



# **Holistic Life Institute**

**Catalog of Courses**

9/1/2010 ~ 12/31/2011

# Holistic Life Institute

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### **Mission & Objectives**

#### ***Mission***

Holistic Life Institute's mission is to educate and thereby develop skilled and knowledgeable practitioners rooted in the traditions of Chinese medicine, and to train specialists in massage techniques and methods of massage therapy. The Institute provides an academic environment for faculty, students and graduates to further their studies in their respective fields.

Part of our mission is to convey to students the importance of continuing education.

We endeavor to sustain these course offerings by developing an operational environment that is professionally managed, competently supervised, continually evaluated and appropriately modified and therefore kept current.

#### ***Objectives***

The Holistic Life Institute seeks to provide its graduates with the knowledge and abilities required to meet the following criteria:

To possess the knowledge and skills necessary to provide competent and professional massage services in the respective massage specialty pursued at this institution.

To be capable of determining an appropriate diagnosis and to formulate a proper treatment strategy based upon the diagnosis.

To possess the ability to communicate effectively with clients and the public in order to serve the community more effectively with quality massage therapy services.

Alternatively, to possess the knowledge of therapeutic massage techniques and demonstrate competent skills in the delivery of those techniques.

To pursue lifelong learning and professional practices to better serve the healthcare consumer.

#### **Privacy Act, Student Records and Transcripts**

Student records for all students are kept for five years. Transcripts are kept for fifty years. Students may inspect and review their educational records. To do so, a student should submit a written request identifying the specific information to be reviewed. Should a student find, upon review, that records that are inaccurate or misleading, the student may request that errors be corrected. In the event that a difference of opinion exists regarding the existence of errors, a student may ask that a meeting be held to resolve the matter. It is this institution's intent to carefully follow the rules applicable under the Family Education Rights and Privacy Act. It is our intent to protect the privacy of a student's financial, academic and other school records. We will not release such information to any individual without having first received the student's written request to do so, or unless otherwise required by law.

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### Tuition and Fees

All fees are subject to change from time to time, without notice.

#### FEES

PROGRAM NAME	Total Units Q or S	Registration Fee	Total Program Tuition	Estimated Cost of Books & Materials	Total Program Charges
Western Massage Therapy	250 hours	\$100	\$2595	\$200	\$2895
Acupressure / Reflexology	250 hours	0	\$2495	\$60	\$2555
Holistic Health Consultant	250 hours	0	\$2495	\$50	\$2545
Holistic Health Practitioner	250 hours	0	\$2495	\$50	\$2545

STRF Fee (California Residents, Non refundable, \$2.50 per \$1,000 of tuition)

Note: No grades or documents will be released if there is an outstanding balance. The institution may refuse any type of service to students who have an outstanding balance. The institution may also refuse re-admission to a student who has left the institution with an outstanding balance that has not been paid in full. All fees are subject to change.

### STRF Disclosure

The Student Tuition Recovery Fund (STRF) was established by the Legislature to protect any California resident who attends a private postsecondary institution from losing money if you prepaid tuition and suffered a financial loss as a result of the school closing, failing to live up to its enrollment agreement, or refusing to pay a court judgment. To be eligible for STRF, you must be a California resident and reside in California at the time the enrollment agreement is signed or when you receive lessons at a California mailing address from an approved institution offering correspondence instruction. Students who are temporarily residing in California for the sole purpose of pursuing an education, specifically those who hold student visas, are not considered a California resident.

Students are advised that 1. Schools are required, by law, to collect the fee from California Residents. 2. That students whose tuition is paid by a third part payer are excluded from the STRF, 3. Students are responsible for paying the state assessment amount for the STRF. To qualify for STRF reimbursement you must file a STRF application within one year of receiving notice from the Bureau that the school is closed. If you do not receive notice from the Bureau, you have 4 years from the date of closure to file a STRF application. If a judgment is obtained you must file a STRF application within two years of the final judgment. It is important that you keep copies of the enrollment agreement, financial aid papers,

## **Holistic Life Institute**

receipts or any other information that documents the monies paid to the school. Questions regarding the STRF may be directed to the Bureau for Private Postsecondary Education, Sacramento, CA .

You may also be eligible for STRF if you were a student that was unable to collect a court judgment rendered against the school for violation of the Private Postsecondary Education Act.

### **Library Resources**

No library is needed to meet the instructional needs of the students. Library materials would not be compatible with the objectives of this program as the acquisition of specialized knowledge and hands on skills are the critical elements for completion of these massage programs.

### **School Location**

Holistic Life Institute  
730 East F Street, Ste G Oakdale, CA 95361  
Phone: (209) 848-8382  
[www.holisticlifeinstitute.com](http://www.holisticlifeinstitute.com)

### **Effective Dates of this Catalog**

September 1st, 2010 to December 31st, 2011

### **School Ownership**

Holistic Life Institute is a private institution and is approved to operate by the Bureau for Private Postsecondary Education. (BPPE)

(A) Any questions a student may have regarding this catalog that have not been satisfactorily answered by the institution may be directed to the Bureau for Private Postsecondary Education at P.O. Box 980818, West Sacramento, CA 95798, [www.bppe.ca.gov](http://www.bppe.ca.gov), (888) 370-7589 Fax (916) 574-8646

(B) As a prospective student, you are encouraged to review this catalog prior to signing an enrollment agreement. You are also encouraged to review the School Performance Fact Sheet, which must be provided to you prior to signing an enrollment agreement.

(C) A student, or any member of the public may file a complaint about this institution with the Bureau for Private Postsecondary Education by calling (888) 370- 7589 or by completing a complaint form, which can be obtained on the bureau's Internet web site [www.bppe.ca.gov](http://www.bppe.ca.gov).

### **Location Where Classes are Held**

All classes are delivered at the address shown above.

### **Policies and Procedures Regarding Financial Aid and Loan Repayment**

The school does not provide either State or Federal financial aid.

If a student obtains a loan to pay for an educational program, the student will have the responsibility to repay the full amount of the loan plus interest, less the amount of any refund, and that, if the student has received federal student financial aid funds, the student is entitled to a refund of the moneys not paid from federal student financial aid program funds.

## **Student's Right to Cancel**

The student shall have the right to cancel the agreement and receive a full refund before the first lesson and materials are received. Cancellation is effective on the date written notice of cancellation is sent. The institution shall make the refund as per the calculation consistent with the California Code of Regulations. If the institution delivered the first lesson and materials before an effective cancellation notice was received, the institution shall make a refund within 45 days after the student's return of the materials.

If the student has received federal student financial aid funds, the student is entitled to a refund of moneys not paid from federal student financial aid program funds.

A notice of cancellation shall be in writing, and a withdrawal may be effectuated by the student's written notice or by the student's conduct, including, but not necessarily limited to, a student's lack of attendance. The institution shall refund 100 percent of the amount paid for institutional charges, less a reasonable deposit or application fee not to exceed two hundred fifty dollars (\$250), if notice of cancellation is made through attendance at the first class session, or the seventh class day after enrollment, whichever is later.

The institution shall issue a refund for unearned institutional charges if the student cancels an enrollment agreement or withdraws during a period of attendance. The refund policy for students who have completed 60 percent or less of the period of attendance shall be a pro rata refund. The institution shall pay or credit refunds within 45 days of a student's cancellation or withdrawal.

### **Refund Policy**

The amount owed to the student equals the institutional charge for the instruction divided by the total number of clock hours in the period of attendance multiplied by the number of clock hours the student has not attended prior to withdrawal. No refunds are due once the student has received 60% of the clock hours of instruction in any given period of attendance.

For purposes of determining a refund, a student shall be considered to have withdrawn from an educational program when he or she withdraws or is deemed withdrawn in accordance with the withdrawal policy stated in this institution's catalog.

If an institution has collected money from a student for transmittal on the student's behalf to a third party for a bond, library usage, or fees for a license, application, or examination and the institution has not paid the money to the third party at the time of the student's withdrawal or cancellation, the institution shall refund the money to the student within 45 days of the student's withdrawal or cancellation.

This institution shall refund any credit balance on the student's account within 45 days after the date of the student's completion of, or withdrawal from, the educational program in which the student was enrolled.

Any questions a student may have regarding this enrollment agreement that have not been satisfactorily answered by the institution may be directed to the Bureau for Private Postsecondary Education at P.O. Box 980818, West Sacramento, CA 95798-0818. [www.bppe.ca.gov](http://www.bppe.ca.gov) (916) 574-7720 (fax) (916) 574-8646.

A student or any member of the public may file a complaint about this institution with the Bureau for Private Postsecondary Education by calling (888) 370-7589 or by completing a complaint form, which can be obtained on the bureau's Internet Web site [www.bppe.ca.gov](http://www.bppe.ca.gov).

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### **NOTICE CONCERNING TRANSFERABILITY OF CREDITS AND CREDENTIALS EARNED AT OUR INSTITUTION**

“The transferability of credits you earn at Holistic Life Institute is at the complete discretion of an institution to which you may seek to transfer. Acceptance of the certificate you earn in Holistic Life Institute’s Western Massage Therapist, Acupressure/Reflexology, Holistic Health Consultant or Holistic Health Practitioner programs is also at the complete discretion of the institution to which you may seek to transfer. If the certificates that you earn at this institution are not accepted at the institution to which you seek to transfer, you may be required to repeat some or all of your coursework at that institution. For this reason you should make certain that your attendance at this institution will meet your educational goals. This may include contacting an institution to which you may seek to transfer after attending Holistic Life Institute to determine if your certificate(s) will transfer.”

### **Student Grievance Procedures**

This institution is dedicated to fair dealing and professional conduct. Should any student have a complaint, the student is asked to discuss the matter directly with an instructor or administrator. That instructor or administrator will engage in an informal process endeavoring to settle the dispute in good faith. That informal process will involve three steps: 1: an effort to define the problem, 2: an effort to identify acceptable options for resolution, and 3: an attempt to resolve the conflict through the application of one or more of those options for resolution. The student may thereafter choose to file a written complaint directly with the institution's Chief Academic Officer who will work to resolve the matter. The Chief Academic Officer is the individual designated to resolve student complaints. That individual will investigate all formal (written) complaints, endeavor to resolve all such complaints, and record an entry into the institution's official log. The formal process will involve 1. The student's submission of a written description of the specific allegations and the desired remedy, accompanied by any available documentary items. The filing deadline is 60 days after the beginning date of the term following that in which the dispute(s) occurred or are alleged to have occurred. 2. The student may terminate the formal process should, in the interim, the informal process produce a satisfactory resolution. 3. The Chief Academic Officer will notify all parties involved of the receipt and nature of the grievance. If a policy is being grieved, the administrator responsible for the policy will be notified. 4. A timeline for resolution will be delivered to the principals by the Chief Academic Officer. 5. Interested parties will communicate with the CAO in order to make recommendations to resolve the grievance. 6. The party responsible for implementing the selected method of resolution will notify the principals of the decision reached. In the event that a student does not agree to the resolution proposed, the student retains the right to file a complaint with the Bureau for Private Postsecondary Education, Sacramento, CA.

### **Leave of Absence**

Should circumstances be such that a leave of absence is to be requested, a student must submit an application for a leave of absence. At the discretion of the Chief Academic Officer, a leave may be granted for a reasonable time, as warranted by the circumstances. If a student repeatedly resorts to the use of a leave of absence, and if such applications show a pattern of delays, or should the issuance of a leave of absence be such that it would significantly interfere with the planned completion of a program of study, the Chief Academic Officer may, in his/her sole discretion, dismiss a student from the program and issue the appropriate refunds as may be required.

### **Academic Probation – Dismissal Policy**

The Chief Academic Officer may place a student on academic probation if the student is not making satisfactory academic progress as per this institution's published policy. The student's grade point average will be monitored at the end of each enrollment period when the grades are posted. Should the GPA fall below that required for graduation, a student may be placed on academic probation. This will result in a formal advisory, which will be sent to the student, indicating the reason for the probation. Failure to

## **Holistic Life Institute**

maintain satisfactory academic progress may result in dismissal from the program. The Chief Academic Officer will offer assistance in locating a suitable tutor, should such service be requested by the student.

### **Attendance Policy – All Programs**

This institution requires that a student attend a minimum of 80% of scheduled class, laboratory and other such assigned hours.

### **Acceptance of Transfer Credit Policy**

No transfer of credit is available.

### **Challenge Exam Credit Policy**

No credit based on the taking of challenge exams is available.

### **Admissions Policy – All Programs**

For each of the programs offered, the applicant must be at least 18 years of age and a high school graduate or have earned a GED certificate. No prior education or training in massage or massage therapy is required.

### **Ability to Benefit Students**

No Ability to Benefit Students will be admitted. High school graduation or its equivalent is required.

### **Articulation Agreements**

No articulation agreements with other institutions are established.

### **Student Conduct**

Students are expected to behave professionally and respectfully at all times. Students are subject to dismissal for any inappropriate or unethical conduct or for any act of academic dishonesty. Students are expected to dress and act accordingly while attending this institution. At the discretion of the school administration a student may be dismissed from school for reasons including, but not limited to:

- Coming to class in an intoxicated or drugged state.
- Possession of drugs or alcohol on campus.
- Possession of a weapon on campus.
- Behavior creating a safety hazard to other person(s).
- Disobedient or disrespectful behavior to other students, an administrator or instructor.
- Stealing or damaging the property of another.

Any students found to have engaged in such conduct will be asked to leave the premises immediately. Disciplinary action will be determined by the Chief Executive Officer of this institution and such determination will be made within 10 days after meeting with both the chair of the department in which the student is enrolled and the student in question.

### **Academic Probation – Dismissal Policy**

The Chief Academic Officer may place a student on academic probation if the student is not making satisfactory academic progress as per this institution's published policy. The student's grade point average will be monitored at the end of each enrollment period when the grades are posted. Should the GPA fall below that required for graduation, a student may be placed on academic probation. This will result in a formal advisory, which will be sent to the student, indicating the reason for the probation. Failure to maintain satisfactory academic progress may result in dismissal from the program.

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### Grades and Standards for Student Achievement - Satisfactory Progress

Grades are awarded on a traditional A, A-, B+, B, B- ... F system. The minimum passing grade is a D-. The minimum allowable grade point average to maintain satisfactory progress is a C, or 2.0.

In calculating a student's grade point average, the following policy applies:

A	4 Grade Points	A-	3.67 Grade Points
B+	3.33 Grade points	B	3 Grade Points
B-	2.67 Grade Points	C+	2.33 Grade Points
C	2 Grade Points	C-	1.67 Grade points
D+	1.33 Grade Points	D	1 Grade Point
D-	0.67 Grade Points	F	0.00 Grade Points

If the student has not completed the coursework and earned a grade at the end of the course, the instructor may issue one of the following grades.

**I Incomplete** If the course has not been completed, the instructor may grant an I on a two-month extension of the term, at no additional tuition cost, when the student is making satisfactory progress and the instructor believes that an extension of time will permit satisfactory completion. At the end of this period, a final grade must be recorded.

**W Withdraw** The student may withdraw from any course before the end of the term. At the end of the term, the instructor may withdraw the student from the course and issue a W when the instructor believes the student's progress is insufficient to warrant an extension. A student who withdraws or is administratively withdrawn must retake the course and is responsible for a new tuition payment for that course of study.

### Student Housing

This institution does not operate dormitories or other housing facilities as all instruction is offered in distance learning programs.

### Administration

#### Chief Executive Officer

Janet Noble

#### Chief Operations Officer

Janet Noble

#### Chief Academic Officer

Janet Noble

### Faculty

Name of Instructor

College or Work Qualifications

Jan Noble, ND, HHScEd

B.A. Creative Writing and Journalism,  
Palmer Writer's School, Minn. 1968 - 1971

B.A. Nutripathic Sciences, Internship  
American College of Nutripathy, Scottsdale, AZ, 1985 – 1989

B.S. Metaphysical Sciences  
University of Metaphysical Sciences, Studio City, CA 1990 - 1994

## **Holistic Life Institute**

Reiki Master/Instructor, 1994 -1995  
Center for Reiki Training, Springfield, MI

Science pre-requisites for acupuncture training, 1995 -1997  
California State University – Stanislaus, CA

Sandi Wolfe,

RN, CMT, ND, HHSced CA licensed Nursing Instructor, Director of  
Staff Development/Instructor  
California Board of Registered Nursing

Doctor of Naturopathy  
Clayton School of Natural Healing, Birmingham Alabama

Certified Massage Therapist and Health Educator  
National Holistic Institute, San Francisco CA

Holistic Health Practitioner and Science Educator  
Holistic Life Institute, Oakdale CA

Patti Vargas, B.A.,  
CMT, HHSced

Bachelor of Arts in History University of California – Berkeley  
Instructor certification

American Taikwando Association  
Certification in Spiritual Guidance Mentoring  
Atlantic University, Virginia Beach, VA

Holistic Health Practitioner, Certified Massage Therapist, Holistic Health  
Science Educator, Holistic Life Institute, Oakdale, CA

Sandy Worthington,  
CMT, HHSced

Holistic Health Practitioner, Certified Massage Therapist, Holistic Health  
Science Educator, Holistic Life Institute, Oakdale CA

Outcome-based Massage, Teaching Massage Fundamentals for ABMP,  
Nurturing Massage for Pregnancy, Deep Tissue Massage, Online courses by  
Wolters,Kluwer, Lippincot, Williams, and Wilkens

Debbie Libhart,  
CMT, RT,

Biology, Zoology, Science , Delta College  
Holistic Health Practitioner, Certified Massage Therapist, Holistic Health  
Science Educator, Holistic Life Institute

Raindrop Therapy, Vita Flex Therapy, Care Institute  
Deep Tissue, Body Spa Treatments Healing Arts Institute

## Holistic Life Institute

Skin care, Aveda Institute, Dermatological Institute

Mandy Sahota,  
HHP, IP, AMP

Ayurvedic Medicine, Iridology  
Institute of Ayurvedic Medicine  
Holistic Health Practitioner, Holistic Life Institute

Pamela Munoz, CMT,  
HHSced

Nursing. Ohlone College, Fremont CA  
Herbology, Homeopathy, Artemisia Herbal Institute  
Holistic Health Practitioner, Certified Massage Therapist,  
Holistic Life INstitute

Michael Freemire

Berkeley Psychic Institute, 1982 to 1985

Carolyn Davis, HHP,

Yoga Instructor training Ananda Institute

Debbie Lutrell,  
CMT, HHP

Holistic Health Practitioner,  
Certified Acupressure/Reflexology Therapist,  
Holistic Life Institute Cranial Sacral Balancing,  
The Pilgrimage Reiki and Cranial Sacral Training Center

### **Nondiscrimination Policy**

This institution is committed to providing equal opportunities to all applicants to programs and to all applicants for employment. Therefore, no discrimination shall occur in any program or activity of this institution, including activities related to the solicitation of students or employees on the basis of race, color, religion, religious beliefs, national origin, sex, sexual orientation, marital status, pregnancy, age, disability, veteran's status, or any other classification that precludes a person from consideration as an individual. Please direct any inquiries regarding this policy, if any, to the Chief Operations Officer who is assigned the responsibility for assuring that this policy is followed.

### **Student Services**

This institution does not provide orientations, airport reception services, housing assistance or other services. Further, this institution maintains a focus on the delivery of educational services. Should a student encounter personal problems which interfere with his or her ability to complete coursework, this institution will provide assistance in identifying appropriate professional assistance in the student's local community but does not offer personal counseling assistance.

### **Description of Facilities**

The school is located in a single story professional office building, approximately 20 years of age. The facility serves as both a massage clinic and a massage therapy school. The facility is therefore supplied with items standard in the delivery of massage therapy treatments.

## **Holistic Life Institute**

### **Academic Freedom**

Holistic Life Institute is committed to assuring full academic freedom to all faculty. Confident in the qualifications and expertise of its faculty members, the institution encourages its faculty members to exercise their individual judgments regarding the content of the assigned courses, organization of topics and instructional methods, providing only that these judgments are made within the context of the course descriptions as currently published, and providing that the instructional methods are those official sanctioned by the institution, methods for which the institution has received oversight approval.

Holistic Life Institute encourages instructors and students to engage in discussion and dialog. Students and faculty members alike are encouraged to freely express views, however controversial, as long as they believe it would advance understanding in their specialized discipline or sub-disciplines.

### **Sexual Harassment**

This institution is committed to providing a work environment that is free of discrimination, intimidation and harassment. In keeping with this commitment, we believe that it is necessary to affirmatively address this subject and express our strong disapproval of sexual harassment. No one associated with this institution may engage in verbal abuse of a sexual nature; use sexually degrading or graphic words to describe an individual or an individual's body; or display sexually suggestive objects or pictures at any facility or other venue associated with this institution. Students are responsible for conducting themselves in a manner consistent with the spirit and intent of this policy.

### **English as a Second Language Instruction**

This institution does not provide ESL instruction.

### **Achievement Tests Credit Policy**

No credit based on the taking of achievement exams is available.

### **Title IV Participation**

This institution does not participate in Title IV funding.

### **State Financial Aid Participation**

This institution does not participate in state financial aid funding.

### **Special Notice of Financial Status**

This institution has not had a pending petition in bankruptcy, is not operating as a debtor in possession and has not filed a bankruptcy petition within the last five years. It has not had a petition in bankruptcy filed against it within the preceding five years that resulted in reorganization under chapter 11 of the United States Bankruptcy Code

### **Placement Services**

This institution does not provide placement assistance.

### **Licensing – Requirements for Licensure**

Massage therapists are not licensed in California but they can be certified by CAMTC. The California Massage Therapy Council is empowered to certify practitioners and therapists. CAMTC does not license or approve educational institutions and therefore no approval documentation is included with this application.

None of the educational services offered lead to occupations that require licensure.

## **Western Massage Therapist**

### **Program Description -**

This course is designed to enable students to demonstrate the ability to perform a basic Swedish massage and to pass a practical exam such as the National Certification Exam for massage therapists and to pass a written exam.

### **Description of Instruction**

250 hours of training in Swedish Massage, (originating in Europe,) Physiology and Anatomy, Hygiene, Myo-fascial release, (for fibro-myalgia and other pain syndromes), Deep-tissue, (for sports injuries, etc.,) Trigger point, (for arthritis pain) and Lymph drainage, (for inflammation.) Includes three-hour classes of each of the following – nutrition, herbs, iridology, Reiki (levels one through five,) Ayurvedic Medicine, aromatherapy and EFT.

### **Requirements for Completion – Required Courses – Final Exam/Test**

To complete this program a student must attend a minimum of 85% of the scheduled hours of instruction, achieve an average score of 80% or greater on quizzes and exams, and pass an instructor monitored practical exam demonstrating competence in basic massage techniques.

**Program Length 250 Hours (available only as a complete program)**

**No Internship or Externship is required**

## **Acupressure / Reflexology**

### **Program Description**

This course is designed to enable the student to demonstrate the ability to perform a basic acupressure, shiatsu, reflexology, or cranial-sacral massage session or to lead a basic Tai Chi class.

### **Description of Instruction Provided**

250 hours of training. Five modules of 50 hours each, including Acupressure, Reflexology, Shiatsu, Tai Chi, Cranial-Sacral Balancing and Esoteric Healing. These modalities are all non-disrobing massage therapies originating in Japan, (Shiatsu,) China, (Acupressure, Tai Chi,) and Egypt, (Reflexology.) Cranial-Sacral and Esoteric Healing were developed in the United States.

### **Requirements for Completion – Required Courses – Final Exam/Test**

To complete this program a student must attend a minimum of 85% of the scheduled hours of instruction, achieve an average score of 80% or greater on quizzes and exams, and pass an instructor monitored practical exam demonstrating competence in basic techniques.

**Program Length 250 Hours (available only as a complete program)**

**No Internship or Externship is required**

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### Holistic Health Consultant

#### Program Description

This course is designed to enable the student to demonstrate the ability to perform a basic client consultation and evaluation in the following capacities; evaluate the client's specific needs and make recommendations for the use of aromatherapy, herbs, nutrition, iridology and spa treatments.

#### Description of Instruction Provided

250 hours of training. Five modules of 50 hours each, including Nutri-Escience, (Holistic nutrition – the Science of Essential Nutrition,) Aromatherapy, (essential oils and their applications,) Herbology, (the study and application of cooking and medicinal herbs,) Iridology, (the study of the sclera and pupil of the eye, with focus on stress indicators revealed,) and Body Spa Treatments, (herbal body wraps and natural skin care.)

#### Requirements for Completion – Required Courses – Final Exam/Test

To complete the massage therapy program a student must attend a minimum of 85% of the scheduled hours of instruction, achieve an average score of 80% or greater on quizzes and exams, and pass an instructor monitored practical exam demonstrating competence in the application of therapeutic massage techniques

**Program Length 250 Hours (available only as a complete program)**

**No Internship or Externship is required**

### Holistic Health Practitioner

#### Program Description

This course is designed to enable the student to demonstrate the ability to perform a basic consultation and evaluation in the following capacities; evaluate the client's specific needs and make recommendations for the use of Sound Healing, Homeopathy, Flower Essences, Yoga, Ayurvedic Medicine, EFT, Needleless Acupuncture, Intuitive Healing and Stress Reduction.

#### Description of Instruction Provided

250 hours of training. Includes Sound Healing, (with tuning forks, Tibetan sing bowls, etc.,) Homeopathy, Flower Essences, (Vibrational Medicine,) EFT, (Emotional Freedom Technique,) Stress Reduction, Yoga Therapy, Needleless Acupuncture, (stimulates meridian points for pain relief,) Intuitive Healing, and Ayurvedic Medicine, (East Indian herbs and nutrition.) These modules range in length from 20 to 30 hours each.

#### Requirements for Completion – Required Courses – Final Exam/Test

To complete the massage therapy program a student must attend a minimum of 85% of the scheduled hours of instruction, achieve an average score of 80% or greater on quizzes and exams, and pass an instructor monitored practical exam demonstrating competence in the application of therapeutic massage techniques.

**Program Length 250 Hours (available only as a complete program)**

**No Internship or Externship is required**

