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**FIVE
BRANCHES
INSTITUTE**

College of Traditional Chinese Medicine

www.fivebranches.edu

Welcome to Five Branches Institute Asian Bodywork & Qigong Program

Dear Prospective Students:

This is an exciting time to be involved in the field of Traditional Chinese Medicine (TCM) and massage. Recognizing the historical growth of TCM as one of the oldest medical systems in the world, Five Branches Institute is stepping ahead with the introduction of its Clinical Asian Bodywork (Massage) & Qigong Program (ABQ Program).

The Five Branches Asian Bodywork & Qigong Program offers courses for both beginners and experienced practitioners, and is designed with the intention of connecting students to the Asian roots of bodywork and Qigong through:

- A curriculum that exceeds the national standards for massage therapy and clinical bodywork.

- Seminars with master teachers from Asia.

- Study abroad opportunities in Asia.

With the direct help of master teachers visiting from Asia, this program provides an exceptional foundation in the ancient teaching and healing traditions. These ancient theories and techniques are presented in the state-of-the-art Five Branches clinical setting.

Celebrating a 5,000-year-old test of time, Traditional Chinese Medicine encompasses the following five distinct branches for maintaining and restoring the individual with the harmony of nature:

- Acupuncture

- Herbology

- Bodywork/Massage

- Qigong* (exercise and energetic medicine)

- Nutrition Strategy

From its inception and from its name, Five Branches Institute has made it possible to learn this ancient wisdom by offering professional healthcare education through classroom courses and clinical training with experienced and highly respected teachers.

Today, Five Branches Institute continues its commitment to Traditional Chinese Medicine's approach to physical and emotional wellness by offering advanced Bodywork and *Qigong* certifications specifically based in Asian styles of healing. I hope that you'll join us on this rewarding journey. It will probably change your life. Before you know it, you may find yourself sitting in China, studying with a master teacher.

Sincerely,



Glenn Kazmierski, MTCM, L.Ac.

ABQ Program Director

ABQ Program Features

■ *Specialized Training With Leading Masters of Asian Bodywork and Qigong*

World renowned *Qigong* and bodywork masters are brought together in the Five Branches ABQ Program. Of note are Grandmaster Weizhong Fu and Master Mantak Chia. Grandmaster Fu is the 13th holder of the *Emei Linji Chan Qigong*, a Zen qigong sect. He is renowned in China for being one of the first masters to spread *Qigong* to large numbers of people. Master Chia created the Universal Tao system, a way to quickly access the essence of subtle practices that have been shrouded in secrecy for millennia. He is the author of dozens of books describing the theory and methods of these Taoist practices.

■ *Hands-On Clinical Experience With TCM and Western Masters*

The Five Branches ABQ Program directly immerses students at all levels of training in hands-on clinical work. The Clinician level of certification offers the highest level of clinical bodywork training available. Both TCM and Western faculty help students integrate both Eastern and Western approaches to the body into a successful system of bodywork and *Qigong* for the promotion of optimal health care.

■ *Integration Between Traditional Asian and Western Medical Theory*

The instructors in the ABQ Program are experienced in both traditional Asian medical theory and Western anatomy and physiology. Students have a unique and exceptional opportunity to learn how the systems work together as one, and integrate these systems into the development of their own personal style of therapy. Ancient philosophy and energy medicine have an increasingly recognized scientific basis. The Five Branches' ABQ Program integrates Chinese and Western anatomy and physiology in courses such as Orthopedic Shiatsu, Tendino-Muscular Channel Anatomy, Acupressure and Trigger Point Therapy, and Applied Kinesiology courses.

■ *Flexible Curriculum Structure and Seminar Series*

Through the Seminar Series, students have a chance to customize their education according to their needs and

interests. Classes are offered in the evenings and weekend intensive workshops, allowing for flexibility in studying the healing arts while balancing time with family and work. The 200-hour Level I ABQ Practitioner program can be completed within three months.

■ *Development of Self-Care and Professional Growth Skills*

Five Branches strives to create a place where everyone can grow. Our branches of Asian Bodywork and *Qigong* have been rooted for thousands of years in China, Japan, and Thailand. Today, these branches extend into our community and offer a cooling shade to a hectic life. Our goal is to help students cultivate internal awareness with practical bodywork skills that facilitate healing, growth and transformation. We maintain a supportive environment where students can learn the essential life skills that help fuel vital energy and health.

■ *Development of Internal Awareness With Qigong Practice*

The Chinese view of life is based on the principles of harmony and balance. Chinese medicine and its theory provides a deep look into the human body. The fundamental principle of this perspective is the notion of *Qi*, the miraculous life energy that animates all living things. The way *Qi* flows through energetic channels defines the state of health within the body. The practice of *Qigong* plays an important role in all of our bodywork programs. *Qigong* empowers students to practice energetic forms of therapy. We encourage students to explore the cultivation of *Qi* and to enhance their sensitivity of energy for internal balance and healing.

■ *Options to Study Abroad in Asia*

The Five Branches Institute's ABQ program allows students to continue training in Asian bodywork where these modalities originated and are commonly practiced. This is a unique, once-in-a-lifetime opportunity to study directly with teachers who are renowned authorities in Asian bodywork and healing arts outside the United States. After completion of the Asian bodywork programs, students may participate in a study-abroad program. Study and practice in China, Thailand and Japan allows students the opportunity for personal contact with the ancient roots of the Asian Bodywork and Healing Arts.

Table of Contents

4 *The ABQ Program*
Mission Statement
Purpose
Objectives
Our Vision
Admission Requirements
Prospective Students
Certificates of Completion
Advanced Study Abroad Programs
Continuing *Qigong* Training
Seminars

6 *The Program*
Program Chart

7 *Course Descriptions*
Chinese Bodywork
Japanese Bodywork
Thai Bodywork
Bodywork Electives
Theory
Western Science
Professional Studies
Clinical Studies

10 *The Faculty*
Guest Lecturers

12 *Academic Policy/Financial Information*
Academic and Clinical Class
Attendance
Grading System and Assessment Method
Academic Probation and Dismissal

Time Limit for Certificate Completion
Professionalism
Grievance Procedure
Non-discrimination Policy
Graduation and Granting of Certificates
Tuition and Fees
Payment Options
Refund Policy
Financial Aid

14 *Student Services*
Facilities
Library and Learning Resources
Online Bookstore
The Santa Cruz Community
The San Jose Community

15 *Admissions*
Admissions Requirements
Admissions Procedure
Admissions Categories
International Students
Non-matriculating Students
Part-time Students
Transfer Credit
New Student Orientation
Questions

16 *Contact Us*

17 *Application for Admission*

Mission Statement

Five Branches Institute Asian Bodywork & Qigong Program delivers intensive supervised practice coupled with assessment and documentation skills, which are essential for a successful professional career in both Eastern and Western clinical settings. Additionally, the program features student training for self-care, including *Qi* cultivation through *Qigong* and self-massage. Along with offering an advanced education in Asian bodywork and *Qigong*, Five Branches Institute takes students into a remarkable journey with direct exposure to master teachers from Asia and study abroad programs.

Purpose

The purpose of the Five Branches ABQ Program is to:

- provide exceptional quality clinical training in Asian bodywork and *Qigong*
- create a bridge between Asian and Western bodywork approaches by integrating these methodologies in supervised clinical practice
- enable students to learn directly with teachers from Asia and from a core faculty that embodies Asian healing arts and Western clinical assessment skills
- help develop highly-successful professional practitioners through a supportive environment that fosters self-care for growth, health and longevity

Objectives

After completion of the Asian Bodywork & Qigong program, the student will be able to:

- understand basic Western and Asian theory applied to health and prevention of disease
- assess energetic imbalances through the paradigm of Traditional Chinese Medicine
- conduct clinical assessments for bodywork that encompass both Eastern and Western perspectives
- assess orthopedic and neuromuscular conditions
- provide skills in self-care education for clients
- develop self-care techniques and grow as a professional in performance and longevity

- utilize techniques to promote health and restoration of many energetic and physical imbalances
- understand the foundations of Asian forms of bodywork
- demonstrate skills necessary to perform various styles of Asian bodywork

Our Vision

Our goal is to help students cultivate internal awareness with practical bodywork skills that facilitate healing, growth and transformation. We maintain a supportive environment where students can learn the essential life skills that help fuel the Three Treasures—vitality, energy, and spirit.

Admission Requirements

The Five Branches ABQ Program and seminars are open to anyone interested in learning about Asian bodywork and *Qigong* with at least a high school diploma. Please refer to the Admissions section on page 13 of this catalog and the Five Branches Institute Student Handbook for more details.

Prospective Students

The Five Branches Institute ABQ Program is designed for the career-focused student who wants to develop a profession in Asian Bodywork Therapy. If you are already a bodywork practitioner and looking to learn more about Asian styles of bodywork, we offer several programs and study abroad opportunities in Asia. For the individual, we offer personal development through regular *Qigong* classes. Classes are offered in the evenings and in the format of weekend seminars, allowing for flexibility while studying the healing arts.

Certificates of Completion

Through the Asian Bodywork & Qigong Program, Five Branches Institute offers three certificates in Asian styles of bodywork and healing therapies.

The Five Branches Asian Bodywork & Qigong Program meets eligibility requirements for the ABT



(Asian Bodywork Therapy) examination held by the NCCAOM (National Certification Commission of Acupuncture and Oriental Medicine) and the National Certification Exam (NCE) held by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB).

Program Levels

The ABQ Program is specially designed to prepare students for National Certification and to accomplish certain goals at each of the three levels.

■ **Level I: Asian Bodywork Practitioner**

The 200 hour Asian Bodywork Practitioner Certificate meets the requirement to practice in many municipalities in the Bay Area including San Jose and Santa Cruz. Students may need to complete further levels of certification depending on the municipality on which they plan to practice.

■ **Level II: Asian Bodywork Therapist**

The 500 hour Asian Bodywork Therapist Certificate leads to national certification and is ideal for the student who wants to focus on a single style of Asian bodywork. This certificate is offered in three specialties: *Tuina*, *Shiatsu* and Thai bodywork styles. Students must complete 160 hours of bodywork training within one style to receive certification. Completion of Level II meets the requirement for the therapist to sit for the Asian bodywork Therapy (ABT) examination. This gives the therapist recognition as a Diplomate in Asian Bodywork Therapy by the NCCAOM (National Certification Commission of Acupuncture and Oriental Medicine).

■ **Level III: Asian Clinical Bodywork**

The 650 hour Asian Bodywork Clinician Certificate leads to national certification and meets the requirement of the student who wants to take the National Certification Exam (NCE) held by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB). This certification is ideal for the therapist who wants to establish their bodywork practice within a clinical setting.

■ **Non-Certificate Applicants**

Students may also apply for one course or seminar. Courses and seminars may also be taken by certified practitioners for continuing education, or as electives by students in other massage programs. Seminars are taught throughout the year by respected experts in the fields of Asian bodywork and *Qigong*. Classes taken within the Seminar Series can be applied as electives to

the Asian Bodywork Therapist and Asian Bodywork Clinician certificates. This allows students to specialize in a bodywork style of interest. See the Seminar Series insert for a list of seminars.

Advanced Study Abroad Programs

The Five Branches Institute's extension program allows students to continue training in Asian bodywork where these modalities originated and are commonly practiced. This is a unique, once-in-a-lifetime opportunity to study directly with teachers who are distinguished authorities in Asian bodywork and *Qigong* outside the United States. After completion of the 375-hour or 650-hour Asian bodywork program, students may participate in study-abroad programs. Study and practice in China, Thailand and Japan puts students into direct contact with the ancient roots of Asian bodywork and *Qigong*.

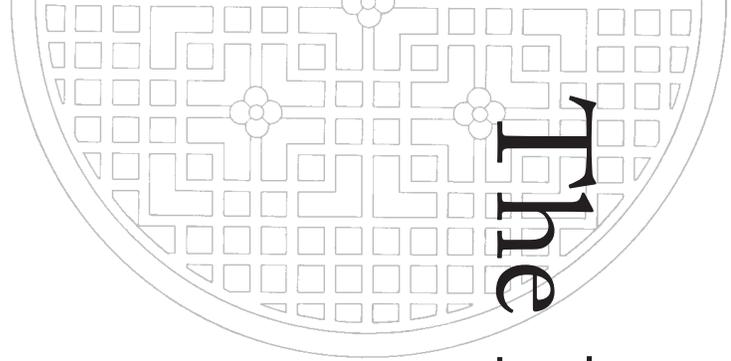
Continuing Qigong Training

Qigong practice cultivates vitality, energy, and healing presence. Through these three treasures, practitioners gather valuable experience in the subtle arts of healing through energetic awareness. Students are encouraged to create their own self-care practice from regular classes offered and healing arts seminars. *Qigong* seminars are available in the Five Branches Institute's *Qigong* program.

We encourage you to explore the cultivation of *Qi* and to enhance your sensitivity of energy for internal balance and healing. Regular weekly morning, evening and weekend practice is available for all those who want to focus on the internal healing arts.

Seminars

Seminars are taught throughout the year by respected experts in the fields of Asian bodywork and *Qigong*. Classes taken within the Seminar Series can be applied as electives of specialization for Asian Bodywork Therapist and Asian Bodywork Clinician. This allows students to specialize in a bodywork style of interest. See the Seminar Series insert for a list of seminars.



The Program

The ABQ Program offers three levels of certification and three types of specialties: Chinese, Japanese and Thai styles. Students may apply for a level depending on the municipality in which they plan to practice. Students may also apply for one course or seminar. Courses and seminars may also be taken by certified practitioners for continuing education, or as

electives by students in other programs.

The three levels of certification are: Practitioner, Therapist, and Clinician, with each level building upon the other. Each level takes a semester, or 16 weeks, and all three levels may be completed in one and a half years.

| DEPARTMENTS | TRIMESTER I | TRIMESTER 2 | TRIMESTER 3 |
|--------------------------------|--|---|---|
| | LEVEL I 200 Hour Asian Bodywork Practitioner | LEVEL II 500 Hour Asian Bodywork Therapist | LEVEL III 650 Hour Asian Bodywork Clinician |
| ASIAN BODYWORK MODALITY | Chinese, Japanese or Thai Modality 80 hours | Chinese, Japanese or Thai Modality 80 hours | Bodywork Elective 40 hours |
| QIGONG | Qigong I 15 hours | Qigong II 15 hours Qigong III 15 hours | |
| THEORY | TCM Theory I 30 hours | TCM Theory II 35 hours TCM Theory III 35 hours | Biomechanics/Kinesiology 25 hours |
| WESTERN SCIENCE | Anatomy I 40 hours | Anatomy II 30 hours Physiology 30 hours | Pathology 40 hours |
| PROFESSIONAL STUDIES | Business and Ethics 15 hours | Exam Review 10 hours | Theory & Practice of Clinical Bodywork 25 hours |
| CLINICAL TRAINING | Supervised Practice 20 hours | Supervised Practice 50 hours | Supervised Practice 20 hours |
| TOTALS | 200 hours | 500 hours* | 650 hours* |

* An approved course in CPR and First Aid is prerequisite to begin clinical practice.

Course Descriptions

Chinese Bodywork

Tuina I

■ ACH 110 40 Hours

Tuina is a physical and energetic massage that utilizes soft tissue manipulation, acupuncture, and methods of joint mobilization to direct healing energy deep into the body in order to treat a wide variety of musculoskeletal and internal organ disorders. Students will learn *Tuina* massage techniques and assessment skills enabling them to perform a full body *Tuina* massage.

Tuina II

■ ACH 210 40 Hours

In this course students will enhance their assessment skills with tongue and pulse diagnosis. They will learn how to combine theory, assessment, and advanced *Tuina* massage techniques into a comprehensive treatment. This will include techniques designed to correct disharmonies related to the “internal branches” of the meridian system and the 12 *zang fu* organs.

Tuina III

■ ACH 220 40 Hours

Students will learn to apply *Tuina* for pediatric conditions. Upon completion of this course, students will know the special techniques of pediatric *Tuina* and how to use them in the treatment of common childhood illnesses.

Tuina IV

■ ACH 310 40 Hours

This class will primarily focus on clinical assessment and protocols for a variety of common musculoskeletal and internal disorders while expanding on the foundation of TCM massage. Upon completion of this class, students will have the skills to assess and treat a number of musculoskeletal problems as well as many internal illnesses. Students will learn about common sports injuries and their rehabilitation.

Japanese Bodywork

Shiatsu I

■ AJA 110 40 Hours

This course introduces the theory and practice of *Shiatsu* massage. Students will learn techniques and principles of practice allowing them to give a full body *Shiatsu* treatment using hands, thumbs, elbows and feet. This traditional style of *Shiatsu* is performed on the floor.

Shiatsu II

■ AJA 120 40 Hours

This beginning orthopedic *Shiatsu* course introduces the theory and practice of *Shiatsu* table massage. Students will learn the location of the major organ meridians, acupoint location skills, active and passive stretching techniques, assessment skills, and exercises to encourage health and integrity of the energetic channels. Incorporating the skills and techniques learned in class, students will be able to demonstrate a full body *Shiatsu* table massage.

Shiatsu III

■ AJA 210 40 Hours

This intermediate orthopedic *Shiatsu* class presents this dynamic form of massage where students learn to combine TCM muscle channel theory with advanced *Shiatsu* techniques and common orthopedic tests. This helps therapists assess functional and energetic disharmonies while simultaneously treating the channels, muscles, nerves and joints.

Shiatsu IV

■ AJA 320 40 Hours

In this advanced orthopedic *Shiatsu* class, students will understand how to work with specific ailments utilizing special points. Sessions will be based upon a physical and energetic assessment of the body. Students will deepen their understanding of assessing imbalances in the meridians. Common orthopedic tests will be learned and practitioners will gain clinical skills to assess and work with acute and chronic orthopedic conditions.

Thai Bodywork

Thai I

■ ATH 101 40 Hours

Students are introduced to Thai massage and learn the basic front position; practitioners will learn body mechanics used in Thai bodywork and basic yoga stretches. Students will learn how to give an effective 90 minute Thai bodywork session.

Thai II

■ ATH 210 40 Hours

Students learn intermediate Thai techniques and how to work on the side position, the back and seated positions. Students will develop a deeper understanding of Thai technique and how to facilitate intermediate yoga stretches. Practitioners will demonstrate a complete full body therapists can give a comprehensive full-body 90 minute Thai bodywork session.

Thai III

■ ATH 310 40 Hours

Students will learn advanced Thai techniques and how to work more effectively with *Sen* lines of energy. Students will learn Thai acupressure and more comprehensive yoga stretches, and will gain a working knowledge of Thai medical philosophy and theory. Practitioners will learn more advanced restorative postures, and begin to customize a session for specific ailments.

Thai IV

■ ATH 320 40 Hours

Students learn how to assess *Sen* lines of energy. Advanced pressure point therapies will be explored in depth. Students expand their knowledge of therapeutic pressure points for common ailments.

Chi Nei Tsang

■ ATH 410 40 Hours

Chi Nei Tsang is a system of Chinese massage that integrates the Western and traditional Chinese medical perspectives. By stimulating the energy flow of the vascular, lymphatic, and nervous systems, as well as the acupuncture meridians of the body, one is able to clear obstructions in the abdominal area and increase the energy flow to specific organs. This is achieved through massaging a series of points around the naval.

Bodywork Electives

Qigong I

■ AQG 110 15 Hours

Qigong is an essential element of TCM. Combining movement, meditation and breath regulation into a series of gentle and focused exercises, *Qigong* encourages the beneficial qi to flow smoothly throughout the meridian pathways. Through regular practice, students will develop methods of *Qi* cultivation and sensitivity as well as a personal *Qigong* routine for self-healing.

Qi Gong II

■ AQG 210 15 Hours

This is the second part of the ongoing series of *Qigong* classes. Students will continue with movement, meditation and breath regulation exercises in order to develop their personal *Qigong* routines and enhance their bodywork skills.

Qigong III

■ AQG 220 15 Hours

Throughout the ABQ Program, students are encouraged to develop their own personal healthcare strategies with regular practice of *Qigong*. During the third part of the ongoing *Qigong* series, students will continue in their personal development of *Qi* for healing. They will learn simple *Qigong* exercises which can be used to educate their clients. Clients are then encouraged to practice at home to strengthen their treatment and develop their own health maintenance regimes.

Theory

TCM Theory I

■ ATH 110 30 Hours

This course is designed to introduce the theories that form the foundation of traditional Chinese medicine. These include yin and yang, the five elements, the concept of *Qi*, the vital substances, and meridian theory. Students will learn the anatomical location of the meridians as well as the locations and functions of important acupuncture points.

TCM Theory II

■ ATH 210 35 Hours

In this course students will learn the functions of the internal organs as viewed from the traditional Chinese medical perspective. This will include a thorough investigation into the functions and typical signs of imbalance of the *Zang* (yin organs) and *Fu* (yang organs).

Students will become familiar with specific evaluation skills including but not limited to *San Jiao* theory, the Eight Principles, the Four Levels, and the external and internal causes of disease.

TCM Theory III

■ ATH 310 35 Hours

In this course students will learn evaluation skills that comprise the Four Examinations—Looking, Listening, Asking, and Palpating. This will include pulse, tongue and facial diagnosis. They will combine their evaluation and assessment skills, and learn how to apply these to treatment. In this class students will be learn to solidify and put into practice the information learned in Theory I and II.

Biomechanics/Kinesiology

■ ATH 320 25 Hours

Students will learn how to assess movement patterns in the human body. Students will learn to analyze problems associated with the musculoskeletal system, and the relationship between the quality of movement and overall human health as it is applied to massage therapy.

Western Science

Anatomy I

■ AWS 110 40 Hours

This course is designed to give students practical hands-on experience in locating, palpating, and defining the location of various muscles and anatomical landmarks. Students will learn the structure and function of the skeletal and muscular systems including the origins and insertions of the major muscles.

Anatomy II

■ AWS 210 30 Hours

This class explores anatomy through the perspective of TCM. Students will learn the theory of the channels including their functions, and pathologies. They will develop their meridian and point location skills through in depth palpation and anatomical location.

Physiology

■ AWS 220 30 Hours

This course examines the structures and functions of the major organ systems of the body. It is designed to meet the specialized needs of massage students as well as understanding the physiological effects that massage has on the body.

Pathology

■ AWS 310 40 Hours

Students will study the processes underlying disease and the forms of common dysfunctions. Students will identify the structural and functional changes in soft tissues and the internal organs that underlie disease.

Professional Studies

Business and Ethics

■ APS 110 15 Hours

This course presents business management techniques necessary to build and maintain a massage practice. A thorough understanding of professional standards, code of ethics, and scope of practice is also necessary to build a strong foundation for a successful career. Students will learn the practical application of business and professional skills needed to effectively communicate with clients and other healthcare professionals. In addition, students will become familiar with local, state, and national laws and legislation regulating the massage profession.

Theory and Practice of Clinical Bodywork

■ APS 210 25 Hours

Students will be introduced to other healthcare professions and learn communication skills, and how to effectively interact with others in a clinical setting. Students will develop a deeper working knowledge of assessment and clinical note taking.

Exam Review

■ APS 310 10 Hours

This is a review course which focuses on the theory and practice of Asian bodywork. It is designed to prepare students for the National Exam which is sponsored by the NCCAOM

Clinical Training

Supervised Clinical Practice

■ ACP 210 20–90 Hours

In the school’s clinic, students have the opportunity to refine their massage techniques and practice what they have learned under the supervision of senior practitioners. They will be able to integrate Eastern and Western assessment strategies, maintain accurate client records, and develop integral communication and professional skills with a variety of clients.

Dr. Caroline Peck

D.C., L.Ac.

Dr. Peck began her healing arts journey 25 years ago in Japan where she was the first foreign student admitted to the Namikoshi School of *Shiatsu* in Tokyo. She then returned to Canada and studied chiropractic medicine at the Canadian Memorial Chiropractic College (CMCC). After graduating from CMCC, in 1988 she traveled to Sri Lanka to begin her studies in Traditional Chinese Medicine and has been studying ever since. Her present day practice emphasizes TCM and incorporates her chiropractic and *Shiatsu* skills.

Lee Holden

M.T.C.M., L.Ac

Lee Holden has been a master practitioner and teacher of *Qi Gong*, *Taiji*, Taoist Yoga, and Taoist Meditation. Lee is a Senior Instructor for the International Healing Tao. He has been the Chief Editor for *International Tao* founded by Master Mantak Chia. Lee has taught workshops throughout the United States, Europe, and Southeast Asia. Lee has been on staff with Mantak Chia and Deepak Chopra, teaching, writing, and facilitating seminars and workshops. Currently, Lee teaches at Five Branches Institute, Twin Lakes College of the Healing Arts, and is the founder of Pacific Healing Tao in Northern California. Lee Holden is a graduate of UC Berkeley, with a BA in Psychology, and is a recent graduate of Five Branches Institute. Lee teaches *Qigong* classes in the Department of TCM Complementary Studies.

Michael Alexander

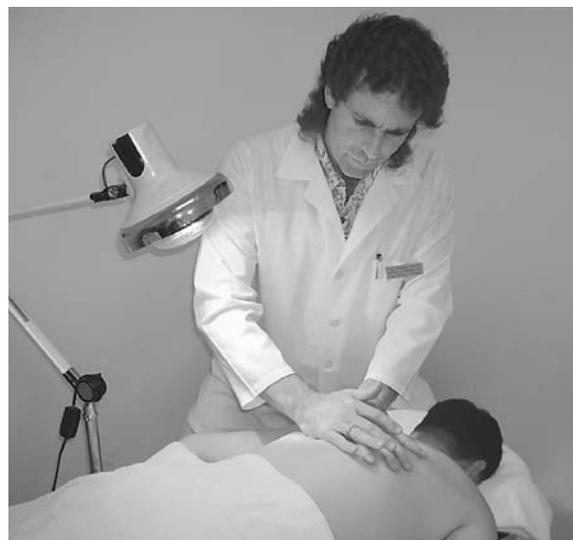
M.T.C.M., L.Ac.

A Five Branches graduate, Michael was among the first group of graduates to travel to Zhejiang College of Traditional Chinese Medicine in Hangzhou, China, where he studied adult and pediatric *Tuina* bodywork as well as *Taijiquan* and *Qigong*. Michael has studied with several renowned *Tuina* teachers, including Chen Shensan, Chiyong Chun and Gordon Xu. Besides teaching *Tuina* at the Institute, Michael teaches *Taijiquan* and *Qigong* in the Monterey Bay area.

Glenn Kazmierski

M.T.C.M., L.Ac.

Glenn received his Master's Degree in Acupuncture from Five Branches and has practiced Asian forms of massage for 15 years. He specializes in a combination of acupuncture, *Shiatsu*, and orthopedic skills for the treatment of acute and chronic pain. Glenn is an advocate of building a bridge between Eastern and Western styles of medicine.



Lynn Ablondi

M.T.C.M., L.Ac.

Lynn has been in the field of complementary healthcare for over 15 years. She is an acupuncturist, herbalist, traditional *Shiatsu* therapist and educator. Lynn has been teaching *Shiatsu* at bodywork schools in the Bay Area and privately for 10 years. She has studied Barefoot *Shiatsu* with Shizuko Yamamoto and extensively with Edward Spencer. Along with developing personal healthcare strategies, she is committed to educating the public about the many options available in maintaining health and well-being through acupuncture, herbs, *Shiatsu* massage, nutrition and exercise therapies.

Dr. Dennis Lobstein

Ph.D.

Dr. Lobstein is a health educator and exercise scientist who researches exercise and energy medicine. He served as a professor of exercise physiology at the University of New Mexico and at the University of Miami, where he taught exercise psychobiology, human physiology, and research design and statistics in exercise and sport sciences. He is co-author of *Consistent Winning* and Fellow member of the American College of Sports Medicine (ACSM). Dr. Lobstein has taught functional anatomy, physiology, and kinesiology for twenty years, has been a martial artist for thirty-five years, and has been practicing *Qigong* healing for over seven years. Dr. Lobstein bridges the gap between scientific and mystical realms during his teaching.

Frank Leonardi

L.Ac.

Frank has more than twenty years experience in oriental healing arts. He has been a licensed acupuncturist for eight years. Frank began practicing acupressure and *Shiatsu* twenty years ago and uses these techniques in his clinic today. He is a certified *Reiki* Master and teaches it ongoing. He has also taught at Trinity College and American School of Herbalism. Clinically, Frank incorporates all these modalities and infuses them with Buddhist and Daoist philosophies. He currently has a clinic in San Jose.

■ Guest Lecturers

Zhongshi Grandmaster Wei Zhong Fu

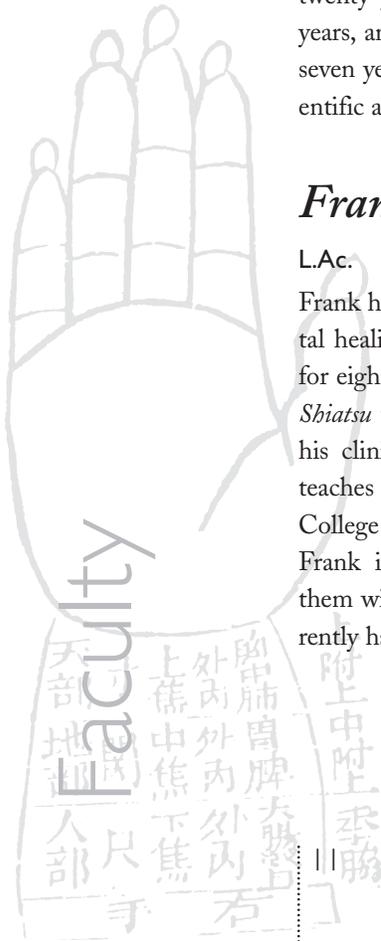
Based in China, Grandmaster Fu is the 13th holder of the *Emei Linji Chan Qigong*, a *Zen Qigong* sect. He is renowned in China for being one of the first masters to spread *Qigong* to large numbers: worldwide, he has taught *Zen Qigong* to over 2 million students.

Master Mantak Chia

Based in Thailand, Master Chia has taught hundreds of thousands of students in the principles of Taoist internal practice, and certified hundreds of instructors and practitioners to help in the transmission of these teachings.

Sensie Tzika Calisar

Tzika Calisar studied in Japan at the Namikoshi school, and later at Masunaga's *Zen Shiatsu* School. In 1987 Tzika was invited by Master Endo to study Tao *Shiatsu* in Kyoto. As a certified Tao *Shiatsu* practitioner, Tzika is responsible for the Tao *Shiatsu* study program in 12 centers worldwide.



Academic policies are detailed in the Five Branches Institute Student Handbook. A summary of policies pertinent to the ABQ Program follows below.

Academic and Clinical Class Attendance

ABQ students are required to attend all scheduled classes, including the clinical training in the program. If a student must miss a class due to an emergency situation, the student is responsible for obtaining all information for the missed class and must meet with the instructor to arrange make-up assignments. Students may miss no more than two class sessions per course. More than two absences require that the student repeat the course at half tuition. In the event of a foreseen absence, the student is responsible for contacting the course instructor ahead of the absence.

Grading System and Assessment Method

Grades are an assessment of student progress relative to achieving the educational goals and objectives listed in course syllabi and in accordance with the policies of the Institute. Five Branches Institute uses the letter grading system (A, B, C, F) for all didactic courses and the grades of credit/no credit (CR/NC) for all clinic hours. The methods of assessing a student's academic achievement include: 1) written quizzes and exams, 2) participation and attendance in class and clinic, and 3) homework projects.

Academic Probation and Dismissal

ABQ students must maintain a Semester GPA of 2.50 or better to be in good academic standing. If they do not meet these requirements, students are placed on academic probation. Failure to achieve good academic standing in the following 6-month period results in academic suspension. The ABQ advisor supervises this process. ABQ students who do not maintain good academic standing are required to meet with the ABQ advisor and devise a plan to improve academic performance.

Time Limit for Certificate Completion

Each level of certification in the ABQ Program must be completed within two years. ABQ students will normally not be able to complete the Level III certificate program in less than one year, except in transfer credit cases. After completion of one level of certification, students may return for a higher level of certification and apply the cumulative hours of the previous level within ten years. After ten years, the coursework is considered outdated and must be repeated in order to apply it towards the next level of certification.

Professionalism

The Five Branches Handbook and Clinic Manual contain specific regulations regarding professionalism in the Institute and clinic. Students need to maintain appropriate professional standards and appearance. Violations of professionalism may result in disciplinary action, including counseling from the advisor, academic probation, temporary academic suspension pending corrective action, and final termination from the program.

Grievance Procedure

Students who wish to share concerns or grievances with academic policy are first encouraged to resolve the situation with individual course instructors. Unresolved grievances with academic and administrative policy should be submitted in writing to the Academic Dean for resolution.

Non-discrimination Policy

Five Branches Institute is an equal opportunity institution and does not discriminate on the basis of age, race, color, religion, national origin, ethnicity, gender, or sexual orientation. The Institute abides by Title II of the Americans with Disabilities Act, which prohibits discrimination against any "qualified individual with a disability."

Graduation and Granting of Certificates

ABQ Program students are eligible for certification after satisfactory completion of all didactic and clinical coursework within each level of certification. See the

Program Chart on page 4 for details. Upon completing the entire 650 hour ABQ Program, students will be considered graduates, and will be awarded a certificate of completion reflecting the entire ABQ Program.

| Tuition and Fees | | |
|--|--|---|
| LEVEL I 200 Hour Asian Bodywork Practitioner \$2400 | LEVEL II 500 Hour Asian Bodywork Therapist \$6000 | LEVEL III 650 Hour Asian Bodywork Clinician \$7800 |
| Textbooks, professional equipment and study abroad are additional. | | |

Payment Options

Tuition for each semester is due in full two weeks prior to the beginning of the trimester. For entering students and Seminar Series of classes, tuition is due at registration. Flexible payment options are available for students unable to pay in full at registration. Under this payment plan, 50% of tuition is due two weeks before the start of the trimester with the balance due six weeks into the trimester.

When registering, state law requires that all students sign a contract that protects their rights and specifies the enrollment and financial agreement with Five Branches Institute.

Refund Policy

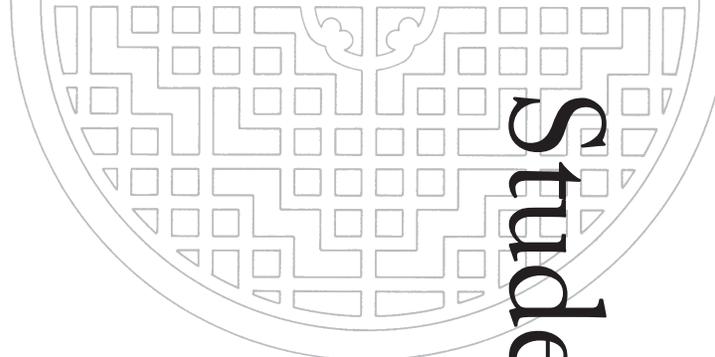
Detailed information on refunds is covered on the enrollment agreement and in the Student Handbook.

Financial Aid

Our financial aid office can assist students in obtaining non-federal financial aid.



Hua Tuo (110–207 AD), the father of external medicine



Facilities

The ABQ program is housed in Five Branches Institute's two campuses. Founded in 1984, the original campus is located in Santa Cruz, California and is surrounded by three serene bodies of water near the beach and harbor. The new campus, which opened its doors in 2005, is located in San Jose, California and is next to Silicon Valley's upscale Santana Row shopping district. Both campuses have ample classrooms, clinic, treatment rooms, conference rooms, and parking near campus.

Library and Learning Resources

The libraries of Five Branches Institute contain over 2400 books and journals related to Asian medicine practice, including Asian bodywork and *Qigong*. A recent expansion added about 1000 new materials focused on Traditional Chinese Medicine. The College has agreements with the medical libraries at both the University of California and Stanford University to share their collections on Western medicine. The libraries offer wireless access to the Internet's medical and general resources.

Online Bookstore

Texts may be purchased through the Institute's online bookstore. The online bookstore stocks required and reference texts, offers both new and used books for sale, and buys back used books. The link may be found on the Five Branches Institute's website, www.fivebranches.edu.

The Santa Cruz Community

Five Branches Institute Santa Cruz campus is located in a beautiful setting, one block from the beach on the Monterey Bay, near the Santa Cruz Yacht Harbor. Santa Cruz is a congenial coastal town located one and a half hours south of San Francisco, nestled between the redwood forests of the Santa Cruz Mountains and the beaches of northern Monterey Bay. Santa Cruz is home to one of the fastest growing campuses of the University

of California, UCSC, and of Cabrillo College, a California community college. Local attractions include some of the best surf in the world, a plethora of bookstores, health food stores, workshops, farmer's markets, film festivals, music events, and a variety of other cultural and social resources. Whatever your age or interests, you are likely to find your favorite pastimes in Santa Cruz.

The San Jose Community

The San Jose campus is located at 3031 Tisch Way, within easy walking distance of the cafes, restaurants and shops of bustling Santana Row and the Valley Fair Mall. San Jose offers a wide variety of exciting cultural, recreational, educational, and entertainment opportunities. Among these attractions are museums, art galleries, and recreational parks (including the Egyptian Museum and Planetarium, Winchester Mystery House, and Raging Waters Theme Park). San Jose is now considered to be the capital of Silicon Valley. Additionally, San Jose's proximity to San Francisco, Napa wine country, and Marin state parks provides a variety of opportunities for sightseeing, wine-tasting, maritime adventures, and visits to beaches, restaurants, museums, and theatres. The San Jose International Airport is a ten-minute drive from the Five Branches San Jose campus.



Admissions

Five Branches Institute seeks highly motivated applicants who wish to enhance their professional development, careers, and practice in Asian bodywork and *Qigong*.

Admission Requirements

The Five Branches ABQ seminars and classes are open to anyone with at least a high school diploma or GED who is interested in learning about healing through Asian bodywork and *Qigong*, regardless of previous experience.

Admissions Procedure

Certificate program applicants are reviewed and accepted or rejected on an ongoing basis, with preference given to early applications. Applications must be received at least a month before the program starting date to allow processing time. Applications received on or before the first due date will be reviewed first and given priority. Entering classes are formed twice a year.

Recommended application due dates are:

Fall entrance:

1st due date: July 1st

2nd due date: August 18th

Spring/Summer entrance:

1st due date: January 15th

2nd due date: February 1st

Admissions Categories

Seminar Series

Seminar series participants are admitted and register for one seminar or course at a time and are only required to complete the Application Form and submit it with the tuition per each course. The additional materials requested in the checklist below are not required.

ABQ Program Certification

ABQ Program students who seek Level I–Level III certificates of completion are admitted to that level designated on their application, and are requested to sub-

mit application materials in the following checklist. Tuition may be paid at the time of enrollment, and must be paid at the beginning of the program, according to arrangements described in the Enrollment Agreement.

Admissions Application Checklist for the Level I – III Certificate Program

- Completed Application Form
- A typewritten one-page (or less) Statement of Purpose. Your Statement of Purpose should include how you became interested in Asian bodywork and *Qigong*, what you wish to receive from your studies of ABQ at Five Branches, and your plans after graduation, including certification

■ \$25 non-refundable application fee

■ One recent photograph

■ Resume

You will also need:

■ One letter of reference sent directly to the Institute's Admissions Office

■ A copy of your high school diploma or GED certificate. Transcripts sent from the college(s)/university(ies) you have attended are only necessary if you wish to be granted transfer credit for equivalent courses already taken, in lieu of coursework in the ABQ Program curriculum.

■ One letter of reference sent directly to the Institute's Admissions Office

■ A copy of your high school diploma or GED certificate. Transcripts sent from the college(s)/university(ies) you have attended are only necessary if you wish to be granted transfer credit for equivalent courses already taken, in lieu of coursework in the ABQ Program curriculum.

International Students

International students include foreign applicants and applicants who studied the prerequisites outside the United States. International students must meet the same admissions requirements and educational criteria as domestic students. In addition to the above application checklist, international students must submit the following documents:

■ Proof of English language proficiency by gaining a minimal TOEFL score of 473 in the written test and 150 on the computerized test (Five Branches TOEFL code is 4459)

■ High school or higher education diploma evalua-

tion by AACRAO, the American Association of Collegiate Registrars and Admissions Officers. More information is available on the AACRAO web site at www.aacrao.org/international/foreignEdCred.cfm. Their address is AACRAO International Educational Services, 1 Dupont Circle, NW, Suite 520, Washington, DC 20036-1135. Phone: (202) 296-3359. Fax: (202) 822-3940. Contact person: Julia Funaki, Associate Director. Phone: (202) 293-9161 ext. 6601, email: funakij@aacrao.org

- A bank statement verifying having at least \$18,000 of funds to cover tuition and living expenses. All currency must be shown in US dollars equivalence.

Foreign students currently studying in the United States on an F-1 or M-1 visa must also submit the following documents:

- Photocopies of their I-94, US visa on passport, and first page of passport.

Non-matriculating Students

The admissions procedure and entrance requirements for non-matriculating applicants are the same as for certificate-seeking applicants, except for students of the Seminar Series who register for one course at a time (please refer to Admissions Categories description above). Non-matriculating, non-certificate seeking students may request a change of status to become certificate-seeking students at a later date. However, Seminar Series registrants must follow the admissions procedure for certification in order to become certificate-seeking students.

Part-time Students

Students who cannot commit to the full-time ABQ Program of one year and plan to complete the program in more than one year are considered part-time students. Part-time students must complete the program within two years and meet with the program advisor to plan their program of study.

Transfer Credit

Limited transfer credit may be awarded for coursework from an accredited institution that supports the ABQ Program's objectives and meets the standards for completion of the ABQ Program. No more than one-third of the credits for the ABQ Program may be transferred. Transfer credit is subject to 15% of the current ABQ Program tuition charge per transferred course.

New Student Orientation

New student orientation is held at the beginning of the program to introduce students to the campus, faculty, staff, classmates, the ABQ Program, and the mission of Five Branches Institute. Upcoming orientation schedules are listed on the Five Branches website at www.fivebranches.edu.

Questions

Please call the ABQ Admissions Director Brenda Anjali Bury at (831) 476-9424 ext 48 or email her at massage@fivebranches.edu if you have any questions or would like to schedule a campus tour.

CONTACT US!

How to contact Five Branches Institute:

- Email: massage@fivebranches.edu

- Website: www.fivebranches.edu

SANTA CRUZ CAMPUS

- Phone: **831-476-9424**

- Toll Free: **877-838-6789**

- Fax: **831-476-8928**

- Mail: **Five Branches Institute**

200 7th Avenue

Santa Cruz, CA 95062

SAN JOSE CAMPUS

- Phone: **408-260-0208**

- Fax: **408-261-3166**

- Mail: **Five Branches Institute**

3031 Tisch Way, Suite 605

San Jose, CA 95128



FIVE BRANCHES INSTITUTE

College of Traditional Chinese Medicine

Santa Cruz Campus

200 Seventh Avenue
Santa Cruz, California 95062 USA
(831) 476-9424 ■ Fax: (831) 476-8928

San Jose Campus

3031 Tisch Way, Suite 605
San Jose, California 95128 USA
(408) 260-0208 ■ Fax: (408) 261-3166

www.fivebranches.edu ■ message@fivebranches.edu

I am applying for:

- A Seminar
- 200 hour certification
- 500 hour certification
- 650 hour certification

Application for Admission Asian Bodywork & Qigong Program

Personal Data

*Please include
one recent photo
of yourself
(passport style)*

Legal Name (Last, First, Middle Initial) _____

Present Address—Street _____

City _____ State _____ Zip _____

Permanent Address—Street _____

City _____ State _____ Zip _____

Home Phone _____ Work Phone _____ Cell Phone _____

Email _____ Social Security # _____ Date of Birth (MM/DD/YY) _____

Education Attach additional pages as necessary

High School _____ Diploma GED

Address _____ Dates attended _____

College/University _____ Degrees _____

Address _____ Dates attended _____

In Case of Emergency, Notify

Name _____ Relationship _____

Address—Street _____ Phone _____

City _____ State _____ Zip _____

Application Checklist

See catalog for admissions procedure. With this application, please send:

- A typewritten one-page (or less) Statement of Purpose. Your Statement of Purpose should include how you became interested in Asian bodywork and *Qigong*, what you wish to receive from your studies of ABQ, and your plans after graduation, including certification.
- \$25 non-refundable application fee
- Resume

You will also need:

- One letter of reference sent directly to the Admissions Office
- A copy of your high school diploma or GED certificate. Transcripts sent from the college(s)/university(ies) you have attended are only necessary if you wish to be granted transfer credit for equivalent courses already taken, in lieu of coursework in the ABQ curriculum.

I hereby certify that all of the information provided in my application is accurate and true. and that I am the author of the attached Statement of Purpose.

Applicant's Signature _____ Date _____



Admissions

Quarterly Admissions

Applications are reviewed throughout the year. New entering students are accepted on a quarterly basis, in March, June, September, and December. Completed applications must be received 2 weeks before the starting date to allow time for processing.

2010 Entrance Dates and Application Due Dates:

March Entrance

Start Date: March 19

Application Due Date: February 5

June Entrance

Start Date: June 18

Application Due Date: June 4

September Entrance

Start Date: September 17

Application Due Date: September 3

December Entrance

Start Date: December 10

Application Due Date: November 26

Financial Information

p.39

Tuition and Fees

| | |
|--|---------------------------------|
| DAOM Program Tuition | \$20,000 |
| Introductory Western Medicine Module Tuition | \$680 |
| Application Fee | \$65 |
| China Externship | Transportation, Room, and Meals |
| Service Fee | \$350 |
| Tuition | \$250/week |
| Miscellaneous Fees | |
| Malpractice Insurance (optional) | \$180/year |
| Books | approximately \$1000 |

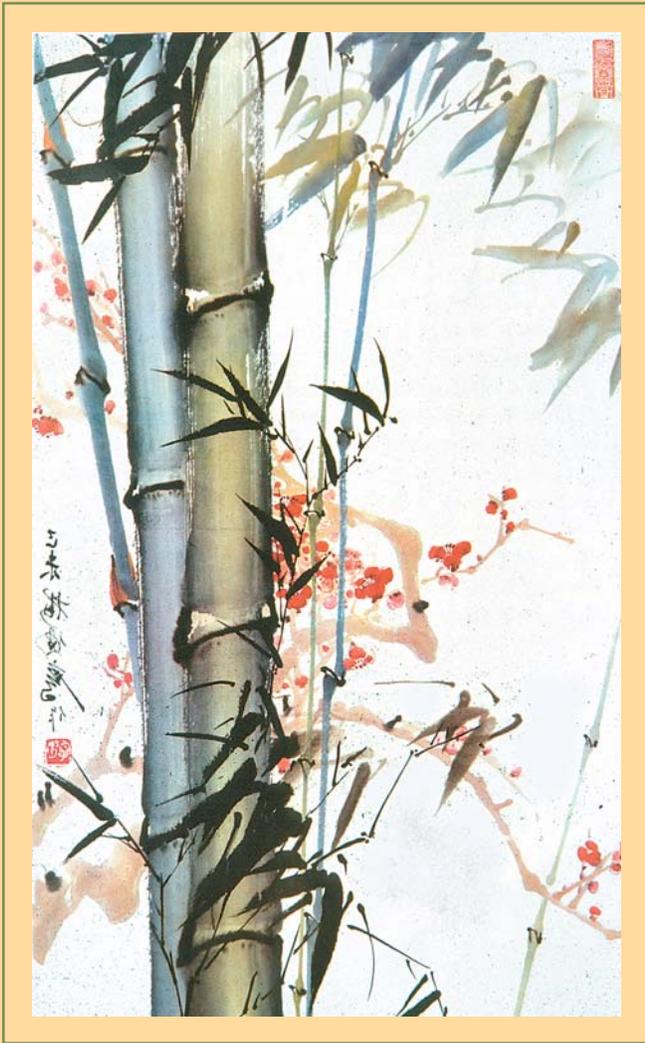
| Payment Plans | Amount Due |
|---------------|------------|
| Per Year | \$10,000 |
| Per Quarter | \$2,560 |
| Per Month | \$880 |

灸药
中食
推拿
气功



Doctor o

Acupuncture Oriental Med



中醫之寶
學無止境

Traditional Chinese
Medicine Treasure

Endless Learning
Without Boundaries

INTRODUCTORY
CATALOG 2006



**FIVE
BRANCHES
INSTITUTE**

College of Traditional Chinese Medicine

www.fivebranches.edu

APPROVAL AND ACCREDITATION

In April 2005, Five Branches Institute received approval from the Accreditation Commission for Acupuncture & Oriental Medicine (ACAOM) to offer a doctoral degree program pursuant to the Commission's substantive change application process. This approval implies that the doctoral program is to be reviewed for candidacy by the ACAOM pursuant to the Commission's procedures.

The California Bureau for Private Postsecondary and Vocational Education (BPPVE) has approved Five Branches Institute to offer the degree of Doctor of Acupuncture and Oriental Medicine (DAOM).



.....
College & Clinic of Traditional Chinese Medicine

3031 Tisch Way, Suite 605, San Jose, California 95128
(408) 260-0208 • www.fivebranches.edu

Highlights of Five Branches Institute's Doctor of Acupuncture and Oriental Medicine Program

■ *In-depth Training with Leading Master Clinicians*

Renowned senior TCM practitioners and biomedicine experts from China and the US are brought together by Five Branches Institute to increase the level of expertise of the American practitioner. They will share their invaluable experience and knowledge of TCM and Western medicine with students through didactic and clinical sessions.

■ *A Broad Core Program*

The core program covers a wide spectrum of body systems and addresses the most relevant health concerns of modern-day medicine, with emphasis on common, yet complex, conditions.

■ *Application of TCM Classics*

The TCM Classics are taught and discussed in specific courses and within the core clinical courses to highlight their applications in clinical medicine.

■ *Specialization Training*

- Women's Health and Endocrinology
- Neuromuscular Medicine and Pain Management
- Medical *Qigong* in Cancer Treatment
- Psychotherapy and Psychiatry

■ *Clinical Experiences with TCM and Western Masters*

- Internships at Santa Cruz and San Jose campus clinics
- Externships at area community clinics and hospitals
- Externships at major hospitals in China (affiliated with Zhejiang Chinese Medical University in Hangzhou)

■ *Exposure to Research*

During the program students critically review current TCM research. Students will be introduced to the essentials of evidence-based medicine—the new trend in TCM research—to give sharper focus to their TCM knowledge and scientific thinking.

■ *Option of Earning a Ph.D. in China*

Upon completion of the program, students will be awarded a Doctor of Acupuncture and Oriental Medicine (DAOM) degree. Furthermore, students may earn a Ph.D. degree awarded by our sister college, Zhejiang Chinese Medical University, with an additional year of study in China.

■ *A Modern Integrative Medical Curriculum*

The program provides students with Western medical training that will strengthen their TCM practice, give them enhanced knowledge of red flags, and open doors to working with MDs. The integrative program puts emphasis on bridging the gap between TCM and biomedicine approaches to enhance cross-referrals and inter-disciplinary medicine.

■ *Flexible Modular Structure*

Courses in the program are offered once a month during four-day long weekends to allow students to earn a doctorate in 25 months while maintaining a private practice. Clinical training, at both the college's clinics, externship clinics and in China, is flexible and will be arranged separately from the weekend intensives according to the needs and schedules of students. Modules may be used to meet California and National CEU requirements.

■ *Rolling Admissions Review*

Applications are accepted and reviewed on an ongoing basis. Entering classes are formed once a year, possibly twice, with enough enrollment.

■ *Five Branches San Jose Location*

The program will be offered at the new San Jose Campus, located in the heart of the Silicon Valley. Easily accessible by highway or air, the San Jose campus is just minutes away from major highways and the San Jose Airport. San Jose is a multicultural environment that offers a fertile ground for promoting and exploring TCM and inter-disciplinary medicine.



Table of Contents

| | |
|--|--------------|
| APPROVAL AND ACCREDITATION | Inside Cover |
| HIGHLIGHTS OF FIVE BRANCHES DAOM PROGRAM | 1 |
| MISSION | 4 |
| PURPOSE | 4 |
| OBJECTIVES | 4 |
| PROGRAM OF STUDY | 5 |
| EARNING A PhD IN CHINA | 9 |
| ACADEMIC CALENDAR | 10 |
| COURSE DESCRIPTIONS | 12 |
| FACULTY | 23 |
| ADMISSIONS..... | 36 |
| FINANCIAL INFORMATION..... | 39 |
| STUDENT SERVICES..... | 40 |
| ACADEMIC POLICIES | 41 |
| CONTACT INFORMATION | 43 |
| DAOM ADMINISTRATION AND STAFF | 44 |
| DAOM APPLICATION FORM | 47 |

Doctor of Acupuncture & Oriental Medicine Degree Program

MISSION

The mission of the Five Branches Institute College of Traditional Chinese Medicine (Five Branches Institute) is to provide a professional medical education in the art, science and practice of Traditional Chinese Medicine in order to produce high-level Traditional Chinese Medicine (TCM) clinical practitioners and researchers, cultivate local and global community, and promote collaborative relationships among TCM practitioners, patients, and other health care practitioners. Five Branches Institute is dedicated to:

- Providing the highest level of education in TCM
- Providing a community of learning, and TCM healthcare, and continuing education for the professional and general public
- Making the views and methods of TCM a part of world medicine.

PURPOSE

The purpose of the Doctor of Acupuncture and Oriental Medicine (DAOM) Program is to develop highly-skilled TCM clinical practitioners, educators, and researchers, to advance the practice of TCM as an independent and self-sufficient medical modality, and to promote integrated or collaborative clinical practice, education and research.

OBJECTIVES

The Five Branches Institute DAOM program purpose is accomplished through the program educational objectives. The educational objectives of the Five Branches Institute DAOM program will train graduates to:

- Apply advanced TCM knowledge to prevent, diagnose and treat disease
- Apply an understanding of the philosophy and theory of classical Chinese medical texts to support the well-being of patients and contribute to the maturation of theories into modern form through original thought
- Apply specialization training to raise the level of patient care, teaching and research
- Apply scientific research methods and scholarly thinking to advance development of the field of TCM
- Apply biomedical scholarship relevant to TCM practice to integrate and collaborate with TCM practitioners, other health-care practitioners and patients.
- Apply clinical supervision and teaching skills to Master's degree level TCM education
- Apply clinical management skills to provide leadership in coordinating patient care
- Apply the principles of critical thinking and clinical reasoning as life-long learners to sustain on-going dialog within the TCM and broader health-care community beyond the DAOM program.

Program of Study

The DAOM program at Five Branches Institute is designed for acupuncturists who are interested in developing advanced TCM knowledge and skills, a medical specialization, as well as advancing their skills in research and teaching. It offers students a unique opportunity to study with experienced senior faculty, gain clinical training in integrated medical settings in the Bay Area and in China and master skills for life long learning.

This innovative program emphasizes work in collaborative clinical settings by providing rigorous training in advanced concepts of TCM and biomedical theory. By integrating Western medicine and TCM knowledge, the program aims to produce more competent practitioners skilled in “Diagnosis by Disease Identification”, in addition to the “Pattern Differentiation” practiced in TCM. The 3-part emphasis of the program’s courses includes: TCM Pattern Differentiation, Modern Medicine Disease Category Differentiation, and TCM Treatment. Through this integration, the program promotes a dynamic relationship between TCM and Western medicine.

CURRICULUM DESIGN

The Five Branches Institute DAOM program is 1280 hours in length, composed of 576 didactic hours and 704 clinical hours. Courses are offered in a monthly modular format, in which students can finish the program after completing all the required modules.

Students who earned a Master’s degree or Master’s level equivalent with less biomedicine content than that required by the California Board of Acupuncture now will be required to take the 48-hour Introductory Western Medicine Module to fulfill any missing prerequisites. This module must be completed within the first 3 months of the program.

The rest of the program is composed of 25 modules. The Core Courses in modules 1-22 may be completed in 17 weekends over a 17-month period. The Specialization Courses in module 23 are covered in 6 weekends over a 6-month period. Module 24 is a 1-month Flexible Clinical Training Module wherein students can choose to go to China for externship opportunities at leading hospitals affiliated with the Zhejiang Chinese Medical University. Module 25 is an oral defense of the Capstone Project right before graduation. The above-mentioned modules may be completed over a 26-month period, including a 1-month break before the Flexible Clinical Training.

The chart on the next page is an overview of the Program’s courses and the hours dedicated to each module, including didactic and clinical hours.



PROGRAM OUTLINE

| MODULE | COURSE | HOURS DIDACTIC/CLINIC |
|---|---|--------------------------|
| | DFM 800 Introductory Western Medicine Module | 48/0 |
| FOUNDATION MODULES | | |
| 1 | DFM 810 Case Management and Presentation | 16/0 |
| 2 | DFM 820 Pedagogy | 8/0 |
| 3 | DFM 830 Scientific Foundation of Acupuncture | 24/0 |
| 4 | DFM 840 Co-management of Herbs, Formulas, and Pharmaceuticals | 8/0 |
| 5 | DFM 850 TCM Classics and Contemporary Applications | 16/8 |
| 6 | DRE 800 Research Methodology | 16/0 |
| CORE CLINICAL MEDICINE MODULES | | |
| 7 | DCM 800 Orthopedic Medicine and Pain Management | 32/12 |
| 8 | DCM 810 Neurology | 24/8 |
| 9 | DCM 811 Cardiovascular Diseases | 24/8 |
| 10 | DCM 820 Gynecology and Obstetrics | 24/8 |
| 11 | DCM 830 Pediatrics | 12/4 |
| 12 | DCM 812 Allergy and Immunology | 12/4 |
| 13 | DCM 801 Dermatology and External Diseases | 12/4 |
| 14 | DCM 802 EENT | 12/4 |
| 15 | DCM 813 Pulmonary Diseases | 12/4 |
| 16 | DCM 814 Urology and Nephrology | 12/4 |
| 17 | DCM 815 Endocrinology and Diabetes | 24/8 |
| 18 | DCM 803 Oncology | 24/8 |
| 19 | DCM 840 Psychology and Counseling | 24/8 |
| 20 | DCM 816 Gastroenterology | 24/8 |
| 21 | DCM 817 Infectious Diseases and TCM Emergency | 24/8 |
| 22 | DCM 850 Traditional Chinese Medical Qigong | 24/8 |
| | DCC 900 Core Clinical Training | 0/116 |
| SPECIALIZATION MODULES | | |
| 23 | DSP 900 Psychotherapy and Psychiatry Specialization | 144/312 |
| | DSP 910 Women's Health and Endocrinology Specialization | 144/312 |
| | DSP 920 Neuromuscular Medicine and Pain Management Specialization | 144/312 |
| | DSP 930 Medical Qigong in Cancer Treatment Specialization | 144/312 |
| FLEXIBLE CLINICAL TRAINING AND CAPSTONE PROJECT | | |
| 24 | DES 800 Flexible Clinical Training (China/USA) | 0/160 |
| 25 | DRE 900 Capstone Project/Oral Defense | 24/0 |
| Total Hrs | | 576/704=1280 |

FOUNDATION COURSES

Modules 1-6 make up the Foundation Modules that equip students with basic information for the Core Clinical Medicine modules and Specialization modules.

CORE CLINICAL MEDICINE COURSES

Modules 7-22 cover a wide spectrum of the most relevant conditions seen in a modern day clinic, covering the 16 major medical fields in family medicine. Same as the Foundation Modules, these courses are presented once a month for a 4-day long weekend, during which 3 days are dedicated to classroom lecture and 1 day to clinical training, when appropriate. Classroom lectures are designed to be clinic-oriented with close relation to actual cases.

SPECIALIZATION COURSES

Module 23 is a list of Specialization Courses. After completion of the Core modules, students choose one specialization in which to perform in-depth study through advanced lectures in TCM and Western medicine. Specialization courses meet for a 4-day long weekend every month for 3 days of classroom lecture and 1 day of clinical training.

Five Branches Institute offers 4 specialization options. During application and registration, students will be invited to sign-up for their chosen specialty. Two specialties will be offered at the end of the second year according to majority vote and faculty availability; the other two specialties will be offered in the following year. If there is sufficient registration, the college may offer 3-4 specialties at the same time.

Upon entering the specialization module, students will be assigned an advisor to mentor the student during completion of the Capstone Project. Students are expected to be in constant contact with their specialization advisor when choosing a project topic, formulating a proposal, performing the research, and writing the project report.

CLINICAL TRAINING

The program has a total of 704 hours of clinical training:

- 232 hours in Core Modules
- 312 hours in Specialization Modules
- Remaining hours in flexible clinical training.

The clinical training of the program is designed to accommodate the busy schedules of students.

Students have 3 flexible options to choose from:

- Apprenticeship under the supervision of the teaching faculty
- Apprenticeship under a preceptor approved by the dean
- Independent study in student's own private practice

Clinical training performed with the teaching faculty can either be done in the Five Branches campus clinics or in students' own private practices, where students arrange to accommodate the teaching faculty.

If a student wants to learn from a practitioner of his/her preference, the dean must approve the preceptor. During a preceptorship students train in a clinic of their choice with senior practitioners, who submit a written summary of the students' performance at the end of the preceptorship.

If the student prefers to perform clinical training in their own practice, they must submit written case summaries on their performance for review by the Doctoral Academic Committee (DAC).

Each Core Clinical Medicine Module includes clinical training; in addition, students will complete 116 hours of clinical training in at least 6 of the Core Clinical Medicine fields. Students can choose from the same 3 flexible options.

For the 312 hours of Specialization Clinical Training, students can also choose from the 3 other options, but at least 150 hours must be carried out under the supervision of the teaching faculty, while a maximum of 100 hours can be performed in the students' own clinics. Students are encouraged to pursue a perceptorship to broaden their experience through work with an individual practitioner or a medical institution.

Module 24 provides additional, flexible clinical training in the student's specialty or any clinical medicine area of interest. In addition to the 3 clinical training options, students can enroll in a 4-week-long China externship where they can observe and practice in leading hospitals in China. If students choose to go to China, it will be during the 25th month of their program.

CAPSTONE PROJECT

The 25th module is the Capstone Project Presentation and Oral Defense. Each doctoral student is required to complete an extensive research project report in the final phase of the Program before graduation to demonstrate mastery and synthesis of the knowledge and skills they have acquired in presentation, clinical evaluation and practice, as well as research capability. The Capstone Research Project will be from the student's chosen field of specialization and carried out by using quantitative and/or qualitative analyses as well as inductive and/or deductive research methods.

Before the 3rd month of the specialization module, students submit a written proposal outlining their Capstone Project research plan to the Doctoral Academic Committee for review. Students proceed with the Capstone Project only after a submitted proposal is approved.

In the 26th month, the Capstone Project is presented to a panel of faculty, outside specialists and their class. During this Presentation and Oral Defense, students answer questions raised by the panel to demonstrate mastery of their subject at a Doctoral level.

Earning a Ph.D. in China

The Five Branches Institute DAOM Program is unique in being part of a joint program with our sister college, Zhejiang Chinese Medical University (ZJCMU). Students of the Five Branches Institute DAOM program will have an option of earning a Ph.D. degree in China. Studies completed at the Five Branches Institute DAOM Program are transferable to the ZJCMU Ph.D. Program, allowing students to earn a Ph.D. from a top China TCM University with only 1 additional year of studies in China. This Ph.D. degree is recognized by the Chinese government and US credentials review agencies as equivalent to a Ph.D. degree in the US. Having the DAOM degree, especially the Ph.D., will facilitate graduates in obtaining grants and teaching positions in American universities.

Application Procedure

Students must indicate their interest in enrollment in the China Ph.D year at the beginning of the DAOM program. Students will be able to withdraw their application at any time. The applicant must submit a photocopy of the picture page of his/her passport and a completed Application Form to the Ph.D. program of Zhejiang Chinese Medical University. A non-refundable application fee of US\$20 is collected by Five Branches Institute on behalf of Zhejiang Chinese Medical University.

Specialization Opportunities

During the year of study at the ZJCMU, students can choose from 2 major specializations: TCM Internal Medicine and TCM Clinical Foundations.

Period of Study

Ph.D. applicants to the Zhejiang Chinese Medical University should make a campus visit before the end of the 2nd year (4th semester) at Five Branches Institute to choose a research direction, a Ph.D. supervisor, and a dissertation topic.

In the 3rd year, PhD applicants should visit Zhejiang Chinese Medical University at least twice: in the beginning of the year for the Proposal, and at the end of the year for the Dissertation Oral Defense. Each stay should not be shorter than 1 month.

Tuition

The 3rd year tuition is approximately \$10,000, paid to Zhejiang Chinese Medical University. This covers the research expenses, Ph.D. advisor fees, and clinical training tuition.

Academic Calendar 2006-2008

YEAR 1

CORE FOUNDATION

- September 8-11, 2006 - Month 1
 - Orientation
 - Case Management and Presentation
 - Pedagogy
- October 13-15, 2006 - Month 2
 - Scientific Foundation of Acupuncture
- November 3-6, 2006 - Month 3
 - Co-management of Herbs, Formulas, and Pharmaceuticals
 - TCM Classics and Contemporary Applications
- December 1-2, 2006 - Month 4
 - Research Methodology

CORE CLINICAL MEDICINE

- December 3-4, 2006 - Month 4 (cont)
 - Orthopedic Medicine and Pain Management
- January 5-8, 2007 - Month 5
 - Orthopedic Medicine and Pain Management
- February 2-5, 2007 - Month 6
 - Neurology
- March 2-5, 2007 - Month 7
 - Cardiovascular Diseases
- March 30 - April 2, 2007 - Month 8
 - Gynecology and Obstetrics
- May 4-7, 2007 - Month 9
 - Pediatrics
 - Allergy and Immunology
- June 1-4, 2007 - Month 10
 - Dermatology and External Diseases
 - EENT
- July 6-9, 2007 - Month 11
 - Pulmonary Diseases
 - Urology and Nephrology
- August 3-6, 2007 - Month 12
 - Endocrinology and Diabetes

YEAR 2

CORE CLINICAL MEDICINE (Continued)

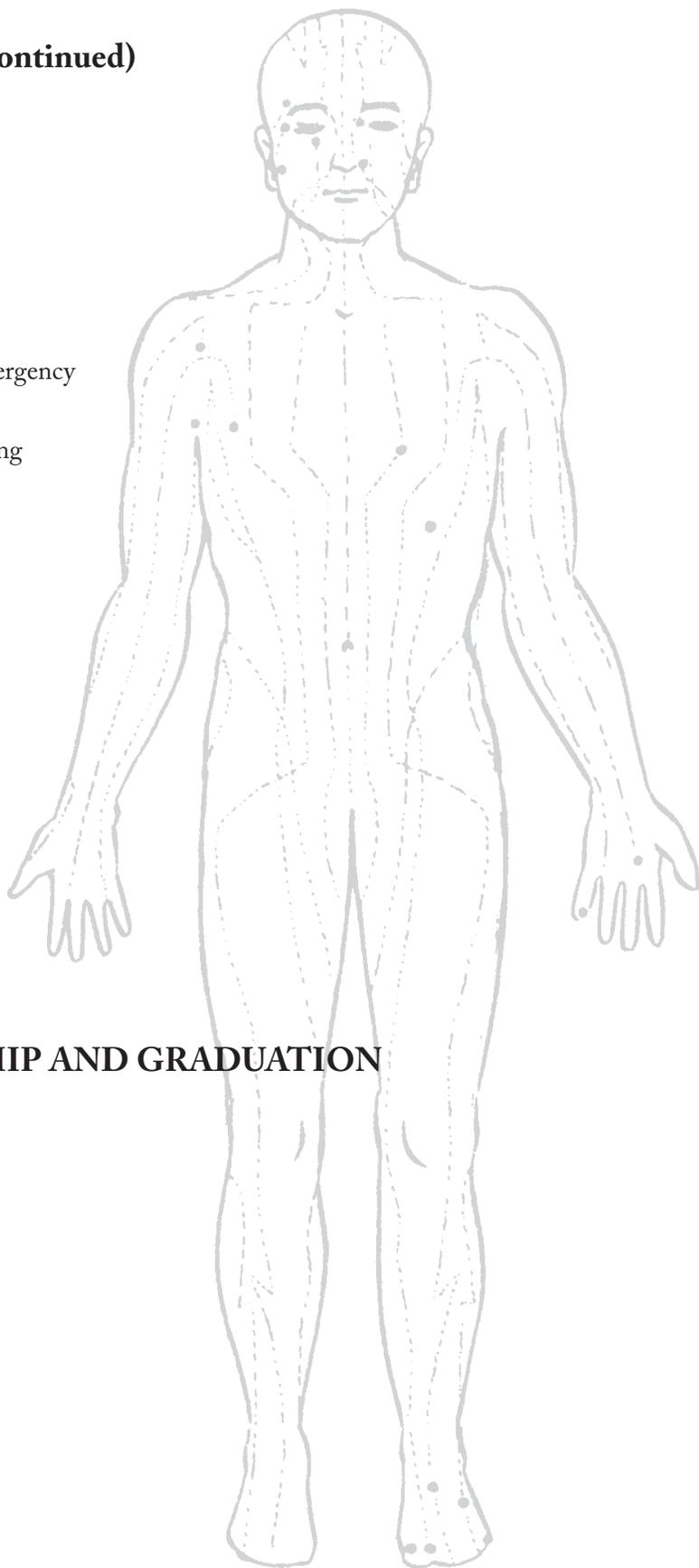
- September 7-10, 2007 - Month 13
Oncology
- October 12-15, 2007 - Month 14
Psychology and Counseling
- November 2-5, 2007 - Month 15
Gastroenterology
- December 7-10, 2007 - Month 16
Infectious Diseases and TCM Emergency
- January 4-7, 2008 - Month 17
Traditional Chinese Medical Qigong

SPECIALIZATION

- February 1-4, 2008 - Month 18
Specialization Module
- March 7-10, 2008 - Month 19
Specialization Module
- April 4-7, 2008 - Month 20
Specialization Module
- May 2-5, 2008 - Month 21
Specialization Module
- June 6-9, 2008 - Month 22
Specialization Module
- July 11-14, 2008 - Month 23
Specialization Module

CAPSTONE, CHINA EXTERNSHIP AND GRADUATION

- August 2008 - Month 24
Break – No Scheduled Classes
- September 1-26, 2008 - Month 25
China Externship
- October 24-26, 2008 - Month 26
Capstone Project/Oral Defense



Course Descriptions

INTRODUCTORY WESTERN MEDICINE MODULE

DFM 800 Introductory Western Medicine Module

3 units/48 hours (Didactic)

This intense 48-hour module supplements Western medical knowledge necessary to complete future modules and participate in Integrative and Western medicine clinical settings. It will address major areas of disease pattern diagnosis in a problem-oriented format and will consist of lecture, guided readings, written projects, and examinations. A review of laboratory and imaging studies will also be included to give students an introduction to modern medical diagnostic tools.

FOUNDATION MODULES

This series of modules prepares doctoral students for an advanced course of study in upcoming core modules, and for completion of a research project in the final phase of the program. The foundation modules enable students to understand and apply the techniques and theories of case management, teaching, modern acupuncture research, and research methodology to expand their clinical reasoning and research abilities.

DFM 810 Case Management and Presentation

1 unit/16 hours (Didactic)

This course helps students open new horizons in the communication between Western medicine and TCM practitioners. It teaches the steps required for proper management of patients' cases. Students will learn how to review medical literature on a particular condition or disease and gather information for presentation and discussion.

At the end of this course, students will be able to make a presentation of medical cases in terms acceptable to the scientific community. Furthermore, through the extensive review of medical literature on a certain condition, students will become well educated on the topics they present.

Pre-requisites: None

DFM 820 Pedagogy

0.5 unit/8 hours (Didactic)

This course covers basic modern techniques of teaching in both classroom and clinical settings to enable doctoral students to transmit their knowledge and experience.

Upon completion of the course, students will gain skills which will help them become classroom teachers of TCM as well as clinical training supervisors.

Pre-requisites: None

DFM 830 Scientific Foundation of Acupuncture

1.5 units/24 hours (Didactic)

This course introduces the most recent anatomical and physiological research findings on acupuncture. It lays the neurological foundations of acupuncture and discusses the different hypotheses and theories on meridians and points to give an insight into how the insertion and stimulation of the acupuncture needles affect the human body.

Pre-requisites: None

DFM 840 Co-management of Herbs, Formulas, and Pharmaceuticals

0.5 units/8 hours (Didactic)

The potential interactions between Chinese herbs/formulas and pharmaceutical drugs have increasingly been a topic of concern to many people today as a result of cooperation between Chinese and Western medical modalities. This course addresses the different aspects of herb/formula/drug interactions, ranging from complementary to toxic.

Upon completion of this module, students will be able to understand the pharmacological nature of medicinal herbs/formulas and demonstrate awareness in potential interactions between medicinal herbs and pharmaceutical drugs.

Pre-requisites: None

DFM 850 TCM Classics and Contemporary Applications

1 unit/16 hours (Didactic)

0.5 units/16 hours (Clinic)

The Four Classical Texts of Traditional Chinese Medicine have shaped the profession into what it is today. They present the original basis for the theory, diagnosis, pattern differentiation, and treatment formulation of TCM. This module is a survey of the four TCM classics, which are Huang Di Nei Jing, Shang Han Lun, Jin Gui Yao Lue, and Wen Bing Tiao Bian. Also in this module, the classics' herbal formulas are discussed with emphasis on their relevance to modern use, contemporary research, and clinical applications.

Upon completion of this course, students will have a deeper understanding of the history, development, and theories of TCM. Students will also be skilled in applying classical formulas into their practices and modify these according to patients' conditions.

Pre-requisites: None

DRE 800 Research Methodology

1 unit/16 hours (Didactic)

This course is an introduction to evidence-based medicine for clinical research and will provide the knowledge required for the presentation of the Capstone Project. The course introduces protocol design, hypothesis development, and gathering of evidence, including decision analysis. Topics include design of clinical trials, human subjects' issues, and adverse effects. This course will also present different acupuncture models used for research and examine how contemporary research on meridian and acupuncture points is conducted.

Upon completion of this module, the student will be able to design, direct and implement clinical research projects in TCM and will be prepared to undertake their Capstone Project research.

Pre-requisites: None

CORE CLINICAL MEDICINE MODULES

The Core Clinical Medicine modules present an in-depth discussion of clinical medical fields as well as Medical Qigong to deepen the student's theoretical understanding and therapeutic skills in TCM Clinical Medicine. Both the clinical application of Classical TCM texts and the modern Integrative Medicine approach are discussed. Current research in both Chinese and Western clinical medicine is critically reviewed. Classroom lectures are given in parallel with clinical training. Externship opportunities in community health clinics and Western medicine settings may be arranged.

DCM 800 Orthopedic Medicine and Pain Management

2 units/32 hours (Didactic)

0.75 units/24 hours (Clinic)

This module gives an advanced presentation of the etiology, differential diagnosis, and treatment of various diseases of the musculo-skeletal system and orthopedic disorders. Pain management as it relates to orthopedic conditions will be emphasized as well. The module covers the TCM theories related to musculo-skeletal conditions as well as international scientific differential diagnosis. The class instructors will also share their personal clinical experience in treating physical injuries, orthopedic conditions and pain management.

After the completion of this module, students will have general skills to perform orthopedic examinations and to use imaging technology to aid diagnosis and determination of the most effective treatment protocols.

Pre-requisites: DFM 810 Case Management and Presentation, DFM 850 TCM Classics and Contemporary Applications

DCM 810 Neurology

1.5 units/24 hours (Didactic)

0.5 units/16 hours (Clinic)

This module introduces a method for integrating the patient interview and neurological examination with an analytical approach to neurological diagnosis and management. Cases are presented and discussed in terms of both TCM and Western medicine approaches. This course is designed to provide further understanding of the basic principles of neurological diagnosis, including the evaluation of neurological signs and symptoms and laboratory procedures for conditions such as insomnia, epilepsy, facial paralysis, wind stroke, headache (including trigeminal neuralgia), Alzheimer disease, Parkinson's disease, and Wei syndrome.

Upon completion of this course, the student will demonstrate a general knowledge of the evaluation of neurological disorders and will be able to determine the most effective treatment protocol with Acupuncture and herbal formulas.

Pre-requisites: DFM 810 Case Management and Presentation, DFM 850 TCM Classics and Contemporary Applications

DCM 811 Cardiovascular Diseases

1.5 units/24 hours (Didactic)

0.5 units/16 hours (Clinic)

This module gives a general overview and evaluates recent advances in cardiovascular medicine as well as differential diagnosis of TCM patterns. Participants will become familiar with the use of the various cardiovascular imaging modalities (echo, nuclear, catheterization, CT, MRI). Emphasis will be given to the pathophysiology of cardiac illness, physical diagnosis, electrocardiography (EKG reports) and patient management. Course Topics will cover valvular heart disease infective endocarditic, pulmonary hypertension, coronary artery disease: acute and chronic, the electrical system of the heart, myocardial, pericardial and vascular diseases congenital heart disease and heart failure.

By the end of the module, students will be able to recognize coronary red flags and risk factors, diagnose cardiovascular conditions according to disease and pattern differentiation, and treat them with acupuncture and herbs.

Pre-requisites: DFM 810 Case Management and Presentation, DFM 850 TCM Classics and Contemporary Applications

DCM 820 Gynecology and Obstetrics

1.5 units/24 hours (Didactic)

0.5 units/16 hours (Clinic)

This module provides in-depth knowledge and skills to diagnose gynecological diseases from TCM and Western medicine perspectives, identify disease patterns, devise treatment plans, and administer appropriate herbal and acupuncture treatments. The teaching faculty will share valuable clinical experiences with pre/post-menstrual conditions, dysmenorrheal conditions, infertility, and pre/post-partum care.

At the end of the module, students will show competency in reading and evaluating lab reports and gain improvement in their gynecology and obstetrics clinical performance.

Pre-requisites: DFM 810 Case Management and Presentation, DFM 850 TCM Classics and Contemporary Applications

DCM 830 Pediatrics

0.75 units/12 hours (Didactic)

0.25 units/8 hours (Clinic)

The course presents the interrelation between the child's environmental, social, and educational factors and his/her growth and development. It emphasizes the unique socio-behavioral aspects of interacting with the pediatric-family population.

Students will be exposed to management of common pediatric diseases such as immunity and allergic conditions, gastrointestinal tract disorders and respiratory diseases. Other conditions such as acute convulsion, enuresis, and malnutrition will also be discussed. Students will perform pediatric evaluations, obtain appropriate consultations, observe additional professional assessments (e.g., psychological testing), and formulate treatment strategies. The use of pediatric tuina and acupuncture needling techniques will be presented as well.

Upon completing the module, students will acquire understanding of the factors involved in the normal physical and mental evaluation of a child from birth to adolescence. Furthermore, the students will be able to recognize and understand common childhood diseases, their diagnosis, treatment, and prevention.

Pre-requisites: DFM 810 Case Management and Presentation, DFM 850 TCM Classics and Contemporary Applications

DCM 812 Allergy and Immunology

0.75 units/12 hours (Didactic)

0.25 units/8 hours (Clinic)

Proper function and malfunction of the immune system will be reviewed from both Western and Chinese medical points of view. Allergy and asthma, inflammatory bowel syndrome as well as the more complex autoimmune disorders such as Lupus and other rheumatic pathologies will be discussed. The preparation and application of a specially formulated herbal-mixture moxa for boosting the immune system and delaying the aging process will be presented as well.

By the end of this module, students are expected to gain an in-depth understanding of how biomedicine and Chinese medicine view the function and malfunction of the immune system. Students will also be able to apply treatments for the conditions taught in class and analyze similar conditions based on materials presented.

Pre-requisites: DFM 810 Case Management and Presentation, DFM 850 TCM Classics and Contemporary Applications

DCM 801 Dermatology and External Diseases

0.75 units/12 hours (Didactic)

0.25 units/8 hours (Clinic)

This module covers the etiology, pathogenesis, syndrome differentiation, treatment principles and treatment therapies of the most common dermatological disorders and sexually transmitted diseases expressed in the skin. Additionally, a discussion regarding the treatment of a number of TCM external conditions such as hemorrhoids, mastitis, and furuncle will be presented. Furthermore, facial rejuvenation with herbal cream formulas will be introduced as well anti-aging treatments using acupuncture and herbal medicine.

At the end of this module, students will be able to diagnose dermatological disorders based on their appearance and give corresponding treatments. They also will be able to diagnose and treat external diseases from TCM and Western medicine perspectives.

Pre-requisites: DFM 810 Case Management and Presentation, DFM 850 TCM Classics and Contemporary Applications

DCM 802 EENT

0.75 units/12 hours (Didactic)

0.25 units/8 hours (Clinic)

This module will familiarize the learner with the etiology, pattern differentiation, and treatment principles of common disorders of the eyes, ears, nose, and throat (EENT). An integrative approach to the common conditions such as myopia, hordeolum, tinnitus and deafness, otopyrhea, rhinitis, toothache, laryngitis and pharyngitis will be discussed in depth. Students will also learn to recognize red-flags that might suggest a more serious pathology that requires referral.

Upon completion of this module, students will gain an understanding of how to perform an EENT-related physical exam, assess and diagnose the conditions from both TCM and Western medicine perspectives, and treat these conditions with acupuncture and herbs.

Pre-requisites: DFM 810 Case Management and Presentation, DFM 850 TCM Classics and Contemporary Applications

DCM 813 Pulmonary Diseases

0.75 units/12 hours (Didactic)

0.25 units/8 hours (Clinic)

This module introduces diseases involving the human respiratory system through an integrative approach to their treatment. It will cover chronic obstructive pulmonary diseases (COPD), asthma, infections involving the lungs, pulmonary edema, pulmonary hypertension, pulmonary venous thrombosis, adult respiratory distress syndrome, and pleural disease.

At the end of the module, students will become familiar with the different pathologies of the respiratory system. They will be able to perform a physical examination, collect relevant clinical history data including review of chest radiology, spirometry, and other diagnostic tools. The students will be able to diagnose common pulmonary diseases using TCM and Western medicine perspectives, perform pattern differentiation, and apply both herbal and acupuncture treatments.

Pre-requisites: DFM 810 Case Management and Presentation, DFM 850 TCM Classics and Contemporary Applications

DCM 814 Urology and Nephrology

0.75 units/12 hours (Didactic)

0.25 units/8 hours (Clinic)

This course will present the diagnosis and management of the most common conditions and diseases in this field such as retention of urine, Lin syndrome, nephritis, edema, and impotence.

At the end of this module, students will be able to recognize red flag conditions appropriate for referrals, diagnose these diseases from Eastern/Western perspectives, and provide appropriate acupuncture and herbal treatments.

Pre-requisites: DFM 810 Case Management and Presentation, DFM 850 TCM Classics and Contemporary Applications

DCM 815 Endocrinology and Diabetes

1.5 units/24 hours (Didactic)

0.5 units/16 hours (Clinic)

The endocrinology module is designed to acquaint the student with the presentation, evaluation, and management of patients with a spectrum of endocrine and metabolic disorders. This module reviews the body's control mechanisms for hormonal production and how hormones act to maintain metabolic homeostasis. Faculty will present case studies illustrating abnormalities in the function of the endocrine system. The students will be introduced to the most commonly used diagnostic tests for pituitary, thyroid, ovarian and testicular dysfunctions. Due to the increasing epidemic of diabetes and obesity in western countries, a special focus will be given to these two topics.

Upon completing this module, students will have the knowledge to diagnose common endocrine diseases from a TCM and Western medicine perspective, identify their TCM patterns, formulate treatment plans and prescribe both herbal and acupuncture treatments.

Pre-requisites: DFM 810 Case Management and Presentation, DFM 850 TCM Classics and Contemporary Applications

DCM 803 Oncology

1.5 units/24 hours (Didactic)

0.5 units/16 hours (Clinic)

This module gives an overview of the epidemiologic and genetic aspects of tumor formation, diagnosis of cancer, and modern therapies for cancer with an emphasis on the context of specific common tumors (breast, prostate, colon and lung). Delivery of pain management, supportive treatment to counteract the adverse effects of radio/ chemotherapy to improve life quality, palliative care, as well as preventative treatment for cancer patients will be presented. Ethical and legal issues related to cancer care will be discussed. Case studies will highlight multi-disciplinary approaches to common cancer conditions.

Upon completing this module, students will gain a clear understanding of the role of Chinese Medicine in the integrative care of oncology patients. Students will be able to prescribe herbal and acupuncture treatments for cancer prevention and therapy support.

Pre-requisites: DFM 810 Case Management and Presentation, DFM 850 TCM Classics and Contemporary Applications

DCM 840 Psychology and Counseling

1.5 units/24 hours (Didactic)

0.5 units/16 hours (Clinic)

This module presents an overview of psychopathology and psychotherapy techniques. It examines the development of human behavior across the life span. Within a developmental context, students will explore the dynamics of human behavior as they are determined by intrapersonal systems, interpersonal connections, societal patterns, and cultural influences and as they are altered by significant life events. Through the course, topics such as applied psychotherapy techniques and depth psychotherapy techniques for manic-depressive syndrome will be discussed. Lectures and clinical training will be from both TCM and Western medicine perspectives to let students have a more comprehensive understanding of this fast growing field.

By the end of this module, students will be able to practice basic psychotherapy techniques in clinic, confidently handle patients with psychological complaints and select appropriate herbal and acupuncture treatments.

Pre-requisites: DFM 810 Case Management and Presentation, DFM 850 TCM Classics and Contemporary Applications

DCM 816 Gastroenterology

1.5 units/24 hours (Didactic)

0.5 units/16 hours (Clinic)

This module reviews diagnosis of pathologies the digestive tract, liver and pancreas. Topics will be presented through an integrative approach where differential diagnosis is performed based on both symptomatic and pathological viewpoints. The symptomatic viewpoint will include signs and symptoms such as vomiting, hiccup, diarrhea/ constipation, and gastric/ abdominal pain while the pathologic approach will be disease oriented (IBS, hernia, etc)

Upon completion of this module, students will be able to recognize red flags and make necessary referrals, perform disease diagnosis of gastro-intestinal conditions through Eastern/Western integrative approaches, identify their patterns, devise treatment plans, and administer appropriate herbal and acupuncture treatments.

Pre-requisites: DFM 810 Case Management and Presentation, DFM 850 TCM Classics and Contemporary Applications

DCM 817 Infectious Diseases and TCM Emergency

1.5 units/24 hours (Didactic)

0.5 units/16 hours (Clinic)

Extensive documented treatment protocols with TCM for infectious and emergency conditions date back thousands of years. In this module, students will be presented with common infectious diseases and emergency conditions such as collapse, high fever, convulsive diseases, bleeding syndrome, acute pain syndrome, coma, and contagious viral diseases including hepatitis, SARS, avian flu, and AIDS. These diseases will be presented from both TCM and Western medicine perspectives.

Upon completing this module, students will be able to diagnose common infectious diseases through Eastern/Western integrative approaches, perform TCM pattern differentiation, and give acupuncture and herbal treatment; they will also be able to recognize emergency conditions as soon as they are presented and give appropriate acupuncture and herbal treatment with confidence.

Pre-requisites: DFM 810 Case Management and Presentation, DFM 850 TCM Classics and Contemporary Applications

DCM 850 Traditional Chinese Medical Qigong

1.5 units/24 hours (Didactic)

0.5 units/16 hours (Clinic)

The mystery of the therapeutic effects of medical qigong is increasingly gaining popularity. This module is an introduction to Chinese Energetic Alchemy. It offers students an overview of the major principles and foundational structures that govern Traditional Chinese Medical Qigong. This course is designed to introduce students to the Study of the Daoist Three Outer Forces (Heaven, Earth, and Man). Course content will include: The Influences of Energy, Food and Diet on the Human Body, Prenatal and Postnatal Jing, Qi and Shen, The Body's Energetic Internal Structures, The Five Spiritual Aspects of the 5 Yin Organs, Advanced Shengong Cultivation Methods, The 6 Transportation's of Shen, The 8 Supernatural Powers, Soul Projection, Spirit Projection and Energy Projection.

By the end of this module, students will have a deeper comprehension of the body's physical, emotional, mental and energetic relationship to the universal and environmental energetic fields.

Pre-requisites: None

DCC 900 Core Clinical Training

3.6 units/116 hours (Clinic)

These are the clinical training hours that the students will complete in at least 6 of the 16 fields of core clinical medicine. These will be completed within the 3 flexible options (with teaching faculty, with preceptor, or independent study), with a maximum of 36 hours in independent study.

SPECIALIZATION MODULES

The DAOM Program offers specialization opportunities in four areas:

- Psychotherapy and Psychiatry
- Women's Health and Endocrinology
- Neuromuscular Medicine and Pain Management
- Medical Qigong in Cancer Treatment

These modules are designed to give students the opportunity to have advanced classroom and clinical training in a chosen field of expertise. Emphasis is given to clinical training—application of theory to practice. Students will have the opportunity to observe leading practitioners with decades of experience and then apply their knowledge to patients with the option of consulting with the faculty when dealing with complicated cases. The Five Branches Institute takes pride in its faculty expertise and clinical resources in these specialization areas. We invite the leading clinicians in TCM and Western medicine, to present their in-depth academic and clinical knowledge in their specialties. The extensive training offered in lecture and clinic is taught through an Eastern/Western integrative approach to empower students with the ability to practice TCM as an independent and self-sufficient medical modality.

Upon completion of a specialization module, students will be able to deal with diseases of a specialization field with the necessary professional knowledge, experience, and confidence.

DSP 900 Psychotherapy and Psychiatry Specialization

9 units/144 hours (Didactic)

9.75 units/312 hours (Clinic)

In this specialization module, the application of evidence-based knowledge and critical thinking skills in providing mental health care is discussed.

More advanced topics such as psychopathology and pharmacology, applied brief psychotherapy techniques, transpersonal and spiritual techniques, dream therapy and hypnosis, psychology of healing, East/West treatment of psychological diseases, and addiction will be presented. In addition, hours will be devoted to clinical training and demonstration of techniques taught in a classroom setting.

Upon completion of this module, students will be able to demonstrate the use of appropriate therapeutic techniques and consultation strategies when evaluating and treating patients with psychological complaints while also applying TCM modalities to treatment.

Pre-requisites: DFM 810 Case Management and Presentation, DFM 850 TCM Classics and Contemporary Applications, and DCM 840 Psychology and Counseling

DSP 910 Women's Health and Endocrinology Specialization

9 units/144 hours (Didactic)

9.75 units/312 hours (Clinic)

TCM has a unique approach to treating diseases related to women's health and endocrinology. Although both TCM and Western medicine understand the importance of homeostasis for proper bodily function and health maintenance, they have different ways of reaching that objective. TCM treatments, whether herbal or acupuncture are aimed at restoring the body's inherent balance, while Western medicine utilizes hormonal replacements therapies. This specialization discusses in-depth the more complicated issues in women's health and endocrinology from an integrative approach. Topics include infertility, pre/post-

menopausal syndromes, gynecological benign tumors, polycystic ovarian syndrome, diabetes, thyroid dysfunction, and men's health. Leading practitioners specializing in these fields will present their knowledge and experiences.

Upon completion of this module students are expected to gain deeper knowledge of the diagnosis and treatment of gynecological and endocrinal disorders, and gain more confidence when dealing with complex conditions in their clinical practice.

Pre-requisites: DFM 810 Case Management and Presentation, DFM 850 TCM Classics and Contemporary Applications, DCM 820 Gynecology and Obstetrics, and DCM 815 Endocrinology and Diabetes

DSP 920 Neuromuscular Medicine and Pain Management Specialization

9 units/144 hours (Didactic)

9.75 units/312 hours (Clinic)

In this module students are introduced to the concept of physical medicine and rehabilitation. Students will learn management of patients with orthopedic and neurological conditions from the diagnosis, handling, support, and treatment points of view. Emphasis is placed on pain management as it relates to post-traumatic orthopedic care, degenerative conditions, and entrapment neuropathies. Students will also be presented with the evaluation and treatment of neurodegenerative and post-stroke conditions.

Through clinical training students will gain experience in the delivery of comprehensive care to people with neurological and orthopedic disabilities. Their specialization training will be guided by leading practitioners in this field, from whom they will learn invaluable experience. This will bring their practice in neuromuscular medicine to a higher level.

Upon completing this module, students will be able to offer various kinds of treatment modalities aside from acupuncture to patients with these conditions.

Pre-requisites: DFM 810 Case Management and Presentation, DFM 850 TCM Classics and Contemporary Applications, DCM 800 Orthopedic Medicine and Pain Management, and DCM 810 Neurology

DSP 930 Medical Qigong in Cancer Treatment Specialization

9 units/144 hours (Didactic)

9.75 units/312 hours (Clinic)

With the core module on Traditional Chinese Medical Qigong as a foundation, this module teaches the specialized practice of using qigong to treat cancer patients. This module gives a comprehensive discussion of clinical protocols for different cancers. Specific therapies, meditations, and exercise prescriptions for cancer patients are reviewed. Students will also have a chance to practice their acquired skills with faculty guidance in a clinical setting, either in our own campus clinic or arranged off-site clinical resources.

By the end of this specialization, students will learn to treat cancer patients with a new kind of medical modality other than acupuncture and herbs.

Pre-requisites: DFM 810 Case Management and Presentation, DFM 850 TCM Classics and Contemporary Applications, DCM 852 Oncology, and DCM 870 Traditional Chinese Medical Qigong

FLEXIBLE CLINICAL TRAINING

DES 800 Flexible Clinical Training (China/USA)

5 units/160 hours (Clinic)

The Doctoral Program offers an additional 160 hours to allow students to acquire additional experience by implementing techniques and treatment protocols through clinical training. These clinical training hours can either be completed in China or US. Please refer to the Clinical Training section under “Program of Study” for details.

CAPSTONE PROJECT

DRE 900 Capstone Project/Oral Defense

1.5 units/24 hours (Didactic)

The Capstone Project is a comprehensive evaluation and assessment of the students’ achievements in the Doctoral Program. It builds on previously acquired knowledge and provides the student the opportunity to synthesize the skills and knowledge acquired. Students apply evidence-based knowledge of preventive, therapeutic and rehabilitative interventions to individuals, families and/or population groups. After taking the different core modules and training in a specialization field, the students are expected to demonstrate skill and accumulate experience in their chosen field. With knowledge of Research Methodology and Case Management and Presentation from the foundation core modules, students will summarize a particular case of disease and perform extensive research and literature review of their chosen topic. This module culminates in the presentation and defense of the project by the student in front of a panel of faculty and class. Students are expected to analyze their project from both TCM and Western clinical medicine perspectives.



Faculty

The quality of education at Five Branches Institute is a reflection of the knowledge, experience and teaching ability of its faculty. The faculty members for the Doctoral program have been carefully chosen for their excellent knowledge and practice in their particular fields and for their skill and passion for healing. Many are descended from a lineage of TCM masters in China and nearly all have more than 20 years experience practicing and teaching TCM and Western medicine. The majority of faculty members are fluent in English and all are experienced, successful teacher-practitioners. The program is designed to establish a close teacher-student relationship as an effective method to achieve the Doctoral program educational objectives.

LOCAL TCM PRACTITIONERS

John Chen, LAc

PharmD, University of Southern California School of Pharmacy, Los Angeles, CA

OMD, South Baylo University, Anaheim, CA

President, Art of Medicine Press, City of Industry, CA

Editorial Board Member, American Academy of Medical Acupuncture, Los Angeles, CA

Professor, Emperor's College of Traditional Oriental Medicine, Santa Monica, CA

Professor, Yo San University of TCM, Santa Monica, CA

Review Committee Member, American Herbal Pharmacopoeia, Santa Cruz, CA

Assistant Professor, University of Southern California School of Pharmacy, Los Angeles, CA

Co-management of Herbs, Formulas, and Pharmaceuticals

Gary Dolowich, MD, LAc, Dipl. Ac (NCCAOM)

MD, University of Pennsylvania School of Medicine

BAC (UK), College of Traditional Chinese Acupuncture, England

Former Faculty, Traditional Acupuncture Institute, MD

Faculty, Academy for Five Element Acupuncture, FL

Professor, Five Element Specialty, Five Branches Institute, Santa Cruz, CA

Psychology and Counseling

Psychotherapy and Psychiatry Specialization

Benzheng Fang

Co-founder, International Micro-acupuncture Research Institute, Hong Kong

Former Director, Micro-acupuncture Research Institute, Xi'an, China

Neurology

Sharon Feng, LAc

MD (China), Shanghai Second Medical University, China
Professor, Five Branches Institute, Santa Cruz, CA
Director, Clinic Quality Control, Five Branches Institute, Santa Cruz, CA
Chair, Department of Gynecology, Five Branches Institute, Santa Cruz, CA
Gynecology and Obstetrics
Women's Health and Endocrinology Specialization

L. Francesca Ferrari, LAc

DMQ (China), Western District Medical Qigong Science and TCM Research Institute, Beijing, China
DTCM (China), Ministry of Health, China
Instructor, Five Branches Institute, Santa Cruz, CA
Associate Dean, Medical Qigong Science, Five Branches Institute, Santa Cruz, CA
Associate Director, Medical Qigong Clinic, Five Branches Institute, Santa Cruz, CA
Overseas Faculty (Dean of TCM), Medical Qigong College, Henan University of TCM, China
Traditional Chinese Medical Qigong
Medical Qigong in Cancer Treatment Specialization

Bob Flaws, LAc (CO), Dipl. Ac & CH (NCCAOM), CMT

Certificates in Acupuncture, Chinese Herbology & Tuina, Shanghai TCM University, China
Certificate in Massage Therapy, Boulder School of Massage Therapy, CO
BA, American Literature, Middlebury College, VT
Founding Member, Former President, Former BOD Member, Lifetime Fellow, Acupuncture Association of Colorado
Fellow & Former Governor, National Academy of Acupuncture and Oriental Medicine
Fellow, Register of Chinese Herbal Medicine (UK)
Contributing Editor, Townsend Letter for Doctors and Patients
Former Chagdzo (Treasurer), Chopon (Master of Ceremonies), Omdze (Cantor), and Lupon (Acharya/Teacher), Longchen Nyingthig School of Nyingma sect of Tibetan Buddhism
Founder & President, Blue Poppy Enterprises, Inc.
Psychology and Counseling
Psychotherapy and Psychiatry Specialization

Naiqiang (John) Gu, LAc

BS (China), TCM, Shanghai TCM University, China
Former Chair and Professor, Department of Dermatology, Shanghai TCM University, China
Professor, MTCM and DAOM Program, Emperor's College of Traditional Oriental Medicine, Santa Monica, CA
Dermatology and External Diseases

Frank He, LAc

MS (China), Acupuncture, Liaoning College of TCM, China

Former Instructor and Acupuncturist, Department of Acupuncture, Affiliated Hospital of Liaoning College of TCM, China

Former Research Professor, Eye Acupuncture, Acupuncture Association of America

Professor, Five Branches Institute, Santa Cruz, CA

Chair, Department of Acupuncture, Five Branches Institute, Santa Cruz, CA

Orthopedic Medicine and Pain Management

Neuromuscular Medicine and Pain Management Specialization

Genevieve Hsia, LAc

PhD (China), TCM Cardiology, China Academy of TCM, Beijing, China

MS, Computer Science, Stevens Institute of Technology, NJ

President, Prime Herbs Corporation, Sunnyvale, CA

Cardiovascular Diseases

Lucy Hu, LAc, Dipl. Ac (NCCAOM)

MD (China), Shenyang University, China

Diplomat in TCM, Chinese Acupuncture and Medical Institute, Hong Kong

Former Pediatrician and Instructor, Dalian Children's Hospital, China

Professor, Five Branches Institute, Santa Cruz, CA

Chair, Department of Pediatrics, Five Branches Institute, Santa Cruz, CA

Pediatrics

Xiaoming Jin, LAc

PhD, Neurobiology and Anatomy, West Virginia University

MS (China), Acupuncture, Zhejiang Chinese Medical University, China

Former Acupuncturist and Researcher, Zhejiang Institute of TCM, China

Researcher, Stanford University School of Medicine, CA

Associate Dean, DAOM Program, Five Branches Institute, Santa Cruz, CA

Scientific Foundation of Acupuncture

Research Methodology

Orthopedic Medicine and Pain Management



Jerry Alan Johnson

Master's Degree in Medical Qigong (China), Hai Dian University, Medical Qigong College of Beijing, China

DTCM (China), Clinical License, Ministry of Health, China

Professor, Five Branches Institute, Santa Cruz, CA

Dean, Medical Qigong Science, Five Branches Institute, CA

Director, Medical Qigong Clinic, Five Branches Institute, CA

Founder and Executive Officer, International Institute of Medical Qigong

Professor, Medical Qigong Science and Philosophy, Henan University of TCM, China

Overseas Director, Medical Qigong Therapy, Henan University of TCM, China

Council Board Member, World Academic Society of Medical Qigong, Beijing, China

Ambassador of Chinese Medical Qigong Therapy to North America - World Health Organization Collaborating Center for Traditional Chinese Medicine, Beijing, China

External Advisory Committee, Department of Palliative Care and Rehabilitation Medicine, M.D. Anderson Cancer Center, Houston, TX

Traditional Chinese Medical Qigong

Medical Qigong in Cancer Treatment Specialization

Daofang Li, LAc

PhD (China), TCM, Shanghai TCM University, China

Former President, Florida Acupuncture Association

Former Supervisor, Oriental Medicine, Department of Alternative Medicine, Miami Heart Institute, FL

Former Instructor and Practitioner, Florida Institute of TCM, St. Petersburg, FL

Vice-Director and Professor, Surgical Department, Longhua Hospital Affiliated to the Shanghai TCM University

Former Chief, Evaluation Panel of Research Project of Breast Cancer and Diseases, China National Committee of Science

Gastroenterology

Peng Li, LAc

MD (China), Shanghai First Medical College, China

Postdoctoral Fellow, Department of Acupuncture and TCM, Hua San Hospital, Shanghai, China

Former Chair and Professor, Department of Physiology, Shanghai Medical University, China

Allied Health Professional, Department of Medicine, University of California, Irvine

Research Methodology

Cardiovascular Diseases

Shaohua Li, LAc

Graduate, TCM, Shanghai TCM University, China

Former Chief Physician, Department of Obstetrics and Gynecology, Longhua Hospital Affiliated to Shanghai TCM University, China

Director, Shanghai Acupuncture Clinic, Oakland, CA

Gynecology and Obstetrics

Women's Health and Endocrinology Specialization

Wallace Li, LAc, Dipl. Ac & CH (NCCAOM)

DAOM, Oregon College of Oriental Medicine, Portland, OR

MS, Electrical Engineering, California State University, San Jose, CA

Former Professor, Academy of Chinese Culture and Health Sciences, Oakland, CA

Professor, Five Branches Institute, Santa Cruz, CA

TCM Classics and Contemporary Applications

Gynecology and Obstetrics

Jeffrey Pang, LAc

MD (China), Sun Yat Sen University of Medical Sciences, Guangzhou, China

Contract Acupuncturist, Kaiser Hospital, Santa Teresa Pain Management Center, CA

Professor, Five Branches Institute, Santa Cruz, CA

Chair, Department of TCM Theory and Department of Herbology, Five Branches Institute, Santa Cruz, CA

EENT

Oncology

Baogui Qin, LAc

BS (China), TCM, Liaoning College of TCM, China

Honorary Professor, Affiliated Hospital of Liaoning College of TCM, China

Professor, University of East-West Medicine, Sunnyvale, CA

TCM Classics and Contemporary Applications

Gynecology and Obstetrics

Zhuoyi Qiu, LAc

BS (China), TCM, Guangzhou University of TCM, China

Former Professor and Chief Physician, Cardiology Section, Guangzhou University of TCM, China

Former Vice-Chairman, Heart Association of Integrated Traditional and Western Medicine of Guangdong Province, China

Former Vice-Chairman, National Association of International Exchange and Cooperation in TCM University Education of China

Professor, Emperor's College of Traditional Oriental Medicine, Santa Monica, CA

Director, Yilin International Acupuncture and Herb Center, Alhambra, CA

Cardiovascular Diseases

Bernard Shannon

DMQ (China), Western District Medical Qigong Science and TCM Research Institute, Beijing, China

DTCM (China), Ministry of Health, China

Overseas Faculty (Executive Director of National and International Branches), Medical Qigong College, Henan University of TCM, China

Traditional Chinese Medical Qigong

Medical Qigong in Cancer Treatment Specialization

Min Shi, LAc

PhD (China), TCM, Guangzhou University of TCM, China

Former Professor, Five Branches Institute, Santa Cruz, CA

Professor, Samra University, Los Angeles, CA

Scientific Foundation of Acupuncture

Larry Short

Maestro and Director, GEF (a modern esoteric work school designed to make tools for higher human development available to everyone)

Pioneer, Application of accelerated learning techniques to the learning of Holistic Health, Oriental Medicine, Body Work, and Spiritual Work

Former Member, Avanta Network, Menninger Institute, Society of Accelerated Learning Techniques

Instructor, Touch for Health, Malibu, CA

Pedagogy

Caiping Tang, LAc

PhD (China), Department of Endocrinology and Metabolism, Guangzhou University of TCM, China

Former Associate Professor and Attending Physician, Department of Endocrinology and Metabolism, Guangdong Provincial Hospital of TCM, China

Former Instructor, China International Medical University, Alhambra, CA

Former Acting Academic Dean, Kyung San University, Garden Grove, CA

Former Clinical Supervisor and Instructor, Dongguk Royal University, Los Angeles, CA

Former Clinical Supervisor, Emperor's College of Traditional Oriental Medicine, Santa Monica, CA

Professor, Five Branches Institute, San Jose, CA

TCM Chair, DAOM Program, Five Branches Institute, Santa Cruz, CA

Urology and Nephrology

Endocrinology and Diabetes

Women's Health and Endocrinology Specialization

Yuanjin Tao, LAc

BS (China), TCM, Chengdu University of TCM, China

MS (China), Integrative Western and TCM, Chongqing University of Medicine, China

Former Physician and Instructor, Chongqing University of Medicine, China

Medical Consultant, Moscow City Government, Russia

Professor, American College of Traditional Chinese Medicine, San Francisco, CA

Neurology

Douglas Wang, LAc, Dipl. Ac & CH (NCCAOM)

MD (China), Qinghai Medical University, China

MTCM, American College of TCM, San Francisco, CA

Former Director, Outpatient Department and Neuro-Psychiatry Department, Qinghai Third People's Hospital, China

Former Director, Chinese Bilingual Program, American College of TCM, San Francisco, CA

Former Assistant Dean of Academic Studies, American College of TCM, San Francisco, CA

Professor, Five Branches Institute, Santa Cruz, CA

Neuro-Psychiatrist, International Psychiatrist Training Center, Joint Project of WHO and Shanghai Psychiatry and Hygiene Center, China

Case Management and Presentation

Psychology and Counseling

Psychotherapy and Psychiatry Specialization

Youngeng Wang, LAc

BS (China), TCM, Beijing University of Chinese Medicine, China

Former Professor-Consultant, Hungarian Naturopathic Society

Former Physician, First Affiliated Hospital of the China Academy of TCM, Beijing, China

Allergy and Immunology

Pulmonary Diseases

Yueru Wu, LAc

MD (China), Beijing Second Medical University, China

Former Faculty, Clinic Department, Beijing Second Medical University, China

Former Chief Resident, Department of Integrated Chinese and Western Medicine, Beijing Hospital of TCM, China

Former Professor, American College of TCM, San Francisco, CA

Professor, Five Branches Institute, Santa Cruz, CA

Cardiovascular Diseases

Joseph Changqing Yang, LAc

MS (China), Pattern and Human Constitution, Heilongjiang University of TCM, China

PhD, Psychiatry, Kobe University, Japan

Professor, Emperor's College of Traditional Oriental Medicine, Santa Monica, CA

Psychology and Counseling

Psychotherapy and Psychiatry Specialization

Joanna Zhao, LAc, Dipl. Ac (NCCAOM)

BS (China), Shanghai TCM University, China

Professor, Five Branches Institute, Santa Cruz, CA

Academic Dean and Clinic Director, Five Branches Institute, Santa Cruz, CA

Chair, Department of Clinical Medicine and Department of Clinical Training, Santa Cruz, CA

Pedagogy

Oncology

ZHEJIANG CHINESE MEDICAL UNIVERSITY

(formerly Zhejiang College of TCM)

Kefu Chai

PhD (China), TCM, Shanghai TCM University, China

Member, Professional Committee for TCM Spleen and Stomach Diseases of Zhejiang Province, China

Advisor, Doctoral Program, Zhejiang Chinese Medical University, China

Professor, Zhejiang Chinese Medical University, China

Chief Physician, Zhejiang Chinese Medical University, China

Director, Department of Foreign Affairs, Zhejiang Chinese Medical University, China

Endocrinology and Diabetes

Gastroenterology

Zhiqing Cheng

BS (China), TCM, Anhui College of TCM, China

Former Director, Graduate Studies and Research, Zhejiang Chinese Medical University, China

Advisor, Doctoral Program, Zhejiang Chinese Medical University, China

Professor, Zhejiang Chinese Medical University, China

Chief Physician, Zhejiang Chinese Medical University, China

Standing Committee, Zhejiang Provincial Committee for Integrated TCM and Western Medicine, China

Cardiovascular Diseases

Endocrinology and Diabetes

Yongsheng Fan

MS (China), TCM, Zhejiang Chinese Medical University, China

Advisor, Doctoral Program, Zhejiang Chinese Medical University, China

Professor, Zhejiang Chinese Medical University, China

Chief Physician, Zhejiang Chinese Medical University, China

Deputy Director, Zhejiang Chinese Medical University, China

Deputy Director, Zhejiang Provincial TCM Committee, China

Allergy and Immunology

Jianwei Lian

MS (China), TCM Formulas, Beijing College of TCM, China
Advisor, Doctoral Program, Zhejiang Chinese Medical University, China
Professor, Department of TCM Foundation, Zhejiang Chinese Medical University, China
Chief Physician, Department of Internal Medicine, Zhejiang Chinese Medical University, China
Deputy Director, Zhejiang Chinese Medical University, China
Deputy Committee Director, TCM Formula Committee of the China Association of Chinese Medicine, China
Oncology

Luwei Xiao

BS (China), Heilongjiang University of TCM, China
President, Zhejiang Chinese Medical University, China
Professor, Department of Traumatology and Orthopedics, Zhejiang Chinese Medical University, China
Chief Physician, Zhejiang Chinese Medical University, China
Advisor, Doctoral Program, Zhejiang Chinese Medical University, China
Deputy Director, Zhejiang Provincial Committee for Integrated TCM and Western Medicine, China
Deputy Chief, Zhejiang Provincial Committee for TCM Orthopedics, China
Chief, Zhejiang Chinese Medical University Committee for Degree Evaluation, China
Orthopedic Medicine and Pain Management

Shan Xu

MS (China), TCM, Zhejiang Chinese Medical University, China
Advisor, Doctoral Program, Zhejiang Chinese Medical University, China
Professor, Zhejiang Chinese Medical University, China
Chief Physician, Zhejiang Chinese Medical University, China
Director, Department of Research, Zhejiang Chinese Medical University, China
Gastroenterology

Gengsheng Zhou

BS (China), TCM, Zhejiang Chinese Medical University, China
Advisor, Doctoral Program, Zhejiang Chinese Medical University, China
Professor, Zhejiang Chinese Medical University, China
Chief Physician, Zhejiang Chinese Medical University, China
Board of Directors, Zhejiang Provincial TCM Committee, China
Dean, Zhejiang Chinese Medical University, China
Pulmonary Diseases
Gastroenterology
Psychology and Counseling

OTHER TCM INSTITUTIONS IN CHINA

Qingquan Liu

BS (China), TCM, Henan College of TCM, China

Professor, Beijing University of Chinese Medicine, China

Chair and Chief Physician, Department of Emergency, Dongzhimen Hospital Affiliated to Beijing University of Chinese Medicine, China

Advisor, Master's Degree Program, Beijing University of Chinese Medicine, China

Standing Committee Member and Deputy Secretary-General, Emergency Care Committee of the China Association of Chinese Medicine, China

Editorial Board Member, China Journal of Integrated Traditional and Western Medicine in Intensive and Critical Care, China

Infectious Diseases and TCM Emergency

Wenjun Liu

MS (China), Integrative TCM and Western Medicine Nephrology, Zhejiang Chinese Medical University, China

Review Committee Member, National Natural Science Foundation, Beijing, China

Advisor, Master's Degree Program, China Academy of TCM, Beijing, China

Chief Physician, Department of Nephrology, Guanganmen Hospital Affiliated to the China Academy of TCM, Beijing, China

Urology and Nephrology

Juyi Wang

BS (China), TCM, Beijing University of Chinese Medicine, China

Former President, Xuan Wu TCM Hospital, Beijing, China

Former Standing Editor, American Journal of Integrative Medicine

Former Senior Professor, China Academy of TCM, Beijing, China

Former Editor-in-Chief, Journal of Chinese Acupuncture and Moxibustion, China

Neuromuscular Medicine and Pain Management Specialization

Huangan Wu

PhD (China), Acupuncture, Shanghai TCM University, China

Advisor, Doctoral Program, Shanghai TCM University, China

Senior Editor, Journal of Integrated Chinese and Western Medicine, China

Councilor, Chinese Acupuncture Society, China

Vice President, Shanghai Institute of Acupuncture and Meridians, China

Allergy and Immunology

Gastroenterology

WESTERN MEDICINE FACULTY

Garry C. Crummer, MD

MD, University of California, Davis, School of Medicine
MA, Music Education, Eastman School of Music, University of Rochester, NY
Volunteer Clinical Professor, School of Medicine, University of California, San Diego
Vice Chairman, Pediatrics, Dominican Hospital, Santa Cruz, CA

Pediatrics

EENT

Nadine Gassner, Ph.D.

PhD, Chemistry, University of Oregon, Eugene
Former Research Associate, Stanford University School of Medicine, CA
Former Research Associate, Yale University School of Medicine, CT
Research Associate, University of California, Santa Cruz
Director of Research, Five Branches Institute, Santa Cruz, CA
Professor, Five Branches Institute, Santa Cruz, CA

Research Methodology

Pedagogy

Craig M. Job, MD

MD, Georgetown University, Washington, DC
Certified Family Practitioner, American Board of Family Practice
Practicing Physician, Primary Care/Family Practice/Integrative Medicine, San Jose, CA
Former Consultant, Integrative/Holistic Medicine, Center for Integrative Medicine, San Jose, CA
Consultant, Integrative/Holistic Medicine, Five Branches Institute, San Jose, CA

Gastroenterology

Samuel LeBaron, MD

MD, University of Calgary Faculty of Medicine, Alberta, Canada
PhD, Clinical Psychology, Michigan State University
Director, Center of Education in Family and Community Medicine, Stanford University School of Medicine, CA
Professor, Family Medicine, Stanford University School of Medicine, CA
Recipient, Association of American Medical Colleges (AAMC) Humanism in Medicine Award in 2003
Volunteer, Arbor Free Clinic, Menlo Park, CA
Co-founder, International Alliance in Service and Education

Psychology and Counseling

Pedagogy

Psychotherapy and Psychiatry Specialization

Dawn Motyka, MD

MD, University of California, Davis

Former Speaker, Radio Show - Health Matters

Member, Quality Assurance Committee, Dominican Hospital, Santa Cruz, CA

Treasurer and Board of Directors, Santa Cruz County Medical Society, CA

Gynecology and Obstetrics

Women's Health and Endocrinology Specialization

Rev. Katherine R. O'Connell, MPH, PhD

PhD, Psychology, Licensed Psychologist

MPH, Community Mental Health, Tulane University School of Public Health and Tropical Medicine, New Orleans, LA

BA, Psychology, American University, Washington, DC

RN, Cabrillo College, Aptos, CA

Adjunct Professor, Mission College, Santa Clara, CA

Chancellor, East-West Interfaith Seminary, Santa Cruz, CA

Professor, Five Branches Institute, Santa Cruz, CA

Psychology and Counseling

Psychotherapy and Psychiatry Specialization

Sylvestre G. Quevedo, MD

MD, Harvard Medical School, Boston, MA

MPH, Harvard University, School of Public Health, Boston, MA

Former Executive Director, Center for Integrative Medicine, San Jose, CA

Former Attending Physician, Internal Medicine and Nephrology, Department of Medicine, O'Connor Hospital, San Jose, CA

Member, Health and Public Policy Committee of Northern California

Chairman, Board of Directors, Circulo de Vida (Community Self-Help Group for Cancer Survivors), San Francisco, CA

Affiliated Faculty, Stanford Geriatric Education Center, Stanford University School of Medicine, CA

Associate Clinical Professor, School of Medicine, University of California, San Francisco

Director, Clinical Programs, Osher Center for Integrative Medicine, University of California, San Francisco

Urology and Nephrology

Alan S. Wong, MD

MD, Albert Einstein College of Medicine, NY

MS, Statistics, California State University, Hayward

Former Principal Physician, Lockheed Missiles and Space Co., Inc., Sunnyvale, CA

Former Physician, Primary Care Clinic, The Permanente Medical Group, Milpitas, CA

Professor, Five Branches Institute, Santa Cruz, CA

Research Methodology

Allergy and Immunology

Oncology

Anthony C. Wong, MD, LAc, Dipl. Ac (NCCAOM)

MD, University of Illinois

MTCM, Samra University of Oriental Medicine, Los Angeles, CA

Former Physician, Emergency Department, Pacific Alliance Medical Center, Los Angeles, CA

Former Medical and Psychiatric Consultant, Special Service for Group, Los Angeles, CA

Infectious Diseases and TCM Emergency



Admissions

Five Branches Institute is seeking applicants with strong motivation to enhance and advance their career and practice. Those individuals who have academic aptitude, clinical experience, and are interested in contributing to the development of the profession by connecting with other mainstream healthcare professionals, and who wish to serve as teachers for the next generation of Oriental medicine students, are strongly encouraged to apply.

Admissions Procedure

Applications are accepted and reviewed on an ongoing basis with preference given to early applications. Applications must be received at least a month before the program starting date to allow time for processing. Applications received on or before the 1st due date will be reviewed first and given priority. Entering classes are formed once a year, possibly twice, with enough registration.

Recommended Application Due Dates are:

Fall Entrance:

1st Due Date: July 1

2nd Due Date: August 1

Spring Entrance:

1st Due Date: January 1

2nd Due Date: February 1

Once all required documents are received a notification regarding the admissions committee decision will be sent to you in writing.

If accepted, an enrollment deposit of \$300 (of which \$200 is non-refundable) will be requested to secure your space. This deposit will apply to your first tuition payment.

Admissions Categories

Standard Admissions is for applicants who have a Master's degree (or Master's level diploma) from an ACAOM-approved program in TCM or Oriental medicine of at least 2800 hours.

Special Admissions refers to applicants who hold a Master's degree (or Master's level diploma) from an ACAOM-accredited TCM or Oriental medicine program of less than 2800 hours; and applicants with a Master's degree (or Master's level diploma) from an ACAOM-accredited acupuncture or herbal medicine program; and other applicants who do not otherwise meet the criteria for standard admissions.

For more details please see corresponding sections below.

Standard Admissions

Applicants with a 2800 hour Master's degree in TCM or Oriental medicine from an ACAOM-accredited or candidate institution are qualified to be considered for admissions to the DAOM program, after submitting the application form and accompanying documents.

Special Admissions

Applicants with a Master's degree (or Master's level diploma) in TCM or Oriental medicine of less than 2800 hours must demonstrate experience equivalency. A deficiency in education hours may be remedied by documented clinical experience. Such applications will be reviewed jointly according to formal education hours and clinical experience. The review will also include determining the level of knowledge and skills in Western medicine, which may require a successful completion of challenge examinations if deficiencies are potentially apparent, prior to being considered for admissions.

Applicants with a Master's degree (or Master's level diploma) in either acupuncture or herbal medicine only are required to satisfactorily complete the ACAOM's Master's core curriculum requirements for herbal training or acupuncture, respectively, in an ACAOM-accredited Oriental medicine program before being eligible for entering the Doctoral program.

Applicants who fall under the Special Admissions category will be required to take the Introductory Western Medicine Module to complete educational requirements for the DAOM program.

Admissions Application Checklist:

- Completed Application Form
- Current passport-style photograph
- One-page typed statement of purpose
- Current resume
- Two letters of recommendation sent directly to the Institute
- Official transcripts from all AOM and healthcare-related college/university coursework in university-sealed envelopes
- Copy of Master's level diploma in TCM, Oriental medicine, acupuncture, or herbal medicine
- Copies of California pocket license, state license or national certifications, if any (preferable)
- Copy of valid malpractice insurance (if any)
- Non-refundable \$65 application fee check payable to Five Branches Institute



International Students

International students include foreign applicants and applicants who studied TCM, Oriental medicine, or acupuncture outside the US.

International students must meet the same admissions requirements and educational criteria as domestic students. In addition to the above application checklist, international students must submit the following documents:

- Proof of English language proficiency by gaining a minimal TOEFL score of 550 in the written test and 213 on the computerized test. Five Branches Institute TOEFL code is: 4459.
- A course-by-course evaluation of prior education completed abroad by AACRAO, the American Association of Collegiate Registrars and Admissions Officers. More information is available on the AACRAO web site at www.aacrao.org/international/foreignEdCred.cfm. Their address is:

AACRAO International Education Services
1 Dupont Circle, NW, Suite 520
Washington, DC 20036-1135
Phone: 202-296-3359 Fax: 202-822-3940.
Contact person: Julia Funaki, Associate Director
Phone: 202-293-9161 ext.6601 E-mail: funakij@aacrao.org

- A bank statement verifying having at least \$23,000 of funds to cover the tuition and living expenses for their first year in the program. All currency must be shown in U.S. dollars equivalency.

Foreign students currently studying in the United States on an F-1 Visa must also submit the following documents:

- Photocopies of I-94, I-20, US visa page on passport, and first page of passport.
- Completed Transfer Release Form verifying their maintenance of visa status and eligibility for transfer. Forms are available upon request from the admissions office.

Non-Matriculating Students

The admissions procedure and entrance requirements for non-matriculating applicants are the same as for degree-seeking applicants. Non-matriculating students may request change of status to become degree-seeking students at a later date.

Part-time Students

Students who cannot commit to the full-time DAOM program and plan on completing the program in more than 2 years are considered part-time students. They must complete the program within 4 years and meet with the Program Coordinator to plan their program of study.

Transfer Credit

Limited transfer credit may be awarded for coursework from an accredited institution that supports the Doctoral program's objectives and meets the standards for completion of the Doctoral program. No more than one-third of the credits beyond the Master's level program can be transferred. Transfer credit is subject to 15% of the current DAOM tuition charge per transferred module.

Financial Information

Tuition and Fees

| | |
|--|--------------------------------|
| DAOM Program Tuition | \$26,000 |
| Introductory Western Medicine Module Tuition | \$680 |
| Application Fee | \$65 |
| China Externship | Transportation, Room and Meals |
| Service Fee | \$500 |
| Miscellaneous Fees | |
| Malpractice Insurance (optional) | \$180/year |
| Books | approximately \$1,000 |

When DAOM candidates receive their Notice of Admissions, a \$300 deposit is due within 2 weeks to secure their admission status. \$200 from this deposit is non-refundable if the applicant decides to withdraw their registration. The deposit will be applied towards the first tuition payment. The remaining tuition may be paid either annually, or with an additional charge, by quarter, or by month. Tuition is due 2 weeks prior to the beginning of each year, quarter or month.

| Payment Plans | Amount Due |
|---------------|------------|
| Per Year | \$13,000 |
| Per Quarter | \$ 3,310 |
| Per Month | \$ 1,140 |

The assigning of credit for all courses and clinical training occurs only after the financial obligations have been met. The Institute reserves the right to change tuition and fees as necessary.

There is no difference in the cost of tuition for those students who are not California or U.S. residents.

Refund Policy

Students who need to leave the program are given a pro-rated refund as described in the enrollment agreement and the DAOM Student Handbook.

Financial Aid

Federal financial aid is currently unavailable for the Doctoral program. Students will be able to borrow private alternative loans from lenders. These loans are based on the individual's and/or co-signer's credit.

Students who attend the Doctoral Program and are taking 6 or more units can have an In-School Deferment signed by Five Branches for their Federal Stafford Loans (or Consolidated Federal Loans). There is no limit to the time a student can have this deferment as long as they are registered for at least two-thirds of the program.

Student Services

Campus Facilities

The didactic portion of the DAOM Program is taught on the Five Branches San Jose Campus. The clinical training component of the Program is offered on both the Santa Cruz and San Jose Campuses. Both campuses have ample classrooms, treatments rooms, conference rooms and parking.

Library and Learning Resources

The libraries of Five Branches Institute house over 2400 books and journals. During a recent expansion, the libraries have added approximately 1000 new books and journals to the collection focused on TCM. The college has agreements with the medical libraries at both the University of California and Stanford University to share their collections on Western medicine. The libraries offer wireless access to the Internet's medical and general resources.

Online Bookstore

Faculty and students of the Doctoral program may purchase required and reference texts through the college's Online Bookstore on our website. The Online Bookstore offers the advantage of stocking our specific texts, offering to buy back used books and offering used books for sale.

The Santa Cruz Community

Five Branches Institute Santa Cruz campus is located in a beautiful setting, one block from the beach on the Monterey Bay, near the Santa Cruz Yacht Harbor. Santa Cruz is a congenial coastal town located one and a half hours south of San Francisco, nestled between the redwood forests of the Santa Cruz Mountains and the beaches of northern Monterey Bay. Santa Cruz is home to one of the fastest growing campuses of the University of California, UCSC, and of Cabrillo College, a California community college. Local attractions include some of the best surf in the world, a plethora of bookstores, health food stores, workshops, farmer's markets, film festivals, music events, and a variety of other cultural and social resources. Whatever your age or interests, you are likely to find your favorite pastimes in Santa Cruz.

The San Jose Community

The San Jose campus is located at 3031 Tisch Way, within easy walking distance of the cafes, restaurants and shops of bustling Santana Row and the Valley Fair Mall. San Jose offers a wide variety of exciting cultural, recreational, educational, and entertainment opportunities. Among these attractions are museums, art galleries, and recreational parks (including an Egyptian Museum and Planetarium, Winchester Mystery House, and Raging Waters Theme Park). San Jose is now considered to be the Capital of Silicon Valley. Additionally, San Jose's proximity to San Francisco, Napa Wine Country, and Marin State Parks provides a variety of opportunities for sightseeing, wine-tasting, maritime adventures, and visits to beaches, restaurants, museums, and theatres. The San Jose International airport is a ten-minute drive from the Five Branches San Jose campus.

Academic Policies

The current Five Branches' Student Handbook gives a comprehensive description of student services, academic counseling, student activities, student rights, privileges, and responsibilities, as well as the policies governing disciplinary actions, grievances, and policies for obtaining student views and input into institutional decision making. Doctoral students are required to be familiar with and to follow these policies.

Academic and Clinical Class Attendance

DAOM students are required to attend all scheduled classes and clinical training in the program. If a DAOM student misses a class due to an emergency, he/she is responsible for obtaining all the notes for the class lecture and must meet with the DAOM coordinator to arrange a make-up assignment. Students who missed more than 2 modules or 8 days in a year will need to meet with the Program Coordinator to outline an academic plan to complete the program. In an event of a foreseen absence, the student is expected to notify the dean or coordinator.

Grading System and Assessment Method

Grades are awarded as an assessment of the student's progress in achieving the educational goals of each module according to the syllabus and the policies of the Institute. Five Branches Institute uses the letter grading system (A, B, C, F) for all didactic courses and the grades of credit/no credit (CR, NC) for all clinic hours.

The methods of assessing a student's academic achievement include:

A written case presentation/clinical analytic chart after each clinic core module

The Capstone Project after the specialization module

An Exit questionnaire and Follow-up evaluation

Progress will be determined by the student's performance on the assessment methods above, participation in class, and attendance.

Time Limit for Degree Completion

The program must be completed in no more than 4 years. DAOM candidates will not be able to complete the program in less than 24 months.

Professional Conduct

Students must maintain appropriate professional standards of conduct and appearance at the Institute. The Student Handbook and Clinic Manual contain specific regulations regarding conduct in the Institute and in clinic.

Grievance Procedure

Students who have complaints concerning administrative or academic policies may submit their written concerns to the Dean for review.

Non-discrimination Policy

Five Branches Institute is an equal opportunity institution and does not discriminate on the basis of age, race, color, religion, national origin, ethnicity, gender, or sexual orientation, in the administration of admission and educational policies. The Institute abides by Title II of the Americans with Disabilities Act, which prohibits discrimination against any “qualified individual with a disability.”

Graduation and Granting of Degree

A DAOM candidate is eligible for graduation when he or she has satisfactorily completed all didactic and clinical courses, submitted all requirements, and obtained a passing mark at the final Capstone Project/Oral Defense. Upon graduation, students will be awarded a doctoral (DAOM) degree.



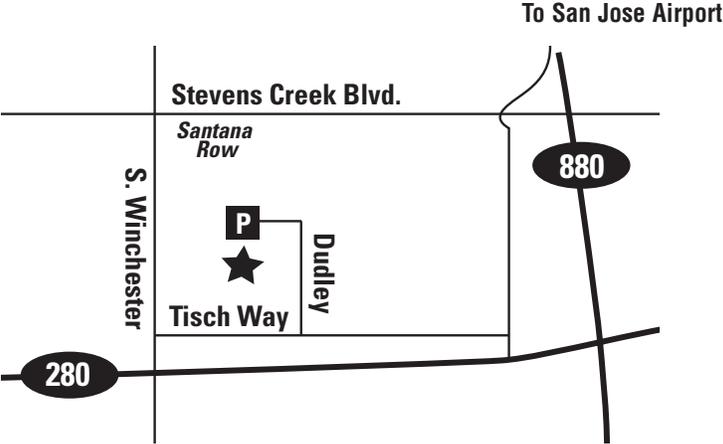
Contact Information

Questions

Please contact the Admissions Director, Eleonor Mendelson, in Santa Cruz at (831) 476-9424 or admissions@fivebranches.edu or the Program Coordinator, Fei-Ing Tzeng, in San Jose at (408) 260-0208 or doctoral@fivebranches.edu, if you have any questions or would like to schedule a campus tour.

Contact Us

Five Branches Institute
3031 Tisch Way Suite 605
San Jose, California 95128
USA
(408) 260-0208
Fax (408) 261-3166
www.fivebranches.edu



DAOM Administration & Staff

For questions on the DAOM admissions, contact Eleonor Mendelson, LAc, MTCM, Admissions Director at admissions@fivebranches.edu, (831) 476-9424 x 31.

For questions on the DAOM program, contact Fei-Ing Tzeng, PhD, Doctoral Program Coordinator at doctoral@fivebranches.edu, (408) 260-0208 x 206.

DAOM Administration

President

Ron Zaidman, MBA, MTCM president@fivebranches.edu (831) 476-9424 x38

Academic Dean

Joanna Zhao, LAc dean@fivebranches.edu (831) 476-9424 x42

DAOM Associate Dean

Xiaoming Jin, LAc, PhD xjin@stanford.edu (408) 799-0059

DAOM TCM Chair

Caiping Tang, LAc, PhD caipingtang@hotmail.com (408) 306-0360

DAOM Program Coordinator

Fei-Ing Tzeng, LAc, PhD doctoral@fivebranches.edu (408)260-0208 x206

DAOM Program Director of Research

Nadine Gassner, PhD

DAOM Admissions

Eleonor Mendelson, LAc, MTCM admissions@fivebranches.edu (831) 476-9424 x31

Five Branches Staff

San Jose Campus

San Jose Campus Director

Ron Zaidman, MBA, MTCM sjcampus@fivebranches.edu (408) 260-0208 x207

San Jose Clinic Manager

Gina Huang, BA sjclinic@fivebranches.edu (408)260-8868

Director of Marketing and Public Relations

Monica Giannella publicity@fivebranches.edu (408)260-0208 x217

Santa Cruz Main Campus

Santa Cruz Clinic Manager
Akwia Knipe, BA

clinic@fivebranches.edu (831) 476-9424 x21

Office Manager and Facilities Director
Nell Chapman, BA

receptionist@fivebranches.edu (831) 476-9424 x30

Registrar
Judy W. Cavin Brown, MA

registrar@fivebranches.edu (831) 476-9424 x43

Financial Aid Director
Mecca Matilda, BFA

finaid@fivebranches.edu (831) 476-9424 x33

Academic Records
Jane Wang, MS

records@fivebranches.edu (831) 476-9424 x46

Accountant
Lynn Zhang, MA

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FIVE BRANCHES INSTITUTE

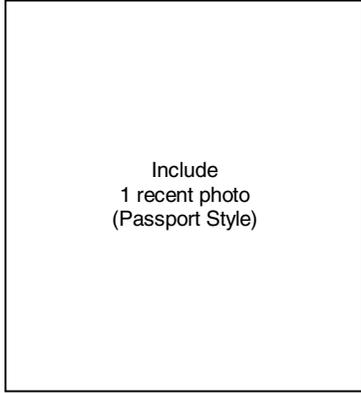
COLLEGE OF TRADITIONAL CHINESE MEDICINE
3031 Tisch Way, Suite 605
San Jose, California 95128, USA
(408) 260-0208 Fax (408) 261-3166

I am applying for:

- Fall 200_ (1st Due Date July 1; 2nd Due Date August 1)
- Spring 200_ (1st Due Date January 1; 2nd Due Date February 1)

Application for Admission
Doctor of Acupuncture and Oriental Medicine Degree

Personal Data



Legal Name (Last, First, Middle):

Name on previous academic record, if different from above (Last, First, Middle):

Present Address - Street:

City: State: Zip:

Permanent Address - Street:

City: State: Zip:

Home Phone: Work Phone: Cell Phone:

Email: Social Security #: Date of Birth (MM/DD/YY):

U.S. CITIZENS ONLY: the US Government asks us to report on the ethnic composition of our student enrollment:

- American Indian, Alaskan Native Hispanic Black Non-Hispanic Female
- White Non-Hispanic Asian of Pacific Islander Other _____ Male

International Students

Citizenship: Country of Birth:

Do you need a student visa? Yes No If currently in the US, what type of visa do you hold?

Do you speak English fluently? Yes No List other languages spoken:

TOEFL Yes No Score: _____

Education (attach additional pages as necessary)

AOM College/University: Degrees:

Address: Dates attended:

College/University: Degrees:

Address: Dates attended:

Do you intend to transfer any previous DAOM level education into this program? Yes No
If yes, please explain briefly: _____

Licensure, Certifications, and Malpractice Insurance (please include copies)

Licensure State: Initial Date: Expiration Date:

Licensure State: Initial Date: Expiration Date:

NCCAOM Certifications:

- Oriental Medicine Date of Certification: _____ Expiration Date: _____
- Acupuncture Date of Certification: _____ Expiration Date: _____
- Chinese Herbology Date of Certification: _____ Expiration Date: _____
- Asian Bodywork Date of Certification: _____ Expiration Date: _____

Malpractice Insurance Company: _____ Policy Period: _____
 Limits of Liability: _____ Each Claim: _____ Aggregate: _____

Years in AOM Practice (please include a resume while providing an overview here)

Location (City, ST): _____ From: _____ To: _____

 Location (City, ST): _____ From: _____ To: _____

Financial Data

How do you expect to pay tuition? Annually Quarterly Monthly

Specialty Preferences

Please prioritize the different specialization options from most desirable (1) to least desirable (4):

- Neuromuscular Medicine & Pain Management Women's Health & Endocrinology
- Psychotherapy and Psychiatry Medical Qi Gong in Cancer Treatment

In Case of Emergency, Notify

Name: _____ Relationship: _____

 Address (Street): _____ Phone: _____

 City: _____ State: _____ Zip: _____

Application Checklist

See catalog for admissions procedure. With this application, please send:

- Completed **Application Form**
- A typewritten one-page **Statement of Purpose**. Your Statement of Purpose should include information about your background, why you are interested in attending the DAOM program, and your plans after graduation
- An updated **Resume**
- One recent passport style **Photograph**
- Copy of **AOM Diploma(s)**
- Copies of **CA Pocket License, State Licensure or National Certifications** (preferable)
- Copy of valid **Malpractice Insurance**, if any
- \$65 non-refundable **Application Fee**

You will also need:

- Two **Letters of Recommendation** sent directly to the Institute
- Transcripts** sent from all the AOM and healthcare-related college(s)/ university(ies) you have attended directly to the Institute

I hereby certify that all of the information provided in my application is accurate and true, and that I am the author of the attached Statement of Purpose.

Applicant's Signature: _____ Date: _____

How did you hear about Five Branches Institute?



**FIVE
BRANCHES
UNIVERSITY**

.....
*Graduate School of
Traditional Chinese
Medicine*

*Acupuncture
Herbology
Dietetics
Massage
Energetics*

**CATALOG
2011-2012**

**EXCELLENCE IN
EDUCATION AND
HEALTHCARE
SINCE 1984**

Welcome to Five Branches

Your interest in Traditional Chinese Medicine (TCM) comes at an advantageous time; as TCM continues to grow, so does the need for qualified practitioners.

Traditional Chinese Medicine is the main healthcare modality for more than 20% of the world's population, and is the fastest-growing primary healthcare in the U.S. Statistics indicate this consistent growth pattern will continue, as Chinese medicine is increasingly sought by Americans who have experienced its healing benefits. Significantly, the U.S. National Institute of Health has recognized acupuncture as a valid, effective and safe medicine.

TCM and Western medicine differ profoundly, yet for more than 70 years they have been offered side-by-side in Chinese hospitals and universities. In the last five years, integrative medicine has made great strides in the United States: Western medical schools are offering courses in complementary and alternative medicine, a recent survey indicates more than 50% of M.D.'s today support their patients seeking alternative therapies, and more recently, Five Branches and the Comprehensive Cancer Center at the Alta Bates Summit Medical Center in Berkeley, California have started to work together to offer TCM to their patients.

When you study TCM you are choosing to become immersed in a 5000-year-old healing tradition passed down for generations in China. You will learn the great TCM classics and their clinical applications to become an expert acupuncturist and Chinese herbalist. The study of this precious body of knowledge provides a deep understanding of the energy body and the ancient and profound principles of TCM diagnosis and treatment.

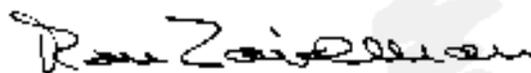
Our Western medical curriculum provides you with the knowledge and skills to perform as an effective primary healthcare practitioner working in harmony with the wider medical profession. The Institute of Medicine (IOM), the leading think tank for defining healthcare for the 21st century, has made patient-centered care and multi-disciplinary medicine their top two priorities. Five Branches' programs embody both of these important goals.

We believe that Traditional Chinese Medicine will play a growing and central role in future healthcare and medical systems. Our goal is to serve, and we are devoted to the transmission of this profound body of knowledge to the next generation of sincere and dedicated students and future practitioners.

We invite you to visit our beautiful campuses in California: in Santa Cruz on the Monterey Bay, and in San Jose on Santana Row, to further explore TCM, its ancient wisdom and understandings, and what the field of integrative medicine can offer you. If a career in Traditional Chinese Medicine is indeed your calling, know that you will be amply rewarded with a meaningful and satisfying career that will benefit you beyond your expectations and allow you to experience the fulfillment of serving others: your friends, family and patients.

Thank you for your interest in Five Branches University, Graduate School of Traditional Chinese Medicine.

Sincerely,



Ron Zaidman
President & CEO



RON ZAIDMAN
PRESIDENT & CEO

Points of Excellence

Respected University

Throughout its 25-year history, Five Branches University has evolved to keep pace with the growing demands of the Traditional Chinese Medicine (TCM) profession and has set the standards for excellence in traditional Chinese and integrative medicine education. Our nationally accredited Master of Traditional Chinese Medicine, Doctor of Acupuncture and Oriental Medicine and Asian Bodywork and Qigong programs are among the most highly regarded in the U.S. and abroad.

Our unmatched professional partnerships with Zhejiang Chinese Medical University, Tianjin University of Traditional Chinese Medicine, the Comprehensive Cancer Center at the Alta Bates Summit Medical Center, and Stanford University offer you outstanding educational and career opportunities around the world, including earning a Doctorate and Ph.D.

Five Branches offers leading-edge Master's and Doctoral programs which effectively integrate both

Chinese and Western medicine into the curriculum. This has landed our graduates top-paying positions at medical institutions such as Kaiser Permanente.

Top Academic Experts

At Five Branches, you will learn from the most experienced faculty in TCM education. Many of our TCM and Western medicine faculty have decades of experience teaching and practicing in China's and America's renowned hospitals and medical schools. Our faculty members are experts in their chosen disciplines and are dedicated to the teaching, service and practice of TCM.

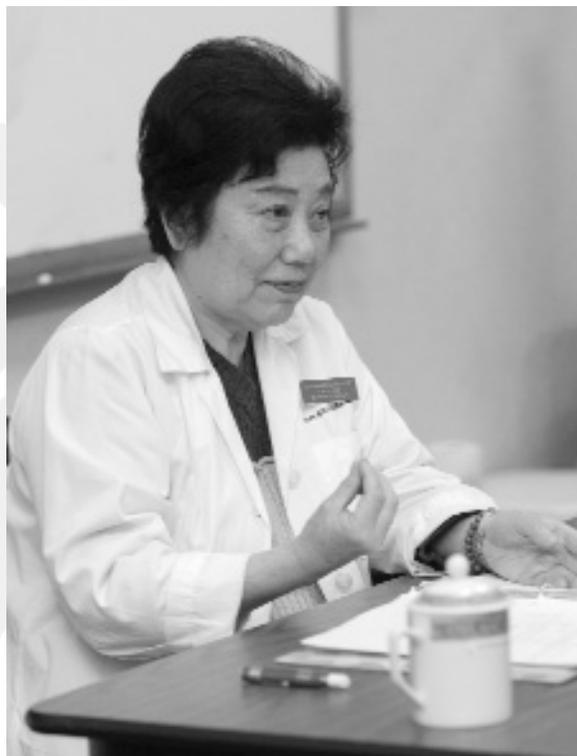
Our faculty members are your personal advisors, committed to your personal development, providing lifelong mentorship. Your learning is enriched in the presence of these faculty members who are the best in their fields. It is our faculty's dedication and personal commitment to students that sets Five Branches apart from other TCM colleges.

Integrative Medicine at its Best

Throughout the MTCM program, you will not only find the ancient roots of TCM woven into the core of the curriculum, but you will be apprised of the latest TCM research and your clinical training courses will incorporate the best of Western medical technology. Our integrative program will provide you with the knowledge and skills to excel as a primary healthcare practitioner who works in harmony with the worldwide healthcare system.

Extensive Herbology Training

Five Branches University is respected among TCM colleges for its outstanding herbology department. Among our instructors are descendants of famous Chinese herbalists, such as Dr. Jun Kam Pang. Our herb pharmacy contains more than 400 raw herbs, catalogued and stored in traditional wooden drawers, and 350 patent formulas. Beginning in your first semester, you will receive training to become an expert Chinese herbalist.



Sharon Feng
teaching a class

Become a Specialist

Five Branches University offers you the opportunity for intensive study and certification in medical specialties. Advanced specialty courses in Medical Qigong, Sports Medicine, Five Element Acupuncture, TCM Gynecology, Pediatrics, Oncology, the National Acupuncture Detoxification Association (NADA) method, Orthopedic Shiatsu, Tuina Massage, and other TCM specialties can enhance your TCM practice.

Study and Travel in China

The Study in China program is one of the best ways to witness the authentic practice of TCM and to experience integrative medicine seamlessly interconnected, as it has been practiced in China for decades. You may complete up to 25% of your clinical training at the affiliated hospitals of our sister college, Zhejiang Chinese Medical University. When you are not immersed in training, join fellow students on an exploration of China, from the breathtaking beauty of the Yangtze River to adventurous treks in Tibet.

Two Beautiful Locations

One block from the beach, the Five Branches Santa Cruz campus offers you the opportunity to live and study amidst beautiful beaches and redwood forests. On the Monterey Bay, Santa Cruz offers you the ambience of a small coastal town and a cultural life that is both diverse and progressive. If you like sunshine, natural beauty and holistic living, Santa Cruz is the place for you!

In San Jose, the social heart of Silicon Valley and a short walk to the prestigious Santana Row, our campus provides you with the opportunity to immerse yourself in the high energy and excitement of a big city. If you thrive on consistently sunny and mild weather and the wide variety of shopping, restaurants and cultural events offered in a bustling commercial metropolis, then San Jose is your destination of choice!



Career Development

While the majority of graduates from Five Branches University enter practice as sole proprietors, opportunities in integrative practice, corporate wellness, academics, publishing and other fields are continually increasing. Whatever your career of choice, our career development department will guide and support you in pursuing your optimal career path and will provide you with the knowledge, skills and level of confidence required to become a successful Traditional Chinese Medicine practitioner.

Financial Aid and Scholarships

Our financial aid and scholarship programs can assist you in meeting all of the financial costs of your education, including your living expenses, so you can allocate your time and energy solely to your academic studies and the pursuit of a career in TCM.

Flexible Curriculum

With classes offered during the day, night and weekend, and at two campuses, you can find the schedule, courses and teachers that fit your personal needs.

Vibrant Community

Our vibrant community of faculty, alumni, staff, and professional partners are committed to providing outstanding service, supporting our students, and perpetuating the Five Branches vision: to make TCM a part of world medicine. Our community emphasizes collaboration and teamwork, fostering meaningful professional relationships and life-long friendships.

Join us at Five Branches for a truly distinctive educational experience and to discover the rewarding career path of Traditional Chinese Medicine.



Table of Contents

*All things arise from Dao.
They are nourished by virtue.
They are formed from matter.
They are shaped by environment.*

—DAODEJING 51

| | | |
|-----------|------------------------------------|--|
| 6 | <i>The University</i> | Mission and Purpose Educational Objectives Values Vision of Five Branches A Growing Profession Graduate Success History of Five Branches Accreditation and Approvals Board of Directors |
| 10 | <i>The Community</i> | Santa Cruz San Jose On Campus |
| 14 | <i>Academic Calendar 2009–2010</i> | |
| 16 | <i>The Faculty</i> | Department Chairs University Faculty |
| 35 | <i>Administration</i> | |
| 36 | <i>The Program</i> | Qigong Dietetics Acupuncture Clinical Herbology Tuina Massage Clinical Training Western Medicine The Practice of Chinese Medicine An Adaptable Curriculum Review and Assessment Continuing Education The Future as a TCM Practitioner Traditional Chinese Medicine Program Chart Department of Traditional Chinese Medicine Theory Department of Traditional Chinese Medicine Acupuncture Department of Traditional Chinese Medicine Herbology Department of Traditional Chinese Clinical Medicine |

Department of Western Medicine
Department of TCM Clinical Training
Department of Complementary Studies
Department of Review and Assessment

66 *Certificate Programs*

Sports Medicine Certificate Program
Five Element Certificate Program
Medical Qigong Practitioner Certificate Program
TCM Tuina Massage Practitioner Certificate Program

69 *Study Abroad in China*

70 *Student Services*

Student Communications
Student Council
Student Health Services
Online Bookstore
Library
Externships
Student Employment
Career Opportunities

72 *Admissions*

Five Branches Students
Visit Five Branches
Applying to Five Branches
The Admissions Process
International Applicants
Transfer Students

78 *Financial Aid, Tuition & Fees*

Federal Student Financial Aid program
Applying for Financial Aid
Financial Aid Policies
Tuition and Fees
Scholarships

80 *Academic Policies*

Student Handbook
Part Time Studies—Six Year Limit
Academic and Clinic Class Size
Grades and Academic Standing
Cumulative Review and Competency Exams
Student Review Committee
Graduation

83 *Application for Admission*

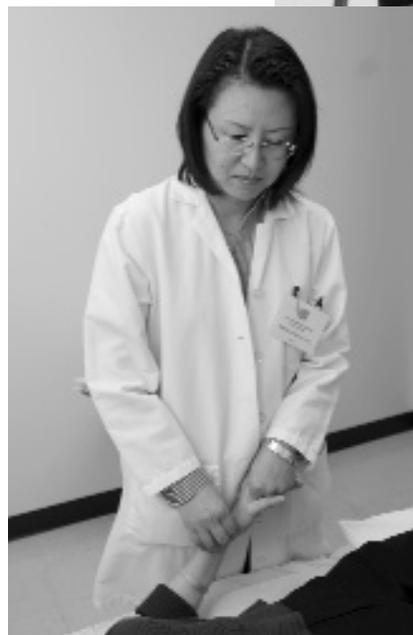


Above: **Five Branches** students enjoying **Santana Row**

Right: **Joanna Zhao** teaching



Danling Zhang taking a patient's pulse



Mission and Purpose

Five Branches University, Graduate School of Traditional Chinese Medicine, aims to provide a professional medical education in the art, science, and practice of Traditional Chinese Medicine (TCM) through classroom courses and clinical training.

Five Branches University's educational focus is:

- The art, science and practice of TCM as rooted in the Classics
- TCM's success in modern clinical practice
- The integration of TCM with the best practices of Western medicine

Five Branches University is committed to providing the highest level of education in Traditional Chinese Medicine.

Educational Objectives

1. To prepare our graduates to diagnose, prescribe and provide medical treatment within the parameters of Traditional Chinese Medicine.
2. To provide graduates with sufficient knowledge of TCM's non-technical modalities of diet, massage, Taijiquan and Qigong to become capable advisors to their patients on lifestyle issues that influence their state of health.
3. To instill in our graduates universal and professional medical ethics and the social responsibilities of providing primary healthcare.
4. To impart to each graduate the knowledge to make, whenever necessary, appropriate referrals of patients to other healthcare professionals.
5. To give each graduate the knowledge and skills to prepare for the national certification and California licensing exams.
6. To provide graduates with foundation knowledge in establishing and managing a professional practice.

Values

TCM philosophy views medicine as a compassionate response to human suffering. At Five Branches University, students are chosen for their academic competence, and for their commitment to serving people. Our faculty members are chosen for the excellence they demonstrate in their specialized fields, and for the passion they emanate while teaching and mentoring students. Five Branches University encourages an academic environment where kindness prevails.

Vision of Five Branches

Providing a community of learning and TCM healthcare, Five Branches University is dedicated to making the views and methods of Traditional Chinese Medicine a part of world medicine.

To facilitate the Five Branches' vision, we will continue in-depth development of TCM education and healthcare, and provide advanced levels of education and training in Western medicine through our Master's, Doctoral, and Asian bodywork certificate programs. It is our knowledge of Chinese diagnosis, herbal formulas, acupuncture, Tuina massage, Qigong and Taijiquan that offers a comprehensive, high level education to our students, and exceptional healthcare to our patients.

There are four trends influencing the Five Branches vision over the next 20 years:

- TCM universities in China and medical experts in the U.S. are sharing their expertise in TCM and Western medicine. This is vital for the advanced development of TCM doctoral programs and research.
- Growing public interest in Chinese medicine will result in more patients seeking highly qualified TCM practitioners. Our work is to continually improve our programs to provide the best educated and trained practitioners to meet this growing demand.
- Through research, healthcare professions and institutions will continue to discover the depth and efficacy

of TCM, resulting in greater acceptance among medical professionals and medical schools.

- Patients and healthcare providers will understand the advantages of integrated, multi-disciplinary medicine, creating a greater demand for a wider spectrum of healthcare modalities to enhance health, and to diagnose and treat disease and disharmonies.

In the next 20 years, Five Branches will evolve into an international university, teaching high-level TCM education in English, Chinese, and Korean both in the U.S. and worldwide. We will offer TCM healthcare in an integrative medical environment, including both outpatient and inpatient care. This high level of healthcare and medicine will be offered in a supportive and humanistic environment, reflecting, as a leading medical doctor at Stanford once stated, “simple kindness and caring.”

A Growing Profession

The growth in the acupuncture profession from 2002 to the present has increased dramatically. According to the American Association of Acupuncture and Oriental Medicine, there are currently over 8,000 students enrolled in 65 Traditional Chinese Medicine colleges and over 26,000 licensed acupuncture practitioners throughout the United States. This is a growing profession!

Alternative healthcare has shown continual growth over the past decade. According to a nationwide government survey released in December 2008, approximately 42% of Americans are spending more than \$34 billion annually on alternative healthcare. This growth is a result of increasing public awareness of preventative

medicine, the importance of staying healthy, and the growing preference for safe and natural medicine. Employment in alternative healthcare, including Chinese medicine, chiropractic, massage and other modalities is expected to increase by 48.8% from 2002 to 2012.

We are very privileged to have acupuncture and Chinese medicine, healthcare and education, at such high levels in the U.S. We express gratitude to the pioneers who worked so hard over the last 40 years to get us to where we are today, and to those that continue to contribute their efforts in the transmission of this precious knowledge and medicine to the West.

Graduate Success

Five Branches University graduates consistently achieve high passing scores on both the California state licensing exam and the national certification exam, maintaining the #1 position for 19 of our 25 years! In 2009, our graduates were again #1 for first-time test takers in northern California. These statistics speak to the level of quality of our faculty, our curriculum, and the dedication of our students.

Like an MBA program, the MTCM program prepares students to be theory-based, action-oriented leaders in the TCM profession. Five Branches has turned out extraordinarily accomplished alumni who are leaders in every facet of TCM: practitioners, teachers, authors, international lecturers, consultants, and researchers. Access to these alumni allows our students excellent networking opportunities for professional advancement.



**San Jose campus
classroom**

History of Five Branches

Five Branches University was founded on an auspicious day: February 4, 1984, on Chinese New Year in the Year of the Mouse, at the beginning of a 60-year cycle. We had one classroom, a clinic with three treatment rooms, five teachers, 18 dedicated students, one patient a day, and one typewriter. Today we have two campuses, 12 classrooms, 33 treatment rooms, 100 teachers, 450 dedicated students, 600 alumni, and we see 140 patients a day. We have grown.

From the beginning, it was our intention to invite Traditional Chinese Medicine practitioners to the West, to teach and transmit their precious knowledge of Chinese medicine and to share their subtle yet powerful ways of practicing medicine. The history of Five Branches began when several of these extraordinary yet humble practitioners of TCM accepted our invitation.

The essence of our success has been the quality and dedication of our faculty/practitioners. Jeffrey Pang, L.Ac., Joanna Zhao, L.Ac., Sharon Feng, L.Ac., and Lucy Hu, L.Ac., have been with us for over 20 years. Richard Liao, L.Ac., Richard Shwery, L.Ac., and Shao Hua Li, L.Ac., taught for over 10 years. Today, our faculty number over 100 distinguished members.

The most meaningful events of our history, however, are the memories of the hug and warm smile a patient gives one of our faculty members when they meet outside the clinic, the faculty member who shares how Chinese medicine saved their patient's life, and the heartfelt gratitude expressed by a graduate at their graduation for the gifts received from faculty during their time of study and training at Five Branches.

It is our comprehensive academic programs, the quality of teaching in both the classroom and clinic and the deep and sincere dedication of faculty, staff and students that have contributed significantly to the transmission of this incredible medicine into our communities and throughout the West.



History Highlights

1984-1988

Five Branches Institute is founded on February 4, 1984

Five Branches enrolls its first class of 18 dedicated students

Approved as degree-granting school by California Council of Education

Five Branches builds a modern seven-room clinic

1989-1993

The Five Element Acupuncture program is established

Five Branches students travel to China for the annual Study in China program

The Medical Qigong program is established

1994-1998

Five Branches Institute receives national accreditation

The NADA program is established

Five Branches expands the library, clinic and classrooms

Externship clinic program with community clinics is established

1999-2003

The Sports Medicine program is established

Five Branches expands modern clinic to 22 treatment rooms

The Hepatitis C clinic program is established

Five Branches signs cooperation agreement with Zhejiang College of TCM to develop joint Doctoral/Ph.D. program

2004-2008

Five Branches co-hosts the first International Conference on Integrated Medicine with Zhejiang Chinese Medical University in China

Five Branches establishes the San Jose campus, offering the TCM Master's Degree

Stanford doctors and staff explore cooperative education with Five Branches

The Doctor of Acupuncture and Oriental Medicine program is established

The TCM Master's Degree in Chinese program is established at the San Jose campus

2009

Five Branches University celebrates its 25 year anniversary

The Korean Master's in Oriental Medicine program is established

Accreditation & Approvals

National Accreditation

Accreditation of Master of TCM Degree Programs

The Master of Traditional Chinese Medicine degree programs of Five Branches University, Graduate School of Traditional Chinese Medicine in Santa Cruz, California and San Jose, California are accredited by the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM), which is the U.S. Department of Education-recognized accrediting agency for the approval of programs preparing acupuncture and Oriental medicine practitioners.

Candidate for Accreditation of Doctoral Degree Program

The Doctor of Acupuncture and Oriental Medicine (DAOM) program of Five Branches University is a candidate for accreditation with the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM), which is the recognized accrediting agency for the approval of programs preparing acupuncture and Oriental medicine practitioners. Note: ACAOM is not currently recognized by the U.S. Department of Education for its accreditation or candidacy reviews with respect to doctoral programs in the field.

ACAOM is located at Maryland Trade Center Building, Suite 760, 7501 Greenway Center Drive, Greenbelt, MD 20770; telephone (301) 313-0855; website: www.acaom.org

National and State Approvals

Five Branches University is recognized and approved by the following national and state departments:

- National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM)
- Council of Colleges of Acupuncture and Oriental Medicine (CCAOM)
- Title IV Federal Student Financial Aid Program, U.S. Department of Education
- US Citizenship and Immigration Services (USCIS)
- U.S. Department of Homeland Security approval for foreign students
- Veterans Education, U.S. Department of Veterans Affairs
- Member National Organization for Competency Assurance (NOCA)
- Accredited by the National Commission for Certifying Agencies (NCCA)

- Public Benefit, Non-Profit Corporation, California Secretary of State
- California State Acupuncture Board, California State Department of Consumer Affairs
- Bureau for Private Postsecondary and Vocational Education, California State Department of Consumer Affairs

Board of Directors

Board Chair: **Angela Tu, L.Ac.**

TCM Practitioner, Walnut Creek, California

Commissioner, Accreditation Commission for Acupuncture and Oriental Medicine

Ex-commissioner, California Acupuncture Board

Ex-commissioner, National Certification Commission for Acupuncture and Oriental Medicine

Secretary: **John K. Liu, Esq.**

Attorney at Law, Fenwick & West LLP, Mountain View, California

Treasurer: **Lar Short**

Director, Grace Essence Mandala, Taos, New Mexico

Ron Zaidman, M.B.A., M.T.C.M., Doctoral Fellow

President and CEO, Co-founder of Five Branches University

Joanna Zhao, L.Ac., Doctoral Fellow

Vice-President Academic Affairs, Co-founder of Five Branches University

**Joanna Zhao and
Ron Zaidman,
co-founders of
Five Branches
University**



The Community

Santa Cruz

Whose face doesn't light up when you mention Santa Cruz, California? At the top of the Monterey Bay crescent, Santa Cruz shines like an emerald between warm beaches and cool redwood forests. With a population that barely tops 54,000, Santa Cruz belies her small town size with big personality and endless possibilities for recreation and entertainment. Home to the University of California (UCSC) and Cabrillo College, Santa Cruz has a vibrant youth culture that keeps the community unique and up to date while still retaining a warm neighborhood feel.

Outdoors

If you love fresh sea air, surf and the great outdoors, you have come to the right place. Blessed with mild weather and a gorgeous coastline, Santa Cruz has lured surfers, boaters, hikers and bikers for decades. Bursting at the seams with parks, beaches and open spaces, Santa Cruz County is one of the most beautiful places to find yourself outside.

Food and Local Agriculture

One of the five branches of Chinese medicine is nutrition, and Santa Cruz makes it easy for you to find fresh, wholesome, local food at many restaurants, cafes and health food markets. Nearby farms are represented at several farmers' markets located throughout the city, featuring fresh organic fruits and vegetables, locally caught seafood, artisan cheeses, fresh flowers and more.

Arts and Entertainment

The creative denizens of Santa Cruz have made sure your experience here is steeped in art of every persuasion. Museums, art galleries, theater and dance troupes will keep your cultural calendar overflowing with options. Look forward to music every night of the week, thanks to a thriving local music scene. Downtown hosts a lively shopping district with bookstores, boutiques, restaurants and movie theaters catering to locals and visitors alike. The historic Santa Cruz beach boardwalk, home of the world famous Big Dipper roller coaster, is a seaside amusement park that has been a family destination for over 100 years.



*Santa Cruz beach
one block
from campus*

San Jose

In the heart of Silicon Valley, the mecca of high tech, San Jose is the largest city in Northern California. Attracted by mild Mediterranean weather and high wages, people from around the world have made their home in San Jose, creating the most ethnically diverse city in the nation. Add a low crime rate and a spacious, wide open feeling and you have one of the most livable, family-friendly locations in the west. The San Jose International Airport makes travel easy and proximity to San Francisco, Santa Cruz, and the wine country provide day trip destination getaways.

Outdoors and Athletics

With 300 days of sunshine per year, you can imagine San Joseans take good advantage of their parks and open spaces. Many walking and biking trails within the city limits provide glimpses of nature during your green commute. Local sport fans are proud of their NHL hockey team the San Jose Sharks, as well as the major soccer league team the San Jose Earthquakes. These pro games are events you won't want to miss.

Food and Local Agriculture

Once known more for apricots, plums and grapes than silicon, the fertile Santa Clara valley supplies a rich harvest of produce that can be seen on display at many area farmers' markets. As one of the oldest wine producing regions in California, Santa Clara valley has many wineries offering tours and tastings daily. Replete with international cuisine and fine restaurants, the quality and variety of dining experiences in San Jose are something to savor.

Arts and Culture

Thanks to a special city ordinance, public art is on the rise in San Jose and many pieces can be seen throughout the city in parks and downtown areas. The celebration of art and culture continues with many community events, performance companies, galleries and museums, including the renowned contemporary San Jose Museum of Art. One of the busiest venues in the world, the HP Pavilion hosts major musical acts, sporting events and conferences. The cosmopolitan Santana Row district combines shopping, dining, living and relaxing all in a beautiful tree-lined atmosphere.



San Jose campus building seen from Santana Row



On Campus

Located in sunny California, our Santa Cruz and San Jose campuses offer students the best of both worlds: the relaxing atmosphere of beautiful beaches and redwood forests and the high energy excitement of a city filled with culture, entertainment and high technology.

The Santa Cruz Campus

The Five Branches Santa Cruz campus is located in a beautiful residential community, one block from the beach, on the Monterey Bay and close to the Santa Cruz Yacht Harbor. Located along California's scenic Central Coast, Santa Cruz is renowned for its beautiful beaches and nearby redwood forests. With the cosmopolitan appeal of a college town, as well as the ambiance of a small coastal California city, Santa Cruz offers a cultural life that is both diverse and progressive. At the heart of the campus is the Five Branches health center which has provided exceptional healthcare to patients for over 25 years. Our Santa Cruz campus radiates a natural and peaceful feeling, the perfect environment for healing and the study of Traditional Chinese Medicine.

The San Jose Campus

In the heart of Silicon Valley, the Five Branches San Jose campus is part of a bustling commercial metropolis that is home to major players in the world of technology, such as Google, Intel and eBay. The San Jose campus resides in a modern high-rise office building, located across from the prestigious shopping area called Santana Row, within walking distance of sidewalk cafes and beautiful fountains. Universities in the San Jose area are plentiful, with the most renowned being Stanford. The city of San Francisco and the beaches of the Monterey Bay are only a short commute away. Enter the San Jose campus through a welcoming courtyard leading you to the entrance of both the health center and the University, where our English, Chinese and Korean Master's daytime and evening programs and our prestigious doctoral program reside. The San Jose campus glows with the vibrant energy of the city, the perfect environment for students who want to excel in the study and practice of Traditional Chinese Medicine.

***Student and instructor
preparing herbal
formulas in herb room***

Here is a list of amenities our campuses have to offer:

Health Center

Patients await their treatments in a beautifully designed reception area, while practitioners treat over 100 patients each day in our busy health centers. With a combined 29 treatment rooms, herbal pharmacies containing over 500 medicinal products, and expert patient-care and clinical instruction, our health centers are the ideal place to gain experience in a clinical environment and to learn how to provide exceptional healthcare to your patients.

Herb Room

The herb room is a fragrant experience. Walls lined with wooden drawers full of Chinese herbs, emanate earthy aromas, as practitioners prepare herbal remedies for their patients in the traditional way. In the herb room you will meet with practitioners to learn first-hand how to use herbal medicines to effectively treat patients.

Classrooms

Our spacious classrooms and small class sizes provide an optimal environment for dynamic discussion, meaningful interaction and meaningful teacher-student relationships.



Student Lounge

A place to rest, nourish yourself and socialize, the student lounge is fitted with comfortable sitting areas, tables for study, a kitchen to prepare meals, a wireless connection for internet surfing, and a bulletin board to check out the latest campus and public events.

Library

For students working on patient cases or preparing for exams, the library is a quiet haven for research and study. Our libraries are the information conduits of our campuses with over 5,000 books and journals about TCM and Western medicine, computers with wireless internet, study aid programs, and a helpful staff.

Administrative Offices

The open, friendly and accessible administrative team consider students their top priority. Whether you need assistance to plan your class schedule, secure financial aid or to voice your concerns, administrative staff is available to assist you.

Conference Rooms

For confidential consultations, students, faculty and administrators may use the meeting room, one of the conference rooms or private staff offices.

Special Events

Classrooms and meeting rooms are used for Continuing Education seminars, workshops, and special presentations in fields related to Traditional Chinese Medicine.

Parking

Both of our campuses have free, ample parking to accommodate the needs of students that commute.

Local Favorites

At the Santa Cruz campus, one block from the beach, lunch breaks on the ocean are a favorite pastime. Enjoy Yacht Harbor spots like the Crow's Nest, a famous restaurant with wonderful happy hour specials and a dining room perfect for watching the sunset. Also within walking distance in the vibrant Seabright neighborhood are delis and cafés, as well as a wonderful park with tennis courts and a picnic area, a great place to sit and enjoy the sunshine.

The San Jose campus has a bountiful supply of restaurant choices. Located within walking distance, the Santana Row shopping area offers food from around the globe. Designed after the gracious shopping experiences in Europe, Santana Row offers students outdoor cafes, tree-lined walks, the latest fashions, and great people-watching.

Transportation

Transporting yourself to the Santa Cruz campus is easy with two designated free parking areas, numerous bike racks, and a bus stop directly in front of the student lounge. To obtain information on the bus routes in the Santa Cruz area, go to <http://www.scmtd.com>.

The San Jose campus is conveniently located at the major freeway intersections of Highway 280 and Highway 880, making your travel to and from school a breeze. To obtain information on public transportation in the San Jose area, go to www.511.org.

Housing

Students who need housing should arrive in Santa Cruz or San Jose six weeks before the beginning of the semester. The distance between the two campuses is 35 miles. While it is possible to commute, students may wish to find housing closer to their home campus. Go to the Five Branches website, www.fivebranches.edu, Student Life/On Campus/Housing, to find a list of resources to aide you in your housing search.

**Students in
campus
library**



Academic Calendar

Fall 2011–Spring 2012

The university offers two 17-week semesters per year, with a mid-semester break. There is also a four-week winter intersession and an eight-

week summer session. The clinic is open year round.

The university and clinic are closed on the holidays listed in the calendar. We remain open on other holidays.

Fall Term 2011

August

- 8 100% Fall 2011 Tuition Due for Self-Paying Students
50% Fall 2011 Tuition Due for Payment Plan Students
- 22 Fall Term Begins

September

- 6 Summer 2011 Grades Released
- 9 Academic Course/Clinic drop deadline
- 18 FACE: Final Assessment Cumulative Exam
- 26 Remaining 50% Fall 2011 tuition due for payment plan students

October

- 23 FACE: Final Assessment Cumulative Exam
- 24 Spring/Summer 2012 Schedule Released

November

- 9–17 Spring/Summer 2012 Registration
- TBD FACE: Final Assessment Cumulative Exam
- 22–27 Thanksgiving Break

December

- 17 Fall Term Ends
- 25–26 Christmas Observed
- 27 100% Spring 2012 Tuition Due for Self-Paying Students
50% Spring 2012 Tuition Due for Payment Plan Students

Spring Term 2012

January

- 7 CNT by CCAOM, Santa Cruz
- 9 Spring Term Begins
- 15 Faculty Meeting, Santa Cruz
- 16 Fall 2011 Grades Released
- 28 Academic/Clinic Course Drop Deadline

February

- 13 Remaining 50% Spring 2012 Tuition Due for Payment Plan Students

March

- 11–18 Spring Break
- 26 Fall 2012 Schedule Released

April

- 1 North Harbor Parking Policy Begins, Santa Cruz
- 5–13 Fall 2012 Registration
- 30 100% Summer 2012 Tuition Due for Self-Paying Students
50% Summer 2012 Tuition Due for Payment Plan Students

May

- 1 **First Priority Application Deadline for Fall 2012**
- 5 Spring Term Ends
- 6 Spring 2012 Commencement Ceremony

Summer Term 2012

May

- 1** First Priority Application Deadline for Fall 2012
- 14** Summer Term Begins
- 26** Academic/Clinic Course Drop Deadline
- 28** Memorial Day

June

- 4** Spring 2012 Grades Released
- 4** Remaining 50% Summer 2012 Tuition Due for Payment Plan Students

July

- 4** Independence Day

August

- 4** Summer Term Ends
- 6** 100% Fall 2012 Tuition Due for Self-Paying Students
50% Fall 2012 Tuition Due for Payment Plan Students

Fall Term 2012

August

- 5** CNT by CCAOM, San Jose
- 20** Fall Term Begins
- 26** Faculty Meeting, San Jose

September

- 1** First Priority Application Deadline for Spring 2013
- 3** Labor Day
- 4** Summer 2012 Grades Released
- 8** Academic Course/Clinic Drop Deadline
- 24** Remaining 50% Fall 2012 Tuition Due for Payment Plan Students

October

- 1** South Harbor Parking Policy Begins, Santa Cruz
- 29** Spring/Summer 2013 Schedule Released

November

- 8–16** Spring/Summer 2013 Registration
- 20–25** Thanksgiving Break

December

- 15** Fall Term Ends
- 16** Fall 2012 Commencement Ceremony
- 24** Christmas Eve
- 25** Christmas Day
- 26** 100% Spring 2013 Tuition Due for Self-Paying Students
50% Spring 2013 Tuition Due for Payment Plan Students



MARC VELEZ
STUDENT

“The best four years spent in school ever! The curriculum is well balanced, with a reverence for both the ancient and the cutting-edge. From learning to understand the Qi and tastes of the plants to interpreting blood chemistry, Five Branches has given me clinical skills in addition to the resources necessary for continued growth and a lifetime of learning.”



The Faculty

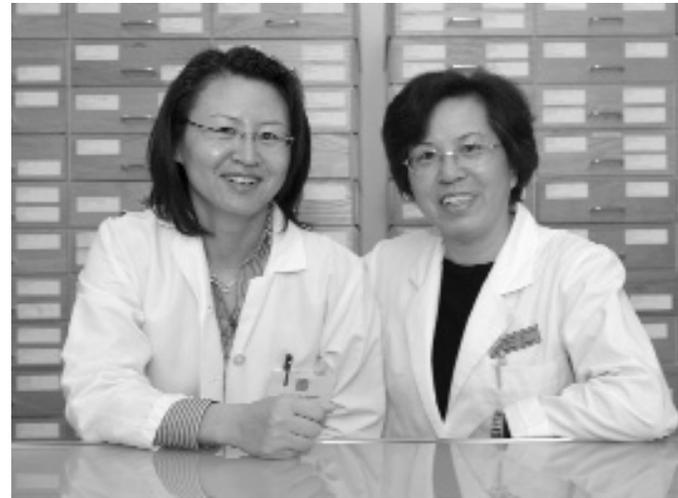
Just as the Qi, or vital life energy, animates our bodies, it is the Five Branches faculty that breathes life into the curriculum.

The Five Branches faculty has been carefully selected from the many experienced Traditional Chinese Medicine (TCM) and Western medicine teachers in the United States and China. Many of our faculty descended from a lineage of TCM Masters in China and have over 40 years experience practicing and teaching TCM. Many have trained in China's most prestigious TCM universities and hospitals, such as Shanghai University of TCM, Beijing University of Chinese Medicine, Guangzhou Sun Yat Sen Medical University, Liaoning University of TCM, Fujian University of TCM, and Zhejiang Chinese Medical University. Our faculty includes seasoned medical doctors who teach academic and clinical Western medicine courses. All of the instructors are fluent in English and are experienced and successful, teacher-practitioners. The Chinese and Korean Master's program faculty are fluent in their respective languages.

As a student of Five Branches you will learn from highly skilled and experienced teachers who bring a strong foundation of both Chinese and Western medicine into the classroom. You will have the opportunity to absorb their wisdom through direct teaching, and to

observe the intangible qualities of compassion and caring in their interactions with patients. You will experience faculty who are passionate about Chinese and integrative medicine, interested in achieving academic excellence, and who are eager to assist you with your personal growth and success as a TCM practitioner.

The Five Branches faculty is a dedicated community of practitioners, teachers, international lecturers, and published authors whose exceptional qualities are reflected in the skill and confidence of Five Branches' graduates and in the school's 25 year history of academic and clinical excellence.



Above: **Danling Zhang and Julie Zhu**

Left: **Jeffrey Pang teaching a class in the 1980s**



FIVE BRANCHES UNIVERSITY FACULTY, DEPARTMENT CHAIRS

The Five Branches University Department Chairs are highly knowledgeable and experienced professionals and teachers who create and maintain a comprehensive TCM Master's program which teaches the most authentic forms of TCM and the fundamentals of Western Medicine.



Jeffrey Pang

L.Ac., M.D. (China)

■ Senior Professor
Faculty Since 1984

Department Chair, TCM Theory

Department Chair, TCM Herbology

M.D., Sun Yat Sen University of Medical Sciences, China
Contract Acupuncturist, Kaiser Hospital, Santa Teresa Pain Management Center

Professor Pang teaches in the Departments of TCM Theory, TCM Herbology, TCM Clinical Medicine and TCM Clinical Training and is a faculty member of the Five Branches DAOM program.



Joanna Zhao

L.Ac., Dipl.Ac. (NCCAOM),
M.D. (China), DAOM Fellow

■ Senior Professor
Faculty Since 1984

Academic Dean

Clinic Director

Department Chair, TCM Clinical Medicine

Department Chair, TCM Clinical Training

B.S., Shanghai University of Traditional Chinese Medicine, China
DAOM Fellow, Five Branches University

Professor Zhao teaches in the Departments of TCM Acupuncture and TCM Herbology and is a faculty member of the Five Branches DAOM program.



Lucy Hu

L.Ac., Dipl.Ac. (NCCAOM),
M.D. (China)

■ Senior Professor
Faculty Since 1989

Department Chair, Pediatrics

M.D., Shenyang University, China
Instructor, Dalian Medical College
Graduate, Acupuncture Medical Institute, Hong Kong

Professor Hu teaches in the Departments of TCM Clinical Medicine and TCM Clinical Training and is a faculty member of the Five Branches DAOM program.



Alan S. Wong

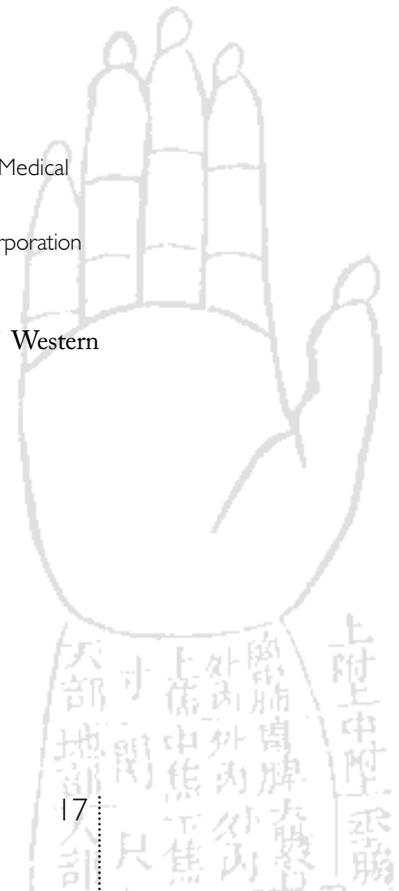
M.D.

■ Senior Professor
Faculty Since 2000

Department Chair, Western Medicine

M.D., Albert Einstein College of Medicine
Residency, Stanford University/Kaiser Permanente Medical Center, Santa Clara, California
Principle physician, Lockheed Missiles and Space Corporation
Medical Acupuncture Training, UCLA

Dr. Wong teaches in the Department of Western Medicine.





Christine Klein

L.Ac., DAOM Fellow
 ■ Associate Professor
 Faculty Since 1995

Department Chair, Complementary Studies

MTCM, DAOM Fellow, Five Branches University

Christine Klein teaches in the Departments of TCM Clinical Training and Complementary Studies.



Mary Huse

R.N., L.Ac., M.Ac.,
 Dipl.Ac. (NCCAOM)
 ■ Professor
 Faculty Since 1997

Department Co-Chair, Five Element Specialty

M.Ac., Traditional Acupuncture Institute, Maryland and Santa Barbara College of Oriental Medicine, California

Professor Huse teaches in the Departments of TCM Theory and TCM Clinical Training.



Gary Dolowich

M.D., L.Ac., BAc. (UK),
 Dipl.Ac. (NCCAOM)
 ■ Professor
 Faculty Since 1997

Department Co-Chair, Five Element Specialty

M.D., University of Pennsylvania School of Medicine
 B.Ac. (UK), College of Traditional Chinese Acupuncture,
 England

Faculty, Academy for Five Element Traditional Acupuncture
 Institute, Florida

Co-author, *Ancient Roots, Many Branches: Energetics of
 Healing Across Cultures and Through Time*

Author, *Archetypal Acupuncture: Healing with the Five
 Elements*

Dr. Dolowich teaches in the Departments of TCM Theory and TCM Clinical Training and is a faculty member of the Five Branches DAOM program.



**Julie Wenying
 Zhu**

L.Ac., M.D. (China)
 ■ Professor
 Faculty Since 2005

Department Chair, TCM Acupuncture

M.D., Shanghai University of Traditional Chinese Medicine
 and Pharmacology, China

Physician, Instructor, First People's Hospital, International
 Traditional Medical Center and Red Cross Hospital,
 Shanghai, China

Professor Zhu teaches in the Departments of TCM Acupuncture and TCM Clinical Training.



**Sally Lewis and
 Mary Huse**



L. Francesca Ferrari

L.Ac., Dipl.Ac. (NCCAOM),
MMQ, DMQ (China)

■ Associate Professor
Faculty Since 2004

Department Chair, Medical Qigong Science

MTCM, Five Branches University

MMQ, International Institute of Medical Qigong

DMQ, Beijing Western District Medical Qigong, TCM
Research Institute, China

Post-graduate studies, Xiyuan Hospital, Beijing, China

Francesca Ferrari teaches in the Departments of
Complementary Studies and TCM Clinical Training.



Natasha Worrell-Merritt

L.Ac.

■ Instructor
Faculty Since 2010

Department Chair, Review and Assessment

MTCM, Five Branches University

Natasha Worrell-Merritt teaches in the Department of
Review and Assessment.



Jean Vlamynck

L.Ac., MMQ, Dipl.Ac.
(NCCAOM), DAOM Fellow

■ Associate Professor
Faculty Since 2000

Associate Chair, Medical Qigong Science

MTCM, DAOM Fellow, Five Branches University

MMQ, International Institute of Medical Qigong

Jean Vlamynck teaches in the Departments of
Complementary Studies and TCM Clinical Training.



**Sharon Feng
teaching
gynecology class**

FIVE BRANCHES UNIVERSITY FACULTY



Marilyn Allen

M.S.

■ Professor
Faculty Since 2002

M.S., Management and Administration, Pepperdine University
Editor, *Acupuncture Today*
Consultant, California State Board of Acupuncture
Co-author, *Points for Profit, The Essential Guide to Practice Success for Acupuncturists*

Professor Allen teaches in the Department of Complementary Studies.



Adam Atman

L.Ac., MMQ, CMT

■ Associate Professor
Faculty Since 2000

MTCM, Five Branches University
MMQ, International Institute of Medical Qigong
Certification, Postural Integration, Samuel Schoonover
CMT, Massage Therapy, Polarity Therapy, Cypress Health Institute, California
Licensure, Swedish Massage Therapy, Polarity Therapy, Churchill Center, England
Certification, Chua K'a Mongolian Warrior Massage, Master San Gee Tam

Adam Atman teaches in the Department of TCM Theory.



Natan-Bar Shimon

L.Ac., QME, DAOM Fellow

■ Instructor
Faculty Since 2008

MTCM, DAOM Fellow, Five Branches University
QME, State of California

Natan-Bar Shimon teaches in the Departments of TCM Acupuncture and TCM Clinical Training.



Robert Barry

L.Ac. Dipl.Ac., QME, LMT

■ Associate Professor
Faculty Since 2006

MTCM, Five Branches University
B.A. (Music), University of Massachusetts, Lowell

Robert Barry teaches in the Department of TCM Clinical Training.



Jasmine Berke

L.Ac., Dipl.Ac. (NCCAOM),
DAOM Fellow

■ Associate Professor
Faculty Since 2000

MTCM, DAOM Fellow, Five Branches University

Jasmine Berke teaches in the Departments of TCM
Acupuncture and TCM Clinical Training.



Anji Buckner

M.S.

■ Instructor
Faculty Since 2008

M.S., Public Health, San Jose State University, California

Anji Buckner teaches in the Department of Western
Medicine.



Mariposa Bernstein

L.Ac., DAOM

■ Associate Professor
Faculty Since 2000

MTCM, DAOM Fellow, Five Branches University

B.A., Psychology, University of Massachusetts

Dr. Bernstein teaches in the Departments of TCM
Clinical Training and Western Medicine.



Narrye Caldwell

L.Ac.

■ Assistant Professor
Faculty Since 2006

MTCM, Five Branches University

B.A., Journalism, Wesleyan University

Advanced Training, Foundation for Shamanic Studies and
Institute for Transpersonal Psychology

Narrye Caldwell teaches in the Departments of TCM
Clinical Training and Western Medicine.



Marketa Bilkova

L.Ac.

■ Instructor
Faculty Since 2009

Western Medicine studies, First Medical School, Czech
Republic

MAcOM, Oregon College of Oriental Medicine

Marketa Bilkova teaches in the Department of Western
Medicine.

Loren Ging-Loon Chin

L.Ac.

■ Associate Professor
Faculty Since 2006

Certified Senior Instructor, Chen Qingzhou Martial Arts
Association

B.A., Arts, Northern Illinois University

Loren Ging-Loon Chin teaches in the Department of
Complementary Studies.



Ping Chou

Ph.D.

■ *Professor*
Faculty Since 2006

Ph.D., Chinese Literature, Stanford University, California
M. A., Indiana University
Teaching credentials: Beijing University of Foreign Studies,
Xiangtan Teachers College
Previous faculty positions: Stanford University, Washington
University, St. Louis Oberlin College, College of Wooster,
Reed College

Dr. Chou teaches in the Department of TCM Theory.



Tracy Cone

L.Ac.

■ *Instructor*
Faculty Since 2006

MTCM, Five Branches University
B.A., Political Science, University of California, San Diego

Tracy Cone teaches in the Departments of TCM
Theory and TCM Clinical Training.



***Elizabeth M.
Dailey***

L.Ac., Dipl. OM (NCCAOM)

■ *Instructor*
Faculty Since 2008

MTCM, Five Branches University
Mental Health Worker, Behavioral Health Unit, Dominican
Hospital, Santa Cruz, California
B.S., Psychology, Sacramento State University

Elizabeth Dailey teaches in the Departments of TCM
Acupuncture and Western Medicine.

Chris Ells

L.Ac., DAOM Fellow

■ *Instructor*
Faculty Since 2008

MTCM, DAOM Fellow, Five Branches University
Lecturer in Western Europe on Yin Tuina in treatment of
Parkinson's

Chris Ells teaches in the Departments of TCM
Clinical Training and Complementary Studies.



Galen Fisher

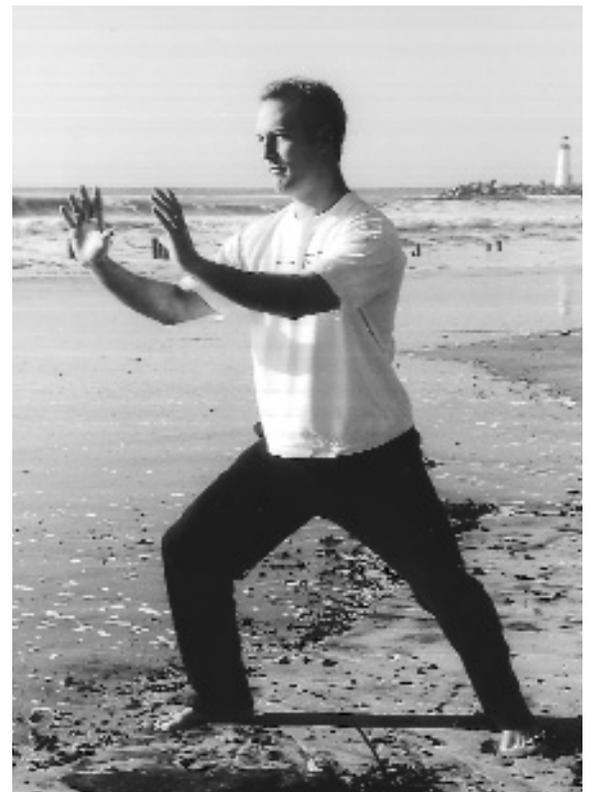
L.Ac.

■ *Associate Professor*
Faculty Since 2000

Meiji Toyo Igakuin, Japan
College of Traditional Chinese Acupuncture, England
Psychological Anthropology, Swarthmore College

Galen Fisher teaches in the Department of TCM
Clinical Training.

***Lee Holden
practicing
Qigong***





Tonya Fleck

N.D.

■ Assistant Professor
Faculty Since 2006

N.D., Southwest College of Naturopathic Medicine and Health Sciences, Arizona

M.S., Marriage and Family Therapy, University of Maryland

Dr. Fleck teaches in the Department of Western Medicine.



Katayoon Hakim

L.Ac.

■ Instructor
Faculty Since 2008

MTCM, Five Branches University

Post-graduate training, Beijing, China

Certification in Orthopedic Acupuncture

Katayoon Hakim teaches in the Department of TCM Clinical Training.



Ning Fu

L.Ac., Ph.D.

■ Professor
Faculty Since 2005

M.S, BMS, Chengdu University of TCM, China

Editor, *Journal of TCM and Pharmacology Information*

Dr. Fu teaches in the Departments of TCM Acupuncture and TCM Clinical Training.



Kristina Hanley

L.Ac., Dipl.Ac. (NCCAOM)

■ Instructor
Faculty Since 2008

MAcOM, Oregon College of Oriental Medicine

Certified Acupuncture Detoxification Specialist, NADA

Kristina Hanley teaches in the Department of Complementary Studies.



Nadine Gassner

Ph.D.

■ Professor
Faculty Since 2004

Associate Dean of Research

Ph.D., Chemistry, University of Oregon

Post-doctoral studies, Biomedical Research: Stanford

University, Yale University

Research Associate, Stanford University Medical School, California

Dr. Gassner teaches in the Department of Western Medicine.



Helen Wan He

L.Ac., DAOM Fellow

■ Instructor
Faculty Since 2008

MCTCM, South Baylo University

DAOM Fellow, Five Branches University

M.S., Beijing University of Chinese Medicine

Helen Wan He teaches in the Departments of TCM Theory, TCM Herbology and TCM Clinical Training.

“The instructors at Five Branches taught me to listen to patients and to practice hands-on medicine, something I had forgotten how to do. Moreover, they were the most approachable, selfless, kind-hearted and dedicated people I will probably ever come across. Chinese medicine has given me exactly what Western medicine did not—an awareness of the whole patient: body, mind and spirit—and its importance in maintaining health and curing disease.”

Chris Rasmussen, M.D., Alumnus



Stephanie He

L.Ac., M.D. (China), DAOM

■ Professor
Faculty Since 2000

M.D., Tianjin University of TCM, China
DAOM Fellow, Five Branches University
Physician, Instructor, First Teaching Hospital at Tian Jin
University of TCM, China

Dr. He teaches in the Department of TCM Clinical Training.



Charles Hsiung

Ph.D.

■ Professor
Faculty Since 2004

Ph.D., Naval Architecture Engineering Science, University of California, Berkeley
M.S., Engineering Mechanics, University of Michigan
B.S., Mechanical Engineering, National Cheng-Kung University, Taiwan

Dr. Hsiung teaches in the Department of Western Medicine.



Kea Hedberg

L.Ac.

■ Instructor
Faculty Since 2006

MTCM, Five Branches University
B.A., Women and Ethnic Studies, Brown University

Kea Hedberg teaches in the Department of TCM Theory.



Xiaotao Huang

L.Ac.

■ Associate Professor
Faculty Since 2009

M.S., Zhejiang Medical University Hospital
Director, Zhejiang Province Kaihua Traditional Chinese Medicine Hospital, China

Xiaotao Huang teaches in the Departments of TCM Theory and TCM Herbology.



Lee Holden

L.Ac.

■ Associate Professor
Faculty Since 2000

MTCM, Five Branches University

Producer, nine DVDs and author, *7 Minutes of Magic*
Senior Instructor, International Healing Tao, Mantak Chia
B.A., Psychology, University of California, Berkeley

Lee Holden teaches in the Department of Complementary Studies.



Darren Huckle

L.Ac., DAOM Fellow

■ Instructor
Faculty Since 2006

MTCM, DAOM Fellow, Five Branches University
B.A., Environmental Studies, University of California, Santa Cruz

Darren Huckle teaches in the Department of Complementary Studies.



John Jackson

M.D.

■ Professor
Faculty Since 2009

M.D., George Washington University
Internal Medicine Residency, University of California, Los Angeles
Fellow, American College of Physicians

Dr. Jackson teaches in the Department of Western Medicine.



LeTa B. Jussila

L.Ac.

■ Instructor
Faculty Since 2009

MTCM, Five Branches University
B.A., Syracuse University

LeTa Jussila teaches in the Department of Complementary Studies.



G. Wayne Jower

DPM, L.Ac.

■ Associate Professor
Faculty Since 2006

MTCM, American College of Traditional Chinese Medicine, California
B.S., Zoology, University of California, Berkeley
Faculty, Pacific Coast Hospital, San Francisco

Dr. Jower teaches in the Departments of TCM Theory and Western Medicine.



Glenn Kazmierski

L.Ac., QME

■ Instructor
Faculty Since 2007

MTCM, Five Branches University
QME, State of California
Certified, Asian Physical Medicine and Orthopedics
Certified, Western Herbalist
Clinical acupuncturist, Kaiser Permanente

Glenn Kazmierski teaches in the Department of Complementary Studies.



Joanna Zhao
teaching a class in
the 1980s



Sally Lewis

L.Ac., Dipl.Ac. (NCCAOM),
DAOM

■ Associate Professor
Faculty Since 2000

MTCM, DAOM Fellow, Five Branches University
B.A., Anthropology, Lake Forest College

Dr. Lewis teaches in the Department of TCM Clinical Training.



Nancy Lowe

L.Ac., Dipl.Ac. (NCCAOM),
DAOM Fellow

■ Associate Professor
Faculty Since 1993

MTCM, DAOM Fellow, Five Branches University

Nancy Lowe teaches in the Department of TCM Clinical Training.



Tala Lindaro

L.Ac.

■ Professor
Faculty Since 1998

Five Element training, Traditional Acupuncture Institute,
Columbia, Maryland

B.A., Microbiology and Chemistry, San Jose State University,
California

Professor Lindaro teaches in the Departments of TCM Theory and TCM Clinical Training.



George Lu

L.Ac. Dipl.Ac. (NCCAOM)

■ Instructor
Faculty Since 2008

M.S., The Academy of Chinese Medicine and Cultural Sciences

Intern, Shu Guan Hospital, Shanghai, China

Faculty, Emperor's College of Traditional Oriental Medicine,
Santa Monica, California

B.S., Business, San Francisco State University, California

George Lu teaches in the Department of TCM Clinical Training.



Jacquelyn Lorell

L.Ac.

■ Instructor
Faculty Since 2007

MTCM, Five Branches University

Jacquelyn Lorell teaches in the Department of TCM Clinical Training.



Mary F. Lyell

L.Ac.

■ Instructor
Faculty Since 2007

MTCM, Five Branches University

Undergraduate degree, Ohio State University

Law degree, Capital University

Mary F. Lyell teaches in the Department of TCM Clinical Training.



Faculty



Raqib Lynn-Katz

L.Ac.

■ *Instructor*
Faculty Since 2006

MTCM, Five Branches University
Instructor, K'an Herbs

Raqib Lynn-Katz teaches in the Department of TCM Clinical Training.



Sifu Jaime E. Marquez

L.Ac., CTPT, DAOM Fellow

■ *Assistant Professor*
Faculty Since 1995

MTCM, DAOM Fellow, Five Branches University
CTPT, California Certified Traditional Physical Therapist
President, San Francisco City College Martial Arts Program
Member, Santa Cruz Juvenile Justice Delinquency and Prevention Commission

Jaime Marquez teaches in the Department of Complementary Studies.



Lillian Manship

L.Ac., Dipl. Ac. (NCCAOM),
DAOM

■ *Instructor*
Faculty Since 2008

MTCM, DAOM, Five Branches University
Certificate, Clinical Internship, Zhejiang Chinese Medical University, China

Graduate, Lerner Education and Acupuncture Orthopedics Program

Dr. Manship teaches in the Department of TCM Clinical Training.



Doc Mitchell

L.Ac., DAOM Fellow

■ *Professor*
Faculty Since 1995

MTCM, DAOM Fellow, Five Branches University
B.A., Pacific University

Professor Mitchell teaches in the Departments of TCM Theory and TCM Clinical Training.



Jill Marino

L.Ac., Dipl. Ac. (NCCAOM)

■ *Instructor*
Faculty Since 2007

MTCM, Five Branches University
Certificate, Acupressure, Berkeley Acupressure Institute, Berkeley, California
B.F.A., Southern Oregon University, Ashland, Oregon

Jill Marino teaches in the Department of TCM Clinical Training.



John Nieters

L.Ac., QM, DNBAO, DAOM

■ *Associate Professor*
Faculty Since 2007

MSTCM, Academy of Chinese Culture and Health Sciences
DAOM Fellow, Five Branches University
Ph.D. Fellow, Zhejiang University, China
QME, State of California
DNBAO, National Board of Acupuncture Orthopedics

Dr. Nieters teaches in the Department of Complementary Studies.



Sharon Ornellas

L.Ac.
 ■ *Instructor*
 Faculty Since 2008

MTCM, Five Branches University
 B.A., Psychology, University of California, Santa Cruz

Sharon Ornellas teaches in the Department of TCM Clinical Training.



Heerei Park

R.N., L.Ac., DAOM
 ■ *Instructor*
 Faculty Since 2006

DAOM Fellow, Five Branches University
 R.N., Seoul National University, College of Nursing
 Nurse, Oncology, Med-surgical Units, Dominican Hospital, Santa Cruz, California

Dr. Park teaches in the Department of TCM Herbology.



Nicholas Pan

L.Ac., M.D. (China)
 ■ *Professor*
 Faculty Since 2005

DOM, South Baylo University
 M.D., Guangzhou University of TCM, China
 Physician, Guilin Hospital of TCM, China
 Director, Guilin Acupuncture Association
 Faculty, American College of Traditional Chinese Medicine, California

Professor Pan teaches in the Departments of TCM Acupuncture and TCM Clinical Training.



Kate Perkins

L.Ac., CMT
 ■ *Instructor*
 Faculty Since 2008

MTCM, Five Branches University
 B.A., Creative Writing, San Francisco State University, California
 Five Element training, Khosrow Khalighi, San Francisco, California

Kate Perkins teaches in the departments of TCM Theory and TCM Clinical Training.

Byung-Gook Park

M.D. (South Korea), Ph.D
 ■ *Professor*
 Faculty Since 2008

Ph.D., Internal Medicine
 M.D., South Korea
 Residency, Wyoming General Hospital

Dr. Park teaches in the Department of Western Medicine.



Judy Pruzinsky

L.Ac., Dipl.Ac. (NCCAOM),
 MMQG
 ■ *Assistant Professor*
 Faculty Since 2005

MTCM, Five Branches University
 MMQG, International Institute of Medical Qigong

Judy Pruzinsky teaches in the Departments of TCM Theory and TCM Clinical Training.

Chris Rasmussen

M.D., L.Ac.

■ *Professor*

Faculty Since 2004

M.D., Georgetown University, School of Medicine

MTCM, Five Branches University

Fellowship training in Cardio-thoracic Anesthesia, Good Samaritan Medical Center, Los Angeles

Magna Cum Laude, Chemistry, Arizona State University

Member Phi Lambda Upsilon, honorary chemistry society

Dr. Rasmussen teaches in the Department of Western Medicine.



Maureen Rozenn

L.Ac., Dipl.Ac. (NCCAOM),
DAOM

■ *Assistant Professor*

Faculty Since 2005

MTCM, DAOM, Five Branches University

Member, Hepatitis C Task Force, Santa Cruz, California

Dr. Rozenn teaches in the Department of TCM Clinical Training.



Bill Schoenbart

L.Ac., DAOM Fellow

■ *Associate Professor*

Faculty Since 2004

MTCM, DAOM Fellow, Five Branches University

Clinical Director, Hawaii College of Traditional Oriental Medicine, Maui

Faculty, American School of Botanical Medicine, Santa Cruz, California

Author, *Pocket Guide to Chinese Patent Medicines and Chinese Healing Secrets*

Member, Board of Trustees, American Herbal Products Association

Bill Schoenbart teaches in the Departments of TCM Theory and TCM Herbology.



June L. Sheldon

M.A., B.A.

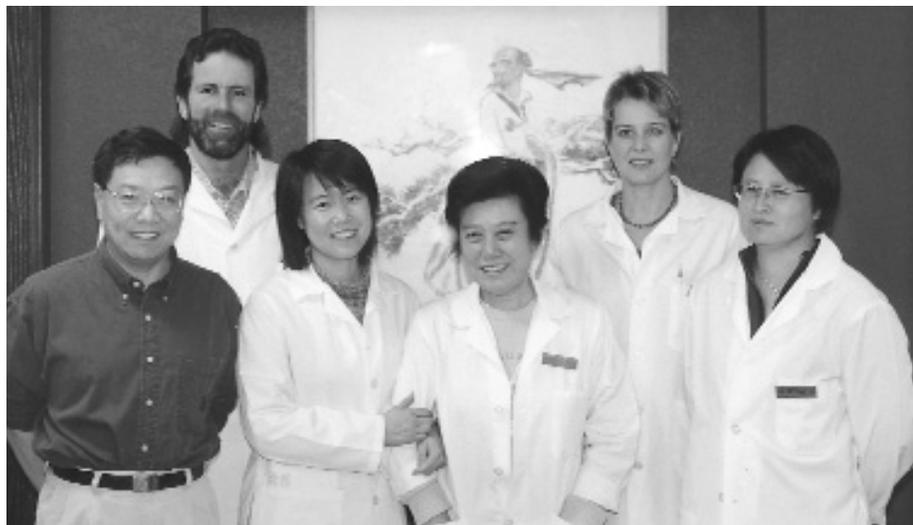
■ *Professor*

Faculty Since 2008

M.A., Molecular Biology, San Jose State University, California

B.A., Biology, San Jose State University, California

Professor Sheldon teaches in the Department of Western Medicine.



**Faculty members
Peter Yang, Michael
Alexander, Susanna
Shen, Sharon Feng,
Nancy Lowe and
Danling Zhang**



Susanna Xiaofen Shen

L.Ac., M.D. (China), DAOM Fellow

■ Professor
Faculty Since 1995

DAOM Fellow, Five Branches University
M.D., Fujian University of Traditional Chinese Medicine, China
Faculty, American College of Traditional Chinese Medicine, California

Professor Shen teaches in the Departments of TCM Herbology and TCM Clinical Training.



Sally Sheriff

L.Ac.
■ Instructor
Faculty Since 2008

MTCM, Five Branches University
B.A., Magna Cum Laude, Chinese Language and Culture, San Francisco State University, California

Sally Sheriff teaches in the Departments of TCM Clinical Medicine and TCM Clinical Training.



Po-Lin Shyu

L.Ac., Dipl.Ac. (NCCAOM), M.D. (China)

■ Professor
Faculty Since 2004

M.S., Academy of Chinese Cultural and Health Science
Intern, Shu Guan Hospital, Shanghai, China
Pre-physical Therapy degree, San Francisco State University, California

Professor Shyu teaches in the Departments of TCM Acupuncture and TCM Clinical Training.

Anthony Su

Ph.D., M.D.
■ Professor
Faculty Since 2002

M.D., (China)
Ph.D., Medicine and Pathology, University of London
Post-doctoral study, Bristol University Medical School, England
Faculty: Uppsala University, Aarhus University, Pathological Anatomy Institute in Salzburg, Antigua Medical School, Texas University
President, The Chinese Histochemistry and Cytochemistry Society

Dr. Su teaches in the Department of Western Medicine.



Cai Ping Tang

Ph.D.
■ Professor
Faculty Since 2005

Ph.D., Guangzhou TCM University, China
Faculty: Emperor's College, Dongguk Royal University

Professor Tang teaches in the Departments of TCM Clinical Medicine and TCM Clinical Training and is a faculty member of the Five Branches DAOM program.



Arnold Tayam

DMQ (China)
■ Professor
Faculty Since 2005

Faculty, Stanford University, California
Director, National Qigong Association
Haidian University of Beijing
Author, several Qigong and Taiji videos and publications
International Institute of Medical Qigong

Professor Tayam teaches in the Department of Complementary Studies.



Heather Thomsen

Ph.D.

■ Assistant Professor
Faculty Since 2008

Ph.D., Parental and Perinatal Psychology, Santa Barbara Graduate Institute

B.S., Biopsychology, University of California, Santa Barbara

Research: UCSF Department of Neurology, Rinat Neuroscience Inc., Lucile Packard Children's Hospital, Stanford University Medical Center

Dr. Thomsen teaches in the Department of Western Medicine.



Phu Tran

L.Ac., D.C.

■ Assistant Professor
Faculty Since 2006

Doctor of Chiropractic, Life West Chiropractic College
MTCM, Five Branches University

Dr. Tran teaches in the Departments of TCM Acupuncture and TCM Clinical Training.



Camille Vardy

L.Ac., DNBAO, DAOM Fellow

■ Associate Professor
Faculty Since 1995

MTCM, DAOM Fellow, Five Branches University
DNBAO, National Board of Acupuncture Orthopedics

Camille Vardy teaches in the Departments of TCM Theory, TCM Herbology and TCM Clinical Training.



Frank He and students



Anthony Von der Muhll

L.Ac., DNBAO

■ Assistant Professor
Faculty Since 2003

MTCM, Five Branches University
DNBAO, National Board of Acupuncture Orthopedics
Certificates: Personal Trainer; American College of Sports
Medicine; Massage Therapist, Sports, Deep Tissue, and
Acupressure
B.A., History, University of California, Santa Cruz

Anthony Von der Muhll teaches in the Departments of
TCM Acupuncture and TCM Clinical Training.



Janice Walton-Hadlock

L.Ac., DAOM Fellow

■ Professor
Faculty Since 2001

MTCM, DAOM Fellow, Five Branches University
Founder, Parkinson's Recovery Project, Yin Tui Na Centrum
of Amsterdam

Published in the *American Journal of Acupuncture*, *Journal of
Chinese Medicine*

Author, *Recovering from Parkinson's Disease: Understanding its
Cause and Mastering an Effective Treatment and Medications
of Parkinson's or Once Upon a Pill*

B.A., Biology, University of California, Santa Cruz

Professor Walton-Hadlock teaches in the Department
of TCM Clinical Training.



Benjamin Walker

B.S.

■ Instructor
Faculty Since 2006

B.S., Neurobiology, University of California, Irvine

Benjamin Walker teaches in the Department of
Western Medicine.



Douglas Yi Wang

L.Ac., Dipl.Ac. (NCCAOM),
M.D. (China), DAOM Fellow

■ Professor
Faculty Since 2004

M.D., Qinghai University Medical School, China

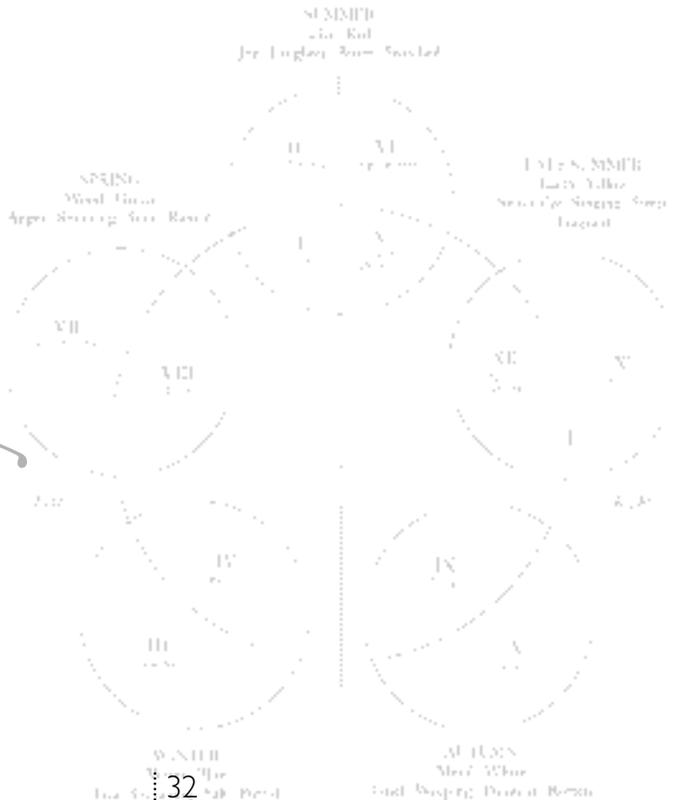
DAOM Fellow, Five Branches University

MSTCM, American College of Traditional Chinese Medicine,
California

Neuro-Psychiatrist, International Psychiatrist Training Center,
China

Assistant Dean of Academic Studies, American College of
Traditional Chinese Medicine, California

Professor Wang teaches in the Departments of TCM
Herbology, TCM Clinical Medicine, and TCM
Clinical Training and is a faculty member of the Five
Branches DAOM program.





Guan Wang

L.Ac., M.D. (China)

■ *Instructor*
Faculty Since 2008

M.D., Beijing University of Chinese Medicine, China
Faculty: Guang An Men Hospital, China Academy of TCM, Xi Yuan Hospital

Project Editor, *Eczema and Atopic Dermatitis, The Clinical Practice of Chinese Medicine*

Published numerous articles

Guan Wang teaches in the Departments of TCM Theory and TCM Acupuncture.



Jay Wang

L.Ac., M.D. (China)

■ *Professor*
Faculty Since 2001

M.D., Huiyang TCM School, China

Physician: Sixth Municipal Hospital of Guangzhou, Guangzhou, Municipal Red Cross Hospital

Advanced training, TCM Cardiology, Guangdong College of Medicine and Pharmacy, China

Graduate, Clinical Pharmacy, University of Pacific, California

Professor and Clinical Director, Academy of Chinese Culture and Health Sciences

Professor Wang teaches in the Departments of TCM Herbology and TCM Clinical Training.



Stephen Woodley

L.Ac.

■ *Professor*
Faculty Since 2006

M.S., Academy of Chinese Culture and Health Sciences

Professor Woodley teaches in the Departments of TCM Herbology, TCM Clinical Medicine and TCM Clinical Training.



Yueru Wu

L.Ac., M.D. (China)

■ *Professor*
Faculty Since 2004

M.D., Beijing Second Medical University, China

Chief Resident, Integrated Chinese and Western Medicine, Beijing Hospital of TCM

Advanced Training: ObGyn, Peking Union Hospital, Chinese Academy of Medical Science, Beijing First Medical University

Professor Wu teaches in the Departments of TCM Clinical Medicine and TCM Clinical Training and is a faculty member of the Five Branches DAOM program.

Jaime Marquez
teaching Taijiquan





Peter H.Y. Yang

M.A., B.A.

■ Professor
Faculty Since 2002

M.A., Sociology, Beijing Foreign Studies University; American Social Studies, University of Kansas

B.A., Beijing Foreign Languages Institute, China

Professor of English and Chinese, Beijing Foreign Languages Institute, China

Professor, University of Kansas, Chinese Language, Chinese Cultural Traditions, Eastern Civilization

Adjunct Professor, Myotherapy Institute, Chinese Breathing Exercises, Acupressure

Professor Yang teaches in the Department of TCM Theory.



Kevin Yan Zhong Zhu

L.Ac., M.D. (China), DAOM Fellow

■ Professor
Faculty Since 2001

M.D., Beijing University of Chinese Medicine and Pharmacology, China

DAOM Fellow, Five Branches University

Physician-in-Charge, Beijing First Teaching Hospital of Traditional Chinese Medicine

Chief Secretary, National Academic Symposium

Developer, Acupuncture and Herb Treatment Software, Qinghua University, China

Faculty: Texas College of Traditional Chinese Medicine, American College of Traditional Chinese Medicine, California

Professor Zhu teaches in the Departments of TCM Acupuncture, TCM Clinical Medicine and TCM Clinical Training.



Danling Zhang

L.Ac., M.D. (China), DAOM Fellow

■ Professor
Faculty Since 2002

M.D., Liaoning University of Traditional Chinese Medicine, China

DAOM Fellow, Five Branches University

Physician, Instructor, Liaoning University of Traditional Chinese Medicine, China

Two year residency, Dandong Women's and Children's Hospital, China

Professor Zhang teaches in the Departments of TCM Acupuncture and TCM Clinical Training.

FIVE BRANCHES UNIVERSITY ADMINISTRATION

UNIVERSITY ADMINISTRATION

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Joanna Zhao, Academic Dean and Clinic Director (831) 476-9424, ext 42 dean@fivebranches.edu

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Ana Lobato

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sjclinic@fivebranches.edu

“I am constantly amazed at the knowledge and experience of my professors. They've healed thousands of people, and yet they are so humble. For them, this medicine seems to be a joy and a life calling, rather than a job.”

Cat Dowd,
Student

The Program

Traditional Chinese Medicine (TCM) is the world's oldest literate and continuously practiced professional medicine in the world. It evolved from millennia of clinical observations, and reflects, literally, the Chinese cultural legacy and values of longevity and wellness. These webs of observations, from over 100 generations of clinicians, form the backbone of modern Chinese medicine. The careful observation and study of life, its signs and symptoms and an understanding of the wholesome patterns of organic balance form the theory and basis of a successful TCM treatment. This logic and wisdom, formed by many generations of clinicians, is now taught in our modern world alongside modern medicine. The study of TCM, in combination with the best of Western scientific and modern medical education, creates the curriculum at Five Branches University.

The TCM Master's program is designed to educate students in the history, view, logic and practice of Traditional Chinese Medicine as preparation for practice in the modern world. The five branches of Traditional Chinese Medicine: *Qigong*, dietetics,

acupuncture, clinical herbology and Tuina (massage), reflect the best of the Chinese medical traditions. From the seminal classics of Zhang Zhongjing (circa 200 B.C.E) to modern research, Five Branches University seeks to expose students to the world of clinical TCM. Immersion in the study and practice of this elegant medicine brings students the opportunity for both personal and professional growth, from the cultivation of *Qigong* through the career development program, which is designed to expose students to clinical opportunities available in the profession.

Qigong

The study of *Qigong* is the study of "breathing exercises" designed to enhance vitality and longevity. This practice is the rudiment of living life deliberately and skillfully with the intention of longevity and health, as it has been and is practiced throughout Chinese history. At Five Branches, *Qigong* is taught from a clinical perspective, drawing from the teachings of historic texts as well as modern hospital research. The rich milieu of Chinese history and philosophy come alive in the study of *Qigong* as students learn intentional exercises designed to enhance life.

Dietetics

Daily, people eat food and food affects health. Clinicians have, for centuries, documented the effects of food on human health. The energetic nature of each food affects each human differently. The clinical observations of over one hundred generations of clinicians form the basis of Chinese dietary medicine and the curriculum at Five Branches.



***Intern practicing
acupuncture
in the Five
Branches clinic***

Acupuncture

The study of acupuncture is the recording of points and patterns of the energetic and organic flow of life that dates to prehistory. Stone and bone needles have been found in tombs dating back more than seven thousand years. For centuries, clinicians have investigated and used these points to affect health. Scholars have recorded and catalogued them to amass one of the world's richest troves of medical literature on the study of the human condition and health. At Five Branches University experienced clinicians engage students in the classroom and clinic in the study of singular points to the finer nuances of channel theory and needle technique.

Clinical Herbology

Internal medicine dominates the practice of TCM in China today and herbs form the substantial bulk of that practice. As language is to the poet, herbs are to the clinician. Single herbs are woven into complex formulations derived from empirical observation and the logic of rational scientific study. These medicinals, many catalogued initially by Sheng Nong over 5000 years ago, form the basis of herbal formulas used today in major hospitals throughout the world. The Five Branches pharmacy contains over 350 herbs where students, from the beginning of their studies, can immerse themselves in this science. Four years of integrated study of these herbs exposes the student to the best of TCM clinical herbology practiced today.

Tuina Massage

Tuina dates back to the Shang Dynasty, around 1700 BCE, when massage was used to treat both infants and adults, according to ancient inscriptions on oracle bones. It has been used extensively in China for over 2,000 years to treat or complement the treatment of many conditions, especially specific musculo-skeletal disorders and chronic stress-related disorders of the digestive, respiratory, and reproductive systems. The TCM Tuina massage courses at Five Branches University consist of both the theoretical and clinical training of Tuina.

Clinical Training

The academic study of TCM with strong exposure to the clinic forms the core of the Five Branches Master's program curriculum. As good Traditional Chinese Medicine is rooted in the clinic, clinical training comprises one third of the educational experience at Five Branches where experienced clinicians train and mentor students on the finer points of clinical practice. The Five Branches clinics serve over 100 patients per day, allowing students direct exposure to the realities of clinical practice. Students also have the opportunity to specialize with advanced training in women's health, oncology and sports medicine. Certificates are also available in Five Elements, Medical Qigong and Tuina Massage.

Western Medicine

Modern science and Western medicine are woven into the study and practice of TCM in both the clinic and classroom. Scientists and M.D.'s are part of the faculty at Five Branches, devoted to imparting modern scientific and medical understanding to the most complex of academic and clinical issues. This inevitable integration of two views is seen as critical to the development of a sustainable world medical model. As part of this advocacy, students are offered the opportunity to study abroad in China to experience this integrated medicine in respected institutions with experienced clinicians.

**Stephanie He
and student
choosing patents
in the herb room**



The Practice of Chinese Medicine

Clinical medicine is the skillful and compassionate response to human suffering and Chinese medicine holds that health is a reflection of the wholesome and dynamic relationships between Heaven and Earth, between form and function. The uninterrupted flow of these processes forms the basis of vitality, fully accountable to the laws of nature. Disruption in this vitality invites disease and premature aging. TCM is the study of the methods of rectification, the techniques that help to restore health and vitality. The ability to observe, listen, palpate and sense the subtlety of energetic process and respond with skillful intention is the unspoken wisdom of Chinese medicine and the crux of the educational intention at Five Branches University. To be able to understand TCM philosophy and develop the capacity to communicate it to others is an essential ingredient of a successful practice as is the ability to apply the principles of treatment effectively. These skills, practiced safely in a clinical setting with high professional and ethical standards, mark the goal of the Five Branches educational process.

An Adaptable Curriculum

The Master's program curriculum is taught on a semester basis and is available in a daytime program at both Five Branches campuses, in Santa Cruz and San Jose, and in an evening and weekend program at the San Jose campus. The program can be completed in four years, or can be accelerated for students who wish to finish their degree early. Enrollment on a part-time basis is available based on consideration and approval by the academic dean and admissions director at Five Branches University.

Review and Assessment

At the end of each semester students have the opportunity to review the materials they have learned and to receive assessment of their progress. This evaluation assists students in developing good study and test-taking skills, ensuring full comprehension of courses and the ability to pass the national certification and the California licensing examinations.

Continuing Education

Students may choose to continue their TCM studies through Continuing Education (CEU) courses, learning complementary practices such as Thai Massage and Acupressure offered by the Five Branches

Extension Department or by enrolling in the Doctorate and Ph.D. program offered at the Five Branches San Jose campus.

The Doctor of Acupuncture and Oriental Medicine (DAOM) program is designed to assist licensed acupuncturists in developing advanced TCM knowledge and skills, achieving a medical specialization and improving research and teaching abilities. The DAOM program includes work in collaborative clinical settings and rigorous training from highly skilled and experienced faculty in advanced concepts of TCM and biomedical theory. By learning how to integrate Western medicine with TCM, Doctorate students become more competent practitioners, skilled in "Diagnosis by Disease Identification" and the "Pattern Differentiation" practiced in TCM. The 3-part emphasis of the program's courses includes: TCM Pattern Differentiation, Modern Medicine Disease Category Differentiation, and TCM Treatment.

The Future as a TCM Practitioner

Upon completion of the TCM Master's program, students will be prepared for the California state licensing board examination to become a licensed acupuncturist (L.Ac.). In California, L.Ac.'s are considered primary healthcare providers qualified to accept standard health insurance, Medi-Cal (state health insurance), workman's compensation, and personal injury claims for acupuncture treatments. A degree from Five Branches also meets the criteria to sit for the national board examination enabling students to practice Chinese medicine nationwide.

Five Branches graduates have established careers in private and group practice, hospitals and clinics, and related fields such as herb companies, publishing and TCM education, becoming successful and esteemed practitioners, lecturers and authors of Chinese medicine across the nation and internationally.



FIVE BRANCHES UNIVERSITY

Master of Traditional Chinese Medicine Program ■ 170.5 Units ■ 3208 Hours ■ Program D

| DEPARTMENTS | SEMESTER 1 | SEMESTER 2 | SEMESTER 3 | SEMESTER 4 | SEMESTER 5 | SEMESTER 6 | SEMESTER 7 | SEMESTER 8 |
|--|--|--|--|---|---|--|--|--|
| TCM Theory 21u/336hr | TCM Foundations 4u/64hr TCM History & Philosophy 1u/16hr Chinese Language for TCM 1u/16hr | TCM Diagnosis/Lab 5u/80hr | Classics: Nei Jing 2u/32hr | TCM Case Studies I 2u/32hr | Classics: Shang Han Lun 2u/32hr | Classics: Jin Gui 2u/32hr | | TCM Case Studies II 2u/32hr |
| TCM Acupuncture 20u/320hr | Introduction to Channel Theory 1u/16hr | Meridians & Acupuncture Points I/Lab 3u/48hr | Meridians & Acupuncture Points II/Lab 3u/48hr TCM Tuina Massage I 3u/48hr Clean Needle Technique** | Acupuncture Techniques 2u/32hr | Extra Points & Micro Systems/Lab 3u/48hr | Acupuncture Therapeutics I 3u/48hr | Acupuncture Therapeutics II 2u/32hr | |
| TCM Herbology 20u/320hr | TCM Herbology I 3u/48hr | TCM Herbology II 3u/48hr | TCM Herbology III 3u/48hr | TCM Formulas I 3u/48hr | TCM Formulas II 2u/32hr TCM Dietetics 2u/32hr | TCM Formulas III 2u/32hr TCM Patent Medicines 1.5u/24hr | Herb-Pharmacy Interactions 0.5u/8hr | |
| TCM Clinical Medicine 17u/272hr | | | | TCM Trauma & Orthopedics 3u/48hr | TCM Internal Medicine I 3u/48hr | TCM Gynecology 3u/48hr | TCM Internal Medicine II 3u/48hr | TCM External Medicine 2u/32hr TCM Pediatrics 3u/48hr |
| Western Medicine 46.5u/744hr | General Biology* 3u/48hr Human Anatomy 3u/48hr Western Medical Terminology 1u/16hr | Medical Physiology 3u/48hr Chemistry* 3u/48hr | Introduction to Physics* 2u/32hr Pathophysiology I 3u/48hr Immunology 1u/16hr CPR/First Aid ** | Pathophysiology II 3u/48hr Public Health & Epidemiology 2u/32hr | Western Physical Exam/Lab 3.5u/56hr Diet, Nutrition & Vitamins 2u/32hr | Western Case Management I 3u/48hr Pharmacology 3u/48hr | Western Case Management II 3u/48hr Research 2u/32hr Red Flags 2u/32hr Psychology & Counseling 2u/32hr | Lab Analysis 1u/16hr Medical Modalities 1u/16hr |
| Energetics 4u/64hr | Qigong (any class) 1u/16hr | Qigong (any class) 1u/16hr | | Taijiquan I 1u/16hr | Taijiquan II 1u/16hr | | | |
| Career Development 4u/64hr | | | Career Development 1u/16hr | Professional Ethics 1u/16hr | Career Development Fair 0.25u/4hr | | Marketing & Management 1.75u/28hr | |
| Electives 2u/32hr | | | Elective Course*** 2u/32hr | | | | | |
| Review & Assessment 6u/96hr | | Cumulative Review I 1u/16hr | | Cumulative Review II 1u/16hr | | Cumulative Review III 1u/16hr | Assessment Exam | Final Review 3u/48hr |
| Academic Units | 18u | 19u | 18u | 18u | 18.75u | 18.5u | 17.25u | 13u |
| Clinical Training 30u/960hr Theater 96hr Rounds 144hr Internship Rounds 144hr Paired Internship 144hr Internship 384hr Integrative Theater 48hr Total Patient Count 350 | Beginning Clinical Theater 1.5u/48hr | Clinical Theater 1.5u/48hr | Clinical Rounds 1.5u/48hr Clinical Rounds 1.5u/48hr Clinical Rounds**** 1.5u/48hr | Clinical Internship Rounds 1.5u/48hr Clinical Internship Rounds 1.5u/48hr Clinical Internship Rounds**** 1.5u/48hr | Clinical Paired Internship 1.5u/48hr Clinical Paired Internship 1.5u/48hr Clinical Paired Internship**** 1.5u/48hr | Clinical Internship 1.5u/48hr Clinical Internship 1.5u/48hr Clinical Internship**** 1.5u/48hr | Clinical Internship 1.5u/48hr Clinical Internship 1.5u/48hr Clinical Internship**** 1.5u/48hr | Clinical Internship 1.5u/48hr Clinical Internship**** 1.5u/48hr |
| Clinic Hours | 48 | 48 | 144 | 144 | 144 | 144 | 144 | 144 |
| Total Hours | 336 | 352 | 432 | 432 | 444 | 440 | 420 | 352 |

* Course required for program, but not taught at Five Branches University and must be transferred in. If not taken prior to initial enrollment, may be taken concurrently at another institution, and must be completed by the end of the term in which the course is required in the program in order to progress to the next semester.

**The CCAOM Clean Needle Technique course and the American Red Cross 8-hour CPR/First Aid course must be completed and transferred in by the end of Semester 3 in order to progress to the next semester.

***Must have completed all Semester 2 courses, passed the MRA 200 exam with a minimum score of 80% and have a GPA of 3.5 or better prior to taking elective.

****Course recommended to be taken during Winter Intersession or Summer Session.

DEPARTMENT OF TRADITIONAL CHINESE MEDICINE THEORY

Jeffrey Pang, L.Ac.

■ Department Chair

The Five Branches curriculum includes ten courses in Traditional Chinese Medical Theory and Diagnosis, providing students with a thorough knowledge of the TCM theories of human health. Each course increases students' working knowledge of the language and theories of TCM's unique, yet universal, approach to understanding health and the treatment of disease. These courses draw from both classical and modern texts to create a solid framework for the application of clinical methods, especially acupuncture and herbal medicinals.

TCM Foundations

■ MCT 100 4 Units/64 Hours

This course introduces the classical principles of Yin and Yang and the Five Elements, which were universal laws in ancient China. TCM theory applies these broad principles to the realm of human physiology and pathology in a complex and powerful system for understanding the intricate balance of health. The major TCM theories systematically covered include: Qi, Blood, Body Fluids, Shen, Essence, Zangfu Organs, Six Pernicious Influences, Four Levels, Six Stages and Eight Parameters. Etiology, pathogenesis, and TCM treatment principles of disease and disease prevention will be covered in detail. This course is the foundation for all other TCM coursework.

Prerequisite: None

Course requisite: Completion during first semester

TCM History & Philosophy

■ MCT 110 1 Units/16 Hours

This course presents a brief historical overview of the origin, development and changes in regard to Chinese medicine theories and practices. Students will gain an understanding, without being medically or clinically specific, of the larger and broader spectrum of TCM from antiquity to present.

Prerequisite: None

Chinese Language for TCM

■ MCT 130 1 Unit/16 Hours

This course is a general introduction to the spoken and written modern Chinese language (Putonghua or Mandarin). Emphasis will be placed on pronunciation (tones and Pinyin system), essential TCM-related vocabulary and basic syntactical structures.

Prerequisite: None

TCM Diagnosis/Lab

■ MCT 200/MCT 201 5 Units/80 Hours

This course begins with thorough instruction in the four diagnostic methods: inspection, inquiring, auscultation/olfaction and palpation. These methods are the backbone of TCM diagnosis and are used to collect and organize patients' signs and symptoms. Among them, complexion, pulse, and tongue diagnosis are unique methods in TCM. The course continues with in-depth instruction on methods of pattern identification, one of the most important characteristics of TCM. The lab focuses on assisting students in acquiring skill, accuracy and confidence in performing a patient history and physical exam using TCM assessment methods.

Prerequisite: MCT 100, TCM Foundations

Course requisite: Completion during second semester

Classics: Nei Jing

■ MCT 301 2 Units/32 Hours

This is the first course in a series of three that reviews important classical literature on Chinese medicine. In this course, the essential concepts of the *Nei Jing (The Cannon of Internal Medicine)* will be presented from translations of the original articles. *Nei Jing* is attributed to the legendary Huang Di (Yellow Emperor) and serves as the source for TCM diagnosis and acupuncture theory, covering Yin/Yang, Five Elements, Zang organs and their manifestations, and channels and their networks. The theories of pathogens and pathomechanisms, clinical diseases and symptoms, diagnostic methods, therapeutic principles and methods, and the theory of health preservation will be reviewed. The teacher and student work together to understand the true meaning of this ancient Chinese medical text.

Prerequisite: MCT 100, TCM Foundations; MCT 200/MCT 201, TCM Diagnosis/Lab

TCM Case Studies I

■ MCT 401 2 Units/32 Hours

TCM Case Studies I is designed to assist with the transition from academic knowledge to its application in clinical practice, reinforcing the basics of case analysis by teaching students how to systematically analyze case reports using fundamental TCM theory and diagnosis. Students learn how to analyze a chief complaint by looking at accompanying signs and symptoms and results from four examinations. Students gain increased skill in differentiating among similar patterns of disease. The focus of this course is on developing diagnostic ability, from which treatment plans are established. The case reports are selected from the clinic or established TCM texts for presentation and class discussion. Students will learn the proper format for written and oral case presentations.

Co-requisite: Concurrent enrollment in *one* of the following: MHB 410, TCM Formulas I; MHB 520, TCM Formulas II; MHB 610, TCM Formulas III

Classics: Shang Han Lun

■ MCT 501 2 Units/32 Hours

This is the second course in a series of three courses that reviews important classical literature on Chinese medicine. The medical classic *Shang Han Lun*, was a text compiled in the late Han dynasty approximately 2000 years ago, which discussed conditions induced by cold. *Shang Han Lun* utilizes the six-channel pattern identification of diseases and relies almost exclusively on herbal formulas for treatments.

Prerequisite: Completion of *one* of the following: MHB 410, TCM Formulas I; MHB 520, TCM Formulas II; MHB 610, TCM Formulas III

Classics: Jin Gui

■ MCT 601 2 Units/32 Hours

This is the third course in the series which reviews important classical literature on Chinese medicine. *Jin Gui Yao Lue (The Essential Prescriptions of the Golden Chamber)* was written by Zhang Zhong Jing approximately 1700 years ago. Students will learn the main theoretical concepts and herbal prescriptions of the major diseases in the book as they apply to clinical use.

Prerequisite: Completion of *one* of the following: MHB 410, TCM Formulas I; MHB 520, TCM Formulas II; MHB 610, TCM Formulas III

TCM Case Studies II

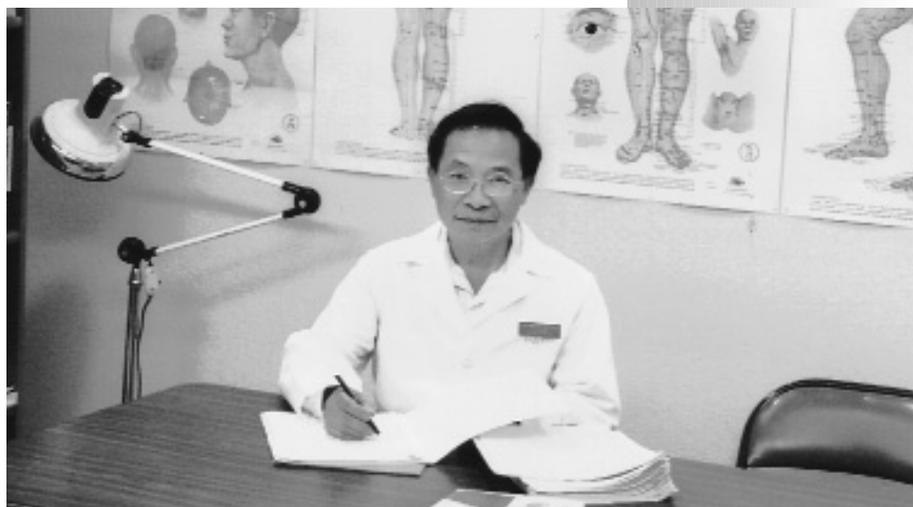
■ MCT 801 2 Units/32 Hours

In this course, students gain advanced skill in TCM pattern discrimination, using TCM theory, diagnoses and detailed treatment planning, including acupuncture and herbal treatment prescriptions. Western diagnostic tests are included in case analysis. The emphasis of the course is on critical thinking and diagnostic ability with complex cases, ensuring students reach a correct diagnosis and understand its supporting logic, including the ability to distinguish among similar TCM patterns of disharmony. This is a comprehensive course which utilizes the knowledge and skills attained throughout the four-year curriculum, and prepares students for advanced clinical practice, and the CALE and NCCAOM examinations. The course utilizes case studies from the clinic and from standard TCM textbooks. Students will be required to present a case to the class for discussion and evaluation.

Prerequisite: Completion of *one* of the following: MHB 410, TCM Formulas I; MHB 520, TCM Formulas II; MHB 610, TCM Formulas III

“As an educator, I enjoy helping the TCM system grow and become popular in the U.S., preserving this traditional treasure of human beings, and developing a new and better medical system in the U.S. and world.”

Jeffrey Pang,
Professor,
Department
Chair



Electives

The following is a partial list of electives offered in the Department of TCM Theory. Electives are offered based on faculty availability and student interest. For a complete listing of electives please refer to the Five Branches University website.

Five Element Theory I

■ MEL 315 2 Units/32 Hours

This course is an introduction to the fundamentals of the Five Elements. Students will explore a map of energy that is particularly well suited for treating the emotional and spiritual levels and will begin to develop the skill to read energetic imbalances through color, sound, odor and emotion. The concepts in this course expand the range of conditions successfully treated by TCM practitioners.

Prerequisites: MCT 200, TCM Diagnosis; MAC 220/MAC 230, Meridians and Acupuncture Points I/ Lab

Five Element Theory II

■ MEL 420 2 Units/32 Hours

This course builds on the materials presented in Five Element Theory I, providing an opportunity to look deeper into the Elements and their Officials. Students will gain a deeper understanding of Five Element energetics and how to utilize this knowledge in the treatment room. Case studies will be presented throughout the course to enrich the understanding of this system of acupuncture.

Prerequisite: MEL 315, Five Element Theory I

Five Elements: Spirit of the Points

■ MEL 431, 432, 433 2 Units/32 Hours Each

Acupuncture points each have a name, a history, and a particular meaning and energy. This course examines the name of the point, its relationship to the Elements and to the corresponding Official (organ system), and its location and its relation to the overall context of the patient. The course includes discussion, meditation, art and poetry.

The course is divided into three sections 2 units/32 hours each. Sections may be taken out of order:

Section I, MEL 431: Addresses the points of Wood and Fire Meridians

Section II, MEL 432: Addresses the points of Earth, Metal and Water Meridians

Section III, MEL 433: Addresses the points of the Window of Sky, Governor and Conception Vessels.

Prerequisite: MEL 315, Five Element Theory I

Five Elements: Deepening Into the Officials

■ MEL 440 2 Units/32 Hours

This course presents the energetics of each of the Officials (Zangfu) from the Five Element perspective, including the many ways the Officials may present themselves when out of balance, and how imbalances in the Officials express themselves in patients' physical, mental, emotional, and spiritual lives. Students will explore how imbalances in one Official affect the associated elemental pair, its Ko cycle pair, and the creative Shen cycle. The methodology of choosing points to address the Official most in need of support will be discussed. Students will learn how an imbalance of the Officials within themselves, and as practitioners, affects their understanding and treatment of patients.

Prerequisite: MEL 420, Five Element Theory II

Five Elements: Archetypal Acupuncture

■ MEL 450 2 Units/32 Hours

This course discusses how Jungian psychology archetypes are viewed within the Five Elements of Chinese medicine, exploring the similarities that exist between modern Jungian psychology and Chinese medicine. The emphasis of the course will be on personal growth. Rituals, slides, Qigong exercises, stories, and spiritual poetry are used to create a “sacred space” for this exploration. The course will discuss the ancient Chinese models of the Five Elements and Twelve Officials as a system based on archetypal images. Comparisons will be drawn between Eastern and Western approaches. Students will learn to recognize archetypal emotional imbalance patterns in their patients and influence these energies through acupuncture points.

Prerequisite: MEL 420, Five Element Theory II

Introduction to Sacred Acupuncture

■ MEL 460 3 Units/48 Hours

In this course we examine the process of conception and embryological development as the arising of the universe and how the underlying geometrical and mathematical forces of the universe unfold and can be discerned in the architecture of the embryo and the subtle bodies—the Qi body, the Shen body and the ancestor body. This leads to an exploration of the three Dan-Tian, the five forces, the Zang-Fu organ system, the six phases, the seven chakras, the eight extraordinary channels, the ten heavenly stems, the 12 Earthly branches and the formation of the regular acupuncture channels. These unfolding systems will be related to contemporary TCM and the *Nei Jing* and *Nan Jing*.

Prerequisites: MAC 110, Introduction to Channel Theory; MAC 220/MAC 230, Meridians and Acupuncture Points I/ Lab; MAC 320/MAC 330, Meridians and Acupuncture Points II/ Lab

Classics: Wen Bing

■ MEL 501 1 Unit/16 Hours

This course reviews one of the important books of classical literature on Chinese medicine. *Wen Bing* discusses the theory and treatment of diseases that are induced by heat (febrile disease). The concept of febrile disease was first mentioned in *Inner Canon (Nei Jing)*, however, for centuries the main focus of diagnosis and treatment was placed on Wind and Cold as the major cause of externally induced diseases. The doctrine of Wen Bing considers heat diseases to embrace all externally contacted febrile and infectious diseases and describes the progression of disease by utilizing the four-aspect pattern of differentiation.

Prerequisite: Completion of 6th semester



Hua Tuo (110–207 AD), the father of external medicine

DEPARTMENT OF TRADITIONAL CHINESE MEDICINE ACUPUNCTURE

Frank He, L.Ac.

■ Department Chair

The Traditional Chinese Medicine Acupuncture courses are divided into didactic and lab sections, emphasizing both the theoretical and practical aspects of acupuncture. These courses provide students with thorough knowledge of traditional and modern meridian theory, including point location, functions, indications and treatment planning. The TCM Acupuncture curriculum includes thorough training in moxibustion, cupping, Guasha and electrical stimulation. Labs concentrate on accuracy, needling methods, technique and precautions. These courses, integrated with TCM Theory and Herbology, prepare students to study TCM Clinical Medicine and to begin Clinical Training.

Introduction to Channel Theory

■ MAC 110 1 Unit/16 Hours

Chinese medicine theory includes two major systems: Zang-Fu theory and channel theory. The focus is on the 12 regular channels taught in three-paired circulation cycles (Taiyang and Yangming, Shaoyang and Taiyin, and Shaoyin and Jueyin), plus the Du and Ren channels. Each channel will be covered from the aspect of primary passage, luo connecting channel, divergent channel, and muscular channel. Pathology will be emphasized so students learn to recognize the pathological patterns of individual channels, choosing the appropriate channel to treat the pathology.

Prerequisite: None



Meridians and Acupuncture Points I & II/ Lab

■ MAC 220/MAC 230; MAC 320/MAC 330

6 Units/96 Hours

This two-semester course sequence presents the acupuncture points of the twelve main meridians, plus the Du and Ren channels. Each meridian and acupuncture point is covered in detail, including functions, indications, location, distribution and clinical applications. The lab focuses on accurate point location and needling techniques. Contraindications and precautions of specific points are emphasized throughout the course.

Prerequisite: None

TCM Tuina Massage I

■ MAC 350 3 Units/48 Hours

Massage and manipulation, or Tuina, comprise one of the traditional five branches of TCM. Although the TCM program emphasizes the clinical methods of acupuncture and herbology, this course introduces students to various traditional Chinese therapeutic massage systems, including Tuina. Emphasis is on using specific clinical evaluations to formulate therapeutic massage treatments, which may become a part of clinical practice.

Prerequisite: MWM 103, Human Anatomy

Students marking acupuncture points on each other

CNT: Clean Needle Technique

■ CNT 0.5 Units/8 Hours

This course is a review of material previously introduced in the Beginning Clinical Theater and Meridians and Acupuncture I courses. Students will learn the appropriate procedures of sterilization and sanitation as they apply to the practice of acupuncture. Proper clean needle technique and disposal of needles are covered. Completion of this course is required for entry into Clinical Intern Rounds. Students are required to take a written and practical examination; passing both examinations satisfies the requirements of the Council of Colleges of Acupuncture and Oriental Medicine (CCAOM) and enables the student to receive their CNT certificate, which is required for the licensing examinations.

Prerequisite: Completion of *one* of the following: MAC 220/MAC 230, Meridians and Acupuncture Points I/Lab; MAC 320/MAC 330, Meridians and Acupuncture Points II/Lab

Acupuncture Techniques

■ MAC 420 2 Units/32 Hours

This course covers the full range of an acupuncture treatment from basic preparation, clean field, sterilization and safety, to complex needling techniques. The different types of needle and clinical applications are discussed in the classroom and practiced in the lab, including electrical stimulation, cupping, moxibustion, and Guasha. Students will learn to insert needles painlessly, bring qi to the points, use different types of needles to treat corresponding illnesses, be proficient in ancillary techniques, such as cupping, moxibustion, electrical acupuncture and Guasha, and understand the mechanism of acupuncture treatment.

Prerequisites: MAC 220/MAC 230, Meridians and Acupuncture Points I/Lab; MAC 320/MAC 330, Meridians and Acupuncture Points II/Lab

Extra Points and Microsystems/Lab

■ MAC 510/MAC 520

3 (1.5 and 1.5) Units/48 Hours

This course presents the extra meridians and their associated acupuncture points. Ear and scalp acupuncture and over 40 extra points are covered in detail along with their clinical applications. The lab focuses on accurate point location and special ear and scalp needle techniques.

Prerequisites: MAC 220/MAC 230, Meridians and Acupuncture Points I/Lab; MAC 320/MAC 330, Meridians and Acupuncture Points II/Lab

Acupuncture Therapeutics I & II

■ MAC 601/MAC 701 5 Units/80 Hours

This course reviews treatment principles and methods according to channel theory, with a focus on acupuncture point selection for internal medicine conditions. The focus of this course is the in-depth study of the texts: *Chinese Acupuncture and Moxibustion (CAM)*, and *Acupuncture: A Comprehensive Text (Shanghai)*. The course complements the TCM Internal Medicine courses and provides students with a comprehensive view of how to apply different TCM theories for diagnosis, and how to select the most appropriate treatment methods for the same conditions.

Prerequisites: MAC 220/MAC 230, Meridians and Acupuncture Points I/Lab; MAC 320/MAC 330, Meridians and Acupuncture Points II/Lab; MCM 510, Internal Medicine I or MCM 730, Internal Medicine II

Electives

The following is a partial list of electives offered in the Department of TCM Acupuncture. Electives are offered based on faculty availability and student interest. For a complete listing of electives please refer to the Five Branches University website.

TCM Tuina Massage II

■ MEL 400 2 Units/32 Hours

This course focuses on clinical assessment and treatment protocols for a variety of common musculoskeletal and internal medicine disorders, expanding on the foundation of TCM Tuina Massage I. Students will learn how to use Tuina as an independent treatment modality, offering TCM massage to those whom acupuncture is either undesirable or inappropriate. This course is required for obtaining the TCM Massage Practitioner Certificate.

Prerequisite: MAC 350, TCM Tuina Massage I



**BRIAN
FALK**
STUDENT

“The strength of Five Branches University is the diversity among the faculty and clinic supervisors. This mix of instructors allows students to receive a rich and varied learning experience.”

DEPARTMENT OF TRADITIONAL CHINESE MEDICINE HERBOLOGY

Jeffrey Pang, L.Ac.

■ Department Chair

While acupuncture treats disharmony and disease from the exterior of the body, herbal medicine works from the body's interior to support normal Qi, Blood and Fluids. TCM herbal medicine corrects irregular patterns and expels abnormal influences. Following the lead of modern Chinese medical schools, Five Branches University places knowledge of herbs and prescription herbal formulas alongside acupuncture, at the heart of TCM education and clinical training.

Chinese herbology is the world's most sophisticated medical herbal system. The curriculum includes extensive training in the identification, categorization and clinical use of the traditional Chinese herbal pharmacopoeia. Three semesters of in-depth study in the courses TCM Herbology, TCM Formulas, TCM Dietetics, TCM Patent Herbs, and Herbal-Pharmaceutical Drug Interactions provide students with a solid working knowledge of more than 350 individual herbs and more than 200 classical and modern formulas. Advanced courses instruct students how to modify and enhance classical formulas in response to specific variants in a patient's diagnosed condition. All herb courses are taught using the Pinyin names of herbs.



TCM Herbology I, II & III

■ MHB 100/MHB 200/MHB 310 9 Units/144 Hours

This three-semester course sequence provides students with knowledge of TCM herbology, including general theory, treatment methods, categorization, taste, temperature, entering meridians, indications, and the laws of herbal combining. Students will learn over 350 single herbs, including clinical use, contraindications, and methods of preparation and delivery. Current research in the field of TCM herbology will augment lectures. This knowledge will serve as a foundation for the TCM Formula courses.

Prerequisite: None

TCM Formulas I, II & III

■ MHB 410/MHB 520/MHB 610 7 Units/112 Hours

The art of Chinese herbology lies in the practitioner's ability to combine herbs into a balanced formula tailored to meet each patient's singular pattern of signs and symptoms. During this three-semester course sequence in TCM Formulas, students will implement the knowledge they have acquired in the single herbs courses, and TCM differential diagnosis, to understand how a formula is designed. The formulas are taught in functionally related categories. Students will study approximately 250 herbal formulas including: formula composition, functions, clinical indications, modifications and contraindications.

Prerequisites: MHB 100, TCM Herbology I; MHB 200, TCM Herbology II; MHB 310, TCM Herbology III

Julie Zhu and students preparing herbal formulas

TCM Dietetics

■ MHB 530 2 Units/32 Hours

Since the beginning of TCM, great physicians understood the profound influence of diet on human health. This course introduces theories of TCM dietetics and surveys the TCM functions and properties of common foods, the dietary programs appropriate for the treatment of prevalent TCM disharmonies, and their effect on health and longevity. Effective food combinations and recipes are provided for the treatment of common diseases, and to enhance general well being.

Prerequisites: MHB 100, TCM Herbology I; MHB 200, TCM Herbology II; MHB 310, TCM Herbology III

TCM Patent Medicines

■ MHB 620 1.5 Units/24 Hours

This is an invaluable course for students and every clinician using herbal pills and prepared solutions. The course covers major TCM syndromes and the patent herbs used to treat them. The lectures include the differential analysis of patent herbs used for the same diagnosis, recommended dosages for both adults and children, and contraindications. Much of the information presented is derived from various Chinese texts and clinical expertise, and will not be found in any textbook. Upon completion of this course, students will understand the functions of over 150 prepared Chinese patent herbs and solutions and how to properly prescribe them.

Prerequisite: Completion of one of the following: MHB 410, TCM Formulas I; MHB 520, TCM Formulas II; MHB 610, TCM Formulas III

Herbal-Pharmaceutical Drugs Interactions

■ MHB 700 0.5 Units/8 Hours

This course addresses the increasing concern among the medical community, including TCM practitioners who prescribe medicinal herbs, regarding toxic biomedical interactions between pharmaceutical drugs and natural products, such as Chinese medicinal herbs. The course reviews the biomedical nature of herbs and the potential interaction between them and commonly used pharmaceutical drugs and nutritional supplements. The course includes the critical analysis of literature and research reports of herb/drug interactions.

Prerequisites: MHB 100, TCM Herbology I; MHB 200, TCM Herbology II; MHB 310, TCM Herbology III; MWM 620, Pharmacology

Electives

The following is a partial list of electives offered in the Department of TCM Herbology.

Electives are offered based on faculty availability and student interest. For a complete listing of electives please refer to the Five Branches University website.

Herb Pairs

■ MEL 520 1 Unit/16 Hours

Understanding how to blend herbs is essential for constructing effective and appropriate formulas. This course clearly explains which herbs pair best, and why. The foundation of herbal formula treatment is based on understanding how to combine single herbs' specific inherent properties and functions to maximize their therapeutic qualities. This is an opportunity for students to enrich their skills in basic formula building.

Prerequisites: MHB 100, TCM Herbology I; MHB 200, TCM Herbology II; MHB 310, TCM Herbology III

Sharon Feng and students weighing herbs in the 1980s



DEPARTMENT OF TRADITIONAL CHINESE CLINICAL MEDICINE

Joanna Zhao, L.Ac.

■ Department Chair

The courses in TCM Theory, Herbology and Acupuncture teach students the basic principles of Chinese medicine pattern differentiation and treatment, including the study of common functions and indications of herbs, formulas and acupuncture points. However, this knowledge alone is not enough to fully diagnose and treat disease.

The courses in the Department of Clinical Medicine expand on this knowledge, providing students with advanced skills in diagnosing and treating diseases in the specialized fields of TCM internal medicine, external medicine, gynecology, pediatrics, and traumatology and orthopedics. Training includes detailed instruction of herbal and acupuncture treatment plans for both common and complex diseases. These courses lay the foundation for students' clinical practice.

TCM Traumatology and Orthopedics

■ MCM 410 3 Units/48 Hours

This course will cover the etiology, diagnosis, and treatment of common diseases of the musculo-skeletal system in accordance with both TCM and Western medicine. Emphasis will be on the differentiation of bone and soft tissue injuries, which are common industry and sports injuries. Students will learn to treat patients with acupuncture and herbs and perform essential orthopedic tests to evaluate the outcome of treatments, as well as recognize red flags in orthopedics and make referrals. Students will be able to properly instruct patients in the proper rehabilitation and prevention of sports and industrial injuries. This course is required to obtain the Sports Medicine Certificate.

Prerequisite: MAC 510/MAC 520, Extra Points and Microsystems/Lab

TCM Internal Medicine I & II

■ MCM 510/MCM 730 6 Units/96 Hours

This two-semester course sequence reviews the history of TCM internal medicine, the mechanisms of disease, the principles of making a diagnosis, and the common treatment methods associated with making a diagnosis. Etiology, pathogenesis, and signs and symptoms of common disease patterns of internal medicine will be reviewed. Students will learn to diagnose common internal medicine diseases from TCM and Western medicine perspectives, identify their patterns, and devise appropriate treatment plans using acupuncture and herbal formulations with appropriate modifications.

Prerequisites: MHB 100, TCM Herbology I; MHB 200, TCM Herbology II; MHB 310, TCM Herbology III; MAC220/MAC 230, Meridians and Acupuncture Points I/Lab; MAC 320/MAC 330, Meridians and Acupuncture Points II/Lab

TCM Gynecology

■ MCM 630 3 Units/48 Hours

This course presents both Western and TCM knowledge of gynecology. Differential diagnosis of the most common gynecological concerns and disharmonies are covered in detail, including common menstrual disharmonies, such as irregularity, leukorrhea, PID, PMS, infertility, pregnancy, childbirth, and postpartum. Emphasis is placed on the common complaints of women and the TCM herbal and acupuncture treatments for these disharmonies. Contraindications during pregnancy are also covered. The course includes training in the use of Western diagnostic reports in relation to hormonal cycles.

Prerequisites: Completion of *two* of the following: MHB 410, TCM Formulas I; MHB 520, TCM Formulas II; MHB 610, TCM Formulas III

TCM External Medicine

■ MCM 810 2 Units/32 Hours

This course teaches students the treatment of common diseases in external medicine according to both TCM and Western disease categorizations. In studying each disease, students learn its etiology and pathogenesis, syndrome differentiation (patterns), treatment principles and corresponding treatment therapies, using both herbs and acupuncture.

Prerequisites: Completion of *two* of the following: MHB 410, TCM Formulas I; MHB 520, TCM Formulas II; MHB 610, TCM Formulas III

TCM Pediatrics

■ MCM 820 3 Units/48 Hours

This course emphasizes common complaints of children, and the TCM theories, herbal, acupuncture and pediatric Tuina treatments that apply to the special circumstances of children. Child development, specific patent formulas for children, herbs for breast-feeding moms to pass onto the baby, respiratory ailments, enuresis, special children's disharmonies such as ADHD (Attention Deficit Hyperactivity Disorder), and TCM health recommendations for children, will be reviewed in the course.

Prerequisites: Completion of *two* of the following: MHB 410, TCM Formulas I; MHB 520, TCM Formulas II; MHB 610, TCM Formulas III

Learning is a treasure which accompanies its owner everywhere.

—CHINESE PROVERB

Electives

The following is a partial list of electives offered in the Department of TCM Clinical Medicine. Electives are offered based on faculty availability and student interest. For a complete listing of electives please refer to the Five Branches University website.

Hepatitis C Seminar

■ MEL 490 .5 Units/8 Hours

This is an introductory level course on hepatitis C that encompasses East/West diagnosis and treatment plans. TCM diagnosis and modalities for treatment such as acupuncture point prescriptions, herbal formulas, nutritional considerations and supplementation will be reviewed. Students will learn the functions of the liver from Chinese, Western and naturopathic perspectives. Western diagnostics, such as lab and imaging reports, will be covered. Supportive care for patients undergoing Western anti-viral therapy, and complications and associated symptoms of hepatitis C infection, including liver damage, fatty liver disease, diabetes, and autoimmune diseases will be addressed. This course is a prerequisite for Hepatitis C Clinical Training.

Prerequisite: MRA 200, Cumulative Review I

Advanced TCM Gynecology

■ MEL 600 2 Units/32 Hours

This case study based course will provide students with the clinical applications of theories and treatment modalities introduced in TCM Gynecology. The focus of the course is on management of female patients during pregnancy, childbirth and postpartum. The course will review the special signs, symptoms, indications and contraindications for acupuncture and herbal treatment of pregnant women and new mothers. Current gynecological research from hospitals in China that have successfully merged TCM and Western medicine treatments for conditions, such as infertility, ovarian atrophy, endometriosis and amenorrhea, will be covered in detail.

Prerequisite: MCM 630, TCM Gynecology



CHAD LANPHEAR
STUDENT

I feel blessed having the opportunity to learn this ancient medicine at the depth of study that a clinical Master's Degree requires. The diversity of electives that the school offers gives the advantage of finding a specialty that resonates with my personal style of treating, while also providing a marketable niche.

TCM Oncology

■ MEL 610 2 Units/32 Hours

The use of acupuncture to support patients undergoing chemotherapy and radiotherapy is well documented for its success. This course will introduce the theory and pathogenesis of cancer mechanisms from a TCM perspective. TCM treatment modalities for cancer as well as detoxification methods for chemo-radiation therapy are covered in detail. Case studies will also be presented.

Prerequisite: Completion of 6th semester

NADA:TCM Treatment of Alcohol and Drug Addiction

■ MEL 620 2 Units/32 Hours

This course is designed to help students understand addiction/chemical dependency and the TCM treatments that apply. Special emphasis is given to NADA (National Acupuncture Detoxification Association) protocols for the treatment of substance abuse. The course provides an overview of established methods currently used in state and federal drug rehabilitation programs, as well as the legal and ethical issues related to treating individuals with addictions.

Prerequisite: Completion of 5th semester

Advanced TCM Trauma and Orthopedics

■ MEL 700 2 Units/32 Hours

Based on the TCM Traumatology and Orthopedics course, students will further discuss the etiology, pathogenesis, differential diagnosis and treatment for traumatic injuries of the skin, tendons, ligaments and muscles from an integrative approach. Students will review X-rays, learn how to perform specific orthopedic tests for common musculoskeletal injuries, and make proper referrals when necessary. Herbal formulas for poultices, plasters and compresses will be taught, in addition to acupuncture treatment modalities. This course is required for obtaining the Sports Medicine Certificate.

Prerequisite: MRA 600, Cumulative Review III



Students in clinical theater

DEPARTMENT OF WESTERN MEDICINE

Alan Wong, M.D., M.S.

■ Department Chair

Modern practitioners of TCM must have a fundamental understanding of Western medicine to effectively communicate with medical doctors and other healthcare professionals, make appropriate referrals, and provide the best care possible for their patients. In the study of Western medicine courses, students discover the parallels between modern TCM and Western medical practices, preparing them for new cooperative and integrative approaches. Students will be introduced to the basic methods of Western diagnosis, the fundamental vocabulary used in diagnostic analysis and the clinical methods used in Western medical approaches to disease. With this knowledge, practitioners of Traditional Chinese Medicine can become an active part of today's dynamic healthcare network.

It is highly recommended that students complete General Biology, Introduction to Physics and Chemistry prior to entry; however, these courses can also be taken from a community college or university concurrent with courses at Five Branches. Please contact the Admissions Director regarding transfer credit of these Natural Science courses.

General Biology

■ MWM 101 3 Units/48 Hours

This course covers the basics of the chemistry of life, molecular and cellular biology, structure and function of organisms, reproduction and development, genetics, evolution and ecology (the relations of organisms to each other and to their environment). This course, with emphasis on human biology, provides a solid basis for further biomedical studies with knowledge of vocabulary, concepts, and skills.

Note: This class is no longer offered at Five Branches University; however, it is a program requirement. Students should complete this class prior to entry or during the first year of study. Please contact the Admissions Director regarding transfer credit for this course.

Human Anatomy

■ MWM 103 3 Units/48 Hours

This course gives an introduction to the study of human structure. This includes examination of cells, tissues, organs, systems and their interrelationships. Structural components of all physiological systems including nervous, endocrine, circulatory, respiratory, digestive, excretory, reproductive, immune systems and those involved in human movement will be studied. Emphasis will be placed on the nervous system and musculoskeletal system, which are particularly important in acupuncture. Human skeletons, anatomical charts, models and full color digital images will be used for demonstration.

Prerequisite: None

Western Medical Terminology

■ MWM 110 1 Unit/16 Hours

This course introduces students to the basic principles, concepts and terminology of modern Western medicine.

Prerequisite: None

Medical Physiology

■ MWM 203 3 Units/48 Hours

This course outlines the principles of human physiology, general properties and functions of the living cell and the internal environment. The course will systematically cover the nervous, musculoskeletal, cardiovascular, respiratory, gastrointestinal, renal, reproductive and endocrine systems, with an emphasis placed on the interrelationships among the systems. Additionally, students will learn about metabolism and homeostasis, and the diseases of the body systems.

With the knowledge of human physiology, students will build a solid foundation for further study of human disease.

Prerequisites: MWM 101, General Biology; MWM 103, Human Anatomy; MWM 110, Western Medical Terminology

I like the interaction with the students, being able to share my knowledge and experience with them, as well as learning from their experience. I like encouraging people to let their gifts shine. Five Branches University is a fun and stimulating place to learn, both as a student and a teacher. It is in a great location, with the beach one block away. The students are all so unique and come from many different backgrounds, so they have life experiences that contribute to their healing education. It is an honor to work with them.

Sally Lewis,
Associate
Professor

Chemistry

■ MWM 204 3 Units/48 Hours

This introductory course explores various topics of inorganic chemistry including the periodic table of elements, atomic structure of matter, nuclear chemistry, molecular bonding, atomic quantum numbers and orbitals, equilibrium states, acid/base chemistry and thermodynamics. The basic organic chemistry of alkanes and unsaturated hydrocarbons will also be examined throughout the course.

Note: This class is no longer offered at Five Branches University; however, it is a program requirement. Students should complete this class prior to entry or during the first year of study. Please contact the Admissions Director regarding transfer credit for this course.

Introduction to Physics

■ MWM 301 2 Units/32 Hours

Designed for health science students, this is an introductory course on physics with minimum calculations. It will conceptually explore various topics of physics, including: motions and forces of a body, properties of matter, heat, sound, light, and electricity and magnetism. Basic atomic and nuclear physics, as well as the theory of relativity will be introduced.

Note: This class is no longer offered at Five Branches University; however, it is a program requirement. Students should complete this class prior to entry or during the first two years of study. Please contact the Admissions Director regarding transfer credit for this course.

Pathophysiology I & II

■ MWM 310/MWM 410 6 Units/96 Hours

Pathophysiology is the study of the mechanism of disease in humans from a western medical perspective. In this two-semester course sequence, students receive a brief overview of healthy physiology of the body's major systems, focusing on disease processes and the body's attempt to adapt to them. These courses link western anatomy, physiology and biochemistry to clinical practice. The first course will cover infectious, psychiatric, hematological, cardiac and pulmonary diseases. In the second course, students learn about selected diseases in the departments of oncology, neurology, rheumatology, endocrinology, gastroenterology, musculoskeletal and nephrology.

Prerequisites: MWM 110, Western Medical Terminology; MWM 103, Human Anatomy; MWM 203, Medical Physiology

Immunology

■ MWM 315 1 Unit/16 Hours

This course begins with a review of basic immunology. Subsequently, the principles of immunology will be applied to enhance the understanding of various autoimmune diseases. The pharmacology of vaccines, immune-modulating drugs, herbs and supplements will also be discussed.

Prerequisite: MWM 203, Human Physiology

CPR/ First Aid

■ CFA 0.5 Units/8 Hours

This is a required class that students must take through an outside provider. Completion of this course is required before entry into Intern Rounds. Upon completion of this course, students will have certification in CPR and First Aid and will have the necessary skills to respond to emergencies within the clinic.

Prerequisite: None

Public Health and Epidemiology

■ MWM 412 2 Units/32 Hours

This course explores the impact of disease and wellness in regard to populations. Factors in epidemiology such as prevalence of incidence of disease in given populations and sensitivity and specificity of tests in diagnosis will be discussed. Environmental, socio-economical and cultural factors that contribute to health and illness in our society will be explored, as well as the role of evidence-based medicine. Particular emphasis is paid to the ways TCM practitioners interface with, and are affected by this system. Topics will include the effects of economics on the current health care system, especially to the underprivileged segments of population and the role of L.Ac.'s in the public health setting.

Prerequisite: Completion of 3rd semester

Western Physical Examination /Lab

■ MWM 520 3.5 Units/56 Hours

In this course, students are instructed in Western methods of information gathering and evaluation. They will study and perform adult history and physical exams, including the use of blood pressure cuffs and stethoscopes. Laboratory tests and x-rays are presented and discussed and students will gain a basic understanding of their use and results. The course also covers how and when to make referrals to other providers, as well as how to recognize and respond in emergency situations. Students will be required to give an oral and written presentation of a patient's history and physical exam.

Prerequisites: MWM 310, Pathophysiology I; MWM 410, Pathophysiology II

Diet, Nutrition and Vitamins

■ MWM 530 2 Units/32 Hours

This course is designed to provide a basic understanding of the fundamentals of human nutrition and how excess or deficiency of essential nutrients affects our health throughout life. Students will learn digestion and assimilation, including useful assessment tools and lab tests, and how to counsel patients on developing a healthy diet. There will also be a discussion of vitamins and minerals, recommended intake, the role of diet in the various stages of the life cycle, the way chronic disease is influenced by excessive or deficient states, and the bio-variability of needs among different patients. The course will cover special issues like food allergies, detoxification, and weight loss as well as possible nutritional approaches to illness commonly encountered in clinical practice.

Prerequisite: MWM 204, Chemistry

Western Case Management I & II

■ MWM 610/MWM 710 6 Units/96 Hours

This two-semester course sequence is intended to help students bring together information from all prior Western medicine classes. Symptoms and signs, and X-ray and laboratory results will be analyzed. Students will study musculoskeletal, respiratory, gastrointestinal, endocrine, cardiovascular, dermatological, urinary, menstrual, and psychosomatic conditions. Students will be required to derive a list of differential diagnosis, including assignment of ICD-9 codes. Particular emphasis will be placed on conditions commonly encountered in an acupuncture practice. Recognizing red flags, indicating a serious disorder, will be covered in detail. Students will learn when to refer to other healthcare providers, and how to treat patients from an integrative perspective. Students will be required to present one case study, with written analysis, as part of the course assignment.

Prerequisite: MWM 520, Western Physical Examination/Lab

Pharmacology

■ MWM 620 3 Units/48 Hours

This course is designed to familiarize students with the use of Western pharmaceutical drugs. The lectures will focus on the categorizations of the Western pharmacopoeia, and the broad principles and mechanisms of action of drugs commonly used in a Western paradigm. A large percentage of patients seeking TCM care will already be taking prescription medications, and this course offers the student an opportunity to understand how these drugs are used in the treatment of disease.

Prerequisites: MWM 310, Pathophysiology I; MWM 410, Pathophysiology II



Students practicing Western diagnostics

Research

■ **MWM 712** 2 Units/32 Hours

In this course students will learn the elements of doing research in the biomedical field. The following concepts will be covered: basic and literature research papers, clinical trials, blinding and research design, forming and testing hypotheses. The element of writing and implementing research proposals will also be covered including relevance of the study, materials and methods, and conclusions and basis statistical analyses. Students will be introduced to the various methods of evaluating research literature. The class will discuss special problems arising from the application of modern research methods on acupuncture and oriental medicine. A research paper or an evaluation of a TCM research report will be required to unify the student's knowledge gained in the course.

Prerequisites: MWM 520, Western Physical Examination/Lab; MWM 620, Pharmacology

Red Flags

■ **MWM 715** 2 Units/32 Hours

In this course students review signs and symptoms indicating severe or life threatening emergencies that warrant referral to a Western physician. Instruction includes appropriate assessments and interventions including lab and common diagnostic information. The course includes training in proper management of "red flags" and "yellow flags" and the proper procedures for making referrals to other physicians. The procedures for referral include determining whether the referral is to an ER or an outpatient clinic. In addition, the course reviews how to handle simple emergencies within the acupuncture clinic.

Prerequisite: Completion of *one* of the following: MWM 610, Western Case Management I; MWM 710, Western Case Management II

Psychology and Counseling

■ **MWM 720** 2 Units/32 Hours

This course is designed to assist students in acquiring the knowledge and skills necessary to evaluate and treat clients with mental disorders. The class introduces the psychotherapeutic diagnostic system (DSM IV-TR) and the vocabulary to empower practitioners to more effectively interact with western clinicians. The course covers suicide, psychosis, chemical dependency, depression, anxiety and the psychopharmacology used in western medicine. Emphasis is placed on developing solid boundaries, interviewing and communication skills, and setting up a safe and trusting environment. The course presents an introduction to western counseling skills and also addresses eastern influences on counseling. Various modalities of psychotherapy are presented.

Prerequisites: MWM 520, Western Physical Examination/Lab; MWM 620, Pharmacology

Lab Analysis

■ **MWM 815** 1 Unit/16 Hours

This course is an exploration of Western laboratory approaches to diagnosis. The class will review routine labs applicable to major body systems. Lab tests will be correlated with clinical diseases. The class will discuss lab methodology, normal values, variation in laboratory results as well as the limitations and power of lab findings.

Prerequisite: MWM 520, Western Physical Examination/Lab

Medical Modalities

■ **MWM 820** 1 Unit/16 Hours

Patients are best served when their practitioners are part of a wider network of information and support. This course introduces students to guest practitioners representing various medical philosophies, histories and medical professions in the healthcare community. Guest speakers will discuss their medical philosophy, educational background, scope of practice, type of diagnosis and services offered, and how they manage their practice. The professions represented may include a general practitioner (M.D.), surgeon, pharmacist, chiropractor, neurologist, podiatrist, osteopath, gynecologist, oncologist, public healthcare nurse, homeopath, naturopath, shaman, and ayurvedic practitioner.

Prerequisite: Completion of 4th semester

DEPARTMENT OF TCM CLINICAL TRAINING

Joanna Zhao, L.Ac.

■ Department Chair

The The Five Branches Master's Degree is a professional degree in the clinical practice of Traditional Chinese Medicine. This practical aspect of training is vital, preparing students to work professionally with the theories, knowledge and skills learned in the academic program and lab. Five Branches prioritizes clinical training, with clinical faculty who on the average have over 20 years of clinical and hospital experience. While practicing under the direction of faculty members, students will develop solid clinical and communication skills, professional conduct, efficiency, and confidence.

Clinical training comprises approximately one-third of the Five Branches Master's Degree program. This training is accomplished in six settings: Clinical Theater; Clinical Rounds, Clinical Internship Rounds, Clinical Paired Internship, Clinical Internship, and Clinical Integrative Theater Internship, each offering a distinct type of clinical and practical experience. Small class sizes enable students to receive individual faculty training, feedback and written evaluations. In addition, students receive an orientation from staff before each phase of the clinical training, and a written clinical manual is provided with carefully developed guidance to clinical protocols and procedures. Enrollment in each level of clinical training allows students to learn from clinical faculty in various learning environments. By the end of clinical training, interns will perform at least 350 patient treatments, a basic requirement for graduation.

Beginning Clinical Theater

■ MCL 100 48 Hours

In Beginning Clinical Theater, newly enrolled students receive a comprehensive introduction and orientation to the clinic's protocols on patient care, safety, herb formula preparation and patient records. This is students' first opportunity to see how TCM theory and practice are combined. In each class, scheduled patients are interviewed, diagnosed and treated by faculty, as students observe. Following each patient's intake, diagnosis and treatment, a general forum-discussion of the patient's case is conducted. Students begin learning professional conduct within this clinical setting: how to take a patient's medical history, and how to create and maintain patient records. Students observe all aspects of treating patients as a TCM professional, including diagnostic data gathering, syndrome identification, treatment planning, herb prescription formulation, and acupuncture needling techniques. Students also participate in the preparation of herbal formulas.

Prerequisite: None

*Surrender
yourself
humbly; then
you can be
trusted to care
for all things.*

—DAODEJING 13



**Douglas Wang
treating a
young patient**

Clinical Theater

■ MCL 200 48 Hours

This class is a continuation of Beginning Clinical Theater. Conducted in a classroom setting, students will have the opportunity to see how TCM theory and practice are combined. In each class, scheduled patients are interviewed, diagnosed and treated by faculty as students observe. Following each patient's intake, diagnosis and treatment, a general forum-discussion of the patient's case is conducted. Students begin learning professional conduct within this clinical setting: how to take a patient's medical history, and how to create and maintain patient records. Students observe all aspects of treating patients as a TCM professional, including diagnostic data gathering, syndrome identification, treatment planning, herb prescription formulation, and acupuncture needling techniques. Students also participate in the preparation of herbal formulas.

Prerequisite: MCL 100, Beginning Clinical Theater



Demonstrating ear acupuncture

Clinical Rounds

■ MCL 300 144 Hours

Clinical Rounds provides students with experience in observing and assisting licensed faculty practitioners in interviewing, diagnosing and treating patients. In Rounds, four to five students follow a practitioner, treating patients in the school's teaching clinic. Students participate in taking and recording a patient's history and exam. Students take the patient's pulses and observe the patient's tongue to understand the instructor's diagnosis, choice of acupuncture treatment and herbal prescription. This close assistantship is invaluable in the study of TCM. Students will learn how to fill an herbal prescription from the clinic's pharmacy and give patients instructions regarding its preparation and use. Students are evaluated on their knowledge and their developing patient skills.

Prerequisites: MCL 200, Clinical Theater; MRA 200, Cumulative Review I

Clinical Internship Rounds

■ MCL 400 144 Hours

In Clinical Internship Rounds, students advance to hands-on treatments in a clinical setting under the direct supervision of a licensed practitioner. A small, intimate group of students attend to the patient's intake and treatment with constant monitoring by a licensed faculty supervisor, who develops a diagnosis and treatment strategy. Students will learn to treat patients with a variety of TCM modalities, and prepare formulas or prescribe patent herbs, under the direct supervision of a licensed faculty supervisor. Clinical Internship Rounds is designed to provide a setting for the students to develop comprehensive clinical skills in preparation for Internship.

Prerequisites: MCL 300, Clinical Rounds; CNT: Clean Needle Technique; CPR/First Aid

Clinical Paired Internship

■ MCL 510 144 Hours

Clinical Paired Internship is the next level in the clinical hands-on training, preparing students for senior Internship. In Paired Internship, students work in pairs and alternate in conducting the patient history, intake, diagnosis and treatment of their patients. In this setting, students collaborate in the development of the patient's diagnosis and treatment plan, and the presentation of their patient's case to their faculty supervisor.

Prerequisites: MCL 400, Clinical Internship Rounds; MRA 400, Cumulative Review II

Clinical Internship

■ MCL 600 384 Hours

Clinical training at Five Branches University culminates with Clinical Internship. Clinical Internship is designed to simulate an actual clinical environment, in which students diagnose, treat and develop long-range treatment goals and plans for their patients. Interns work independently under a licensed clinical faculty supervisor who is there to answer questions and provide recommendations and support as needed. Clinical Internship imparts the ultimate clinical educational condition for students, in which autonomy with patients is supported by the guidance and wisdom of experienced licensed faculty members. Students will be able, upon licensure, to treat patients unsupervised with confidence and expertise.

Prerequisite: MCL 510, Clinical Paired Internship

Clinical Integrative Theater

■ MCL 800 48 Hours

A member of the Western faculty and the TCM faculty will supervise up to nine interns. In rotating groups of three, interns will perform the history and relevant examination of a patient from both Western and Eastern perspectives, and develop an assessment and plan from each perspective. The diagnosis and the plan will be evaluated and discussed. A second group of students will perform the Eastern treatment and carry out and make appropriate recommendations for the Western treatment with the exclusion of administering medications.

Prerequisite: Completion of one of the following: MWM 610, Western Case Management I; MWM 710, Western Case Management II

Clinical Specialty Options

Clinical training offers experience with a broad spectrum of patient clinical cases. Clinical specialty options offer students the opportunity to practice in-depth with faculty in specialized fields.

Sports Medicine

Frank He, L.Ac., Department Chair

Students interested in furthering their understanding of TCM Traumatology and Orthopedics as applied in the clinic may enroll in clinical training courses which focus on the treatment of sports injury. These clinical courses may be taken as part of the MTCM clinical training, while also fulfilling the clinical training requirement for the Sports Medicine Certificate.

Sports Medicine Clinical Rounds

■ MCL 300 48 Hours

In this specialized clinical training course, students are able to observe senior practitioners in clinic practice as they apply acupuncture, Chinese medicinal herbs and Tuina massage to a broad spectrum of patients with sports injury-related conditions.

Prerequisites: MCL 200, Clinical Theater; MRA 200, Cumulative Review I

Sports Medicine Clinical Internship

■ MCL 600 48 Hours

In this final stage of clinical training, students gain greater responsibility to diagnose and treat patients, applying classical and specialized acupuncture and herbal formula treatment plans for a variety of sports injuries, as well as utilizing Western medical diagnostic techniques and examination when appropriate.

Prerequisites: MCL 300, Sports Medicine Clinical Rounds; MCM 410, Traumatology and Orthopedics; MCM 520, Western Physical Examination/Lab

“The founders’ forethought on the location of Five Branches Santa Cruz campus was an immediate draw. The building was first established as a spiritual storehouse (it used to be a church), and is now a clinic and school located one block from Monterey Bay. The natural setting alone is an inspiration, but combined with the distinguished and reputable teachers and quality of education, the decision was an easy one—I chose to become a Five Branches student!”

Leta Jussila,
Graduate

TCM Tuina Massage

Michael Alexander, L.Ac., Department Chair

Students interested in furthering their skills in TCM massage may enroll in two clinical training courses which focus on TCM Tuina massage as applied in the treatment of pediatric and adult patients. This treatment modality is highly regarded not only for its results, especially with young patients, but also for meeting the concern that many parents and patients may have about needles. These clinical courses may be taken as part of the MTCM clinical training, while also fulfilling the clinical training requirement for the TCM Tuina Massage Practitioner Certificate.

TCM Tuina Massage Clinical Internship Rounds

■ MCL 400 48 Hours

A continuation of the theoretical and practical TCM Tuina Massage course, this course presents students with an opportunity to practice a broad spectrum of applications of Tuina massage with patients in the clinic, under supervision of senior practitioners.

Prerequisite: MAC 350, TCM Tuina Massage I

TCM Tuina Massage Clinical Internship

■ MCL 600 48 Hours

A continuation of the theoretical and practical TCM Massage course and the Tuina Massage Clinical Internship Rounds, this clinical course offers students an opportunity to apply the Tuina massage techniques they have learned in class and observed in clinic with their own patients, under the supervision of a senior practitioner of Tuina massage.

Prerequisites: MEL 400, TCM Tuina Massage II; MCL 400, TCM Tuina Clinical Internship Rounds; MRA 400, Cumulative Review II



Five Element Clinical Training

Dr. Gary Dolowich, M.D., L.Ac.,

Mary Huse, R.N., L.Ac., Department Chairs

Three levels of clinical training classes are available to students interested in studying the clinical applications of Five Element theory. These clinical courses may be taken as part of the MTCM clinical training, while also fulfilling the clinical training requirement for the Five Element Certificate.

Five Element Clinical Rounds

■ MCL 300 48 Hours

In this clinical training course, students will be able to observe senior practitioners in clinic as they apply Five Element theory, energetics and spirit of the points with their patients. Students will begin to understand how the principles of Five Element Acupuncture are applied in a clinical setting.

Prerequisites: MRA 200, Cumulative Review I; MEL 315, Five Element Theory I

Five Element Clinical Internship Rounds

■ MCL 400 48 Hours

In this clinical training course, students will be asked to diagnose and treat patients, under the direct supervision of senior practitioners, and to apply Five Element theory, energetics and spirit of the points.

Prerequisites: MCL 300, Five Element Clinical Rounds; MEL 420, Five Element Theory II

Five Element Clinical Paired Internship

■ MCL 510 48 Hours

In this second level of hands-on training, students work in pairs and alternate in conducting the patient intake, diagnosis and treatment. The students collaborate in the development of the patient diagnosis and treatment plan, and the presentation of their patient's case to their clinical supervisor.

Prerequisites: MCL 400, Five Element Clinical Internship Rounds; MEL 420, Five Element Theory II

Michael Alexander performing Tuina massage

Hepatitis C Clinical Training

Hepatitis C is an epidemic, affecting 4 million people in the United States and 100 million worldwide. This specialty training introduces students to an integrated approach to treating hepatitis C. A combination of lecture and clinical experience is used to teach a holistic approach to hepatitis C, which includes diet/lifestyle counseling, herbal formulas, nutritional supplements, moxibustion and acupuncture. Students will learn to identify the symptoms of hepatitis C, the side effects of Western treatment, and how to alleviate them.

Hepatitis C Clinical Rounds

■ MCL 300 48 Hours

In Clinical Rounds, students observe and assist licensed faculty practitioners in interviewing and diagnosing hepatitis C patients. Students learn how treatment plans are formulated based on the information gathered from both the Western medical lab work and a TCM perspective.

Prerequisites: MRA 200, Cumulative Review I; MEL 490, Hepatitis C Seminar

Hepatitis C Clinical Internship Rounds

■ MCL 400 48 Hours

In Clinical Internship Rounds, students advance to hands-on treatments in a clinical setting under the direct supervision of a licensed practitioner. Students practice the hepatitis C patient's intake, treatment planning, and application and treat patients with a variety of TCM modalities, including prescription of formulas or patent herbs.

Prerequisite: MCL 300, Hepatitis C Clinical Rounds

Hepatitis C Clinical Internship

■ MCL 600 48 Hours

The primary objective of this clinical internship is for students to gain the skills and knowledge necessary to treat hepatitis C with Chinese medicine alone, and in combination with Western treatment. Students are expected to interpret lab work, biopsy and ultrasound reports. Based on the information gathered, students will develop acupuncture and herbal protocols for treating specific symptoms associated with hepatitis C.

Prerequisites: MCL 400, Hepatitis C Clinical Internship Rounds; MRA 600, Cumulative Review III

Medical Qigong

The Medical Qigong clinic specialty was developed for treating patients with a multitude of conditions, including internal organ diseases, immune system dysfunction and cancer. Patients are treated with Qigong and given specific Medical Qigong prescription exercises and meditations in order to complement the treatments and enhance healing. These clinical courses may be taken as part of the MTCM clinical training, while also fulfilling the clinical training requirement for the Medical Qigong Practitioner Certificate.

Medical Qigong Clinical Internship Rounds

■ MCL 400 72 Hours required for Medical Qigong Practitioner Certificate

Conducted in a small class setting, Clinical Internship Rounds gives students exposure and first-hand experience with Medical Qigong diagnoses and treatments. This is a hands-on experience in which the different aspects of energetic dysfunctions and symptom manifestations are studied and experienced by the Medical Qigong students. Through the careful guidance of the instructor, the Medical Qigong students will assist in all phases of diagnosis and treatment. Seventy-two hours of clinical training are required for the Medical Qigong certificate.

Prerequisites: MEL 310, Medical Qigong I; MEL 320, Medical Qigong II; CNT: Clean Needle Technique; CPR/First Aid

Francesca Ferrari
giving a Medical
Qigong treatment



Yin Tuina

Yin Tuina Clinical Internship Rounds

■ MCL 400 48 Hours

In Yin Tuina Clinical Internship Rounds, students participate in hands-on diagnosis and treatment in a clinical setting, under the direct supervision of a licensed practitioner. Students use TCM theories to reach a diagnosis of the patient's pattern of disharmony. The focus of this clinical course is honing the students' confidence in diagnosis through palpation of energetic patterns, the primary method of diagnosis and treatment in the ancient art of Yin Tuina.

Upon completion of this course, students will have confidence and skill in the basics of TCM diagnosis, treatment planning and using Yin Tuina as a primary diagnostic tool and method of treatment.

Prerequisite: MEL 491, Yin Tuina I

Yin Tuina Clinical Internship

■ MCL 600 48 Hours

In Yin Tuina Internship, students advance to treating patients independently, under the guidance of a faculty supervisor. Students independently conduct the patient interview, exam, reach a correct diagnosis, and establish an appropriate treatment plan. The focus of this clinical course is to advance the students' confidence and skills in diagnosis through palpation of energetic patterns. The primary method of diagnosis and treatment is the ancient art of Yin Tuina.

Upon completion of this course, students will demonstrate clinical mastery in Yin Tuina as the primary method of diagnosis and treatment.

Prerequisites: MEL 491, Yin Tuina I; MCL 400, Yin Tuina Internship Rounds; MCL 510, Clinical Paired Internship

Clinical Training in China

Students may choose to complete up to 25% of their clinical training in the affiliated hospitals of our sister colleges in China. Every summer, 20 to 30 students accompany our native Chinese faculty and travel to China for an extraordinary professional experience: training in China's leading hospitals, discovering a new country, and making new friends.

The hospitals of our sister colleges have received the highest AAA rating from the Chinese government. Students can choose to train in various specialty departments such as internal medicine, gynecology, pediatrics and oncology. Using translators, students study in small groups with famous doctors from the hospital. For further details, please refer to the Study in China section of the catalog.



DEPARTMENT OF COMPLEMENTARY STUDIES

Christine Klein, L.Ac.

■ Department Chair

Complementary studies enrich and round out students' professional TCM training. Career development courses prepare students to practice TCM professionally, ethically, and successfully. Energetics courses introduce students to the ancient Chinese practices of Qigong and Taijiquan. Electives are offered in the study of Yin Tuina and Medical Qigong.

Career Development

Career Development

■ MCD 301 | 1 Unit/16 Hours

This course provides students with the steps necessary to create a successful practice. Topics covered will include: the legal requirements of starting a practice, setting up a practice space, creating a financial budget, managing an office, medical billing, patient management, and practice marketing. Upon completion of this course, students will have a clearer understanding of what is involved in starting and maintaining a successful practice.

Prerequisite: Completion of 2nd semester

Professional Ethics

■ MCD 420 | 1 Unit/16 Hours

This course covers the universal medical ethics required of a primary healthcare practitioner, emphasizing professional responsibility and the study of laws which regulate TCM practices in California and the U.S. Upon completion of this course, students will be thoroughly aware of the professional, ethical, and legal responsibilities of treating patients.

Prerequisite/Co-requisite: Prior completion of or concurrent enrollment in MCL 400, Clinical Internship Rounds

Career Development Fair

■ MCD 500 | 0.25 Units/4 Hours

Twice a year, Five Branches University hosts a free health fair for the public. Interns provide mini-acupuncture treatments, tongue and pulse diagnosis, and short Tuina massages. Advanced students are encouraged to give a 15-30 minute lecture on a health topic of their choice, lead a Qigong or Taijiquan class, or create an informative display. The health fair provides interns with the opportunity to promote their practice, giving out cards to patients, and demonstrating their knowledge and mastery of TCM. In this four-hour period, interns are able to see a wide variety of patients in a short period of time, providing excellent clinical experience.

Prerequisite: None

Marketing and Management

■ MCD 701 | 1.75 Units/28 Hours

This course provides students with the information they need to apply their acupuncture training skills in a business-like manner, in a variety of clinical settings. The emphasis is on the practical application of the business and professional skills necessary to provide acupuncture health care to an ever-growing population of patients. Upon completion of this course, students will understand the synergistic nature of the professional, ethical, financial, and marketing skills necessary to run a primary health care practice in the U.S. in the 21st century. They will know how to set up, run and maintain a viable practice and will understand the inner workings of an acupuncture office.

Prerequisite: MCD 420, Professional Ethics



**KIMBERLEY
BENJAMIN**
ALUMNA

“At Five Branches University we learn a mixture of classical Chinese medicine and Traditional Chinese Medicine. My trip to China really helped me to differentiate between the two. It also gave me a greater understanding of my teachers and the culture they come from. Traveling to China was an enriching and worthwhile experience.”

Energetics

Qigong I

■ MEB 100 | Unit/16 Hours

Qigong, or Vital Energy Skills, are the ancient Chinese methods of cultivating and using the vital energy in the body, representing the Chinese philosophy of the exercise-health connection. Qigong is now successfully used in China for treating chronic diseases. In this practical introductory course, students learn to experience various Qigong exercises in an atmosphere of personal experimentation, with emphasis on the fundamentals of “reading” and “feeling” the Qi.

This course will enable students to become familiar with the theory, form and potential health benefits of Chinese therapeutic energetics.

Prerequisite: None

TCM Qigong

■ MEB 140 | Unit/16 Hours

Qigong is a system of exercises that cultivates life force energy and is at least as old as the *I Ching (Book of Changes)*, one of the first Chinese recordings of Qi, dating from 3000 years ago. Qigong studies the relationship of the three natural energies of the universe, Tian (Heaven), Di (Earth), and Ren (Man). The practice of Qigong can be classified as martial, medical, or spiritual in nature. TCM Qigong teaches medical aspects of this exercise by integrating physical postures, breathing techniques, and mental intentions. TCM Qigong practice can reduce stress, increase stamina, strengthen and balance internal organ systems, and enhance the immune system. This course will provide students with foundational skills in improving health for both practitioner and patient through TCM Qigong.

Prerequisite: None

Wild Goose Qigong

■ MEB 150 | Unit/16 Hours

Originating over 1000 years ago from the Daoist Kunlin School, this once secretly passed down, classic set of movements is one of China’s most respected Qigong styles. Dayan (Wild Goose) style imitates the movements of wild geese with dynamic and static postures, combining strength and stretching. This easy to learn yet elegant form opens channels and points, expels toxins from the tissues, and draws in healthy air to improve the health of the body, mind, and spirit. Upon completion of this course, students will be familiar with the sequence of the first 64 movements and postures of Dayan Qigong.

Prerequisite: None

Qigong Stretch

■ MEB 160 | Unit/16 Hours

Qigong Stretch utilizes the posture, breath, and mental intentions found in the disciplines of Qigong to gently extend the body’s joints, tendons, ligaments and muscles to provide elasticity and fluidity of movement. With proper stretching the body opens up and the vital energy moves freely, alleviating pain caused from stagnation and tonifying the body by allowing energy to properly nourish deficiencies. Qigong Stretch is a great way to relieve stress. This course provides students with the understanding of the fundamentals of Qigong Stretch and its therapeutic application for both practitioner and patient.

Prerequisite: None

Qigong II

■ MEB 200 | Unit/16 Hours

In this course, students continue to explore the sensation of Qi flowing through their bodies, utilizing exercises to cultivate their Qi and increase their awareness of the dynamic state of their own body, in response to changes in the environment. Completion of this course serves as one of the prerequisites for the Qigong Teacher Training Certificate.

Prerequisite: None

Taijiquan I

■ MEB 450 1 Unit/16 Hours

Taijiquan is recognized as one of the fundamentals of good health. This course is a natural extension of the Qigong courses and introduces students to more advanced exercises and sets for health enhancement. This course is aimed at teaching exercises the student can master, and that are safe for a wide spectrum of conditions.

Prerequisite: None

Taijiquan II

■ MEB 550 1 Unit/16 Hours

This course is a continuation of the Taijiquan I course. In this energetic medicine course, the students learn through demonstration and practice of advanced Taijiquan forms to become more aware of energy pathways and flow. The emphasis of this course is on teaching the student exercises they can master, and are safe for a wide spectrum of conditions.

Prerequisite: MEB 450, Taijiquan I

Assistant Professor
Jaime Marquez
demonstrating
Taijiquan



Electives

The following is a partial list of electives offered in the Department of Complementary Studies. Electives are offered based on faculty availability and student interest. For a complete listing of electives please refer to the Five Branches University website.

Medical Qigong I

■ MEL 310 2 Units/32 Hours

In Medical Qigong I, students are led through a progressive series of Qigong (Vital Energy Skills) meditations and exercises. Students experience basic applications of Medical Qigong purgation, tonification, and regulation energetic skills. Each class includes lecture and personal application of energetic medicine. Students are taught to recognize specific Medical Qigong prescription exercises and meditations, (purging excess conditions, tonifying deficiencies, dispersing stagnations and regulating Qi, Blood and Body Fluid), and learn how and when to apply them in clinic. Students are introduced to energetic psychology, discharging toxic emotions, and how to handle the emotional discharges and toxic energetic releases coming from their patients.

Prerequisites: MCT 100, TCM Foundations; MAC 110, Introduction to Channel Theory

Medical Qigong II

■ MEL 320 2 Units/32 Hours

In Medical Qigong II, students are led through a progressive series of advanced Shengong (Spirit Skill) meditations and exercises. These exercises and meditations are specifically used for developing advanced intuitive diagnostic skills. Students are taught how to establish proper energetic boundaries, and neutralize specific psycho/emotional interactions such as projection, transference, and counter-transference. Upon completion of this course, students are prepared to participate in the Medical Qigong clinical training and assist the instructor with performing treatment protocols.

Prerequisite: MEL 310, Medical Qigong I

*Even if one
studies to an
old age, one
will never
finish learning.*

—CHINESE
PROVERB

Medical Qigong III

■ MEL 330 2 Units/32 Hours

In Medical Qigong III, students learn an energetic overview of the esoteric principles and foundational structures that govern Traditional Chinese Medical Qigong. Course content includes: the study of the Three Outer Forces and the influences on the human body, energy, food and diet, prenatal and postnatal Jing, Qi and Shen, the body’s energetic internal structures, the five spiritual aspects of the five Yin organs, Advanced Shengong Cultivation Methods, the Six Transportations of Shen, the Eight Supernatural Powers, soul projection, spirit projection and energy projection, the energetic principles and functions of Medical Dao Yin training, and how to rectify Qi deviations.

Prerequisite: MEL 320, Medical Qigong II

Medical Qigong IV

■ MEL 340 2 Units/32 Hours

In Medical Qigong IV, students are introduced to advanced Medical Qigong theories and clinical application. Topics include: energy purgation, tonification, regulation and cultivation, as well as the exercises and meditations used as homework prescriptions in the Medical Qigong clinical training. Other topics are: clinical protocols, combining Medical Qigong with other TCM modalities (acupuncture, massage, cupping, moxa and herbs), clinical ethics, clinical burnout, principles and parameters of Medical Qigong therapy, contraindications, and clinical observations of pathological energetic patterns, internal organ prescriptions, and Healing Sound Therapy. Upon completion of this course, students are ready to begin practicing on their own, utilizing Medical Qigong treatment protocols in combination with other TCM modalities, and empowering their patients by teaching them modified Qigong prescriptions to suit their personal needs.

Prerequisite: MEL 330, Medical Qigong III

Yin Tuina I

■ MEL 491 1 Unit/16 Hours

This course explores the methods of TCM diagnosis and treatment using the ancient art of Yin Tuina. Diagnostic methods include the TCM standards of Ba Gong, Six Evils, Zangfu, Wen Bing and San Jiao. This course will deepen students’ understanding and confidence in diagnosis through palpation of energetic patterns, both healthy and aberrant. They will learn how to utilize Yin Tuina as a method of diagnosing and correcting aberrant Qi flow. Additionally, students will gain confidence in their ability to locate and feel meridians and points. The course consists of a combination of lecture and hands-on practice in Yin Tuina. Lectures will frequently allude to the classics and key cornerstone quotes. Hands-on practice will be one-on-one, in a group setting. This course is a prerequisite for Yin Tuina II, Internship Rounds and Clinical Internship, and the Amsterdam Parkinson’s Recovery Project Externship. Class size is limited.

Prerequisites: MCT 200, TCM Diagnosis; MAC 220/MAC 230, Meridians and Acupuncture Points I/Lab; MAC 320/MAC330, Meridians and Acupuncture Points II/Lab

DEPARTMENT OF REVIEW AND ASSESSMENT

Tiffa Taylor, L.Ac.

■ Department Chair

The courses in the Department of Review and Assessment are designed to systematically review all core coursework and evaluate students' mastery of the material. These courses aid students in developing solid study and test-taking skills, preparing students for the cumulative examinations at Five Branches University, and the national certification (NCCAOM) and California licensing (CALE) examinations.

Cumulative Review I

■ MRA 200 | Unit/16 Hours

The core curriculum of the first two semesters of study, including TCM Theory, TCM Herbology, TCM Acupuncture and Western Medicine are systematically reviewed to strengthen and solidify the students' understanding and mastery of the material. The objective of this course is to help students develop good study and test-taking skills, and to learn to maintain a controlled pace in studying the curriculum. The course is designed to assimilate the coursework covered during the first year, preparing students for the first cumulative examination.

Prerequisite: Completion of 1st semester

Cumulative Review II

■ MRA 400 | Unit/16 Hours

The core curriculum of the first four semesters of study, including TCM Theory, TCM Herbology, TCM Acupuncture and Western Medicine will be systematically reviewed in order to strengthen and solidify the students' understanding and mastery of the material. The objective of this course is to help students develop good study skills, strong test-taking skills, and to learn to maintain a controlled pace in studying the curriculum. The course is designed to assimilate the coursework covered during the first two years and to prepare students for the second cumulative examination.

Prerequisite: Completion of 3rd semester

Cumulative Review III

■ MRA 600 | Unit/16 Hours

The core curriculum of the first six semesters of study, including TCM Theory, TCM Herbology, TCM Acupuncture, TCM Clinical Medicine, and Western Medicine will be systematically reviewed in order to strengthen and solidify the students' understanding and mastery of the material. The objective of this course is to help students develop good study skills, strong test-taking skills, and to learn to maintain a controlled pace in studying the curriculum. The course is designed to assimilate the coursework covered during the first three years and to prepare students for the third cumulative examination.

Prerequisite: Completion of 5th semester

Final Review

■ MRA 800 | 3 Units/48 Hours

This course is designed to prepare students for the final cumulative exam and to assimilate the coursework covered during the complete four years of study. This course provides a solid foundation and study guide for preparing for the California State Board licensing (CALE), and national certification (NCCAOM) examinations. Key TCM concepts, study methodology, analysis and integrative skills will be emphasized. Upon completion of this course, students will be primed and prepared for the final cumulative exam, the California State Board and the NCCAOM examinations.

Prerequisite: Completion of 7th semester and successfully passing the Assessment Exam



**PETER
YANG**
PROFESSOR

“Our students are very clear about their career in TCM. They are already equipped with a strong motivation in their learning. As a teacher, I'm greatly motivated by the enthusiasm of my students. It's an honor to teach at Five Branches.”

Certificate Programs

While completing the Master's Degree program at Five Branches University, students can choose to train in a specialized field of study. Students are awarded a certificate upon completion of any of the following certificate programs. Certificate programs are offered based on faculty availability and student interest.

Certificates are available in:

- Five Element Acupuncture
- Medical Qigong
- Sports Medicine
- Tuina Massage



Sports Medicine Certificate Program

Orthopedic acupuncture has become a growing trend in the world of sports. Athletes use acupuncture to heal joint pain, muscle strains and sprains, and to prevent injury. The benefits of stress reduction and increased energy provided by acupuncture are also helpful to keep athletes in top performance and in alleviating tension prior to competition.

The Five Branches Sports Medicine Certificate program is designed for students who are particularly interested in helping patients increase stamina, flexibility and de-stress to remain in peak form. The program emphasizes treatment of orthopedic injuries such as shin splints, tennis elbow, knee injuries, low back pain, sprained ankles and other impairments. The certificate program is comprised of two academic classes, specialized clinical training courses and two specific examinations. The first exam tests knowledge in anatomy and physiology, TCM and channel theories and is a prerequisite for participation in the related clinical training. The second is a practical examination.

For specific course descriptions please refer to the Department of Clinical Medicine and Department of Clinical Training. Successful completion of the following coursework and final examination will award the student with the certificate:

TCM Trauma and Orthopedics

■ MCM 410 3 Units/48 Hours

Advanced Trauma and Orthopedics

■ MEL 700 2 Units/32 Hours

Sports Medicine Rounds

■ MCL 300 1.5 Units/48 Hours

Sports Medicine Internship

■ MCL 600 1.5 Units/48 Hours

Frank He teaching Sports Medicine rounds

Five Element Certificate Program

Five Branches is fortunate to have leading practitioners and teachers of Five Element Acupuncture. Together they have many years of experience in this specialized field which integrates classical Chinese medical philosophical theory with modern psychology. The Law of the Five Elements was formulated by the ancient Chinese as a way to understand the movement of life's energies in nature. The courses in this department teach students to diagnose and treat Qi according to this model, thereby addressing a deep level of human experience.

The Five Element Certificate includes three theoretical courses and three levels of clinical training. The clinical training courses allow students to first observe, and later practice the applications of Five Element theory, energetics and the spirit of the points on patients. The certificate requirements may be fulfilled while enrolled in the MTCM degree program.

The progression through the Five Element Certificate Program is as follows: In order to receive the Five Element Certificate, students must complete Five Element Theory I, Five Element Theory II and one additional theory course of their choice. Five Element Clinical Rounds may be taken after completion of Five Element Theory I. Five Element Clinical Internship Rounds may be taken concurrently with Five Element Theory II. Five Element Clinical Paired Internship may be taken upon completion of MEL 310, MEL 420 and MCL 400. Each level of clinical training is required in order to obtain the certificate. The following courses are offered in the Five Element program. Please see course descriptions under the Department of TCM Theory and the Department of TCM Clinical Training.

Five Element Theory I

■ MEL 310 2 Units/32 Hours

Five Element Theory II

■ MEL 420 2 Units/32 Hours

Five Elements: Spirit of the Points, I

■ MEL 431 2 Units/32 Hours

Five Elements: Spirit of the Points, II

■ MEL 432 2 Units/32 Hours

Five Elements: Spirit of the Points, III

■ MEL 433 2 Units/32 Hours

Five Elements: Deepening Into the Officials

■ MEL 440 2 Units/32 Hours

Five Elements: Archetypal Acupuncture

■ MEL 450 2 Units/32 Hours

Five Element Clinical Rounds

■ MCL 300 48 Hours

Five Element Clinical Internship Rounds

■ MCL 400 48 Hours

Five Element Clinical Paired Internship

■ MCL 510 48 Hours

Tala Lindaro and Mary Huse, professors of Five Element Acupuncture



木

WOOD

火

FIRE

土

EARTH

金

METAL

水

WATER

Medical Qigong Practitioner Certificate Program

Five Branches offers a 200 hour Medical Qigong Practitioner (M.Q.P.) Certificate. This program teaches the basic theories and practical applications of Medical Qigong, based on the textbook *Chinese Medical Qigong Therapy: A Comprehensive Clinical Text*. The courses include oral and practical examinations and allow the students to participate in clinical internship at the Five Branches Medical Qigong Clinic.

A 200 hour Medical Qigong (M.Q.P.) Certificate will be issued to students who have successfully completed Medical Qigong I–IV (128 academic hours) in addition to 72 hours of clinical training.

The program is four semesters (two years). The final exams include oral and practical examinations plus clinical competencies. See course descriptions under the Department of TCM Complementary Studies and the Department of Clinical Training.

Medical Qigong I

■ MEL 310 2 Units/32 Hours

Medical Qigong II

■ MEL 320 2 Units/32 Hours

Medical Qigong III

■ MEL 330 2 Units/32 Hours

Medical Qigong IV

■ MEL 340 2 Units/32 Hours

Medical Qigong Clinical Internship Rounds

■ MCL 400 72 Hours

*Knowing others is wisdom;
Knowing the self is enlightenment.
Mastering others requires force;
Mastering the self needs strength.*

—DAODEJING 33

TCM Tuina Massage Practitioner Certificate Program

Tuina utilizes a variety of hand techniques which are usually practiced on a clothed body. Tuina works on the energy channels and points, using the same principles as acupuncture—except that the hands and fingers are used rather than needles. Tuina has the potential to release stagnant energy flow and tension, enhancing the healing process and reestablishing the proper functioning of the body and the recovery of damaged tissues. Tuina works holistically, providing patients with physical and mental relaxation, and a deep sense of well-being. Tuina brings the patient's awareness to what is going on within their own body, an essential first step in any healing process.

The TCM Tuina Massage Practitioner Certificate Program at Five Branches University consists of 176 hours of both theoretical and clinical training. Students may complete the courses required for the certificate program while fulfilling their MTCM degree.

This program is open to students who are not enrolled in the MTCM program, provided they meet the general education enrollment requirements for Five Branches University and have taken the prerequisites MCT 100, TCM Foundations; MAC 110, Introduction to Channel Theory; MCT 200, TCM Diagnosis; MWM 103, Human Anatomy and MWM 203, Medical Physiology.

Please see course descriptions under the Department of TCM Acupuncture and the Department of Clinical Training.

TCM Tuina Massage I

■ MAC 350 3 Units/48 Hours

TCM Tuina Massage II

■ MEL 400 2 Units/32 Hours

TCM Tuina Massage Clinical Internship Rounds

■ MCL 400 48 Hours

TCM Tuina Massage Clinical Internship

■ MCL 600 48 Hours

Study Abroad Program

The Study Abroad program offers you the unparalleled opportunity to witness the authentic practice of Traditional Chinese Medicine (TCM) combined with Western medicine as a primary care medical system, where large volumes of patients with a wide variety of conditions are treated.

Accompanied by Five Branches' native Chinese- or Korean-speaking faculty and 20–30 Master's and Doctoral students, you can travel to Asia for a period of two to four weeks to receive specialized TCM and integrative medicine training in an affiliated hospital and outpatient center at one of our five sister schools, in China, Taiwan or Korea.

You can complete up to 25% of your clinical training requirements at one of the following Universities: Zhejiang Chinese Medical University, Liaoning University of TCM, Tianjin University of TCM, China Medical University, and Daejeon University and receive specialized training in internal medicine, oncology, pediatrics, gynecology, TCM trauma or other medical specialties, based on faculty availability.

Using a translator, you will train with world class practitioners who possess a strong knowledge in the theories and clinical applications of TCM. All of the schools in this program are AAA rated and offer the latest in modern medical technology.

Travel Throughout Asia

After training in the hospital, join faculty and fellow students on daily excursions to historical sites, shopping, tasting local delights or enjoying the area's scenic gardens, pagodas and museums.

Considered one of the world's top travel destinations, China offers travelers stunning natural beauty, bustling city experiences and more than 5000 years of rich cultural heritage.



Explore Tiananmen Square, the Forbidden City and the Great Wall of China in Beijing, experience the striking scenery of the mountains of Guilin and Yangshao rising up from the rice paddy fields, or relax in spectacular hot springs while enjoying centuries-old wellness treatments in China.

With an infrastructure that allows easy travel by plane, ship, car or train, you can extend your stay and travel throughout Asia to engage in activities like swimming with elephants in Thailand, diving the multitude of coral reefs that surround the islands of the Philippines or mastering the art of meditation and tea ceremony during a temple stay in Korea.

This valuable international experience will complement your academic curriculum, broaden your perspective of the Asian culture and be highly regarded by future employers.

It is amazing how much of my Chinese medicine studies were integrated just by being there, experiencing Chinese culture for a short time. My recommendation is that Five Branches make this trip a mandatory part of the program.

—KARI KNAPSTAD, L.A.C.

Student Services

At Five Branches University, our students are our first priority. Ensuring that you receive a high quality, comprehensive academic education is on the top of our list but we also realize that student support and service is just as important. That is why we have the people and resources in place to provide you with the support you need to make your experience at Five Branches not only rewarding but also pleasurable.

The registrar's office is available to ensure that registering for classes and determining your class schedule flows smoothly. Our student services staff can provide you with information related to campus facilities, school programs and the support services available to you. The career development department will help you to prepare for graduation and to determine the right career path for you. From start to finish, and beyond we are here to support you on your journey to become a licensed TCM practitioner, in your advanced studies as a Doctoral or PhD student, and as an alumni of Five Branches University.

Student Communications

Students will receive a Five Branches University email address at student registration. This will enable you to communicate easily with faculty, administrative staff, and fellow students, receive important notices from the administration, and stay apprised of campus events. Additionally, Five Branches maintains a blog so students can easily download class schedules, the booklist for the upcoming semester and other important time-dated materials.

Student Council

Five Branches students take their academic role very seriously. Each semester, student council representatives are chosen to voice student concerns on topics ranging from curriculum review to details for the annual Chinese New Year party. The council functions as an organized body through which students can implement change within their school. The council also works as a liaison between the students, faculty, and administra-

tion to ensure that all parties are working toward the same vision. All students are welcome to come to meetings, voice their opinions, and vote on important issues.

Student Health Services

The Health Centers at Five Branches University are a flourishing environment for both student education and quality health care. As a student, you have the opportunity to partake in treatments as both healer and patient. Prospective students receive a free acupuncture treatment, so don't forget to schedule it during your tour of the campus. As a Five Branches student, you will receive 50% off treatments with senior interns, as well as in rounds, intern rounds and theatre classes. You also receive 20% off bulk herbs and patent medicines, as well as a \$5 drop-in rate for appointments made less than 1 hour in advance.

Online Bookstore

All textbooks for the classes at Five Branches can be purchased through a virtual bookstore that is accessible on the internet or by calling a toll-free number. The service, MBS Direct Textbooks, allows you to go online or to call by phone to order books needed for your upcoming courses. Purchased books are delivered directly to your home. Used books are often available. The online bookstore will also buy back used textbooks at the end of a course. Two weeks prior to the end of class, MBS Direct will send a quote notifying you of the buyback price for your textbooks, which is up to 40% of the new, retail price of the books.



Library

The Santa Cruz and San Jose library collections contain a broad selection of over 4,000 books and journals on TCM, acupuncture and Western medicine, as well as titles on related topics such as Asian art, Asian history, and philosophy. We encourage and invite all students to use and enjoy these facilities. There are computers in the library for student use, offering a variety of medical software programs, including TCM Windows (a specialized study aid program). The library provides wireless internet access, copy and laser print services and, of course, smiling, helpful staff to assist you. For more information on the library, check out the Student Life/Library link on our website.

Externships

Five Branches University is fortunate to have a number of TCM experts spread throughout the vicinity. Externship opportunities currently available include: a fertility clinic, a mental health drop-in clinic, a project working with veterans of war, and a variety of clinical settings with practitioners in the area. This type of clinical work can satisfy credit requirements for varying academic levels, depending on the tasks involved within a particular externship. New options pop up each semester, and students generally look forward to the chance to network with experienced practitioners in the field. The annual Five Branches trip to China is also a coveted externship, affording Five Branches students the opportunity to satisfy academic requirements abroad.

Student Employment

Working on campus is an excellent way to learn valuable skills, make important connections and build your resume. Student employment is awarded on the basis of financial need and is earned money that does not have to be repaid. Most students who qualify for need-based financial aid are eligible to earn money through the Federal Work Study program. Federal Work Study funds pay for a percentage of on-campus part-time employment wages.

There may also be other campus jobs available for students who do not qualify for Federal Work Study. For information regarding these opportunities contact the career development department.

Career Opportunities

Five Branches receives requests and announcements of employment opportunities regularly. All known professional vacancies in the field of acupuncture and TCM are posted online at Career Development/Career Opportunities. Five Branches also refers graduates to successful alumni, so they may join these established practices. We receive referral requests nationwide for competent, qualified, licensed acupuncturists. If Five Branches alumni are located within the requested area, patients are then referred to these practitioners. A listing of all active and licensed TCM practitioners is available on the Five Branches website.



**Alumna Marcia
Male in her clinic
in Wyoming**

My education at Five Branches University provided me with a solid TCM foundation that I rely on in my practice. I was taught to be creative and flexible and to collaborate for success. It never fails me to mimic my teachers' approach and treatment styles. I credit my growth as a practitioner to the high level of skill and analytical thinking that was provided by my clinical, theory and Qigong teachers. ”

Marcia Male
Wilson
Acupuncture &
Healing Arts
Center
Wilson,
Wyoming

Admissions

Choosing to enroll in a Traditional Chinese Medicine (TCM) Master's degree program is an important decision. We understand it is a process that will involve many questions and much consideration. We are here to support you by spending time with you on the phone, via email and in person to address your questions and provide you with the answers you need to enter the rewarding field of TCM. We believe it is important for you to have a thorough overview of the TCM profession, the Master's degree program that leads to California licensure and national certification, and the career opportunities available in private and group practice, hospitals and clinics, and related fields such as herb companies, publishing and TCM education. We look forward to joining you in your discovery of Traditional Chinese Medicine.

Five Branches Students

Five Branches University students demonstrate the aptitude and determination to successfully complete the program, and have a sincere interest in the study of TCM and integrative medicine. Our program attracts students seeking to become TCM practitioners, those currently studying at another TCM school who wish to transfer to Five Branches, and international students

who have a desire to study TCM in the U.S. Our students also include professionals seeking new careers, Western medical practitioners who wish to enhance their practice and non-degree seeking students interested in studying TCM for the enhancement of their personal health and well-being. Our students represent diverse age groups, with varied cultural and ethnic backgrounds.

Visit Five Branches

The best way to experience Five Branches University is to visit. We invite you to meet the individuals who are the essence of our community, and to immerse yourself in the environment of our classrooms and health centers, rich in the beauty and culture of Chinese medicine.

We welcome you to explore the 25 year history of our coastal campus in Santa Cruz, California where our TCM Master's daytime program was originated, and experience the vibrant energy of our San Jose campus in the heart of Silicon Valley, where our TCM Master's degrees are offered in both daytime and evening programs, in three languages: English, Chinese and Korean. While on campus, review the doctoral program schedule of events, providing licensed acupuncturists



Eleonor Mendelson, Admissions Director, greeting a new student

the opportunity to take their practice to the highest level and train with TCM and Western medicine experts from China and Stanford University.

The extension department at both of our campuses offers certification in Asian bodywork and Medical Qigong, as well as seminars in the healing arts. Attending a seminar is an excellent opportunity for individuals who are interested in getting acquainted with the healing modalities associated with Traditional Chinese Medicine and the experience of the Asian culture.

Campus Visit

A campus visit is the most effective way to get an up-close and personal look at the Five Branches community. Enjoy a personal tour, a free treatment in our clinic, observe our classes and clinical training, and meet the faculty, staff and students of Five Branches. This is also an opportunity to learn more about the programs we offer, the admissions process, financial aid, scholarships, and to gain the information necessary to assist you with your decision to attend Five Branches University. Contact us to schedule an appointment for a campus visit.

Open House

While attending an Open House, learn what makes Five Branches distinctive from other TCM colleges and hear about the exciting changes in the field of Chinese medicine. Join us for a campus tour to explore how comfortable the facilities and environment feels to you. Engage in a student panel discussion, a treatment demonstration and talk with faculty and staff to gain a better understanding of the programs we offer, as well as the social community you will enjoy at Five Branches University.

Request Information

If your schedule does not allow you to visit us at this time, and you would like to receive detailed information about the TCM Master's program, you can request information online, email or call the admissions staff at the campus you are interested in attending, or simply download our online catalogs to review our programs.

Applying to Five Branches

Once you have made a decision to enroll in the Five Branches TCM Master's program, you are now ready to begin the application process.

Priority Application Dates

Applications are reviewed throughout the year on a priority status basis. A priority status application process gives preference to early applicants. Entering classes are formed on a semester basis, occurring in Spring and Fall. To ensure space in an entering class, please apply by the priority application dates listed below. If all entering class spaces have been filled, you will receive priority status for the following semester.

Priority Application Dates:

Fall Semester May 1

Spring Semester September 1

Educational Requirements

All applicants must have fulfilled the minimum education requirements of 60 semester units (equivalent to 90 quarter units) of general education from a regionally accredited degree-granting college or university, with a minimum of 2.5 GPA.

Up to 30 semester credits of general education may be earned through successful testing assessment using a combination of different acceptable assessment modalities such as: College Advanced Placement (AP), College Level Examination Programs (CLEP), American College Testing Proficiency Program (ACT/PEP), and U.S. Armed Forces Institute Programs (USAFI). Please be informed that although you may be awarded credit for these prior learning assessments for our purposes, some state licensing agencies may not accept these credits as they were awarded by non-regionally accredited institutions.

If you have not completed an AA degree or higher, your general education must include: two courses in humanities and arts, two courses in social behavioral sciences, one course in English/communications, and college level algebra. Please contact the admissions director for more information.

Pre-Qualification Services

If you prefer to apply before you have met the educational requirements, the admissions department will provide pre-qualification counseling services to assist you with the necessary steps to become eligible for the TCM Master's degree program.

Natural Science Requirements

The MTCM program at Five Branches University requires five natural science courses: General Biology, Chemistry, Introduction to Physics, Human Anatomy and Human Physiology, each with a minimum of three semester credits. It is highly recommended that students complete the courses General Biology, Introduction to Physics and Chemistry prior to entry. These courses can be taken from a community college, a university, or on-line. If these courses have not been taken prior to enrollment, students may take them concurrently, within their first two years of study. Please contact the admissions director regarding transfer credit of these natural science courses, or for a list of acceptable schools providing these courses.

Non Degree-Seeking Applicants

Five Branches University will consider Non Degree-Seeking (NDS) applicants. These include students participating in the California Acupuncture Board-approved tutorial program, licensed acupuncturists, medical doctors and other health professionals who may be seeking to meet an educational objective other than the Master's degree. NDS students will receive an official transcript showing coursework that has been successfully completed. NDS students may take up to 50% of the Master's degree program; they may also elect to become a degree-seeking student at any time. In this case, coursework successfully completed at Five Branches will be applied toward the degree. NDS students must follow the same application and admissions procedures as required of degree-seeking students. NDS students are not eligible for financial aid.

Completing the Application

To be considered for admission to Five Branches University, the following items are required:

1. **Application for Admission.** Use your full legal name on all admissions documents. The campus you prefer should be clearly indicated on the application form. If your choice of campuses is undetermined, mail your application package to the Santa Cruz campus.
2. **Recent photo.** One passport style photograph.
3. **Statement of purpose.** A one-page, typed essay describing your background, how you became interested in TCM and your plans beyond graduation.
4. **Resume.** An up-to-date resume listing all previous education, job experience, accomplishments and volunteer work.
5. **Application fee.** A non-refundable application fee of \$45.00, payable in check or money order.
6. **Health Evaluation.** The course of study at Five Branches University includes clinical training. In order to ensure the maintenance of safety precautions and a healthy environment in the Five Branches clinics, we require the completion of a Health Evaluation. This health evaluation must be signed by a qualified primary health care practitioner.
7. **Hepatitis B Vaccination or Waiver Form.** Due to possible occupational exposure to blood or other potentially infectious materials, we recommend receiving a hepatitis B vaccination. A copy of this immunization record must be provided. If vaccination is declined, a waiver form must be signed.
8. **Tuberculosis Test.** Tuberculosis is a common, and often deadly infectious disease caused by mycobacterium. It usually attacks the lungs but can also affect other body systems. Tuberculosis is spread through the air, when people who have the disease cough, sneeze or spit. To ensure the maintenance of safety precautions in the Five Branches clinic, we require all applicants to have a tuberculosis clearance prior to enrollment in the Master's program.

Supporting documents—sent separately:

9. **Two letters of recommendation from teachers, employers, colleagues and/or healthcare professionals.** References should list how long they have known you and in what capacity. They should state your strengths and character traits and why they recommend your admission to Five Branches University. Recommendation letters must be sent directly from the individual to the admissions office at the Five Branches campus you are applying to.
10. **Official transcripts of all college and/or university coursework.** Academic transcripts must be sent directly from the institution to the attention of the admissions office at the Five Branches campus you are applying to.

Please note: Education obtained abroad at an institute not accredited by the U.S. Department of Education must go through a credential evaluation agency. See information on following page under International Applicants.

Campus Addresses

San Jose campus applicants mail information to:
Five Branches University, San Jose
Attention: Admissions Office
3031 Tisch Way, Suite 507
San Jose, CA 95128.

Santa Cruz campus applicants mail information to:
Five Branches University, Santa Cruz
Attention: Admissions Office
200 7th Avenue
Santa Cruz, CA 95062.

If you have any questions or need additional information regarding the application process, our admissions staff is available to assist you.

The Admissions Process

Admission Interview

Once your application package and all supporting documents have been received, you will be invited to Five Branches for a personal interview with one of the members of the admissions committee. The admissions interview is a mutually beneficial process, allowing you the ability to acquire additional information not gained in previous interactions with Five Branches, while the admissions committee has the opportunity to get to know you on a more personal level.

Application Review

After your interview, your file will be reviewed by the admissions committee. In evaluating applicants the committee takes into consideration many factors, including academic achievement, professional experience, recommendations, accomplishments, personal character and future potential.

Admissions Decision

You will be notified in writing once a decision has been made by the admissions committee, within two weeks after your interview.

Deposit

Upon notification of acceptance, you will be asked to reserve your space with a \$300 non-refundable deposit which will be applied to your first semester tuition. This deposit will reserve your place in the upcoming semester as space allows.

Waiting List

If there is not available space in the next entering class, accepted applicants will be placed on a waiting list. We will inform you of your position on the waiting list and you will be notified if space becomes available. If space is not available, those on the waiting list can elect to have their application brought forward to the following semester.

New Student Orientation and Registration

One week prior to the beginning of the semester, you will attend the New Student Orientation and Registration. The orientation reviews financial aid and registration options, the academic calendar, college policies, and the MTCM program. This is an excellent time to meet fellow students, faculty and members of the administration. Student registration is scheduled on the day following orientation. During registration you will meet with the admissions director or an academic advisor to review your class schedule. If you need special assistance with the registration process, or with specific scheduling needs, please contact the admissions office for assistance prior to registration day.

International Applicants

Five Branches University welcomes international applicants from all over the world. We support a bicultural and bilingual environment, offering our Master of Traditional Chinese Medicine in English, Chinese, and Korean. Five Branches defines an international applicant as someone who is a citizen or permanent resident of a country other than the United States who wishes to pursue a Master's degree at our university. Five Branches University is authorized under federal law to enroll non-immigrant alien students and complies with all Federal guidelines and directives of the U.S. Citizenship and Immigration Services (USCIS).

International applicants follow the same application and admissions procedures as required of resident students, in addition to meeting the international application requirements. We recommend that international applicants begin the admissions process six months to one year prior to the desired priority application date. Tuition and fees for international students are the same as for U.S. citizens and residents. International students are not eligible for U.S. Federal Financial Aid.



**GINA
ESCOBAR
ALUMNA**

“So many people are getting acupuncture these days that it really has become a mainstream treatment. I know the field is growing and I'm excited to be a part of it. I wanted to be on the cutting edge of medicine and I know I'm following the perfect path going into this profession.”

International Application Requirements

If you are an international applicant who is applying for an F-1 student visa through Five Branches University, you must submit the following documents along with the completed application. It is important to write your name (as it appears on your passport) on your application and all supplemental documents.

1. **A photocopy of the first page of your passport.**
2. **Transcript evaluation.** If you have completed college or university level education in another country, you must have your transcripts reviewed by a credential evaluation agency that is a member of the National Association of Credential Evaluation Services, Inc. Transcripts need to be evaluated on a course-by-course basis. Upon completion of review, the evaluation should be sent directly to Five Branches University by the evaluating agency. Two agencies we recommend are: the American Association of Collegiate Registrars and Admissions Officers (AACRAO), www.aacrao.org or World Educational Services (WES), www.wes.org.
3. **Test of English as a Foreign Language (TOEFL) and International English Language Testing System (IELTS).** If you are an international applicant and have completed at least a two year (60 semester credit or 90 quarter credit) baccalaureate level education in an institution accredited by an agency recognized by the U.S. Secretary of Education or from an equivalent English language institution in another country, the TOEFL and IELTS may not be required. International applicants are advised to speak to the admissions office for further details.

English Master's Program. If you are applying for the English Master's program, and your native language is not English, you will be required to take a test which measures your ability to communicate in English in four specific areas: listening, reading, writing, and speaking.

The minimum scores to achieve in these tests are as follows:

| TOEFL | | | IELTS |
|------------|-------------------|---------------|-------|
| Paper Test | Computerized Test | Internet Test | |
| 500 | 173 | 61 | 5.0 |

When taking the TOEFL, please enter the appropriate Five Branches assigned code on the Score Report Request Form, as indicated below.

Chinese or Korean Master's Program. If you are applying for the Chinese or Korean Master's program you may be admitted, with English as a second language. However, before entering internship clinic, you will have to meet higher English requirements by testing through TOEFL or IELTS.

The minimum scores to achieve in these tests are as follows:

| TOEFL | | | IELTS |
|------------|-------------------|---------------|-------|
| Paper Test | Computerized Test | Internet Test | |
| 450 | 133 | 45-46 | 4.0 |

Santa Cruz campus assigned code: 4459

San Jose campus assigned code: 5881

4. **Financial Statement.** A Financial Statement, certified by a financial institution, verifying the availability of at least \$25,000 in U.S. dollars. This amount should cover your education and living expenses for one academic year. In addition, you may want to consider having additional funds for off-campus months and miscellaneous expenses. We recommend having approximately \$7,000 for this purpose. If your tuition or living expenses are partially or fully being paid by a sponsor, then the Financial Statement must be accompanied by the Financial Sponsorship Form. Please contact the admissions office to obtain this form.

International Applicants Currently Studying in the U.S.

If you are an international student who is currently on an F-1 student visa, enrolled at another college or university you must also submit the following documents along with your application materials:

1. **A photocopy of your visa, contained in your passport.**
2. **A photocopy of your I-94 Form (Arrival-Departure Form).**
3. **A photocopy of your I-20 Form.**

Once you have been accepted to Five Branches University, a Transfer Release Form must be signed by your school international student official, verifying you have maintained your visa status and are eligible for transfer. Please contact the admissions office to receive a copy of this form.

If you have any questions or need additional information regarding the international application requirements, our admissions staff is available to assist you.

Transfer Students

If you are a student at another TCM/acupuncture school and are considering transferring to Five Branches, you can apply for our Master's program as a transfer student. Courses from accredited institutions are generally transferrable, if they are equivalent to the courses listed in the Five Branches MTCM catalog. Five Branches may also award transfer credits for Western medicine courses and complementary studies such as Qigong, Taijiquan, and Asian massage courses taken from another school. Only coursework completed prior to enrollment at Five Branches and awarded a letter grade of C or above is transferrable.

Transferring TCM Courses

Five Branches University offers one of the best TCM educational programs in the United States. Our transfer policies ensure that a transfer student's training at another school meets the high standards of the Five Branches program. Transfer credit will be accepted for TCM courses taken from a nationally accredited TCM college, which has been approved by the California Acupuncture Board, if the courses are equivalent in content to Five Branches courses.

TCM-related courses from a TCM college not approved by the California Acupuncture Board will only be accepted within the 50% limitations of the Board. TCM courses from tutorial or apprenticeship programs are not transferrable. Please contact the admissions office for more information.

Transfer Requirements for TCM Students

Five Branches prefers to accept transfer students that will be completing at least 50% of their Master's degree at Five Branches. If you have only one year remaining before graduation from another TCM school, we recommend that you graduate there, if possible.

Applicants who wish to transfer from another TCM college must submit the following materials:

1. **Five Branches University Application, along with the required supporting documents.**
2. **Cover letter.** This should state your reasons for seeking a transfer and the courses you wish to transfer from another TCM college.
3. **Letter of recommendation.** This should be written by a previous TCM/acupuncture instructor located at the TCM school you attended.
4. **Catalog of the TCM college where you studied, stating its approval agencies and accreditation.**

5. Syllabus outlining the course content for each course you wish to transfer.

Once you are accepted to Five Branches, an evaluation of your transfer credits will be completed by the admissions director. You will then be informed of your placement in the MTCM program. A transfer fee will apply, upon enrollment. An equivalency exam may be required. Contact the admissions office for further information.

Transferring Western Medicine Courses

Western medicine courses taken prior to Five Branches enrollment may be transferred to fulfill part or the entire MTCM Western medicine track, including natural science requirements. If the natural science courses Biology, Introduction to Physics, Chemistry, Human Anatomy, and Human Physiology have not been taken prior to enrollment at Five Branches, students may take them concurrently, within their first two years of study. These courses can be taken from a community college, a university, or online. Western medicine courses are transferable only from regionally accredited, degree-granting colleges, universities, or TCM schools. Natural science credits from non-accredited or vocational schools are not transferable. A transfer fee will apply to all courses, with the exception of the five natural science courses.

Transferring Complementary Studies Courses

Five Branches accepts the transfer of classes from non-accredited schools or colleges for courses such as Qigong and Taijiquan, if equivalent in content and class hours. A copy of a certificate of completion or diploma, or a letter from a teacher or school will serve as a transcript. A transfer fee will apply.

Transfer Fees

A transfer fee will apply to the evaluation of all courses transferred into the MTCM program. The transfer fee is 15% of the current tuition, per unit, up to a maximum of \$200.00. If an equivalency exam is required, an additional fee of 30% of the current tuition, per unit, will apply.

If you have any questions or need additional information regarding the transfer student application requirements, our admissions staff is available to assist you.

*As hunger is
cured by food, so
ignorance is
cured by study.*

—CHINESE
PROVERB

Financial Aid, Tuition and Fees

Five Branches University is an accredited institution of higher education approved to participate in federal financial aid programs. Our financial aid programs assist more than 80% of our students in meeting the financial costs of their education.

The Financial Aid office can assist you to identify the sources of financial aid to best suit your educational needs. We understand that furthering your education requires a significant investment of your time, energy and resources and deciding how to fund your education involves solid information and careful planning. We recommend you determine your financial plan as early as possible so you can focus on your academic responsibilities once school begins.

If you have questions or need further information you can contact us by phone, via email or make an appointment to meet with a Financial Aid advisor. We hope to make your financial aid experience a pleasant one.

Federal Student Financial Aid Program

Federal financial aid programs are intended to provide financial assistance to students who, without such assistance, would be unable to meet educational costs at the University. Educational costs include tuition, fees, books, materials, and a reasonable allowance for living during the academic year. Eligibility for financial aid is determined using a federal formula as outlined by the U.S. Department of Education. In order to qualify for federal financial aid, you must be a U.S. citizen or permanent resident and enrolled for a minimum of six units each semester. Students who attend Five Branches University on an F-1 visa (international students) are not eligible to participate in the federal financial aid program.

Applying for Financial Aid

Completing the Free Application for Federal Student Aid (FAFSA) form is the first step in applying for financial aid. The FAFSA needs to be completed each academic year and is available online at: www.fafsa.ed.gov. When completing the FAFSA you will use the Five Branches school code: 031313. Once you have completed the FAFSA form, it will be necessary to complete the Supplemental Financial Aid Form, also available online. For more detailed information on applying for financial aid refer to the Five Branches website, www.fivebranches.edu, under Financial Aid/FAQ.

Financial Aid Policies

Students who receive federal financial aid while attending Five Branches University will be subject to the Financial Aid Satisfactory Academic Progress Policy as well as the College Academic Progress Policy. If you receive federal financial aid and withdraw from Five Branches University after classes have begun, you will be subject to the Federal Return of Title IV Funds Regulations and must notify the school according to school policy. The Return of Title IV Funds Regulations will be applied first, after which the school's refund policy will be applied. Both the Federal Aid Satisfactory Academic Progress Policy and the Return of Title IV Funds Policy are described in the Student Handbook.



**Mecca
Matilda,
Financial Aid
Director**

During registration, state law requires all students to sign a contract to protect their student rights and specify their enrollment and financial agreement with Five Branches University.

Tuition and Fees

Tuition for the Master's program academic units is \$280 per unit for the 2012 academic year. Each academic unit is equivalent to 16 hours of classroom instruction. Tuition for the Master's program clinical units is \$560 per unit. Each clinical unit is equivalent to 32 hours of clinical training. The total tuition for the 3208 hour TCM Master's program is \$56,000, approximately \$14,000 per year. Elective courses and certificate programs are additional and not included in the total tuition cost.

Miscellaneous expenses including: malpractice insurance, herb samples, student council, and other costs are approximately \$1680. Other fees incurred, including add/drop course fees and late registration are additional. The cost of required books is variable and is estimated at \$3800 for a four year period. If you choose to build a library, the total cost of books will be greater.

Tuition for each semester is due in full, two weeks prior to the beginning of the semester. For entering students, tuition is due at registration. The assignment of credit for all courses and clinical training occurs only after all financial obligations have been met.

Tuition and fees for international students are the same as for U.S. citizens and residents. Five Branches University reserves the right to change tuition and fees as necessary.

Installment Tuition Payment

If you are unable to pay in full at registration, an extended payment plan can be arranged whereby 50% of tuition costs are due two weeks before the start of the semester with the balance due six weeks into the semester. The installment fee is \$25.

Refund Policy

To cancel your contract for enrollment at Five Branches University and to receive a full refund of tuition, a Withdrawal Form must be submitted to the administrative office no later than the fifth business day following the first day of courses for which you enrolled. If you choose to cancel your contract for enrollment after attending courses, a pro-rated tuition will be refunded based on the percentage of unused class time remaining. You may drop a course after instruction has started and receive a pro-rated refund for the unused portion of tuition only if you completed 20% or less of the course. Please refer to the Student Handbook or the Enrollment Agreement for detailed information on the Five Branches Refund Policy.

Scholarships

The majority of our scholarship funds come from private donors and TCM affiliated organizations who have a sincere interest in supporting Five Branches students and the growth of the TCM profession. Qualifications for scholarships are primarily based on financial necessity, academic merits and strength of essay. For a list of current scholarship resources, refer to the Five Branches website, www.fivebranches.edu, under Financial Aid/Scholarships.



Academic Policies

Student Handbook

The academic policies of Five Branches University are detailed in the Student Handbook which is given to students during registration. To assist new students, the Handbook describes student services, administrative policies, and guidelines such as grading, attendance, examinations, leave of absence etc. The Student Handbook is edited regularly to reflect updated policies.

Part Time Studies—Six Year Limit

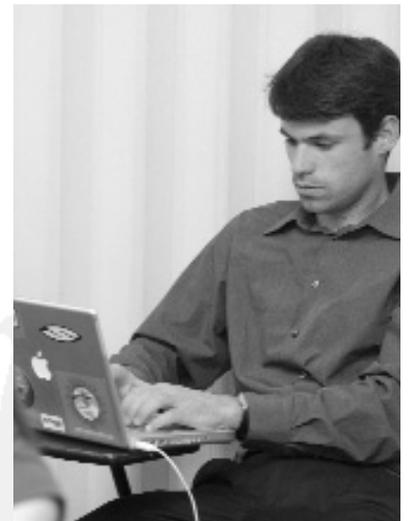
The Masters of Traditional Chinese Medicine (MTCM) program at Five Branches University is a full-time program that requires a considerable commitment of time and energy. We recommend that students regard their studies at Five Branches as their primary objective throughout their matriculation at the University. Students who encounter unexpected difficulties which require additional time for their work, health and/or family need to meet with the Admissions Office to discuss and plan how best to

manage these circumstances appropriately, possibly reducing their studies to the TCM Core Curriculum (TCM Theory, Acupuncture and Herbology).

Students who need to take part of the program part-time have up to six years to complete the Master's degree program. Students who need to extend their studies beyond this six-year limit need to submit a formal request to the Registrar for review by the Student Review Committee.

Academic and Clinic Class Size

To optimize learning, academic classes average 24 students. Classes that have insufficient enrollment (less than 10 students) may be postponed to the following semester. Clinical Theater classes range from 10 to 18 students, and Clinical Rounds, Clinical Internship Rounds, Clinical Paired Internship and Clinical Internship classes are limited to 4 to 8 students per section.



Grades and Academic Standing

Five Branches University uses a letter grading system (A, B, C, F) for all academic courses and grades of credit/no credit (CR/NC) for all clinic courses. Each course syllabus describes the course's grading procedure. To remain in good academic standing, students are required to take the MTCM program in sequential order and must maintain a semester GPA and cumulative grade point average of at least 2.75.

Cumulative Review and Competency Exams

The program offers a series of review classes to prepare students for the annual cumulative exams which are required for all students to continue their studies in good standing. Besides measuring progress, these modular exams prepare students for the California state licensing and national certification exams. Students entering clinical internships are required to pass clinic competency exams.

Student Review Committee

The Student Review Committee (SRC) reviews academic progress and assists students to be successful in the program. Students who need assistance to maintain good academic standing are required to meet with the SRC to devise a plan to improve their academic performance. Students may ask the SRC for help in finding tutors and/or other resources to assist with successful completion of the program. The SRC also reviews any breach of professionalism which is considered an academic issue. Students are expected to behave with maturity, respect and professionalism toward all faculty, staff, students and patients. Related guidelines are outlined in the Student Handbook and the Clinic Manual.

Graduation

The Master of Traditional Chinese Medicine degree is awarded to students who complete all the requirements of the program in good academic standing.

CONTACT US!

How to contact Five Branches University:

- Email: tcm@fivebranches.edu
- Website: www.fivebranches.edu

SANTA CRUZ CAMPUS

- Phone: **831-476-9424**
- Fax: **831-476-8928**
- Mail: **Five Branches University
200 7th Avenue
Santa Cruz, CA 95062**

SAN JOSE CAMPUS

- Phone: **408-260-0208**
- Fax: **408-261-3166**
- Mail: **Five Branches University
3031 Tisch Way, Suite 507
San Jose, CA 95128**





I am applying for: Spring 20__ (1st Due Date Sept 1; 2nd Due Date Dec 1) Fall 20__ (1st Due Date May 1; 2nd Due Date July 1)

I am applying for admission to: Santa Cruz Campus
 San Jose Campus Day Program San Jose Campus Evening Program San Jose Bilingual Program

Personal Data



Legal Name (Last, First, Middle Initial) _____

Name on previous academic record, if different from above (Last, First, Middle Initial) _____

Present Address—Street _____

City _____ State _____ Zip _____

Permanent Address—Street _____

City _____ State _____ Zip _____

Home Phone _____ Work Phone _____ Cell Phone _____

Email _____ Social Security # _____ Date of Birth (MM/DD/YY) _____

Student Type (check all that apply)

- U.S. Resident International TCM Transfer Non-degree seeking

U.S. Citizens only: the US Government asks us to report on the ethnic composition of our student enrollment

- American Indian, Alaskan Native Hispanic Black Non-Hispanic
 White Non-Hispanic Asian or Pacific Islander Other _____

Gender: Female Male

International Students

Citizenship _____ Country of Birth _____

Do you need a student visa? Yes No

_____ If currently in the US, what type of visa do you hold?

Do you speak English fluently? Yes No

_____ List other languages spoken

TOEFL Yes No Score: _____ Date: _____

Education Attach additional pages as necessary

College/University _____ Degrees _____

Address _____ Dates attended _____

College/University _____ Degrees _____

Address _____ Dates attended _____



Experience Please include a resume—attach additional pages as necessary

Present Occupation: _____ From: _____ To: _____

Previous Occupation: _____ From: _____ To: _____

Previous Occupation: _____ From: _____ To: _____

Do you have any work experience in the healthcare profession? Yes No If yes, please describe job(s) and training:

Describe your personal interests other than occupational:

Legal Information

Have you ever been convicted of a felony? Yes No

If yes, please note: The California Acupuncture Board has specific policies regarding applicants who have criminal records. Anyone who has questions regarding these policies should contact the Acupuncture Board at (916) 263-2680.

Financial Data

How do you expect to pay tuition?

You have access to tuition for: 1 semester 1 year 2 years 3 years 4 years

If your tuition is derived from sources other than your own savings or employment, please complete the following:

Person(s) or Agency paying tuition _____ Relationship _____

Address—Street _____ Phone _____

City _____ State _____ Zip _____

In Case of Emergency, Notify

Name _____ Relationship _____

Address—Street _____ Phone _____

City _____ State _____ Zip _____

I hereby certify that all of the information provided in my application package is accurate and true, and that I am the author of the attached Statement of Purpose.

Applicant's Signature _____ Date _____

How did you first hear about Five Branches University?

Santa Cruz Campus
200 7th Avenue, Santa Cruz, CA 95062 USA
(831) 476-9424 ■ Fax: (831) 476-8928
admissions@fivebranches.edu

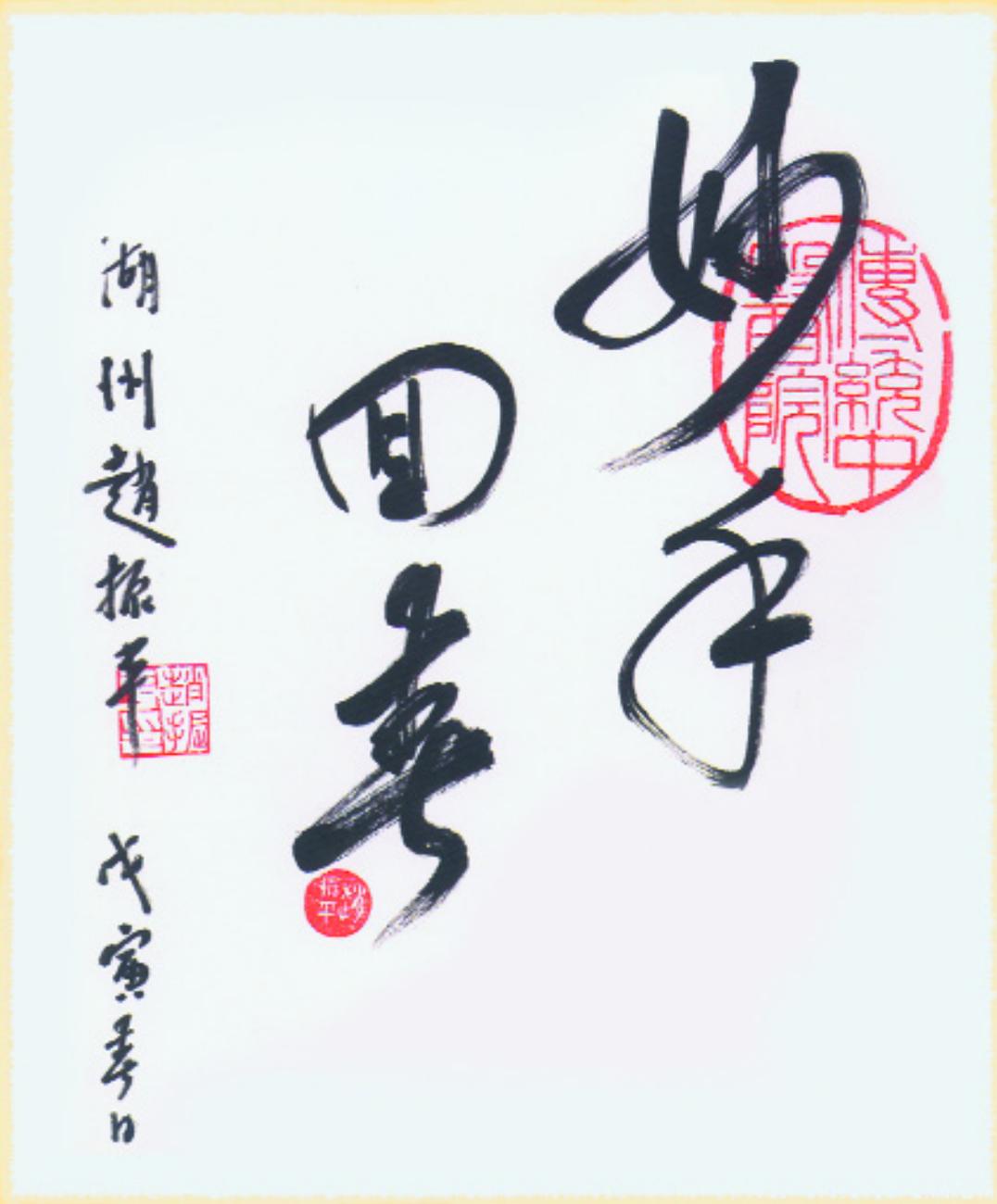
San Jose Campus
3031 Tisch Way, Suite 507, San Jose, CA 95128 USA
(408) 260-0208 ■ Fax: (408) 261-3166
sjadmissions@fivebranches.edu

**Miao Shou Hui Chun
Magic Hands Return Spring**

These four characters are found on the walls of many esteemed TCM practitioners' clinics in China. They represent the way a practitioner's heartfelt sense and skills help patients maintain optimal health, strength and well-being.

The calligrapher, Joanna Zhao, is a licensed acupuncturist and Five Branches Academic Dean. She descends from a long, famous lineage of Chinese calligraphers.

At graduation, along with the Master of Traditional Chinese Medicine diploma, each Five Branches graduate receives an original of this respected inspiration.



**FIVE
BRANCHES
UNIVERSITY**

Graduate School of Traditional Chinese Medicine

200 7th Avenue, Santa Cruz, California 95062

(831) 476-9424

3031 Tisch Way, Suite 507, San Jose, California 95128

(408) 260-0208

www.fivebranches.edu