

Oriental Medicine Institute in America
Institution Code 1937451

ORIENTAL MEDICINE INSTITUTE IN AMERICA

Institution Code 1937451

MASSAGE SCHOOL CATALOG 2012

OPEN HOURS: 9:00AM - 5:30PM
MON. - SAT.

1900 SOUTH DEL MAR AVE #206
SAN GABRIEL, CA 91776
PHONE: (626)281-8640

Oriental Medicine Institute in America
Institution Code 1937451

1 COURSE INSTRUCTION

Our institute will provide scientific and systematic training of massage, which includes Anatomy, Massage and Acupuncture Point. After having completed all the courses and requirements and meanwhile studying the theories and practising, students should have gained updating knowledge about massage and should be qualified to get the license to practice massage. The institution also provide education and standard clinical practice to massage practitioners and the public.

Many massage practitioners claim that people treated with body massage became more positive and more cheerful. Massage therapy should be regarded as a preventative therapy rather than a cure. It can use for promoting health and happiness. Massage also can be a positive aid to relaxation, easing out aches and pains and helping to relieve stress. Therapeutic massage to treat strokes. Step-by-step and to prevention and treatment for sports injuries.

2 COURSE CONTENT

MESSAGE I
COURSE SYLLABUS

CODE	COURSE TITLE	CLOCK HOURS	CREDIT
AT 100	Anatomy	25	12.5
AT 101	The Human Body	5	2.5
AT 102	The Skeletal System	10	5
AT 103	The Muscular System	10	5
ACT 200	Acupuncture Point	20	10
ACT 201	Introduction of Channels & Points	10	5
ACT 202	Technique & Safety	5	2.5
ACT 203	Specific Channels & Points	5	2.5
MA 300	Massage (Tui-Na)	55	25
MA 301	Carries & Lubricants	5	2.5
MA 302	Massage Techniques	50	22.5

Oriental Medicine Institute in America
Institution Code 1937451

ACUPRESSURE

COURSE SYLLABUS

CODE	COURSE TITLE	CLOCK HOURS	CREDIT
BT 101	Human Anatomy & Physiology	100	10
BT 102	Acupuncture Point & Channels	150	15
BT 103	Oriental Medicine Diagnosis	50	5
TOTAL		300	30

MASSAGE II
COURSE SYLLABUS

CODE	COURSE TITLE	CLOCK HOURS	CREDIT
PT 101	Human Anatomy & Physiology	100	10
PT 102	History of Therapeutic Massage	20	2
PT 103	Acupuncture Point & Channels	40	4
PT 104	Massage (Tui-Na)	70	7
PT 105	Carriers & Lubricants	20	2
PT 106	Medical Massage	50	5
PT 107	Sports Massage	50	5
PT 108	Shiatsu	50	5
TOTAL		400	40

Oriental Medicine Institute in America
Institution Code 1937451

MASSAGE III
COURSE SYLLABUS

CODE	COURSE TITLE	CLOCK HOURS	CREDIT
G 101	Anatomy / Physiology, Kinesiology Ethics, Massage / Body Work Technique	150	15
G 102	Pathology	120	12
G 103	Massage Therapy & Body Work	240	24
G 104	Professional Standards, Ethics & Business Practices	90	9
TOTAL		600	60

3 CLASS SCHEDULE FOR 2012

Everyday is divided into two sections with a one-hour lunch, each section consists of 3-4 hours with a 20 minute break.

Please see attached more detailed class schedules at the end of the catalog.

4 COURSE DESCRIPTION FOR 2012

COURSE DESCRIPTION

The nature of the program's scheduling ensures the proper order. Students do not choose course order, but enroll in the program as a whole.

AT 100 FUNDAMENTALS OF ANATOMY (25 CLOCK HOURS TOTAL)

This series of courses deals with basic theory of anatomy and forms a solid foundation for the entire program.

AT 101 THE HUMAN BODY (5 CLOCK HOURS)

This course studies the basic human structures.

AT 102 THE SKELETAL SYSTEM (10 CLOCK HOURS)

Oriental Medicine Institute in America
Institution Code 1937451

Primarily, this course deals with the normal skeletal system. Students are required to participate in the laboratory dissection of model and chart.

AT 103 THE MUSCULAR SYSTEM (10 CLOCK HOURS)

This course studies Western Anatomy, which deals with the muscular system.

ACT 200 ACUPUNCTURE POINT (20 CLOCK HOURS TOTAL)

In this course, students study the location and function of the meridians and their related acupuncture points.

ACT 201 INTRODUCTION OF CHANNELS & POINTS (10 CLOCK HOURS)

This course studies the general characteristics of the channels and points.

ACT 202 TECHNIQUE & SAFETY (5 CLOCK HOURS)

This course studies all the basic regular points and classification of the 12 muscle channels and related safety procedures.

ACT 203 SPECIFIC CHANNELS & POINTS (5 CLOCK HOURS)

This course studies every single point of each particular channel (including extraordinary points) and their characteristic, location, function, etc.

COURSE DESCRIPTION

MA 300 MASSAGE (TUI-NA) (55 CLOCK HOURS TOTAL)

These courses study the principals and mechanisms of Tui-Na (massage and manipulation) from both modern science's point of view and traditional Chinese Medicine.

MA 301 CARRIERS & LUBRICANTS (5 CLOCK HOURS)

This course studies that massage therapy has to be performed using a lubricant or some other medium in order to avoid friction.

MA 302 MASSAGE TECHNIQUES (50 CLOCK HOURS)

This course studies the techniques of muscle relaxation, all types of safe tissue injury treatment and relieving stress.

Dating back over 3000 years, Tui-Na is perhaps the oldest known massage therapy technique in the world and the source of many modern theories and practices.

Oriental Medicine Institute in America
Institution Code 1937451

This course studies all the details of massage techniques and skills, their functions and their indications. Hands-on practice is emphasized in this course. Study can learn expert's demonstration by watching video-tape.

COURSE DESCRIPTION

The nature of the program's scheduling ensures the proper order. Students do not choose course order, but enroll in the program as a whole.

PT 101 HUMAN ANATOMY & PHYSIOLOGY (100 CLOCK HOURS TOTAL)

This series of courses deals with basic theory of Anatomy and physiology. This course studies Western Anatomy. Students are required to participate in the laboratory dissection of model and chart.

PT 102 HISTORY OF THERAPEUTIC MASSAGE (20 CLOCK HOURS)

This course discusses the various styles of massage therapy includes: The healing benefits of massage, Reflexology, Bowen Technique, Shiatsu, Swedish massage and Remedial massage, Sports massage, Aromatherapy.

PT 103 ACUPUNCTURE POINT & CHANNELS (40 CLOCK HOURS)

In this course, students study the location and function of the meridians and their related acupuncture points.

PT 104 MASSAGE (TUI-NA) (70 CLOCK HOURS)

This course studies the principles and mechanisms of Tui-Na (massage and manipulation) from both modern science's points of view and traditional Chinese Medicine. The Chinese massage places at your fingertips many rewards deep relaxation, stress reduction, improved circulation and muscle tone and a vibrant feeling of well being for the gives as well as the receiver.

PT 105 CARRIERS & LUBRICANTS (20 CLOCK HOURS TOTAL)

In this course, students study the location and function of the meridians and their related acupuncture points.

PT 106 MEDICAL MASSAGE (50 CLOCK HOURS)

This course studies how to prepare to give a massage without the use of any special equipment, demonstrates the basic massage strokes, shows the proper posture and breathing techniques to use while giving a massage, gives practical and helpful tips on keeping the therapist and the client comfortable and at ease.

PT 107 SPORTS MASSAGE (50 CLOCK HOURS)

Oriental Medicine Institute in America
Institution Code 1937451

This course studies the techniques deep muscle massage to prevent and treat muscle injuries and soreness.

PT 108 SHIATSU (50 CLOCK HOURS)

The student is given a detailed step-by-step presentation of a complete session of the Japanese Shiatsu Massage. This course studies how to find, work acupuncture points, meridians, how to soothing, relaxing, promotes general health, eliminates aches and pains.

COURSE DESCRIPTION

MASSAGE III

G 101 ANATOMY, PHYSIOLOGY, KINESIOLOGY (125 CLOCK HOURS TOTAL)

This series of courses deal with basic theory of Anatomy, physiology, kinesiology. This course studies Western Anatomy, physiology, kinesiology. Students are required to participate in the laboratory dissection of model and chart.

ETHICS, MASSAGE, BODY WORK TECHNIQUE (25 CLOCK HOURS TOTAL)

This course discusses refrain under all circumstances from initiating or engaging in any sexual activities. Respect the client's right to refuse, modify or terminate treatment.

G 102 PATHOLOGY (120 CLOCK HOURS TOTAL)

This course discusses signs and symptoms of disease including the circulatory system, the respiratory system, the digestive system, the urinary system, the reproductive system and the development system. Students also learn history and client intake process.

G 103 MASSAGE THERAPY & BODYWORK (240 CLOCK HOURS TOTAL)

This course discusses the various styles of massage therapy including the healing benefits of massage, reflexology, shiatsu, swedish massage and remedial massage, sports massage, aromatherapy. Students are required to use massage table, oil, various teaching video-tapes.

**G 104 PROFESSIONAL STANDARDS, ETHICS & BUSINESS PRACTICE
(90 CLOCK HOURS TOTAL)**

This course discusses conduct their business, professional activities with honesty, integrity and respect the inherent worth of all persons. Safe guard the confidentiality of all client information unless disclosure is required by law, court order or is absolutely necessary for the protection of the public.

COURSE DESCRIPTION

ACUPRESSURE

BT 101 HUMAN ANATOMY & PHYSIOLOGY (100 CLOCK HOURS TOTAL)

This course studies Human Physiology. Total clock hours will be 100 hours. This course is designed for students are interested in human physiology and will become professional acupressure therapists. This series of courses deal with major system's physiology.

BT 102 ACUPUNCTURE POINT, CHANNEL'S DIAGNOSIS & THERAPEUTIC AFFECT (150 CLOCK HOURS TOTAL)

The physiology and pathology of all regular and extraordinary channels, their diagnostic and therapeutics affect. The names, channel pathways, nature, characteristic, interrelationships of the entire channels and collateral system. This includes 12 regular channels. This course is designed for students are interested in acupuncture and will become professional acupressure therapists.

BT 103 ORIENTAL MEDICINE DIAGNOSIS & ACUPRESSURE THERAPY (50 CLOCK HOURS TOTAL)

This course studies the acupressure therapy. Total clock hours will be 50 hours. This course studies the principals and mechanisms of acupressure: The techniques of muscle relaxation. All types of soft tissue injury treatment.

This course studies all the details of acupressure techniques, their functions and their indications. Hand-on practice is emphasized in this course.

This course is designed for students are interested in acupressure therapy and will become professional acupressure therapists.

5 GRADUATION FROM O.M.I.A.

The requirements of graduation from O.M.I.A. are:

- A. Completion of 70 credits (from instructional hours and grade) or better.
- B. Students must maintain at least 75% attendance during each program.

To insure high standards, O.M.I.A. tests are given periodically throughout each of classes. Tests are all given in a multiple choice format and students must receive a score of 60% to pass. 60% is the minimum score to indicate a prospective student must achieve to demonstrate an ability to be successfully trained to perform the tasks associated with the occupations or job titles to which the course is represented to lead. 60% is the minimum score to pass the course. Not applicable, O.M.I.A. don't accept a score lower than the minimum passing score, which is 60%.

Oriental Medicine Institute in America
Institution Code 1937451

CAREER OPPORTUNITY

Many massage practitioners claim that people treated with body massage became more positive and more cheerful. Massage therapy should be regarded as a preventative therapy rather than a cure. It can use for promoting health and happiness. Massage also can be a positive aid to relaxation, easing out aches, pains and helping to relieve stress. Therapeutic massage to treat strokes. Step-by-step to prevention and treatment for sports injuries. Upon graduation from O.M.I.A., students become eligible to apply the city license. Now most of the cities in state of California do not require the license examination. Upon passing the O.M.I.A. certification examinations, individuals would then seek licensure in which even city that their practice will operate. In California, licensed massage therapists are recognized as primary health care providers. The staff of O.M.I.A. will spend about 5 hours / month to assistant student job placement through local newspaper, employment agency. The institute regularly posts updates of career opportunities as they submitted to the school.

CAMPUS INFORMATION

Students are urged to communicate any problems that they may have with the school, employees or other students to the administrator or director, preferably in writing. Students could purchase textbooks at Main Street Book Store, which located at 101 West Main Street, Alhambra, CA 91801 Tel: (626)289-4601.

Charts, models, video-tapes, TV, VCR to be used for AT102, AT103, ACT201, ACT203, MA302. All students will be instructed by using the same equipment listed above. These equipment will be owned by the institute. Exit signs have been posted on the door of the classrooms and the administration room.

The administration and safety services office is located at the room 206.

The department is responsible for providing safety, parking and transportation services for the institute community.

Students with concern for their safety or security while on campus are encouraged to contact the safety services in person or call 911 for assistance. Emergency encouraged to contact the safety services in person or call 911 for assistance. Emergency telephones are located at administration room.

Please do not hesitate to use these telephones if you have a concern for your safety. The department offers an escort service for students or staff from classroom to vehicles.

Students and staff are encouraged to use this service.

8 TOTAL COST OF TUITION

Massage I	\$350.00
Massage II	\$450.00
Massage III	\$800.00
Acupressure	\$400.00

9 STUDENT TUTORING

O.M.I.A. has established a student tutoring program to aid those students who feel need for additional help in specific subject areas. Senior level students will tutor lower level students in areas in which they excel.

10 CREDITS & HOURS

The requirements of graduation from O.M.I.A. are:
Completion of 70 credits (from instructional hours and grade) or better.

Students must maintain at least 75% attendance during each program.

11 OCCUPATIONS

O.M.I.A. will provide students good opportunities to study, practise massage, therefore make them qualified massagists.

12 FACULTY

Dr. Lingyun Zhu is the president of O.M.I.A. In 1968, Dr. Zhu obtained his medical doctor degree from renowned Shanghai Medical University. In 1990, he got a diploma, Doctor of Oriental Medicine from South Baylo University, it is certified by the state of California to practise acupuncture and massage. He has over twenty years experience of clinical and research in the field of oriental Medicine and massage as a lecturer and practitioner.

13 ATTENDANCE POLICY

Students must attend at least 75% of all classes to qualify for the final exam of the certificate. Students who attend fewer than 75% of all classes within a training program will be considered to have failed the training program and may not proceed to the next course. Attendance will be recorded as either: present, absent, excused, tardy. A student is counted tardy if he or she is thirty minutes late from the class's scheduled start time or leaves thirty minutes earlier than the class's scheduled end time. Excused absences must be appropriately documented in each individual case. This will not be counted against the student's attendance percentage providing that all missed work is made up in accordance with guidelines for make up work. A leave of absence for an acceptable reason may be granted on an individual basis, if requested in writing, in advance and provided that all missed work will be made up in accordance with guidelines.

If the tuition payment is not received within three days of the due date, the student could be dropped from the institute.

14 GRADING POLICY

90%-100% Excellent, 80%-89% Good, 70%-79% Fair, 60%-69% Sufficient, below 60% Failure. Certain course may be simply graded as passed or failed. There are no incomplete grades. Withdrawn students receive credit for actual courses completed at the time of withdrawal. To insure high standards, O.M.I.A. tests are given periodically throughout each of the semesters. Tests are all given in a multiple choice format and students must receive a score of 60% to pass. If a student fails or misses a test, the student is permitted to retake the test one more time within two weeks of the initial test date. The highest score granted on a retest shall be a 60%.

15 TUITION & OTHER EXPENSES

Application \$10.00. Tuition \$600.00. Late fee \$10.00. Textbooks \$30.00 (approximate). Costs for books are approximations though required. Prices fluctuate with the current market price of individual products. Additional and optional costs may vary, depending on student desire. For cash paying students, program tuition payments may be made in two instalments: 1st due date, first day of class. 2nd due date, 50 hours after first day of class. A \$10.00 late fee will be assessed to any students who pass after the above due dates. If the tuition payment is not received within three days of the due date, the student could be dropped from the institute.

16 TOTAL COST OF TUITION

The total cost of tuition over the entire period is \$600.00 USD.

17 CANCELLATION & REFUND POLICY

You may cancel this enrollment agreement and receive a refund by providing a written notice or in person to Dr. Lingyun Zhu Director of O.M.I.A. school at 1900 South Del Mar Ave #206 San Gabriel, CA 91776.

The student has a right to get a full refund of all charges less the amount of \$10.00 for the registration fee if he or she cancels this agreement prior to or on the first day of instruction.

O.M.I.A. can not offer massage program through correspondence. In addition, the student may withdraw from a course after instruction has started and received a pro-rated refund for the unused portion of the tuition and other refundable charges if the student has completed up to 60% or more of the instruction. For example, if the student completes only 30 hours on a 90-hour-course and paid \$300.00 tuition, the student would receive a refund of \$200.00.

18 STUDENT'S RIGHTS UNDER THE STUDENT TUITION RECOVERY FUND (STRF)

Oriental Medicine Institute in America
Institution Code 1937451

STRF was established by the Legislature to protect any California resident who attends a private postsecondary institution from losing money if you prepaid tuition and suffered a financial loss as a result of school closing, failing to live up or its enrollment agreement or refusing to pay a court judgement.

To be eligible for STRF, you must be a California resident and reside in California at the time the enrollment agreement is signed or when you receive lessons at a California mailing address from an approved institution offering correspondence instruction. Students who are temporarily residing in California for the sole purpose of pursuing an education, specifically those who hold student visas, are not considered a California resident.

To qualify for STRF reimbursement you must file a STRF application within one year of receiving notice from the Council that the school is closed. If you do not receive any notice from the Council, you have 4 years from the date of closure to file a STRF application. If a judgement is obtained you must file a STRF application within 2 years of the final judgement. It is important that you keep copies of the enrollment agreement, financial aid papers, receipts or any other information that documents regarding the money paid to the school. Questions regarding the STRF may be directed to the Council for Private Postsecondary and Vocational Education at 400 R Street #5000 Sacramento, CA 95814 (916)445-3427.

19 COMPLAINT PROCEDURE

If students have any complaint, questions or problems which you can not work out with the school, write or call the bureau for Private Postsecondary and Vocational Education at 400 R Street #5000, Sacramento, CA 95814 (916)445-3427.

20 BEGINNING & ENDING DATES

The class begins at 1st, 16th of the month and ends at 15th, 30th respectively. Class period lasts approximately two weeks.

21 ADMISSION STANDARDS, RECORD RETENTION & LOCATION

Candidates for admission into O.M.I.A. must meet the following admission requirements. Be a minimum of 18 years of age, have a keen interest and basic understanding of massage. A student may, by appointment, examine his or her records during regular business hours. O.M.I.A. will not release school records or any other information about a student to a third party without the written consent of the student. All records of academic progress and financial records are permanently maintained by the school. Dr. Lingyun Zhu will carefully keep these records at file cabinet and on the computer disk in the administration office. O.M.I.A. located at 1900 South Del Mar Ave #206 San Gabriel, CA 91776.

Oriental Medicine Institute in America
Institution Code 1937451

22 EQUAL OPPORTUNITY POLICY IN O.M.I.A.

O.M.I.A.is committed to a policy of equal opportunity and treatment in all aspects of its relations with faculty, students, staff members, applicants and patients, regardless of race color, sex, religion, national or ethnic origin, age, handicap, sexual orientation, marital or parental status.

CLASS SCHEDULE

ACUPRESSURE 300 HOURS

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00am-12:30pm	BT1:	BT103:	BT1:	BT103:	BT1:
	Human Anatomy and Physiology	Oriental Medicine Diagnosis	Human Anatomy and Physiology	Oriental Medicine Diagnosis	Human Anatomy and Physiology BT103: Oriental Medicine Diagnosis
1:00pm-5:30pm	BT102:	BT102:	BT102:	BT102:	BT102:
	Acupuncture Points and channels				

CLASS SCHEDULE

MASSAGE I 150 HOURS

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00am-12:30pm	AT101:	AT102:	AT103:	AT107:	AT105:
	The Human Body	The Skeletal System	The Muscular System	Carriers and Lubricants	Technique & Safety
1:00pm-5:30pm	AT104:	AT106:	AT108:	AT108:	AT108:
	Introduction to Channels and Points	Specific Channels & Points	Massage Technique	Massage Techniques	Massage Technique

Oriental Medicine Institute in America
Institution Code 1937451

CLASS SCHEDULE

MASSAGE II 400 HOURS

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00am-12:30pm	PT102: History of Therapeutic	PT101: Human Anatomy and Physiology	PT101: Human Anatomy and Physiology	PT105: Carriers and Lubricants	PT108: Shiatsu
	PT103: Acupuncture Point & Channels				
1:00pm-5:30pm	PT106: Medical Massage	PT107: Sports Massage	PT106: Medical Massage	PT107: Sports Massage	PT104: Massage (Tui-Na)

CLASS SCHEDULE

MASSAGE III 600 HOURS

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00am-12:30pm	G101: Human Anatomy and Physiology	G102: Pathology	G101: Human Anatomy and Physiology	G102: Pathology	G101: Human Anatomy and Physiology	G101: Human Anatomy and Physiology
						G102: Pathology
1:00pm-5:30pm	G103: Massage Therapy and Body Work	G103: Massage Therapy and Body Work G104: Professional Standards	G104: Professional Standards			