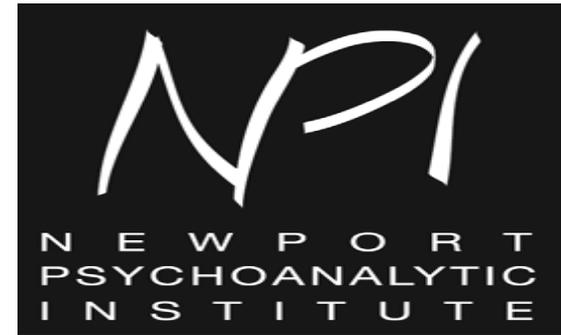


The Newport Psychoanalytic Institute  
is the Training Division of  
the  
Newport Center for  
Psychoanalytic Studies



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# CATALOG

SEPTEMBER 2011 - AUGUST 2012

**ORANGE COUNTY CAMPUS  
AND  
PASADENA CAMPUS**

**DOCTOR OF PHILOSOPHY IN PSYCHOANALYSIS  
DOCTOR OF PSYCHOLOGY IN PSYCHOANALYSIS  
CERTIFICATE IN PSYCHOANALYSIS  
RESEARCH PSYCHOANALYST REGISTRATION  
CERTIFICATE IN PSYCHOANALYTIC  
PSYCHOTHERAPY  
CERTIFICATE IN ADVANCED PSYCHOANALYTIC  
PSYCHOTHERAPY**

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**Rose Woo, Ph.D.**, Training and Supervising Psychoanalyst  
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**Judith Glickman Zevin, Psy.D.**, Graduate Psychoanalyst  
Newport Psychoanalytic Institute

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## ABOUT NPI

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The Newport Psychoanalytic Institute (NPI) was established in 1983 to promote the theories and techniques that have evolved in psychoanalysis from the foundational work of Sigmund Freud to the work of contemporary psychoanalytic thinkers and practitioners. We are committed to an education and atmosphere that welcomes pluralism and diversity in the theory and practice of psychoanalysis. NPI is committed to the study of all psychoanalytic schools of thought. Our training preserves the core essentials of the psychoanalytic traditions and incorporates contemporary theoretical, technical and neuroscientific contributions in the field. We seek to promote curiosity, openness and critical thinking for the professional therapists who train here, as we support the ongoing development of each individual's clinical skills and clinical thinking

Candidates are typically drawn to NPI for several reasons. We offer a warm ambiance in small colloquia with talented and creative faculty clinicians from diverse psychoanalytic backgrounds. The smaller class size and the open collegial environment of the Institute translates into a rich experience of personal and professional relationships.

Our goal is that, through your training at NPI, you will be able to develop your psychological self to deepen your work with your patients.

The Institute is open to licensed psychotherapists from the field of psychology, medicine, social work, and marriage and family therapy, as well as doctorate level scholars from related disciplines who wish to study and practice psychoanalysis under the California Research Psychoanalyst Law. The Newport Psychoanalytic Institute is a training institute for the practice of psychoanalysis with adults. A free-standing non-profit institution, NPI is a member of the Association for Autonomous Psychoanalytic Institutes (AAPI).

## MISSION & EDUCATIONAL PHILOSOPHY

*“To awaken a profound understanding of human experience, promoting the art and discipline of psychoanalysis”*

We at the Newport Psychoanalytic Institute affirm the practice of psychoanalysis as a reflection of the highest integration of art and science rooted in the intimate dialogue of analyst and analysand. The practice of psychoanalysis is pursued with the aim of alleviating human suffering and facilitating emotional maturation.

NPI seeks to develop the candidate’s awareness of the unconscious dimensions of human experience and to facilitate the integration of that awareness into one’s life and work. Training to become a psychoanalyst at NPI follows the tripartite training tradition established early in the history of psychoanalysis: a personal training analysis, supervision of the trainee by seasoned analysts over control or training cases, and didactic classes. The shared understanding at NPI is that the personal training analysis serves as the foundation for becoming a psychoanalyst, and that a candidate’s personal analysis becomes a training analysis because it takes place while a candidate is undertaking the challenge of working ever more deeply with patients multiple times a week under supervision. Both the personal training analysis and the supervision serve as avenues for the candidate to understand herself or himself in the working dynamic. The third component of training, the didactic coursework, includes courses in theory, technique, and topics of psychoanalytic import, as well as opportunities to participate in continuous case conferences. All of these experiences have been anticipated to take place in tandem: the candidate will have a rich personal experience of analysis and of analytic working through, an opportunity to learn by working with patients under supervision, and participation in classes of theoretical and clinical knowledge.

NPI’s curriculum offers instruction and mentoring in the major schools of psychoanalysis including Sigmund Freud and classical psychoanalysis, object-relations, the intersubjective and relational approaches, infant research, and neuropsychobiological findings. The curriculum both surveys and focuses in depth upon a philosophical and historical understanding of these major schools of thought and ways of working. It is designed to offer a wide array of concepts and modes of clinical presence from which to draw in the evolution of each candidate’s individual identity as a psychoanalyst. The philosophical similarities and differences among the schools of thought are examined and critiqued throughout the stages of the program, with the hope that the candidate will mine the rich diversity inherent in the body of psychoanalytic

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Southern California Psychoanalytic Institute

**Alan Karbelnig, Ph.D.**, Training and Supervising Psychoanalyst  
Southern California New Center for Psychoanalysis

**Judith Kent, Ph.D.**, Member Emeritus Newport Psychoanalytic Institute  
Institute of Con temporary Psychoanalysis, Los Angeles

**Katina Kostoulas, Ph.D.**, Training and Supervising Psychoanalyst  
Psychoanalytic Center of California

thought and practice.

As a part of exposing our candidates to a wide range of theoretical and clinical perspectives, we are committed to an open-system model of training. Candidates are not only allowed, but are encouraged to do their training and supervising analysis with any qualified psychoanalyst who meets with the Training Committee's approval. This open system philosophy enables candidates to come from a wide geographical area and to choose a psychoanalyst who can truly meet their personal and training needs and interests.

NPI is dedicated to an educational atmosphere where candidates take an active part in the creation of their own learning experience and approach their training with open and critical minds. In keeping with this goal, candidates and faculty participate together on committees and are jointly involved in the ongoing development of the Institute.

## PROGRAM GOALS AND REQUIREMENTS

Our Programs are approved by the State of California Bureau for Private Postsecondary and Vocational Education, the Medical Board of California and the California Board of Behavioral Science. Our programs do not qualify the recipient to sit for the licensing examination in the field of psychology, marriage and family therapy or clinical social work. They do, however, qualify for continuing education units in those fields.

## DOCTOR OF PSYCHOLOGY IN PSYCHOANALYSIS CERTIFICATE IN PSYCHOANALYSIS

Both the Doctor of Psychology in Psychoanalysis (Psy.D. Degree Program) and the Certification in Psychoanalysis (Certificate Program) offer a broad foundation in psychoanalytic theory and practice. These programs are designed to foster the development of psychoanalysts who may choose to practice, teach, or contribute to the improvement of humankind through a wide range of psychoanalytically informed endeavors.

The Doctor of Psychology in Psychoanalysis or Psy.D. Program is a degree program leading to the writing of a publishable clinical thesis. As in all publishable documents, the guidelines for the protection of the clinical confidentiality of the material as well as all guidelines concerning the liability of the author clinician apply. The Certificate in Psychoanalysis is a certificate program leading to the writing of a final certification paper that remains confidential and unpublished.

Our program requirements were developed to achieve the Institute's objective of providing a balanced training of the highest caliber given the extensive body of psychoanalytic literature. NPI provides its candidates with a minimum of four years of didactic course work, clinical case conferences, special lectures and seminars, and individual case supervision. We offer an overview of the details of the training requirements below; the progression through the milestones of the training process are amplified in the appropriate sections of the catalog.

### **Personal Training Psychoanalysis**

NPI requires that each candidate undergo a personal psychoanalysis of at least 400 hours with an approved training and supervising psychoanalyst who is or who becomes a member of the Institute. This analytic process must begin by the end of the candidate's first year of training and must continue through the completion of the second control case. It is required that a minimum of 300 session hours take place on 4 days a week and a maximum of 100 session hours take place on 3 days a week. The personal training psychoanalysis must take place in person.

### **Individual supervision on control cases**

NPI requires 250 hours of individual supervision over three to four adult control cases, 50 hours of supervision by a graduate psychoanalyst is required as a pre-requisite to approval to matriculate and to begin the control case process. This initial experience is identified as pre-control case supervision. Upon matriculation, the candidate must complete 200 hours of supervision with three different qualified training and supervising analysts over three adult control cases. Each supervision of a control case requires a minimum of 50 hours.

### **Case conferences courses**

NPI requires a minimum of 10 trimester courses: one Introduction to Case Conference, a maximum of three pre-matriculation case conferences and a minimum of six matriculated case conferences.

### **Didactic course work**

The program consists of a minimum of 40 trimester courses, including a required set of core courses and a required number of elective courses.

### **Clinical Writing**

To develop the quality and confidence of clinical writing among its candidates, NPI requires a Clinical Writing Course and the engagement of a writing support committee called the Committee of Two to help prepare candidates in the writing of a Psy.D. paper.

Institute is to provide its candidates with the opportunity to interact with a diverse group of experts in small seminar settings.

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**Afsaneh Alisobhani, Psy.D.** Graduate Psychoanalyst  
Newport Psychoanalytic Institute

**Shauna Amadore, Psy.D.**, Graduate Psychoanalyst  
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**Susan Anguiano, Psy.D.**, Training and Supervising Psychoanalyst  
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**Marcia Baldeschwieler, M.A.**, Graduate Psychoanalyst  
Graduate Center for Child Development and Psychotherapy

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**Martha Carr, Psy.D.**, Graduate Psychoanalyst  
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**Terence P. Cochran, Ph.D.**, Training and Supervising Psychoanalyst  
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**Trevor Dobbs, Ph.D.**, Training and Supervising Psychoanalyst  
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## ADMINISTRATION/COMMITTEE CHAIRS

**Administrative Director:** Penny Milner

**Administrative Assistant:** Kathy Braun

**Administrative Committee Co-Directors:**

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Penny Milner

**Admissions Committee Director:**

Melinda Aaskov, Psy.D., Tustin

Diane Jacobs, Ph.D., Pasadena

**Candidate Representatives:**

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Gale Rapallo, MFT, Pasadena

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Lorrie Crawford, Psy.D., Pasadena

**Curriculum Development Committee Chair:**

Deborah Farnsworth, Psy.D.

**Faculty Committee Director:**

Theresa Allen Lavenau, Psy.D., Tustin

Lorrie Crawford, Psy.D., Pasadena

**Marketing Committee:**

Holly Han, Psy.D., Tustin

**Pasadena Campus Co-Directors:**

Diane Jacobs, Ph.D.

Martha Carr, Psy.D.

**Ph.D./Psy.D. Committee Director:**

Gwyneth Kerr Erwin, Ph.D.

**Referral Coordinator:**

Leslie Stone, Psy.D., Tustin

Diane Laughrun, Ph.D., Pasadena

**Social Committee Chair:**

Suzanne Shaw, MFT

**Training Committee Chair:**

Warren Procci, M.D.

## FACTULTY, MEMBERS & ASSOCIATE MEMBERS

Regular faculty for trimester courses are selected by the Curriculum/Faculty Committee and approved by the Board of Directors from among the group of psychoanalysts in the Southern California area. Our faculty is made up of psychoanalysts who have previous teaching experience and are acknowledged as proficient in their specialty. A goal of the

## DOCTOR OF PHILOSOPHY IN PSYCHOANALYSIS

The Ph.D. in Psychoanalysis further grounds the candidate in the philosophical principles underlying the various schools of psychoanalytic thought and prepares a candidate to conduct original research in psychoanalysis. The course work is designed to enable the doctoral candidate to approach the practice of psychoanalysis as an integration of art and science, preparing the candidate to contribute to scholarship in the field. The requirements of this program are the same as the Psy.D. Program and Certificate in Psychoanalysis Program as outlined above with the addition of:

- Course work in Psychoanalytic Research, Proposal Writing and Advanced Philosophical Principles.
- A minimum of 6 trimester courses of Dissertation Writing
- Convening a doctoral dissertation committee
- Preparation of an original scholarly doctoral dissertation.
- Oral defense of the dissertation before the Doctor of Philosophy Committee. In the unusual circumstance in which a candidate would be prepared to present a doctoral dissertation at the same time as graduation as a graduate analyst, the Training Committee will serve as the Committee of record.

## RESEARCH PSYCHOANALYST REGISTRATION

Qualified applicants who are not licensed by the State of California to practice psychotherapy but who hold a Ph.D. or terminal masters or doctoral degree in a related field may apply in the Research Psychoanalyst Registration Program. The Medical Board of California, Department of Consumer Affairs and the State of California approve the program in Research Psychoanalysis for postdoctoral training in psychoanalysis in accordance with the Research Psychoanalyst Law of the State of California. Each candidate accepted into this program will be registered with this division for authorization to conduct psychoanalysis under the auspices of NPI and under supervision during training. Following the successful completion of training, each graduate will be able to practice as a Graduate Research Psychoanalyst in accordance with the provisions of the Research Psychoanalyst Law.

Research psychoanalyst candidates must arrange malpractice coverage and must obtain prior approval of all cases from the Training Committee at all times.

Candidates in the Research Psychoanalyst Registration Program enroll in the Doctorate of Psychology in Psychoanalysis Degree Program or in the Certificate in Psychoanalysis program, and have the same program

requirements with the following additional requirements:

1. A minimum of 1500 patient hours of supervised practical clinical exposure to a wide variety of psychopathologies. This aspect of training must be approved by the Training Committee prior to its undertaking and must be documented with the NPI administration.
2. Training in differential diagnosis must be demonstrated either prior to or during the training period and must be approved and documented.
3. Successful completion of a Law and Ethics Course for the mental health practitioner must be approved, completed and documented by the end of the first year of training.
4. Research Psychoanalyst candidates must obtain prior approval of all cases from the Training Committee and must communicate and document cases with the approved supervisor at all times.

### **CERTIFICATE IN PSYCHOANALYTIC PSYCHOTHERAPY/ADVANCED PSYCHOANALYTIC PSYCHOTHERAPY**

The Psychoanalytic Psychotherapy and Advanced Psychoanalytic Psychotherapy programs are a combination of two one-year programs designed to give candidates an introduction and overview of psychoanalytic history and technique and to deepen the practitioner's work with adults. Both theoretical and clinical applications are presented concurrently so that students can see how psychoanalytic thought translates into psychotherapy. Many times candidates in this program continue on to the full Psy.D., Certificate and Ph.D. in Psychoanalysis programs; as such, the topic-oriented courses are designed to articulate with those programs.

Program requirements:

1. Three trimester courses of topic oriented seminars per year.
2. One trimester course of psychoanalytic psychotherapy case discussion per year.
3. Eight weeks of no fee consultation hours during each of the first and second trimesters per year.

### **ADMISSIONS POLICIES**

Application materials are available from the administrative office. Selection for psychoanalytic training at NPI is based on prior education, clinical training, clinical experience, and evidence of potential in psychoanalytic competence.

## **BOARD OF DIRECTORS**

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**Gale Rapallo, M.B.A.**, Candidate Representative

**William Erwin, Ph.D.**, Director Emeritus

**Judith A. Kent, Ph.D.**, Director Emeritus

## **PSYCHOANALYTIC PSYCHOTHERAPY - CASE DISCUSSION I & II**

Provides candidates with an opportunity to see how psychoanalytic technique can be applied in clinical work. Selected candidates will present ongoing case material from their own patients for analysis, critique, and recommendations by the instructor and other candidates.

## **STATES OF MIND AND BODY: DREAMS AND PRIMITIVE MENTAL STATES**

\* \* \*

Applicants whose written applications meet the criteria will be invited to three interviews, one of which requires the presentation of clinical work. Interviewers will assess personal and professional qualifications. Applicants must possess character traits and ethical values appropriate for the responsibility and demand of the conduct of psychoanalysis, which will be accessed during the interview process, as well as through the recommendations associated with the application. These include: emotional maturity, capacity for self-reflection, intelligence and clarity of thinking, genuine honesty, integrity, flexibility, and strength of character.

NPI's programs admit qualified applicants and do not discriminate on the basis of race, color, gender, sexual orientation, religion, age, handicap, or national or ethnic origin.

## **Certificate in Psychoanalysis Doctor of Psychology in Psychoanalysis Doctor of Philosophy in Psychoanalysis**

Program Requirements:

Applicants accepted for provisional enrollment may register for basic courses, must be approved to begin personal analysis and must be approved to begin pre-control supervision with a faculty supervisor. Provisional enrollment requirements are:

1. Licensed to practice psychotherapy in the State of California. Under certain conditions license-eligible persons may be accepted for qualified enrollment.
2. Minimum age of twenty-five years.
3. Submission of completed applications, including official transcripts, three letters of recommendation, curriculum vitae, autobiography and application fee.
4. Three enrollment interviews. A presentation of clinical work is required for one of the interviews.

## **Research Psychoanalyst Registration Program**

Qualified applicants who are not licensed by the State of California to practice psychotherapy but who hold a Ph.D. or terminal Masters or Doctoral degree in a related field must apply in the Research Psychoanalyst Registration program through the Medical Board of California.

Program requirements:

1. The program in Research Psychoanalysis is approved for postdoctoral training in psychoanalysis by the Medical Board of California, the

Department of Consumer Affairs, and the State of California. Each candidate-to-be who enters NPI under this program must be registered with this division for authorization to conduct psychoanalysis under supervision during training and to practice as a Research Psychoanalyst following graduation.

2. Research Psychoanalyst candidates must arrange malpractice coverage and must have prior approval by the Training Committee for all cases at all times.
3. Minimum age of twenty-five years.
4. Submission of completed applications, including official transcripts, three letters of recommendation, curriculum vitae, autobiography and application fee.
5. Three enrollment interviews. In one of these interviews the applicant will be asked to discuss clinical work.

### **Certificate in Psychoanalytic Psychotherapy & Certificate in Advanced Psychoanalytic Psychotherapy Program**

Program Requirements:

1. Licensed to practice psychotherapy in the State of California. (Under certain conditions license-eligible persons may be accepted for qualified enrollment.)
2. Minimum age of twenty-five years.
3. Submission of completed applications, including official transcripts, three letters of recommendation, curriculum vitae, autobiography and application fee.
4. Two enrollment interviews: Admissions Chairperson and one faculty member designated by the Admissions Chairperson.

Transfer Requirements:

If, after completion of the first or second year of the Psychoanalytic Psychotherapy Programs, the candidate elects to transfer to the full program, a Transfer Candidate's Procedure Checklist Form, application fee and transfer fees are submitted and a third clinical interview is scheduled. Approval by the Board of Directors is then required. If the transfer occurs at the end of the first year, no certificate of completion will be issued and normal progression within the selected program occurs. A candidate may also transfer after completing the two year program, however, no classes from year two are transferable. Upon completion of the two year Psychoanalytic Psychotherapy and Advanced Psychoanalytic Psychotherapy Programs the candidate will have three years to choose to return and continue on to the Psy.D. or Certificate

After the acceptance of the dissertation proposal, the candidate enrolls in Dissertation Writing. Individual appointments are arranged with the committee chairperson. There will be no formal class meetings. The Chairperson will supervise the writings of the dissertation until its completion and final approval. The candidate will re-enroll each trimester until the dissertation is completed, however not before the completion of the required six courses. After the candidate has completed all required six course, should the dissertation not be finished, the candidate will be required to continue to enroll in additional Dissertation Writing Courses, until that time the dissertation is completed and approved by the Dissertation Committee.

### **Psychoanalytic Psychotherapy/Advanced Psychoanalytic Psychotherapy Certificates Required Courses (Two/One Year Program)**

**AFFECT REGULATION: INTER PLAY OF INDIVIDUAL, COUPLE AND FAMILY DYNAMICS**

**CLINICAL ISSUES I: INTRODUCTION TO THE PSYCHOANALYTIC ENVIRONMENT**

**CLINICAL ISSUES II: TRANSFERENCE/ COUNTERTRANSFERENCE: UNCONSCIOUS EXPERIENCE**

**CLINICAL ISSUES III: FRAME AND BOUNDARY DILEMMAS**

**CONTRIBUTIONS TO CLINICAL THEORY AND PRACTICE OF OBJECTIVE RELATIONS, THEORISTS, SELF PSYCHOLOGY AND INTERSUBJECTIVITY**

**CONTRIBUTIONS OF DEVELOPMENTAL THEORIES TO CLINICAL PRACTICE**

**FOUNDATIONAL THEORISTS: CONTRIBUTIONS TO CLINICAL THEORY AND PRACTICE OF FREUD, EGO PSYCHOLOGY AND KLEIN**

**INTRODUCTION TO THE ART OF PSYCHOANALYTIC LISTENING**

**MODELS OF THE MIND AND TECHNIQUE: CLASSICAL, RELATIONAL, OBJECT RELATIONS**

GENDER ISSUES IN THE CLINICAL SETTING  
 PSYCHOANALYTIC PERSPECTIVES ON EATING DISORDERS  
 PSYCHOANALYTIC COUPLES THERAPY  
 PSYCHOANALYTIC TECHNIQUE WITH CHILDREN  
 TREATMENT OF TRAUMA AND SEXUAL ABUSE  
 THE WRITINGS OF JUNG  
 THE WRITINGS OF KARL ABRAHAM  
 THE WRITINGS OF THOMAS OGDEN  
 (OTHER ELECTIVES AS DESIGNED BY FACULTY)

## Ph.D. Courses

The Doctor of Philosophy in Psychoanalysis degree program requires an additional three courses as well as six trimesters of Dissertation Writing.

### ADVANCED PHILOSOPHICAL PRINCIPLES IN PSYCHOANALYSIS

This is an advanced course for doctoral candidates where psychoanalysis will be examined according to a philosophical perspective. Areas will include: the nature of psychic reality, psychoanalytic epistemology, the nature of psychoanalytic metapsychology, the nature of meaning in psychoanalysis, as well as examining the historical relationship between psychoanalysis and philosophy. Issues related to the philosophy of education for the preparation of the candidate to teach in the psychoanalytic institute will also be addressed.

### PSYCHOANALYTIC RESEARCH METHODOLOGY

Research in psychoanalysis will be examined through its historical development. Areas addressed include psychoanalysis as a method of research of unconscious processes as a form of therapy, and as a body of interlocking hypotheses. Applications to the doctoral dissertation will be addressed.

### PROPOSAL WRITING SEMINAR

This course introduces the writing of the candidate's proposal for the doctoral dissertation. Various topics of doctoral research will be examined, and the stages of dissertation writing will be outlined. This course may be taken as an independent study course with a member of the candidate's dissertation committee.

DISSERTATION WRITING I, II, III, IV, V & VI  
 (3 units per course)

Program. If the candidate does not complete year two (the Advanced Psychoanalytic Psychotherapy Program), there is a three year window to re-enroll and complete the second year, or transfer to another program.

## Progression Timeline Through NPI Programs

**Doctor of Psychology in Psychoanalysis**  
**Certificate in Psychoanalysis**  
**Research Psychoanalyst**  
**Doctor of Philosophy in Psychoanalysis**

The three components of the training program, personal training analysis, supervision over training cases, and coursework, are designed to articulate together in supporting a candidate's training and development. As a candidate successfully completes the requirements, the candidate progresses through the milestones of Admission, Matriculation, Advanced Candidacy and Graduation. **Note: Intern candidates are required to be fully licensed no later than the completion of their first year of course work in any of the programs offered in order to continue year two. This includes transfer candidates from the Psychoanalytic Psychotherapy program.**

### Admission:

Upon acceptance into the Doctor of Psychoanalysis Program or the Certificate in Psychoanalysis Program, the candidate receives provisional admission to the Institute as a candidate.

1. Begin classes. Full time enrollment is required at a minimum of two classes per trimester.
2. <sup>class</sup> Begin **personal training analysis** as soon as possible, but no later than the end of the first year of classes.
  - <sup>t</sup> A candidate's personal training analyst must be 5 years postgraduate from an approved psychoanalytic institute, must be a member of NPI and must be **pre-approved by the Training Committee before the analytic work can begin to meet the training requirements.**
  - The personal training analysis is to proceed continuously through the completion of the candidate's second control case and to the completion of a minimum of 400 hours.
  - <sup>c</sup> The personal training analysis is to take place for a minimum of 300 session hours on 4 days a week. 100 session hours may be at 3 days per week.
  - Begin pre-control supervision in the first year of entry. The pre-control supervisor must be a graduate psychoanalyst who is a

member of NPI. The NPI member need not be a Training and Supervising Analyst.

- Pre-control supervision is a minimum of 50 session hours with one supervisor and is to take place continuously over a minimum of 50 weeks.

### **Matriculation:**

A candidate is ready to apply for matriculation when the following requirements have been met and submitted to the Training Committee for approval.

1. Complete 50 hours of personal training psychoanalysis and submit Verification of Individual Training Form signed by the analyst.
2. Complete 9 trimester courses
3. Complete 50 hours pre-control supervision
4. Submit evaluation letter signed by supervisor to the Training Committee for final approval.
5. Complete Verification of Individual Training Form.
6. Complete Request for Matriculation Form.
7. Complete matriculation interview and receive approval for matriculation from the Training Committee.

### **Matriculation Interview**

The Matriculation Interview is an opportunity for the Training Committee to meet with each candidate in person to aid the committee in getting to know the candidate and in establishing a relationship that will follow the candidate through her or his development as a psychoanalyst. Based upon the interview and based upon the candidate's work and qualifications as documented in course and supervisor evaluations, the Training Committee assesses the candidate. The candidate may be accepted for matriculation or additional requirements may be identified for the candidate before being accepted for matriculation, according to the Training Committee's decision about an individual's training needs.

After the candidate completes the matriculation interview and receives approval for matriculation from the Training Committee, the matriculated candidate moves from provisional acceptance to full acceptance then:

1. Begins the first control case.
- NPI requires a total of 200 hours of supervision over analytic patients.
- One control case may be conducted at three patient session hours per week on three different days.
- The other two cases must meet a minimum of four patient hours per week on four different days. (If control cases are seen at fewer than four times per week, obtaining membership in psychoanalytic associations may be jeopardized.)

### **THE WORKS OF BION**

(Pre-requisite: The Writings of Melanie Klein I)

The first course in this series examines the original writings of Wilfred Bion. Attention will be given to the development of his thought from the work of Melanie Klein, focusing on his own unique contributions. Topics include his "Theory of Thinking, The Grid" as well as his work with severely disturbed patients, and his "Theory of Schizophrenia".

### **THE WRITINGS OF FREUD III**

(Prerequisite: Freud I and II)

This course will review and expand upon Freud's development of his models of the mind covered in Freud I and II and will also focus on Freud's application of his analytic model to broader aspects of human life. The course is also designed to develop a deepening appreciation of Freud's central place in the history and development of psychoanalysis and of his contribution to contemporary models of psychoanalytic understanding.

### **THE WRITINGS OF LACAN**

This course examines the original works of the French psychoanalyst Jacques Lacan, and the subsequent development of his thought. Lacan's return to the "Early Freud" will be explored in light of the influence of linguistics on both his theory and his psychoanalytic technique.

### **THE WRITINGS OF MELANIE KLEIN II**

(Pre-requisite: The Writings of Melanie Klein I)

The second course will examine a number of theoretical and clinical issues from the Kleinian perspective. Various writers from "the Kleinian group" will be studied.

### **INDEPENDENT STUDY**

As arranged between instructor and candidate. Requests for Independent Study must be submitted in writing and approved by the Training Committee in advance. Such requests must provide the name of the instructor, a copy of the course syllabus to be followed and the reason for the request. As with all courses of instruction, Independent Studies must be completed within a ten week time frame. (See page 28 for additional guidelines.)

### **OTHER ELECTIVE COURSES INCLUDE:**

**AFFECTIVE STATE & REGRESSION IN PSYCHOANALYSIS**

**CLINICAL & THEORETICAL CONSIDERATION OF AFFECTS**

**DREAMS IN PSYCHOANALYSIS II**

approaches to religious experience, drawing upon modern ego psychological, object relations, and self psychological theories are then taken up. These theoretical perspectives are then applied to an analysis of Freud's personal rejection of God. Following this critical analysis of theory and history, attention is directed to approaches to religious associations and experiences brought into clinical psychoanalysis. Selected literature will be reviewed as well as discussion of ongoing case material.

### **THE PSYCHOSOMATICS OF PRIMITIVE MENTAL STATES**

This course is designed to provide the candidate with the contemporary theory of psychosomatic disorders. The course will cover the etiology of psychosomatic symptomology as rooted in failures in attachment resulting in the use of the body as psychic container. The candidate will come away from the course with a thorough understanding of the process by which psychosomatic phenomena can be transformed within an analysis, into affects with symbolic form, able to be digested and processed.

### **RELATIONAL PSYCHOANALYSIS**

This course examines the core concepts of relational psychoanalysis, such as mutuality, authenticity, enactments, therapeutic action, and the use of countertransference. The role of the unconscious, neutrality and objectivity will also be explored. Readings include the works of Aron, Bromberg, Greenberg, Mitchell and others.

### **TREATMENT OF BORDERLINE AND NARCISSISTIC DISORDERS**

This course will familiarize candidates with the description, diagnosis, and treatment of borderline and narcissistic conditions from several theoretical perspectives. The theoretical emphasis will be placed on the developmental object relations perspective.

### **UNDERSTANDING AND APPLYING NEUROSCIENCE TO INTERNAL AND EXTERNAL EXPERIENCE**

This survey course examines the fascinating frontier of the Human brain. Recent discoveries in the field of neuroscience both support and questions our psychoanalytic theories and practice. Our brains have the incredible capacity to synthesize and translate the two worlds of experience we live in, the subjective and the objective. By understanding how the brain develops, how emotional networks function, what consciousness means, language development, how memories are stored and retrieved, dreaming, the development of the self, trauma and dissociation we are in a better position to support our patient's growth. This class will include readings from various perspectives applying this knowledge to clinical practice.

- The additional 50 required hours of supervision may be on any case that is seen 3-4 times per week.
  - To qualify as a control case, a patient must be an adult of 18 years or older.
  - All meetings with a patient in the control case process must be in person.
  - One case must be a female and one case a male.
  - One supervisor must be a male and one supervisor a female.
  - One case must be supervised through termination phase.
  - The candidate must submit a prior approval form to the Training Committee identifying the control case supervisor and documenting which requirements that control case is to meet. Approval of the supervisor and case is necessary before the case can serve as a control case.
  - A written narrative about the clinical work with each control case is required at 25 weeks and 50 weeks. This narrative is to be shared with the supervisor only.
  - Following the completion of the control case and the written narratives, the control case supervisor submits a written narrative to the Training Committee. This narrative both evaluates the candidate's work and offers suggestions for the candidate's further development.
  - It is the candidate's responsibility to see that all evaluations and documentation takes place in a timely manner so that the candidate may continue to progress through the program.
2. The candidate may enroll in case conferences for the matriculated candidate and may enroll in course offerings at the matriculated level.
    - The candidate must be matriculated **before** beginning a first control case.
    - The matriculated candidate must begin the first control case **before** entering a Matriculated Case Conference.

### **Advanced Candidacy:**

A candidate is ready to apply for advanced candidacy when the following requirements have been met and submitted to the Training Committee for approval:

1. Complete 18 trimester courses.
2. Complete 3 trimesters of Matriculated Continuous Case Conference.
3. Complete first two control cases.
4. Complete the writing requirements for each control case.
5. Submit evaluation narratives signed by the supervisor for each control case to the Training Committee for final approval.

6. Complete continuous hours of personal training analysis through the end of the second control case.
7. Complete Verification of Training Form.
8. Complete Request for Advanced Candidacy Form.
9. Complete advanced candidacy interview and receive approval for advancement from the Training Committee.

### **Advanced Candidacy Interview**

The Advanced Candidacy Interview is a one hour interview with the Training Committee. As a part of this interview, the candidate is asked to present an analytic case to the Committee. The interview is an opportunity to dialogue together with the Training Committee about the candidate's clinical work and to engage with the candidate in how she or he is thinking analytically at this time. The interview is also an opportunity for the Training Committee to reflect with the candidate on areas of strength and to identify areas that the candidate might yet consider focusing on towards graduation. The Training Committee may recommend a candidate continue towards graduation or the Training Committee may make additional requirements before approval for advancement.

1. Upon the approval of the Training Committee, the Advanced Candidate is qualified to begin the third control case.
2. The candidate must have completed the second control case and the Advanced Candidate Interview **before** the work with a patient may serve as a third control case.

### **Graduate Analyst:**

The advanced candidate is required to notify the Training Committee of intent to graduate by the first day of class of the academic year of expected graduation.

The advanced candidate is ready to apply for graduation when the following requirements have been met and submitted to the Training Committee for approval:

1. Complete personal training analysis through the second control case and 400 hours.
2. Complete 50 hours of pre-control supervision
3. Complete 3 control cases with approval of the Training Committee.
  - NPI requires a total of 200 hours of supervision over analytic patients.
  - One control case may be conducted at three patient session hours per week on three different days.
  - The other two cases must meet a minimum of four patient hours per week on four different days. (If control cases are seen at fewer than four times per week, obtaining membership in psychoanalytic associations may be jeopardized).

### **THE EARLY FREUDIANS**

This course examines the historical development of psychoanalysis through study of the lives and work of the early psychoanalytic pioneers, such as Abraham, Ferenczi, Jung, Adler, Rank, Jones, and others.

### **EXISTENTIALISM FOR PSYCHOANALYSTS**

This course examines the philosophical foundations of psychoanalysis. It will trace the development of the philosophical thinking that formed the intellectual milieu out of which psychoanalysis was born and developed, with an emphasis on the existential tradition. The original writings of Kant, Hegel, Kirkegaard, Nietzsche, Husserl, Heidegger, and Sartre will be studied. The particular influences of Decartes, Nietzsche, Husserl, and Brentano upon the thinking of Freud will be examined. The development of existential themes and how they are reflected in Psychoanalytic thinking will also be explored.

### **THE HUNGARIAN PSYCHOANALYSTS**

Budapest gave a rise to a tradition within psychoanalysis distinct from that of Freud in Vienna, or Abraham in Berlin, beginning with the work of Sandor Ferenczi. The development of this tradition by Michael Balint and the others will be examined in light of historical, cultural, and philosophical factors within the larger movement of psychoanalysis.

### **INFANT OBSERVATION I, II & III**

Three consecutive seminars on infant observation. Each candidate observes a baby and a mother in the family home for one hour per week over a one-year period. Notes for presentation at the weekly seminar are written in detail. In the seminar, a small group of candidates meet to discuss their observations. Each one takes a turn in presenting material to trace the early roots. Reading on observation or theory of infancy may be assigned.

### **THE LIFE AND WRITINGS OF SANDOR FERENCZI**

This course is designed to offer candidates an understanding of: the historical influence of Ferenczi's ideas in the development of psychoanalysis; Ferenczi's major writings and the theoretical basis for his clinical work and the relevance of his ideas to the technique of contemporary psychoanalysis. In addition, the impact of the politics of psychoanalysis on the acceptance of Ferenczi's legacy and work will be assessed.

### **PSYCHOANALYSIS AND RELIGIOUS EXPERIENCE**

This elective course provides an introduction to the psychoanalytic study of religious experience. The course begins with a review of Freud's conceptualization of religious experience as well as his critique of religion as a cultural neurosis in service of repression. Contemporary

Freud's early theories will be studied in light of their historical and philosophical context.

## THE WRITINGS OF FREUD II

(Prerequisite: Freud I)

The second course examines the original writings of Sigmund Freud from about 1910, exploring the development of his earlier theories on sexuality, the unconscious, psychoanalytic technique, and other topics.

## THE WRITINGS OF MELANIE KLEIN I

This course will provide candidates with the experience of reading and understanding Melanie Klein's theories by reading her papers and tracking the development of her thinking about such concepts as: splitting, Oedipus conflict, anxiety, superego, projective identification, unconscious phantasy, and paranoid-schizoid and depressive positions in both adult and child work. We will discuss the relevance of her ideas and work today as well as their historical importance as one of the pioneers of object relations theory.

## THE WRITINGS OF WINNICOTT

(Prerequisite: Object Relations: Historical Development )

This course examines the original works of the British pediatrician and psychoanalyst, D.W. Winnicott. His ideas regarding "transitional phenomena," psychoanalysis as a play space, and many others will be explored in light of their development within the historical context of the British Psychoanalytic Society. His relationship with Melanie Klein will also be examined.

## Elective Courses

### COMPARATIVE CONTEMPORARY PSYCHOANALYTIC PERSPECTIVES

The development of this course emerges from the belief that as analysts it is important that we understand the current thinking in our field and that we develop a lifelong habit of working to learn and integrate our present thinking and conceptualizing with new ideas. Our field is constantly giving us new ways to consider the analytic experience and new ways to conceptualize its meanings. A series of articles will be selected representing a number of emerging clinical and theoretical perspectives including: Relational Theories, Intersubjective Theories, Social Constructive Theories, Infant Research Ideas, and Contemporary Object Relations Theories.

### DEPRESSION: PSYCHOANALYTIC VIEWS

This course is designed to provide a variety of psychoanalytic views on depression. Areas of theory and psychoanalytic technique will be explored. Readings include selections from Freud, Abraham, Klein, Bibring, Rado, and others.

- All meetings must be in person.
- To qualify as a control case, a patient must be an adult of 18 years or older.
- The additional 50 required hours of supervision may be on any case that is seen 3 to 4 times per week.
- One case must be supervised through termination phase.
- 4. Complete required core courses (21 Required core courses for the Doctorate of Psychology in Psychoanalysis Degree and 20 required core courses for the Certificate in Psychoanalysis Program).
- 5. Complete 10 elective courses.
- 6. Complete 10 Case Conference courses (1 Introduction to Case Conference, a maximum of 3 Pre-Matriculation Case Conferences, and a minimum of 6 Matriculation Case Conferences. Nine continuous Case Conferences are required in all.)
- 7. Present in a continuous Case Conference.

## Certification Program

1. Complete a clinical paper or clinical project with theoretical integration by **February 15th** of the year of graduation.
  - The certification paper or project is a non-published clinical paper protected by the constraints of confidentiality. It is to be read by the members of the Training Committee only and all discussion of the paper is to take place with the ethical guidelines appropriate for confidential clinical material. As such, the candidate must collect the paper following the completion of the Graduation Interview.
  - The certification paper is to be no fewer than 40 and no greater than 100 pages in length.
  - The certification paper is to follow the American Psychological Association guidelines unless another format is approved by the Training Committee.
  - The process for the completion of the Certification in Psychoanalysis involves the engagement of a committee, called the Committee of Two, to support, advise and offer a preliminary evaluation of the candidate's paper prior to its submission to the Training Committee. The Training Committee is the body that determines whether the paper or project has met the training requirement on behalf of the Institute.
2. Engage a Committee of Two.
  - One member of the Committee of Two must be a Training and Supervising Analyst.
  - One member of the Committee of Two may be chosen from the following:
    - a. Training and Supervising Analyst
    - b. Member of the Training Committee Supervisor of the case written about.
    - c. d. The candidate's faculty advisor.

- e. An NPI faculty member whose area of expertise is key to the theoretical focus of the candidates paper.
3. The candidate develops a solid working draft of the paper and gives it to the Committee of Two for review and suggestions.
4. The candidate goes through a rewriting process, submitting any new draft to the Committee of Two until the candidate and the committee agrees the paper is ready for submission to the Training Committee.
5. Submit a non-binding recommendation from the Committee of Two to the Training Committee with the submission of the Certification paper by **February 15th** of the year of graduation.
6. Provide one copy for each member of the Training Committee.
7. Collect each copy upon completion of the Graduation Interview.
8. Submit \$350 Certificate candidacy fee to the administrative office. (\$250 to be dispersed equally among the Committee of Two members and \$100 to NPI.)

### **Doctor of Psychology in Psychoanalysis Program**

1. Prior to starting the Ph.D. program, the candidate must complete and receive their Psy.D. before continuing with Ph.D. course work and writing their dissertation.
2. Complete a clinical paper or clinical project with theoretical integration by **February 15** of the year of graduation.
3. If a candidate elects a project other than a clinical paper, prior approval for that project must be obtained from the Training Committee.
4. The Psy.D. paper or project is a publishable work.
5. The process for the completion of the Psy.D. involves the engagement of a committee, called the Committee of Two, to support, advise, and offer a preliminary evaluation of the candidate's paper prior to the submission of the paper to the Training Committee. The Training Committee is the body that determines whether the paper or project has met the training requirement on behalf of the Institute.
6. Engage a Committee of Two
  - One member of the Committee of Two must be a Training and Supervising Analyst
  - One member of the Committee of Two may be chosen from the following:
    - a. Training and Supervising Analyst
    - b. Member of the Training Committee
    - c. Supervisor of the case written about
    - d. The candidate's faculty advisor
    - e. An NPI faculty member whose area of expertise is key to the theoretical focus of the candidate's paper

### **EGO PSYCHOLOGY I**

This course examines the development of the theory and clinical practice of Ego Psychology within psychoanalysis. The original works of Anna Freud, Ellman, Hartmann, Kris, Gray, Busch, Rangell, Erikson, and other major figures within the tradition will be examined. Contemporary theorists will also be introduced.

### **OBJECT RELATIONS: HISTORICAL DEVELOPMENT**

The development of object relations theories within psychoanalysis will be studied, focusing on major theorists from Freud to contemporary writers. The differentiation between drive-oriented theories and relationship-oriented theories will be examined.

### **THE BRITISH INDEPENDENT TRADITION**

This course will study the original writings of psychoanalysts associated with the Independent Group of the British Psychoanalytic Society. Issues of the author's theoretical position with their implications for clinical work will be examined. Major figures include: Winnicott, Balint, Khan, Bollas and others.

### **SELF-PSYCHOLOGY & INTERSUBJECTIVITY**

This course provides an introduction to Self-Psychology with an emphasis on clinical application. The seminal contributions of Heinz Kohut are considered as well as those of contemporary self psychologists. Developmental theory is briefly presented to examine normative development and to describe the genesis of disorders of the self. The course aims to develop familiarity with the major concepts and to provide a foundation for future study.

### **THE WRITINGS OF FAIRBAIRN**

(Prerequisite: Object Relations: Historical and the British Independent Tradition)

This course examines the original works of the Scottish psychoanalyst, Ronald Fairbairn. His ideas will be examined in the content of the development of object relations theory.

### **THE WRITINGS OF GUNTRIP**

(Prerequisite: Object Relations: Historical and the British Independent Tradition AND Writings of Fairbairn)

This course examines the original works of British psychoanalyst, Harry Guntrip. His ideas will be examined in the content of the development of Object Relations theory within British Psychoanalytic Society.

### **THE WRITINGS OF FREUD I**

The first course will examine the original writings of Sigmund Freud, and will focus on his early work from 1895 on dreams, hysteria, sexuality, and other topics covered in this period. The development of

We encourage candidates to take this course concurrent with Advanced Candidacy to support the clinical writing of control case material. The class may be taken a second time for elective credit or audited.

### **COMPARATIVE PSYCHOANALYSIS**

The course includes an overview of the historical development of the various schools and traditions within Psychoanalysis. Topics and perspectives covered include: Freud, Ego Psychology, Kohut, Klein, Bion, Fairbairn, Winnicott, Ferenczi, and Intersubjectivity. Theoretical comparisons between these traditions are examined in light of historical, cultural, philosophical, and biographical influences.

### **DEVELOPMENTAL THEORIES IN PSYCHOANALYSIS SERIES:**

#### **DEVELOPMENTAL THEORIES IN PSYCHOANALYSIS I:**

##### **Infancy, Toddlerhood, Early Childhood**

#### **DEVELOPMENTAL THEORIES IN PSYCHOANALYSIS II:**

##### **Later Childhood & Latency**

#### **DEVELOPMENTAL THEORIES IN PSYCHOANALYSIS III:**

##### **Puberty and Adolescence**

The primary objective of this required year-long, three trimester course is to convey an understanding of the interrelationship between psychoanalytic and psychoneurobiological views of healthy psychical development of the human child moving toward adulthood. The significance and function of developmental milestones, the internalization and identification process, affect regulation, attachment theory, the development of self and internal object relations, the function of memory systems, the building of state systems and the development of voice and language are each explored.. The perspectives of major traditional theorists, Freud, Klein, Winnicott and Bowlby are included, as is the work of contemporary theorists such as Stern, Brazelton, Greenspan, Emde, Fonagy, Beebe, Schore and Siegel. With such understanding as a foundation, the impacts of various relational failures and acute and cumulative trauma upon development are explored as to their long range psychical consequences, with attention given as well to psychoanalytic techniques and treatment guidelines for working with these developmental consequences in our patient population.

### **DREAMS IN PSYCHOANALYSIS I**

This course is designed to provide a historical perspective as well as a variety of psychoanalytic views on dreams and dream interpretation. Each week the ideas from the readings will be discussed and a class member will be asked to present dreams for discussion. Implications for the interpretation of dreams in the clinical setting will be explored.

- Submit the Request for the Selection for the Committee of Two Form to the Training Committee for approval.
- Submit the paper or project to the Committee of Two for non-binding feedback. This advisory committee is to serve as a support to the candidate and to the Training Committee for the writing process.
  - a. The candidate develops a solid working draft of the paper and gives it to the Committee of Two for review and suggestions.
  - b. The candidate goes through a rewriting process, submitting any new draft to the Committee of Two until the candidate and the committee agrees the paper is ready for submission to the Training Committee.
- Submit a non-binding recommendation from the Committee of Two to the Training Committee with the submission of the Psy.D. paper by **February 15th** of the year of graduation.
- The Psy.D. paper is to be no fewer than 40 and no more than 100 pages in length.
- The Psy.D. paper is to follow the specifications of the American Psychological Association or its proposed format must be approved by the Training Committee.
- If the candidate elects a project other than a clinical paper, approval for that project must be obtained from the Training Committee prior to conducting the project.
- Provide an unbound copy of the Psy.D. paper to each member of the Training Committee.
- Submit \$500 Psy.D. candidacy fee to the administrative office. \$250 to be dispersed equally among the Committee of Two members and \$250 to NPI.
- Provide 2 hardbound copies of the final Psy.D. project for the NPI library by **August 1st** of the year of graduation.

### **Graduation Interview**

The Graduation Interview is a one hour interview with the Training Committee. As a part of this interview, the candidate is asked to make an oral presentation of the Certification Paper (Certification Program) or of the Doctor of Psychology in Psychoanalysis Paper (Psy.D. Degree). The Graduation Interview is an opportunity to dialogue with the Training Committee about a candidate's clinical work and thinking and about a candidate's readiness to take on the responsibilities of a Graduate Psychoanalyst. It is an opportunity to reflect on the training process together and for the Training Committee to identify if the candidate has met all qualifications for graduation as a Graduate Psychoanalyst. The Training Committee may approve the candidate and the paper for graduation or the Training Committee may identify further requirements for the candidate in accordance with individual training needs before graduation is approved.

1. Following the approval of the Training Committee that all requirements have been satisfied, the candidate is awarded the status of Graduate Psychoanalyst and Doctor of Psychology in Psychoanalysis.
2. The ceremonial awarding of the certification and degree takes place at a formal graduation program in May.

### **Doctor of Philosophy in Psychoanalysis**

1. Complete courses in Advanced Philosophical Principles, Research Methodology and Proposal Writing Seminar.
2. Register for Dissertation Writing Seminar each trimester for a minimum of six trimesters (may enroll in more than one seminar per trimester).
3. Select a Dissertation Chairperson (must be chosen from NPI faculty) and dissertation topic and submit the Request for Selection of Dissertation Chairperson Form to the Training Committee for approval.
4. Select at least two Dissertation Committee members/readers and submit the Request for Selection of Dissertation Readers Form to the Training Committee for Approval.
5. Receive approval of Dissertation Proposal by having all members of the Dissertation Committee sign the Dissertation Contract and submit to the Ph.D. Committee.
6. Meet with Chairman or Member of Dissertation Committee a minimum of once each Trimester. Complete Ph.D. Dissertation Advisement Verification Form and submit to the Ph.D. Committee for approval.
7. Prior to preparing final draft of dissertation meet with each member of Dissertation Committee in order to verify that all necessary corrections have been incorporated as recommended by each member of the committee.
8. Submit to the Ph.D. Committee a final draft of a theoretical, clinical or empirical dissertation on a topic related to psychoanalysis. The dissertation must follow the format as specified by either the American Psychological Association, or its proposed format must be approved by the Training Committee.
9. Submit the \$1,000 doctoral candidacy fee to the Administrative Office (to be dispersed amongst the Dissertation Committee members as requested by the Candidate).
10. The oral defense is presented before a combined audience of the dissertation committee and the Institute's Ph.D. Committee (at least one member of the Ph.D. Committee who is not a member of the Dissertation Committee must be present for the oral defense) with invitation to all recognized members of the institution.
11. Provide 2 hardbound copies of final dissertation for the NPI Library

### **CASE CONFERENCE SERIES:**

Each candidate is required to present a control case in a Case Conference class at least once during the course of training.

### **INTRODUCTION TO CASE CONFERENCE**

The Case Conference series begins in the first year of the program with the Introduction to Case Conference. Completion of this class is a requirement for admission to Case Conference classes.

### **PRE-MATRICULATION CASE CONFERENCE SERIES:**

Candidates must complete a total of nine Case Conference classes. Case Conference I-III are open to candidates who have not yet matriculated and entered into the control case process. A maximum of three pre-matriculation Case Conferences may be taken for credit. Selected candidates will present ongoing case material from their own patients for analysis, discussion, and suggestion by the instructor and other candidate. Each candidate is required to present a case in a Case Conference course during training.

### **MATRICULATED CASE CONFERENCE SERIES:**

Matriculated Case Conference classes IV-IX are open to candidates who have passed into matriculation status and who have begun a first control case. A maximum of nine Case Conference classes in total are required for the core curriculum; up to two additional Case Conference classes may be taken for credit as elective classes.

### **CLINICAL WRITING**

(Required course for the Psy.D. in Psychoanalysis)

Within a workshop holding environment, in which each candidate can discover his or her own writing voice in a safe and collegial atmosphere, the objectives of this course are several. First, this course fully conveys the scholarly and clinical requirements and format of the Psy.D. paper. Second, this course offers practical and how-to ways of managing the challenging aspects of the research and writing of the Psy.D. paper through various exercises designed to help the candidate conduct and organize psychoanalytic research and set up a writing environment. Third, demystifying and inspiring the psychoanalytic research and writing experience for candidates, this workshop offers session-by-session writing opportunities that launch the candidate into research and writing phases of the Psy.D. paper, so that by the end of the course the candidate is successfully engaged in her or his own writing process.

psychoanalysis, the use of the couch, the analytic frame, and the differentiation between psychotherapy and psychoanalysis. Technical practices such as the holding environment, the treatment alliance, enactments, as well as psychoanalytic listening and interpreting will be introduced.

### **INTRODUCTION TO CLINICAL ISSUES II: TRANSFERENCE/COUNTERTRANSFERENCE; UNCONSCIOUS EXPERIENCE**

This course offers candidates an introduction to psychoanalytic practice. Specifically, the unconscious, unconscious communication, transference, and countertransference will be examined in relation to the practice of psychoanalysis.

### **INTRODUCTION TO CLINICAL ISSUES III: THE FRAME & BOUNDARY DILEMMAS**

This course focuses on the psychoanalytic frame and boundary dilemmas in psychoanalytic practice. Issues such as confidentiality, dual relationships and the frame in institutes, the frame in analysis, physical contact, and exploitation will be addressed.

### **CLINICAL ISSUES SERIES: ADVANCED**

The Advanced Clinical Issues series is open to matriculated candidates. Pre-requisite for admission to the class is completion of the Introduction to Clinical Issues series I, II and III and engagement in a second control case process. These classes are not required to be taken in sequence.

### **ADVANCED CLINICAL ISSUES I: REGRESSION, PROVISION/ABSTINENCE** (Matriculated candidates involved in or completed a second control case)

This course will examine the different theoretical perspectives in relation to issues of provision and abstinence in psychoanalysis. Freud and classical analysts' rationale for abstinence will be compared with later perspectives such as those of Ferenczi, Winnicott, Balint and Kohut. In addition, contemporary writers such as Lindon, the Shanes, Bacal and others addressing optimal forms of provision versus frustration will also be discussed. Lastly, the clinical issues relating to the provision of touch and self disclosure will be discussed.

### **ADVANCED CLINICAL ISSUES II: IMPASSE/TERMINATION** (Matriculated candidates involved in or complete a second control case)

The first half of this course will review the historical psychoanalytic views of impasse in the therapeutic process, consider recent theoretical developments that have influenced clinical perspectives on impasse, and explore clinically, the new opportunities and challenges introduced by these new theoretical paradigms. The second half of this course will review various theoretical views on termination.

- and one copy for each member of the committee.
12. Following acceptance of the final case presentation, the candidate officially graduates.
  13. In the unusual circumstance in which a candidate qualifies for the Ph.D. in Psychoanalysis at the same time as qualification for certification as a psychoanalyst, the Training Committee of the Institute serves as the qualifying body in association with the Dissertation Committee.

## **PHILOSOPHY AND STANDARDS OF TRAINING, SUPERVISION AND PERSONAL TRAINING PSYCHOANALYSIS**

NPI seeks to offer a training experience that supports the development of each candidate's psychological self as each clinician deepens the work with patients. NPI strives to create a training structure and a training atmosphere through which this can take place; our policies seek to offer candidates the opportunity to experience different psychoanalytic modes of working and thinking as each moves towards becoming a graduate psychoanalyst. A candidate, therefore, is encouraged to discuss training experience and concerns with the Dean, the Training Committee or their Faculty Advisor.

When a candidate identifies a training requirement that may not appear to be a fit, the candidate is encouraged to petition the Training Committee in writing and to engage in a dialogue about what might be a better choice for the training experience. Approval from the Training Committee in writing prior to any undertaking is required to assure the documentation of an individual's training requirements and accomplishments.

At NPI, a training and supervising psychoanalyst must have had five years of clinical experience after graduation from a Psychoanalytic Institute as recognized by the Newport Psychoanalytic Institute. Selection of an analyst will remain a personal matter subject only to prior approval of the training analyst's credentials and documented verification of the experience according to the Institute's requirements. Supervisors and Supervising and Training Analysts must become a member of the Newport Psychoanalytic Institute and are required to remain a member throughout the course of the candidate's analysis and supervision.

## **Personal Training Psychoanalysis**

The foundation of psychoanalytic training is one's personal analysis. We at NPI hold that the personal experience of the process of psychoanalysis is the source of the fullest comprehension of coursework and casework.

The undertaking of a personal psychoanalysis is the shared if unspoken touchstone for the candidates engagement together in the training process and distinguishes an institute from the academic study of psychoanalysis. Therefore, we do everything possible to insure that the candidate receive a protected, confidential, and authentic psychoanalysis. **Because the analytic process in its full experience is at the basis of psychoanalytic training, analysis is to begin as soon as possible after provisional enrollment but no later than the end of the first year.**

To experience and understand the analytic process, a candidate should optimally undergo a 5 times per week analysis or minimally undergo a 4 times per week analysis for a number of years. Since NPI must establish a guideline, our requirement is that a candidate undertake a private psychoanalysis of a minimum of 400 hours. Three hundred hours must be at a minimum of 4 times per week and 100 hours will be acceptable at no less than 3 times per week. Because the purpose of a training analysis is to mindfully experience one's own analytic process while studying analytic theory, engaging in case conferences, and working with patients, NPI requires that each candidate continue in analysis through the completion of a second control case.

It is the responsibility of the candidate to locate a psychoanalyst who meets NPI's standards and who is an appropriate analytic fit for the candidate. **The candidate must obtain prior approval in writing from the Training Committee for the analyst of his/her choice before the personal analysis may begin to serve as a training analysis.** The candidate must provide verification of completion of the first 50 hours of continuous psychoanalysis before matriculation. Continuous psychoanalysis through the completion of the second control case for a minimum of 400 hours is required.

**Psychoanalysis is considered strictly confidential. Under no circumstances will the training analyst participate in evaluations or decisions or discussions with the Training Committee regarding a candidate's progression. Therefore, verification of completion is the candidate's responsibility. This policy is applicable to all NPI programs; Psychoanalytic Psychotherapy, Certificate, Psy.D., and Ph.D. programs. CANDIDATES MAY NOT TAKE ANY CLASS WITH THEIR ANALYST OR THERAPIST.**

## Supervision Policy

1. Prior to starting supervision on a control case, a candidate must enter into pre-control supervision. The candidate may consult up to two faculty members from NPI for a total of 50 hours over a minimum of 50 weeks. **If more than one supervisor is consulted the supervisory hours may not occur concurrently.** Each supervisor

candidate may request further action in the form of a written appeal to the Board and a grievance process will be activated.

While candidates are encouraged to explore and resolve training issues through a relational process of dialogue with the responsible Institute parties, any questions or problems which have not been satisfactorily answered or resolved by NPI should be directed to the Bureau for Private Postsecondary Education, 2535 Capitol Oaks Drive, Suite 400, Sacramento, CA 95833, www.bppe.ca.gov, or (888) 370-7589.

## Retention of Candidate Records

Candidate records are maintained at the Institute office. These records are available for inspection by the Bureau or the Attorney General of California during normal business hours. State law requires the Institute to maintain school and student records for five years only. Transcripts are maintained for fifty years. In the event of a school closure, school records will be maintained by the Newport Psychoanalytic Institute at the site of its library holdings or at a site designated to meet the state requirements at the time of such closing.

## COURSE DESCRIPTIONS

The following course requirements were developed to achieve the Institute's objective of providing a balanced training of the highest caliber given the extensive body of psychoanalytic literature. *(All courses are 2 trimester unit credits unless otherwise noted.)* **A syllabus will be provided to each candidate for all didactic courses.**

## Required Core Courses

Classes required by program:

**Certificate in Psychoanalysis:** 20 core classes, 10 electives.

**Psy.D. in Psychoanalysis:** 20 core classes, 10 electives, 1 clinical writing.

**Ph.D. in Psychoanalysis:** 23 core classes, 10 electives, 6 dissertation writing.

**All programs** require 1 Introduction to Case Conference, 9 Case Conferences and 10 electives.

## CLINICAL ISSUES SERIES: INTRODUCTION

The Introductory Clinical Issues Series is typically taken during the first year of classes in sequence.

## INTRODUCTION TO CLINICAL ISSUES I: INTRODUCTION TO THE PSYCHOANALYTIC SETTING

This course introduces the first year candidate to the fundamentals of the psychoanalytic setting. Particular attention is given to the basic language of

expectations, pressures or requests for any type of sexual favor accompanied by an implied or stated promise of preferential treatment or threat of negative consequences concerning one's academic or employment status, or therapeutic relationship.

- Verbal abuse or joking that is sexually oriented and unacceptable to another individual. This includes comments about an individual's appearance or body that are beyond complementary; "dirty jokes" that are offensive to and unwanted by others, or any tasteless, sexually oriented actions, comments or innuendos that offend others.
- Any type of sexually oriented conduct that unreasonably interferes with academic or work performance or with the therapeutic relationship.

#### **Complaint resolution:**

Anyone who believes he or she has been subjected to unlawful sexual harassment or intimidation is strongly encouraged to bring the matter to the immediate attention of the Dean of the Institute. The complainant will require a written statement and the complaint will be disclosed to the alleged harasser. All records pertaining to the complaint shall be kept confidential to the maximum extent permitted by law, but law may require disclosure of these records. The complaint will be promptly investigated and an attempt made to informally resolve the matter. If this is not possible, a committee composed of the Board of Directors will meet to investigate the matter, determine sanctions or corrective action, and when necessary, determine disciplinary action against the alleged harasser.

#### **Course & Faculty Evaluations**

On the last day of each course, candidates will be asked to evaluate the course and the instructor using a provided form. This feedback will be reviewed by the Curriculum Chair, the Faculty Chair and Dean. Feedback will then be forwarded to each faculty member. This feedback is very useful in assessing whether the course met its objectives, and in the faculty member's teaching strengths and weaknesses. It will be used to help improve or maintain a positive learning experience in the classroom.

#### **Appeals Process:**

If a candidate has a question or complaint regarding her or his experience or evaluation with an instructor or supervisor, the candidate is encouraged to contact the instructor or supervisor to try to work through the issue. If that process is not satisfactory, the candidate is encouraged to bring the matter to the Dean to facilitate a resolution among the parties. The candidate may request further action in the form of a written appeal to the Training Committee, documenting the basis of the question or issue.

If a candidate has a question or complaint regarding her or his experience with the Training Committee, the candidate is encouraged to bring the matter to the chair of the Training Committee for further processing and resolution. If that process is not satisfactory, the candidate is encouraged to bring the matter to the Dean to facilitate a resolution of the issue. The

is required to submit a standard evaluation on those supervisory hours. The purpose is to help the candidate begin to think psychoanalytically about one or more cases in the candidate's present work in preparation for a control case and to support that development over time. **Pre-control supervision is to begin as soon as possible after provisional enrollment, but no later than the end of the first year.**

2. The pre-control period is an opportunity to develop work with adult patients in preparation for the control case process. An individual must be an adult of 18 years or older to qualify as a control case.
3. With the agreement of the pre-control supervisor, (Training and Supervising status is not required) a candidate may terminate pre-control supervision before the 50 hours are completed and begin a control case when the supervisor and Training Committee agree that a candidate is qualified to do so.
4. It is expected that after 50 hours of pre-control supervision a candidate is ready for control case supervision. However, pre-control supervision can be extended beyond 50 hours. Pre-control supervision will be recorded on the candidate's transcript, but will not count towards the 200 hours of control case supervision.
5. Following the pre-control supervision of 50 hours, 200 hours of individual supervision is required on three control cases, one to termination phase with a minimum of fifty hours each with three different supervisors.
6. Candidates must work with at least one male and one female patient, and one male and one female supervisor.
7. All three supervisors must be a member in good standing of the Newport Psychoanalytic Institute. All three must qualify as a Training and Supervising Analyst.
8. A supervisory relationship is a professional relationship: all matters pertaining to times, fees, missed appointments, and so on should be arranged with the supervisor. Candidates must obtain approval to work with a Training and Supervising Psychoanalyst in writing from the Training Committee prior to the commencement of supervision.
9. Both supervisor and candidate are responsible for selecting a case appropriate for intensive psychoanalysis. For two of the control case requirements, the patient in analysis must be seen a minimum of four times per week on separate days in continuous treatment throughout the course of supervision. One control case may be at three times per week. Detailed process notes must be kept for presentation to the supervisor.
10. As fully licensed psychotherapists, all candidates are legally and ethically responsible for the treatment and assume full responsibility for the treatment process.
11. A candidate in the Research Psychoanalyst program sees patients

under the auspices of NPI. As a consequence, NPI requires that all cases be approved prior to the candidate's undertaking treatment with a patient.

12. At 25 weeks, it is the candidate's responsibility to obtain verification of his or her ongoing control case process.
13. At the close of the supervisory experience, it is the candidate's responsibility to obtain verification of his or her work with the supervisor, including a written evaluation from the supervisor. All documentation must be filed with the administrative office.
14. Candidates must stay in their analysis at least through the second control case to complete a minimum of 400 required analytic hours.

## Control Case Policy

To understand the psychoanalytic process of working through and to develop clinical skill and clinical thinking, NPI requires candidates to work with a minimum of three patients seen multiple days a week over time. Ideally, a candidate will be able, under supervision, to work with a patient in the beginning phase of an analysis, a middle phase of an analysis and an ending phase of an analysis. A case seen under the supervisory process for psychoanalytic training is called a control case.

1. For the purpose of training, a control case is defined as an adult patient of 18 years or older.
2. Each control case is to take place for a minimum of 50 consecutive weeks, under the supervision of a supervising and training analyst who is also a member in good standing of the Newport Psychoanalytic Institute, who consults with the candidate once a week throughout the control case process.
3. One control case may take place at three sessions per week and two control cases must take place for a minimum of four sessions per week. Each session must take place on a different day of the week. Work with a control case is to take place in person.
4. Candidates must see at least one male and one female control case, and must engage at least one male and one female supervisor.
5. One control case must be seen through termination.
6. An additional 50 hours of supervision is required and may be undertaken for any case of a minimum of three times a week.
7. Each control case must be completed prior to beginning the next unless written approval is submitted to and granted by the Training Committee.
8. Candidates may engage the same supervisor for the pre-control case and first control case **ONLY**. A different supervisor must be selected for the 2nd and 3rd control cases.

member. If that process is not satisfactory, the candidate may request further action by submitting a Candidate Grievance Form to the Dean of the Institute for help in facilitating a resolution. Further action may be requested of the Board of Directors by submitting a Grievance Form and a letter detailing the history of the issue from the candidate's perspective and a grievance process will be activated. Forms may be obtained from the Administrator at the Institute office.

While candidates are encouraged to explore and resolve issues through a relational process of dialogue with the responsible parties, unresolved complaints may be directed to the Bureau for Private Postsecondary Education, 2535 Capitol Oaks Drive, Suite 400, Sacramento, CA 95833, [www.bppe.ca.gov](http://www.bppe.ca.gov), or (888) 370-7589.

## Policy on Sexual Harassment & Complaint Resolution Procedure

The Newport Psychoanalytic Institute is committed to creating and maintaining an environment free from all forms of unlawful exploitation, harassment or intimidation, including sexual. Specifically, every individual of the Newport Psychoanalytic Institute and Society including candidates, faculty members, staff, and other employees and non-employee should be aware that the NPI is opposed to sexual harassment, and that such behavior is prohibited by Federal Law and the State of California, and by the Newport Psychoanalytic Institute policy. It is the intention of the Newport Psychoanalytic Institute to take appropriate action to prevent, correct, and if necessary, discipline behavior which violates this policy.

1. Submission to such conduct is made, either explicitly or implicitly, a term or condition of employment, instruction, or participation in other Newport Psychoanalytic Institute activity.
2. Submission to or rejection of such conduct is used as a basis for academic evaluation or employment decisions.
3. Such conduct has the purpose or effect of unreasonably interfering with an individual's academic or work performance or creating an intimidating hostile or offensive academic or work environment, or in the case of clinical patients interfering with a proper therapeutic setting.
4. In determining whether the alleged conduct constitutes sexual harassment, the record of the incident as a whole and totality of the circumstances, including the context in which the alleged incident occurred, shall be considered.
5. Normal, courteous and pleasant, mutually respectful and non-coercive interactions that are mutually acceptable to the persons involved are not sexual harassment. Examples of sexual harassment include:
  - Unwelcome or unwanted physical advances of a sexual nature. This includes brushing up against, cornering, fondling, hugging, kissing, patting, pinching, or any other similar physical contact unacceptable to another individual.
  - Demands or requests for sexual favors. This includes blatant or subtle

## Health & Safety

The Institute does not provide health or medical insurance benefits for candidates. The Institute facilities meet state, county, and municipal construction codes for safety of the public. While at the Institute, candidates are expected to conduct themselves in a professional manner and to take all possible precautions to prevent accidents and ensure the safety of classmates.

If an accident or injury should occur, notify the instructor or the Institute Administrator immediately and assistance will be made available. All accidents and/or injuries must be reported.

The candidate is advised of all health and safety regulations during their orientation to the Institute during their initial tour of the campus, including all emergency exit routes for fire, earthquake, and any other emergency. If the candidate is unsure of any such emergency escape routes, he/she should immediately contact the Institute Administrator.

## Employment Placement Services

Placement assistance is limited to providing documentation of training. As candidates are licensed professionals upon entry into the Institute, referrals of patients to candidates are commonly made both by fellow candidates as well as by faculty as a function of the community life of colleagues within the Institute.

## Housing Information

Please note that the Institute does not provide assistance in finding housing or information about housing facilities.

## Financial Assistance

The Institute does not offer financial assistance, nor does it participate in any state or federal aid programs.

## English As a Second Language (ESL) Instruction

The Institute provides instruction in English only, and does not offer English as a Second Language Instruction. The Institute does not provide language services, or visa services. A Test of English as a Foreign Language (TOEFL) score of 550 must document the level of English language proficiency required.

## Candidate Rights & Grievance Procedures

### Academic or General Grievances

The Newport Psychoanalytic Institute is committed to academic freedom, openness, and intellectual and scientific exploration. If a candidate has a concern or grievance in these areas, the candidate is encouraged to seek a resolution to the problem or complaint through contact with the faculty

## PROGRAM TUITION & FEES

Application Fee for all programs ( <i>non-refundable</i> )	\$150.00
Tuition per trimester unit ( <i>early withdrawal: \$100 registration, non-refundable</i> )	\$192.50
Full-time, 2 courses (4 trimester units)	\$770.00
Each additional course (2 trimester units)	\$385.00
Personal psychoanalysis & supervision: No tuition fee; candidate pays personal analyst's fee or supervisor on an individual basis	\$Varies
Auditor's fee: For candidates currently enrolled and wishing to repeat a course	\$192.50
Books & materials ( <i>Subject to required reading, non-refundable</i> )	\$Varies
Candidate activity fee ( <i>per trimester, non-refundable</i> )	\$122.00
STRF (Student Tuition Recovery Fee-State Mandated)	\$5.00
Transcript fee ( <i>per set, non-refundable</i> )	\$20.00
Late registration fee	\$100.00
Library fee (includes access to PEP WEB online) ( <i>per trimester, non-refundable</i> )	\$54.00

### Psy.D. Program Only:

Clinical Writing	\$501.00
Committee of Two	\$500.00

### Ph.D. Program Only:

Proposal Writing Seminar, Psychoanalytic Research Methodology, Advanced Philosophical Principles in Psychoanalysis and Dissertation Writing I thru VI are 3 units per course	\$501.00
Doctoral candidacy fee—to be distributed among all committee members	\$1,000.00

### *Note:*

*Training analysis and supervision fees are negotiated on a personal basis between the candidate and their respective analyst or supervisors and are considered a part of the confidential, professional relationship.*

*The dissertation committee members may charge an hourly consultation fee over and above the \$1,000.00 for outside reading time. This is negotiated on an individual basis between the candidate and the dissertation committee members.*

### ***Estimated Fees for Typical Psy.D. or Certificate Trimester***

Tuition (3 courses)	\$1,155.00
Library fee	\$54.00
Books & materials (estimate)	\$122.00
Candidate activity fee	\$95.00
STRF (Student Tuition Recovery Fund-State Mandated)	\$5.00
Training analysis	\$Varies
Supervision	\$Varies

### ***Estimated Total Amount of Tuition and Fees to Complete the Ph.D. Program for a Candidate Continuously Enrolled.***

Tuition (106 units: 15 trimesters)	\$20,405.00
STRF (Student Tuition Recovery Fund-\$5 per trimester)	\$75.00
Library Fee	\$810.00
Candidate Activity Fee	\$1,830.00
Books & Materials	\$1,500.00
Personal Analysis of 400 hours	\$Varies
Supervision of 250 hours	\$Varies
Total Estimated Tuition, Fees, Books (plus Supervision & Personal Analysis fees)	\$24,620.00

### ***Estimated Total Amount of Tuition and Fees to Complete the Two Year Psychoanalytic Psychotherapy Program, Per Year***

Tuition (12 units @ \$162.50 each: 3 trimesters)	\$1,950.00
Library Fee	\$162.00
Candidate Activity Fee	\$366.00
STRF (Student Tuition Recovery Fund-\$5 per trimester)	\$15.00
Books & Materials (estimate)	\$150.00
Total Estimated Tuition & Fees	\$2,643.00

### **Payment of Tuition and Late Fees**

**Tuition for each trimester is due no later than the first day of class.**

Late tuition fee is \$40.00. NPI does provide a payment plan in which you may make 3 equal monthly payments throughout the trimester with a low finance charge. An additional late fee of \$10.00 will be assessed for financial contract payments received later than the 10<sup>th</sup>. Tuition rates and fees are subject to periodic revision.

### **Refund Policy**

**Cancellation of enrollment must be made in writing and will be effective on the date received by the Institute Administrator.** No refunds can be made on books, instructional materials or registration fees. If cancellation is received within three working days after enrollment is completed, a full refund will be made, less the registration fees, provided that the cancellation was made prior to the first day of

recommended by the Training Committee and approved by the Board of Directors.

### **Withdrawal**

If a candidate should choose to withdraw, they will have a maximum of five academic years in which to reenroll without penalty of losing course credit.

### **Ethical Principles and Practices**

Since candidates are already licensed professionals upon entering the Institute, each is bound by the respective ethical principles and practices governed by their professional associations, (American Psychiatric Association, American Psychological Association, American Association for Marriage and Family Therapists, National Association for Social Workers), as well as their respective licensing boards in the State of California, (Medical Board, and the Board of Behavioral Science Examiners). Research Psychoanalyst candidates ethical practices are governed by the Medical Board of California.

### **Physical Facilities**

The administration offices, classrooms and the library of the Newport Psychoanalytic Institute are located at 250 W. Main Street, Suite 202, Tustin, California. The Pasadena campus and library are located at 911 E. Colorado Blvd. Suite 200, Pasadena, CA.

The main campus has four classrooms and a separate lounge where faculty and administration can meet with candidates and with each other. In addition, a boardroom is available for board and committee meetings and can also be used as a fifth classroom. The office of the Administrator includes the Institute library, a lounge/utility area and restrooms. NPI's lounge has a refrigerator and microwave oven for candidate's use on Friday. The Pasadena campus has three classrooms and a separate lounge/library area.

The Institute provides restroom facilities for the handicapped. The Institute classrooms are accessible to handicapped students, and comply with all local and state health and fire codes. Since the Institute is not large, and classes typically contain less than 10 candidates, the Institute does not provide separate office for the faculty. However, all faculty do make themselves accessible to the candidates as needed.

NPI provides a copy machine adjacent to the library for candidates use in study and research. Copy charges are ten cents (.10) per sheet; payment to NPI is on the honor system. Copies of articles on the PEP WEB may be made from the Library computer for the same fee. The Institute provides class readers at cost, which are paid for with enrollment.

**Should a candidate complete all required course work prior to the completion of the supervision, analysis, or writing requirements, the candidate is required to enroll in at least one advanced seminar, case conference or dissertation writing course each trimester until commencement.**

The maximum time permitted to lapse between completion of didactic course work and commencement is five academic years. During this interval the candidate is expected to remain enrolled each trimester in at least one advanced seminar or case conference. Should this time period be exceeded, credits from the beginning will not be credited toward commencement. For example, from the beginning of the sixth year, all class credits from the first year will not be credited; in the seventh year, the credits from the second year will not be credited. This policy regards didactic coursework only and does not apply to other requirements. The purpose of this policy is to insure that a graduate is in fact current in understanding recent development in psychoanalysis.

Leaves are granted on a trimester-by-trimester basis only. A candidate who wishes to apply for a leave of absence must complete the Leave of Absence Request Form stating the reason for the leave of absence. The Training Committee must approve a leave of absence. The candidate will be required to pay \$180.00 registration fee for the first leave. All subsequent leaves will carry a \$200.00 registration fee. A candidate may be granted a maximum of two leaves of absence during the course of training.

### **Dismissal & Suspension**

Candidates and Members are bound by the legal and ethical codes of their respective professions and violations of such may result in dismissal at the discretion of the school administration. Final action must be recommended by the Training Committee and approved by the Board of Directors.

Candidates who are not performing up to the expectation of the course instructor must be notified by the fifth week of the trimester. The Dean of the Institute must also be notified. A candidate not passing a course is referred to the Training Committee. The Training Committee then decides the appropriate action to be taken.

A candidate's work and experience in the supervisory process and in meetings with the Training Committee serve as opportunities for assessing the ongoing development of the candidate's personal and professional qualifications appropriate for the responsibility and demand of psychoanalytic work. As in the admissions process, these include emotional maturity, capacity for self-reflection, clarity of thinking, genuine honesty, integrity, flexibility, and strength of character. Should concern arise about a candidate's qualifications, the Training Committee will identify appropriate remedy. Should cause for dismissal arise, final action must be

instruction. After the date classes are to begin the following tuition refund will be made:

Candidates shall receive a pro rata refund up until the 6<sup>th</sup> week of class. The refund shall be the amount the candidate paid for the instruction, multiplied by a fraction, the numerator of which is the hours of instruction which the candidate has not received, but for which the candidate has paid, and the denominator of which is the total number of hours of instruction for which the candidate has paid. After the 6<sup>th</sup> week of class, candidates are not entitled to a refund.

#### **EXAMPLE:**

**\$385 per class/10 weeks= \$38.50 per week X number of unattended weeks = REFUND**

### **State of California Student Tuition Recovery Fund**

California law requires that, upon enrollment, a fee be assessed in relation to the cost of tuition (Education Code Section 94343). These fees support the Student Tuition Recovery Fund (STRF), a special fund established by the California Legislature to reimburse candidates who might otherwise experience a financial loss as a result of untimely school closure. STRF only for prepaid but unused tuition monies may reimburse candidates. Institution participation is mandatory, but fees could be waived as dictated by the State of California.

It is important that candidates keep a copy of enrollment agreements, contract, or application to document enrollment; tuition receipts or cancelled checks to document the total amount paid; and records which will show the percentage of the course which has been completed. Such records would substantiate a claim for reimbursement from the STRF, which, to be considered, must be filed within 60 days following school closure. For further information or instructions contact the Bureau for Private Postsecondary Education, 2535 Capitol Oaks Drive, Suite 400, Sacramento, CA 95833, [www.bppe.ca.gov](http://www.bppe.ca.gov), or (888) 370-7589.

The California Education Code, Section 94312(d)(1), requires that any agency offering post secondary educational services with which a candidate has contracted allow for the candidate to cancel the contract and receive a refund of all monies paid to the agency, prior to or on the first day of instruction. Any questions or problems concerning this institution which have not been satisfactorily answered or resolved by the institution should be directed to the Department at the address above.

### **CANDIDATE ACTIVITIES**

#### **Continuing Education and Social Events**

Throughout the year the Institute provides ongoing Continuing Education

programs. Candidate Activity Fees include the Annual Spring Conference, Holiday Party, Graduation ceremonies and several additional seminars to be determined annually. Check with the NPI Administrator to verify which events are covered by your candidate activity fee.

### **Committees**

The Institute is committed to an educational atmosphere where candidates take an active part in the creation of their own learning experience and approach their training with open and critical minds. In keeping with this goal, candidates and faculty participate together on committees, including Extensions, Library, Social, and Curriculum committees. Candidates in this way are jointly involved in the ongoing decision making of the Institute. Candidates have a representative on the Board of Directors from each campus as well as a representative on the Pasadena campus Executive Committee. The candidate representative is a part of all deliberations of the board except those that involve admissions to NPI or matters pertaining to particular candidates.

Candidate Organizations are structured around participation in the various committees cited above. The candidates have a monthly candidate luncheon without faculty or administration present where they may discuss concerns, hear reports from various committee members, and the Candidate Representative's report of the Board meeting's proceedings. This lunch forum is one where candidates voice their concerns to their representative to report back to the Board of Directors or to the Pasadena Executive Committee. The Candidate Representative on the Board of Directors and the Candidate Representative on the Pasadena Executive Committee provide representation of candidate concerns to the administration of the Institute. The Candidate Representative must be a candidate in good standing, at least second year and above, and is elected yearly by the candidates at the last candidate lunch meeting of the year for the term of September to June of the following academic year.

No faculty is required for this process. The head of a committee is a graduate analyst and member of NPI who has a stated interest in the subject matter and is able to facilitate discussion and decision making at each meeting.

## **CANDIDATE SERVICES**

### **Progressions Assistance & Transcripts**

The Dean and Progressions Director will educate all first year candidates

at another recognized institute is by petition to the Training Committee, and will be evaluated on a case-by-case basis.

### **Grading and Standards of Candidate Achievement**

Grading is determined by the candidate's demonstration of proficiency, both from assigned presentations and in direct response to the instructor's questioning and group discussion throughout the trimester. Absolutely no credit is given for life experiences.

Since each course is taught as a seminar, the instructor has first-hand awareness as to the candidate's progress in the course. Grading is on a pass/no pass basis, with written reported progress and the following criteria used for evaluation:

1. Did the candidate fulfill the requirements as delineated by the instructor?
2. Did the candidate complete course assignments and readings?
3. Did the candidate meet the standard on the instructor's final evaluation form to pass the course?
4. Did the candidate attend class regularly (with no more than 1 absence) or complete required make up assignments?

### **Attendance and Late Policy**

The classroom experience is an important part of the processing of psychoanalytic material; it is also the venue through which an instructor gets to know a candidate and can access his or her understanding of the material. Attendance at all regularly scheduled class sessions is expected. Candidates are permitted one absence per trimester for emergency purposes where no make-up work will be required. If a second class is missed, regardless of reason, a 2 to 5 page paper demonstrating an understanding of the week's readings must be submitted to the instructor by the end of the following trimester unless an extension is granted by the Training Committee. When this occurs during the Spring trimester, the paper must be completed no later than the start of the following Fall trimester in order to receive credit. If a candidate is late to class 20 minutes or more for 2 classes within a trimester, one absence will be charged toward their attendance record. **The maximum number of classes missed per trimester is 2 in order to receive credit for the class,** unless petitioned to the Training Committee.

### **Academic Status & Leave of Absence**

Candidates are expected to maintain full time status until didactic course work is complete. Full time status entails enrollment in two or more courses each trimester. Requests to change to part-time status or for a Leave of Absence must be submitted to the Training Committee for approval, using the appropriate forms.

academic course be taught by the analyst of a candidate, the candidate may postpone the course and take it out of sequence, or the candidate may arrange for an individual tutorial with another faculty member.

A candidate may audit a class for which they have already obtained credit with the approval of the course instructor and the Training Committee. Tuition will be half the usual tuition cost. A class is open for audit if the maximum enrollment for that class has not been reached.

## **Independent Study**

NPI has designed its curriculum to hold the tension between a required core program of studies and a flexible elective program for the pursuit of a candidate's interests and training needs. As a part of that flexibility, candidates are encouraged to come together and identify a topic or a teacher that they wish to work with and to bring that idea to the Curriculum Committee for possible inclusion in the roster of offerings. While, as a general principle, we hold the classroom experience of dialogue and processing to be an important part of the value of a class, a candidate may petition the Training Committee for up to two Independent Study courses during training at NPI.

- Candidates may petition for one Independent Study course in order to avoid taking a any course with their analyst.
- A second Independent Study may be taken if:
  - a. A required course is not offered in a timely way before graduation.
  - b. A course is not offered in the unfolding of the candidate's progression but is important for a candidate's training at the time.
  - c. A course is not offered in a timely manner at the alternate NPI campus (Tustin or Pasadena).

All requests for Independent Study, as well as any exceptions to this two-course rule, must be submitted in writing to the Training Committee and must be completed within a ten week period. All faculty offer their expertise on a voluntary basis. Our NPI policy preserves that tradition for both candidate and faculty. (See also page 44.)

## **Transfer Credit**

Credit is granted for courses taken on the Institute's campus or other designated sites, taught by approved faculty members, and attended in person by the candidate. Credits may be transferred with approval from the Training Committee from other psychoanalytic institutes recognized by the International Psychoanalytic Association (IPA), National Association for the Advancement of Psychoanalysis (NAAP), Association for Autonomous Psychoanalytic Institutes (AAPI), or by the California Medical Board. Any requests for credit for coursework done

as to the requirements for progressions in the program. The Administrative Office will track each candidate's progress in a computer file. At the beginning of each academic year, a copy of the candidates data file will be printed and given to the candidate for review and sign-off. If there are any discrepancies it is up to the candidate to inform the administrative office to research the discrepancy. If a candidate has questions throughout the year, he or she may request a copy of their progressions form. The Dean, the Progressions Committee, and the Administration has oversight in the tracking of the candidates' standing within the progressions process. The Training Committee determines progressions decisions, including but not limited to, the movement through progression milestones and the granting of waivers and exceptions. Faculty advisors assigned to each candidate, along with members of the Progressions Committee, are available to assist candidates with progressions issues. The Administrative Director provides documentation of training via transcripts upon request. The cost of each set of official transcripts is \$20.00 and must be requested in writing.

## **Publications**

Each Friday during the regular school year at the Institute the weekly Newsletter is sent to all candidates and faculty members via email. This newsletter includes reminders, dates of conferences, seminars, continuing education courses and possible control case leads. Additionally, the Newsletter Supplement is emailed the first Friday of each month and includes recognition of any recent candidate or faculty publications, speaking engagements, or any other professional or personal achievements that have been reported to the Institute office. It may include available office space or other information of particular interest to the profession of psychoanalysis.

## **Tutorial Programs**

The Institute does not offer any formal tutorial program for didactic coursework. A tutorial service is offered only when a candidate requests an independent study to avoid a class with one's personal analyst.

## **Library**

The Institute Library is accessed through the Institute office, with approximately 432 square feet, (a.) is staffed by the Administrator during regularly scheduled hours at the Institute: Monday through Friday, 9:00 a.m. to 3:00 p.m., (b.) consists of over 2000 psychoanalytic books including various journal subscriptions, (c.) makes available the Psychoanalytic Electronic Publisher (PEP WEB) and provides print-outs at ten cents per page. Candidates and members also have access to the PEP WEB online via internet access.

Candidates may check out books and tapes for a period of two weeks, and may renew for another two weeks if another candidate or faculty has not requested the books or tapes. Reference books and periodicals may not be removed from the library, but the Institute provides a photocopy machine for reference materials at the cost of ten cents (.10) per copy. If a book or tape is already checked out by another candidate or by faculty, the candidate may submit a request with the Administrator. Any books or tapes which are returned late or past due will be charged a "late fee" of twenty-five cents (.25) for each day the book or tape was returned late.

The psychoanalytic texts and journals of the library are the sources for Ph.D. level study at the Institute. Candidates who need access to a general library are encouraged to purchase a card from the University of California at Irvine. This can be done through "Friends of the Library" and will entitle the card bearer to full library usage. Since the basis for psychoanalytic research comes from each candidate's clinical private practice, performed in their own offices, there are no laboratory clinical observation rooms.

### **Recognition**

Mentoring relationships are central to the psychoanalytic training process. A faculty member who has been integrally involved in the candidate's training and progression may be chosen by the candidate to represent the graduate at the graduation ceremonies.

### **Referrals**

Referrals of patients to candidates are commonly made both by fellow candidates as well as by faculty as a function of the community life of colleagues within the Institute. NPI cannot be responsible for developing a candidate's practice nor for identifying individuals suitable for the control case requirements. However, from time to time, NPI receives inquiries from the wider community for psychoanalysis or psychoanalytic psychotherapy. As a service to the community, the Director of Referrals helps to facilitate the connection between these potential patients and candidates looking for control cases. When appropriate, notification is published in the weekly NPI newsletter. We encourage candidates to be in touch with the Referral Coordinator if they are interested in this service.

Candidates and potential patients must work out together whether or not the therapeutic relationship is a fit and what fees are acceptable.

## **POLICIES AND PROCEDURES**

*THE FOLLOWING POLICIES AND PROCEDURES ARE APPLICABLE TO THIS CATALOG AND ARE SUBJECT TO CHANGE AS DETERMINED BY*

## **THE BOARD OF DIRECTORS.**

### **Trimester System**

The Institute offers its curriculum on a trimester system. Each trimester consists of 10 weekly sessions of 1 1/2 hours each for a total of 15 hours, resulting in 2 trimester units. Three trimesters will constitute one year of course study. The trimesters will be titled as follows:

1. Fall Trimester (September through November)
2. Winter Trimester (December through February)
3. Spring Trimester (March through May)

No courses of study will be offered during the summer, June through August.

### **Curriculum & Enrollment**

NPI has designed a curriculum around a core of required didactic classes, a core of ten case conference experiences, and ten elective classes. The core of required classes is designed to move through a process of introduction and immersion in psychoanalytic theory and clinical practice and to recognize the deepening work, experience and understanding of the candidate through the progression of the program.

The curriculum is organized in advance by the Curriculum Committee and the Faculty Committee on each campus and is approved by the Board of Directors. Candidates are advised to follow the designated progression because it is intended to flow through the psychoanalytic genealogy and to move from overview courses to in depth theoretical writings and topics. Each trimester the course offerings include core classes at a variety of levels as well as elective classes. If a candidate wishes to take a course that does not follow the normal progression, the candidate must receive approval from the Training Committee prior to the beginning of the semester. We allow a maximum of ten students for a didactic class and a maximum of six for a case conference. If a course has reached a maximum enrollment, priority will be given in order of immediate academic need. In the circumstance of a case conference in which maximum enrollment has been met and a second case conference has been added, class assignment will be determined in the following manner:

- First, those candidates graduating in that academic year
- Then advanced candidates and those in their 3rd control case
- Then by order of receipt of enrollment request

**A candidate may not enroll in a case conference or didactic course taught by his or her own personal analyst.** Should a required