge both students & staff to communicate any problems that arise directly to the individual(s) involved. If the problem cannot be resolved in this manner, the Director of Los Angeles Health Institute should be contacted. Normally the informal procedure of "discussing" the difference will resolve the problem. If the complaint cannot be resolved after exhausting the institution's grievance procedure, the student may file a complaint with the appropriate state agency, the Bureau for Private Postsecondary Education. The student may contact the Bureau for further details.

### **RETENTION**

Los Angeles Health Institute shall maintain records of the student information including name, address, e-mail address, and telephone number for minimum five years.

### **DRUG PREVENTION I AWARENESS**

Information brochures and phone numbers regarding drug prevention and awareness are provided in the Massage/Acupressure Technician Student Guide and in the office.

### **DISCLAIMERS**

Los Angeles Health Institute will not be responsible for any statement of policy, placement activity, curriculum, or facility that does not appear in the school catalog Los Angeles Health Institute reserves the right to add, subtract, or alter any course, dates, sequencing, prerequisites, costs, instructors, and any training related matter as dictated by student attendance, instructor availability, or for any other reason, at any time, without notice. The student acknowledges that Los Angeles Health Institute does not guarantee employment. The student also acknowledges that Los Angeles Health Institute, its agents, and employees make no representations or warranties that successful completion of any course will make the student eligible for any municipal, county, state, or other government license which may be required for employment of any type. The student acknowledges that he/she is aware that some municipalities, counties, or other entities may require successful completion of further testing as a prerequisite in obtaining

a license for the purpose of employment in the field of massage/acupressure or related fields.

## **EDUCATIONAL PROGRAM**

### **DIPLOMA OF MASSAGE THERAPY**

#### **PROGRAM DESCRIPTION AND OBJECTIVE**

The Massage Therapy program provides students with didactic and clinical knowledge which would prepare them for entry-level positions as massage therapists in private practice or in many offices of such as physicians, holistic health clinics, and physical therapists. The program is divided into lectures and academic courses. Students will study basic theory of human body's structure and function, ethic of massage, and actual massage practices. This diploma program intends students to practice their skills, and techniques necessary to be a professional therapist. The objective of the Massage Therapy program is to prepare students with the necessary theoretical and clinical foundation and practical experience, as graduate of the program. Qualified graduates will be able to work for inpatient and outpatient facilities, medical clinics, in private practice physician's offices, spas, fitness centers, five-star hotels and resorts, or strike out on your own as an independent massage therapist. After finishing this program, students may have a chance to function successfully in an advance level position as a Medical Massage Therapist, Chiropractor assistant and physical therapy aids. This program provides an education opportunity for qualified individuals in a career in those medical fields mentioned above.

#### **LEARNING OUTCOMES**

The learning outcomes of the Massage Therapy program are based on the following criteria:

1. Thinking critically to analyze problems, conceptualizes hypotheses, develop arguments, weight evidence and derive conclusions.
2. Self-awareness of analyzing one's actions, to see the perspective of the other persons and to work with others in groups.
3. Personal actions to take responsibility for one's actions and make ethical decisions in complex situations.
4. According to the criteria written above, each student's knowledge and skills upon this program can be measured and evaluated by faculty members.

**MASSAGE THERAPY CURRICULUM CLASSES**

<b>Course #</b>	<b>Course Title</b>	<b>Credits</b>	<b>Hours</b>
MT100	Anatomy & Physiology I	4	40
MT125	Pathology I	4	40
MT150	Fundamental of Massage	2	20
MT200	Fundamental of Kinesiology	4	40
MT225	Massage Practice I - Swedish Massage	8	80
MT250	Related Massage Practice I - Acupressure	4	40
MT300	Massage Contraindications	1	10
MT325	Ethics	1	10
MT350	Health & Hygiene	1	10
MT400	Healthcare Business	1	10
	<b>Program Total</b>	<b>30</b>	<b>300</b>

## DIPLOMA OF ACUPRESSURE THERAPY

### PROGRAM DESCRIPTION AND OBJECTIVE

Traditionally, acupressure has known as an alternative medicine developed in Tibet and China. This Acupressure Therapy program provides basis of medical terminology, general human body, and massage practices. In acupressure physical pressure is applied to trigger points by the hand, elbow, or with various devices, and students will learn professionally and detailed as the instruction follows.

The objective of the Acupressure Therapy program is to prepare students with the necessary theoretical and clinical foundation and practical experience, as graduate of the program. Qualified graduates will be able to work for inpatient and outpatient facilities, medical clinics, in private practice physician's offices, five-star hotels and resorts, or strike out on your own as an independent massage therapist.

### LEARNING OUTCOMES

The learning outcomes of the Acupressure Therapy program are based on the following criteria:

1. Accurate knowledge of the structure of a human body through theoretical studies
2. Exquisite acupuncture skill after analyzing one's actions, and seeing the perspective of the other persons
3. Personal actions to take responsibility for one's actions and make ethical decisions in complex situations.
4. According to the criteria written above, each student's knowledge and skills upon this program can be measured and evaluated by faculty members.

### ACUPRESSURE THERAPY CURRICULUM CLASSES

Course #	Course Title	Credits	Hours
AT100	Medical Terminology	2	20
AT125	Anatomy & Physiology II	5	50
AT150	Pathology II	4	40
AT200	Massage Practice II - Deep Tissue	7	70
AT225	Massage Practice III - Kinesiatrics	7	70
AT250	Related Massage Practice II - Reflexology	5	50
	<b>Program Total</b>	<b>30</b>	<b>300</b>

## DIPLOMA OF SPORTS MASSAGE THERAPY

### PROGRAM DESCRIPTION AND OBJECTIVE

Sports Massage Therapy program provides students with techniques of on before and after event, therapeutic massage, and cramp relief for various competitive athletes and pregnant women. Graduates from this program have a definite advantage in the work field because their practices are based in medical expertise. Not only do they have a plethora of techniques to choose from, but they also know the physiological effects of the strokes, which weights credibility to their profession. Their knowledge and experience greatly serve their patients and develop client loyalty.

The objective of the Sports Massage Therapy program is to prepare students with the necessary theoretical and clinical foundation and practical experience, as graduate of the program.

Qualified graduates will be able to work for inpatient and outpatient facilities, medical clinics, in private practice physician's offices, or strike out on your own as an independent massage therapist. The main patients of this program would be athletes, pregnant women and infants.

### LEARNING OUTCOMES

The learning outcomes of Sports Massage Therapy program are based on these following criteria:

1. Understanding of psychological and physical hardships of pregnant women and provide appropriate therapeutic treatment to them and infants
2. Improve specialty in one's skill for the patients coming with certain situations
3. Being responsible of personal actions which prepare athletes' and make ethical decisions in complex situations.
4. According to the criteria written above, each student's knowledge and skills upon this program can be measured and evaluated by faculty members.

### SPORTS MASSAGE THERAPY CURRICULUM CLASSES

Course #	Course Title	Credits	Hours
SMT100	Pregnancy & Infant Massage	5	50
SMT125	Therapeutic Exercise	5	50
SMT150	Clinical Practice	5	50
SMT200	PT Modality	5	50
	<b>Program Total</b>	<b>20</b>	<b>200</b>

## DIPLOMA OF ORIENTAL BODYWORK THERAPY

### PROGRAM DESCRIPTION AND OBJECTIVE

Oriental Bodywork Therapy program provide students with massage knowledge and skills based on oriental method. This program is designed to practice therapy in combination of traditional methods and contemporary technology.

The objective of the Oriental Bodywork Therapy program is to prepare students with the necessary theoretical and clinical foundation and practical experience, as graduate of the program. With recognition of both Oriental and Western knowledge and skills, qualified graduates will be able to work for inpatient and outpatient facilities, medical clinics, in private practice physician's offices, five-star hotels and resorts, or strike out on your own as an independent massage therapist.

### LEARNING OUTCOMES

1. Distinguish different methods of therapeutic practices between the Orient and West.
2. Personal actions to take responsibility for one's actions and make ethical decisions in complex situations.
3. According to the criteria written above, each student's knowledge and skills upon this program can be measured and evaluated by faculty members.

### MASSAGE THERAPY CURRICULUM CLASSES

Course #	Course Title	Credits	Hours
OBT100	Fundamental of Oriental Martial Therapy	2	20
OBT125	Theory of Oriental Medicine/Tui-Na	8	80
OBT150	Oriental Bodywork Therapy Exercise	5	50
OBT200	Complementary Therapy	5	50
	<b>Program Total</b>	<b>2</b>	<b>200</b>

## **COURSE DESCRIPTION**

### **MT100 Anatomy & Physiology I (4 credits/40 hrs)**

This course introduces the detailed study of the musculoskeletal system. Selected portions of the body will be studied region by region, examining the skeletal features, associated joint structures, muscles, muscular attachments, nervous innervations and blood supply. Concurrent laboratory experience will focus on identification of osseous and joint landmarks and palpation of the muscle group(s) and related structures.

### **MT125 Pathology I (4 credits/40 hrs)**

This course is designed to provide the student to basic concepts in pathophysiological processes. It indicates the study of general pathology including cellular dynamics, inflammation and repair, immunity, hematology and circulation. The effects of stress on psychoneuroimmunology are examined. Alterations in cutaneous and soft tissue are studied from the perspective of the massage therapist.

### **MT150 Fundamental of Massage (2 credits/20 hrs)**

This course is designed to acquaint the student with the scope and nature of basic Massage Therapy. The student will discuss the development of massage from its roots to the present day and describe the origins of Swedish massage. The class will also cover the history of Massage Therapy and the future directions of the profession of Massage Therapy in the United States. It will lead students to define critical thinking and the basic components of Swedish massage manipulations and describe the principles of Massage. The therapeutic effects of massage will be examined.

### **MT200 Fundamental of Kinesiology (4 credits/40hrs)**

Basic concepts from kinesiology will be explored to understand efficient movement. By use of a critical thinking approach, students will assess range of motion and muscle strength and isolate those areas that are in need of mediation. This introductory course is designed to acquaint the student with the theory and assessment necessary to prescribe remedial exercises. Stretching, resistance, balance and core stabilization principles are introduced.

### **MT225 Massage Practice I - Swedish Massage (8 credits/80 hrs)**

It is explored to assist the student to acquire a conceptual framework for practice based on a

critical thinking model. Theory is practiced in concurrent laboratory setting. Directional anatomy, draping and support bolstering, client assistance, benefits of Massage, use of oil/ lotions/ lubricants/ supplies, body mechanics, Swedish strokes and variations, seated chair massage will practice.

**MT250 Related Massage Practice I - Acupressure (4 credits/40 hrs)**

Acupressure therapy is an important branch of Traditional Asian treatment which specializes in using breathing and movement exercises to cultivate health and treat diseases. It contains the accumulated knowledge and clinical experience of many dynasties. The therapeutic techniques of acupressure therapy are easy to learn and practice and do not rely on drugs or medical equipment so that it does not produce side effects. Acupressure therapy can be used to treat many common diseases and it also has produced some exciting results with difficult and complicated diseases. The student will practice each of the manipulation, and the therapeutic effects of Acupressure will be examined.

**MT300 Massage Contraindications (1 credit/10 hrs)**

A massage contraindication is a situation when massage should not be performed. Continuing with treatment may be more detrimental than beneficial and in some cases may cause serious medical problems. This course provides student with various types of pathological phenomenon that advised - SHOULDN'T BE DONE AT ALL, while other situations it may be OK to massage with modification. The student studies conditions that require Physician Clearance, conditions with Local Contraindications and conditions with Absolute Contraindications.

**MT325 Ethics (1 credit/10 hrs)**

This course introduces students to a range of moral and social problems which are important and which philosophers have found especially interesting. Emphasis will be given to developing all the positions which can be taken on these issues, and to evaluating the arguments which can be given for those positions. Topics include general moral theories, abortion, euthanasia, capital punishment, warfare, gender and sexuality issues, political and economic issues, and the moral status of the natural world.

**MT350 Health & Hygiene (1 credit/10 hrs)**

Principles of Industrial Hygiene indicate an introduction to the field of industrial hygiene and to occupational health in basis. The instructor focuses on introducing concepts, terminology, and

methodology in the practice of industrial hygiene and identifies resource materials. The class would benefit those wishing to complete a certificate in occupational health, or for students in relevant health fields needing a basic understanding of industrial hygiene.

**MT400 Healthcare Business (1 credit/10 hrs)**

This course introduces students to the skills needed to set up a small business. The primary teaching will be on learning basic marketing skills and developing the small business strategies according to the policies and procedures set forth by the NCBTMB and CAMTC. Secondary teaching will be on professional presentation, effective communication skills and interview applications.

**AT100 Medical Terminology (2 credits/20 hrs)**

A course designed to explore a working knowledge of the language of medicine. Students acquire word-building skills by learning prefixes, suffixes, roots, and abbreviations. By relating terms to body systems, students identify proper use of words in a medical field. Knowledge of medical terminology enhances the student's ability to successfully secure employment or pursue advanced education in health care.

**AT125 Anatomy & Physiology II (5 credits/50 hrs)**

This course continues the detailed and complicated study of the musculoskeletal system. Selected portions of the body will be studied region by region, examining the skeletal features, associated joint structures, muscles, muscular attachments, nervous innervations, and blood supply. Concurrent laboratory experience will focus on identification of osseous and joint landmarks and palpation of the muscle group(s) and related structures. The student learns to integrate the multiple functions of the nervous system. The embryological development of the nervous system is compared to the mature nervous system.

**AT150 Pathology II (4 credits/40 hrs)**

This course is an extension of Pathology I with emphasis on systematic pathology containing cardiovascular, respiratory, genitourinary, endocrine and gastrointestinal systems. The course is a study of the cardiac and vascular Anatomy and physiology in the normal and abnormal patient. The hemodynamic, pathology, and pathophysiology of the cardiac system are discussed and analyzed. The pathology, clinical signs and symptoms, diagnostic testing, and treatment of various cardiac diseases are explored.

**AT200      Massage Practice II - Deep Tissue (7 credits/70 hrs)**

This course continues the development of knowledge, skills and attitudes necessary for massage practice. The student will use previously-learned massage theory to situations where adaptations are necessary due to time, positioning or client presentation. Theory of normal growth and development will be introduced and specific massage adaptations will be examined as applied to selected life cycle stages. The major point becomes the analysis of orthopedic testing and the application of treatment of pathophysiological process of the musculoskeletal system studied concurrently.

**AT225      Massage Practice III - Kinesiatrics (7 credits/70 hrs)**

This massage practice course is designed to acquaint the student with the theory and assessment necessary to prescribe remedial exercises. Stretching, resistance, balance, core stabilization principles are explored and practiced as well as theoretical and practical instruction on performing joint mobilizations. Indications and contraindications for these types of exercises are discussed. Topics covered in this course will be: special physical examination of the extremities and the etiology and pathogenesis of symptoms, with diagnosis and treatment of diseases involving cervical, thoracic, lumbar and sacral vertebrae.

**AT250      Related Massage Practice II - Reflexology (5 credit/50 hrs)**

This course will introduce developing Reflexology techniques, students will learn 'about', how it differs and compliments the practice of Massage, and become equipped with several methods and techniques that will help you to put reflexology to work improving your overall health and well-being, or practice. Introduction to foot massage techniques incorporating special Tui-na methods on specific trigger points on the sole of the foot.

**SMT100    Pregnancy & Infant Massage (5 credits/50 hrs)**

This course continues the fundamental development of knowledge, skills, and attitudes necessary for practice. The student will apply massage techniques previously learned to situations where adaptations are necessary due to time, positioning or client presentation. Theory of normal growth and development will be explored and specific adaptations will be examined as applied to selected life stages.

**SMT125    Therapeutic Exercise (5 credit/50 hrs)**

This course discusses the medical massage therapist's role in assisting the patient with

therapeutic exercises. The student will happen to describe the purpose of range-of-motion exercises and explain the difference between passive and active range of motion. The student also identify the seven range-of-motion exercises used on the lower extremities and the thirteen range-of-motion exercises used on the upper extremities. This course compares the difference between skill and coordination exercises as well as explains anatomical planes of motion and diagonal patterns of motion. It helps therapists to be better at their own health through the use of these exercises. The patients are then taught to self-exercise for their own treatment.

**SMT150 Clinical Practice (5 credit /50 hrs)**

This course is made to learn and practice the high and advanced techniques of Massage Therapy. It is developed to help the student to acquire a conceptual framework for practice based on a critical thinking model. Theory is practiced in concurrent laboratory setting, and the student will practice each of the manipulation. The therapeutic effects of sports massage therapy will be examined.

**SMT200 PT Modality (5 credit /50 hrs)**

The main purpose of this course is the treatment of body dysfunctions utilizing various forms of mechanical, thermal, light, acoustic, electromagnetic and electrical energies that are commonly used in physical therapy and chiropractic practice. Another purpose of this course is to introduce the basic principles of active are. This lecture and laboratory course is created to develop rational treatment strategies, establish an effective treatment plan, and to safely and effectively apply selected treatment modalities for a variety of conditions.

**OBT100 Fundamental of Oriental Martial Therapy (2 credits/20 hrs)**

This course designed to develop the detailed study of the Korean Martial Arts Therapy. The student will learn the definition of Martial Arts Therapy, Martial Arts History, Martial Arts as Preventive Medicine, and comparison with other methods will be studied. Concurrent physical exercise will explore identification of osseous and joint landmarks and palpation of the muscle group(s) and related structures.

**OBT125 Theory of Oriental Medicine/Tui-Na (8 credits/80 hrs)**

This course introduces the accumulated knowledge and clinical experience of many dynasties. The theories of Oriental Medicine are easy to learn and practice and do not rely on drugs or medical equipment and does not produce side effects. Theories of Oriental Medicine, such as Yin

and Yang, the Five Elements, and the Zang-Fu Organ System, can be used to treat many common diseases, and it also has produced some exciting results with difficult and complicated diseases. Tui-Na is Chinese therapeutic massage to treat disease and traumatic injuries based on theories of Yin, Yang, Qi, blood and internal organs.

**OBT150 Oriental Bodywork Therapy Exercise (5 credits/50 hrs)**

This course teaches students of different types of Oriental Bodywork Exercise. It is designed to help therapists better their own health through the use of these exercises. The patients are then taught to self-exercise for their own treatment. The student will also learn self-defense martial arts. This course also teaches human Qigong science, Qigong Meditation, and Meditation training procedures. It also introduces how Qigong Exercise and Relaxation can minimize the problem. Students will know the pathway of Qi during the Qigong and Meditation.

**OBT200 Complementary Therapy (5 credits/50 hrs)**

This course contains the history complementary therapy. The development of both complementary therapy and modern medicines will be explored in this course. This course covers a New Understanding of 'Alternative/Complementary Medicine', Naturopathy, Homeopathy, Craniosacral Therapy, Osteopathy, Detoxification Therapy and Ayurveda Medicine.

**REQUIRED TEXTBOOK**

**Massage Therapy**

1. Anatomy & Physiology I

Martini, Frederic, Fundamentals of Anatomy & Physiology 9<sup>th</sup> Edition Pearson, 2011

2. Ethics

John Cottingham, ed. Western Philosophy 2<sup>nd</sup> Edition.

(Oxford, UK: Blackwell Publishers, 2008) ISBN 978-1-4051-2478-2

3. Fundamental of Kinesiology

Sandy Fritz and M. James Grosenbach, Mosby's Essential Science for Therapeutic Massage 2<sup>nd</sup> Edition, 2003

4. Fundamental of Massage

Sandy Fritz and M. James Grosenbach, Mosby's Essential Science for Therapeutic Massage 2<sup>nd</sup> Edition , 2003

5. Health & Hygiene

Cherilyn Tillman, Principles of Occupational Health & Hygiene: An Introduction, 2007, ISBN-10:174175058X

6. Healthcare Business

George Moseley III, Managing Health Care Business Strategy, 2008, ISBN-10:0763734160

7. Massage Practice I - Swedish Massage

Sandy Fritz and M. James Grosenbach, Mosby's Essential Science for Therapeutic Massage 2<sup>nd</sup> Edition, 2003

8. Pathology I

Wang, Jianzhi, Pathophysiology, China, 2005, ISBN 7-117-06656-3

9. Related Massage Practice I - Acupressure

Paul Lundberg, The Book of Shiatsu, Published by Simon & Schuster, 1992, ISBN 0-671-74488-7

10. Massage Contraindications

Sandy Fritz and M. James Grosenbach, Mosby's Essential Science for Therapeutic Massage 2<sup>nd</sup> Edition, 2003

**Acupressure Therapy**

1. Anatomy & Physiology II

Martini, Frederic, Fundamentals of Anatomy & Physiology 9<sup>th</sup> Edition, Pearson, 2011

2. Massage Practice II - Deep Tissue

Sandy Fritz and M. James Grosenbach, Mosby's Essential Science for Therapeutic Massage 2<sup>nd</sup> Edition, 2003

3. Massage Practice III - Kinesiatrics

Sandy Fritz and M. James Grosenbach, Mosby's Essential Science for Therapeutic Massage 2<sup>nd</sup> Edition, 2003

4. Medical Terminology

Exploring Medical Language by Mosby, Myrna La Fleur Books 4<sup>th</sup> Edition, 1998, ISBN 0-323-00040-1.

5. Pathology II

Wang, Jianzhi, Pathophysiology, China, 2005, ISBN 7-117-06656-3

6. Related Massage Practice II - Reflexology

Wang, Chuangui, Chinese Family Acupoint Massage, Foreign Language Press China, 1992

### **Sports Massage Therapy**

1. Clinical Practice

Janet G. Travell, Myofascial Pain and Dysfunction, Williams & Wilkins, 1983, ISBN 0-683-08366-X

2. Pregnancy and Infant Massage

Sandy Fritz and M. James Grosenbach, Mosby's Essential Science for Therapeutic Massage 2<sup>nd</sup> Edition, 2003

3. PT Modality

McGraw-Hill, Therapeutic Modalities in Rehabilitation 3<sup>rd</sup> Edition, 1998

4. Therapeutic Exercise

Hayes, Karen W., Manuel for Physical Agents, 5<sup>th</sup> Edition

### **Oriental Bodywork Therapy**

1. Complementary Therapy

John Anderson, Alternative Medicine - The Definitive Guide 2<sup>nd</sup> Edition, Future Medicine Publishing Inc. Fife, Washington, 2002

2. Fundamental of Oriental Martial Therapy

Johnny Yun, The KMT Techniques for Rehabilitation Therapy. The World Pro-Hwalbupdo Federation, 2012

3. Oriental Bodywork Therapy Exercise

Johnny Yun, The KMT Techniques for Rehabilitation Therapy, The World Pro-Hwalbupdo Federation, 2012

4. Theory of Oriental Medicine/Tui-Na

Pan Chang, Practical Chinese Tuina Therapy, New World Press China, 1998, ISBN 7-80005-414-4/R.039

## FACULTIES

### **Johnny Yun - Ph.D., MSOM, M.A., B.A., L.Ac., M.T.**

President

- 2008, Doctor of Philosophy in Oriental Medicine, American Liberty University at Fullerton, USA
- 2007, Master of Science in Oriental Medicine, California Trinity University at Garden Grove, USA
- 2001, Master of Martial Arts Science, American National University at Honolulu, USA
- 2000, Bachelor of Martial Art Science, American National University at Honolulu, USA

### **Jeong Un Kim - Ed.D., Ph.D., MSOM, M.B., B.S., L.Ac**

- 2007, Doctor of Education in Medical Hypnotherapy, Lordland University, Commerce, USA
- 2002, Master of Science in Oriental Medicine, Kyung San University, Garden Grove, USA
- 1987, Doctor of Philosophy in Biology, Chung-ang University at Seoul, Korea
- 1983, Master of Science in Biology, Wonkwang University, Iksan, Korea
- 1976, Bachelor of Science in Biology, Kyongbuk National University, Taegu, Korea

### **Yu Shih - DOM, MSOM, MCM, B.E., B.P., L.Ac., M.T.**

Academic Dean, Director of Academy

- 2000, Doctor of Acupuncture and Oriental Medicine, Pacific College of Oriental Medicine at San Diego, USA
- 1999, Master of Science in Oriental Medicine, Dongguk Royal University at Los Angeles, USA
- 1993, Bachelor of Economics, University of California at Irvine, USA
- 1986, Master of Clinical Medicine, China Medical University at Beijing, China
- 1970, Bachelor of Pathophysiology, Shanghai Medical University at Shanghai, China

### **Danny D. Kim - Ph D, MSOM, L.Ac.**

Director of Administration

- 2008, Doctor of Philosophy in Oriental Medicine, American Liberty University at Fullerton, CA
- 2004, Master of Science in Oriental Medicine, Dongguk Royal University at Los Angeles, CA

### **Nicole Yihong Chen - M.T.**

- 2011, Certificate of Massage Therapy, American Heritage University at San Bernardino, USA
- 2002, Certificate of Massage Therapist, The East-West Institute of Hand Therapy at El Monte, USA

**Benjamin A. Eells - M.T.**

Director of Admission

2005, Certificate of Massage Therapy, California Professional College at Los Angeles, USA

2005, Certificate of Acupressure Therapy, California Professional College at Los Angeles, USA

2001, Certificate of Massage Therapist I, J.H.J Education College at Los Angeles, USA

2001, Certificate of Acupressure Technician, J.H.J Education College at Los Angeles, USA

2001, Certificate of Massage Technician, J.H.H Education College at Los Angeles, USA

**Clara Lee - B.S., M.T.**

1974, Bachelor of Science, Seoul Broadcast University at Seoul, Korea

**YoonSik Choi - B.J., M.T.**

1993, Bachelor of Judo, Yong-In University at Yongin, Korea

**Haekyong Lee - MSOM, L.Ac, M.T.**

Custodian of Record

2011, Master of Science in Oriental Medicine, Dongguk Royal University at Los Angeles, CA